

THE YELLOWSTONE NEWS



MAY 28, 1998

NPS EMPLOYEE NEWSLETTER

NEXT DEADLINE: JUNE 23

Yellowstone To Yukon Program Scheduled

Thursday, June 4th at 9:00 a.m., hikers Karsten Heuer and Maxine Achurch will be in Mammoth in Canteen Room A to promote their 2,200 mile adventure from Yellowstone to the Yukon (Y2Y). Heuer, a peace officer, ranger, and contract biologist in Banff National Park, and Achurch, a natural interpreter and guide in the mountain parks of Alberta, will set out from Mammoth on June 6, 1998. The Yellowstone to Yukon Conversation Initiative that the two hikers will be promoting during their travels directly addresses the issue of widespread wildlife movement in the Rockies. The initiative consists of more than 100 conservation groups, wildlife scientists, and economists working towards maintaining key wildlife movement corridors that will link protected areas from Yellowstone to the Yukon.

The 2,200 mile hike will be completed in two legs over the course of two, six-month periods. The first half of the Yellowstone to Yukon Hike, from Yellowstone to Jasper, Alberta, will take 150 days to complete. Fifty of these days are stops scheduled in communities along its route, to share stories from the trail, and to discuss Y2Y with the people that live and work in the Rockies. Heuer and Achurch will symbolically cross fences, private lands, roads, railways, towns, clearcuts, mines, regional jurisdictions, and international borders that challenge animals in their efforts to move between protected areas too fragmented to meet their needs. The presentation is open to all interested individuals.

Exploring Yellowstone Program Starts June 16

Exploring Yellowstone is a cooperative effort between the Yellowstone Park School in Mammoth and the NPS to provide activities for K-8th graders from the surrounding areas including Mammoth, Gardiner, Cooke City and Paradise Valley schools in the summer. Local experts, interpretive park rangers, and other instructors will teach classes ranging from hour sessions on journal writing to a day long interpretive hike up Mt Washburn to learning how to play soccer. Registration for this program is on **MONDAY, JUNE 1, 6:30-7:30 p.m.** at The Yellowstone Park School in Mammoth. Programs fill up quickly on a first come first served basis. If you are unable to attend, please contact me after Monday and I can fit your children in where there is space. A one-time registration fee of \$10 covers all programs that a student is interested in attending. This fee will be collected that night.

Classes will begin on June 16, and run at least until the end of July usually on Tuesday, Wednesday, and Thursday. To make this a successful program, we need full support of parents. We expect that transportation will be provided to the start point of all sessions by parents, and that these parents will then attend the session. We only need a few parents to attend each session. Carpooling would be greatly appreciated. If you have any questions or comments feel free to contact **Bob Fuhrmann**, Environmental Education Coordinator.

QUOTABLE QUOTES

"Confidence comes not from always being right but from not fearing to be wrong." Peter McIntyre

Heartfelt Thanks



*We would like to thank everyone for their thoughts, prayers, and flowers when my mother died. Being a part of a family where others care about you really helps get through the rough times. Thanks for being there. **Adolph and Edith Peterson***

“ To All Our Yellowstone Friends”

*Thank you so much for the many years of friendship, exploration, laughter, and shared Yellowstone memories. We truly appreciate having been a part of the “Mother Park” and will always look back on our time there as a magical period of our lives. And you will always be a part of that magic. Now that some of the dust is starting to settle (we can actually see the floor of the garage as boxes continue to be unpacked), we are beginning to realize what a spectacular and diverse place Dinosaur is! It really is one of those “hidden gems” of the park system. We hope you can drop by for a visit and find out for yourselves! **Rich, Linda, and Anne Jehle (and Madison, Too!)***

Personnel News....

New Permanents: **Mark Belitz** **Forestry Technician**
 Brian Hatfield **Fortestry Technician**

New To Yellowstone: **Andre Perera** **Facilities, Maint. & Operations Supv.-Tower**

The **TSP Open Season** is now open until July 31, 1998. This is your chance to start or change your contributions to your TSP account. You can also change the way your future payroll contributions are invested in the three-TSP funds. If you were hired between July 1, 1997---December 31, 1997, you may now sign up for the Thrift Savings Plan. Employees under the FERS retirement system can contribute up to 10 percent of their earnings into the plan and CSRS retirement employees can contribute up to 5 percent. You may make TSP changes using Employee Express or by completing a TSP-1. The phone number for Employee Express is 912)-757-3080 (from work), 1-800-827-6254 (from any touch-tone phone), or (912) 757-3117 if you use a TDD. If you have lost your pin number, call the Employee Express Help Desk at (912) 757-3030 to be issued a new one.

Census Bureau Needs You !!!

As a courtesy to the Wyoming Job Service, the NPS is providing space for Census Bureau Testing. The test will be given at the Mammoth Garage Conference Room on June 5, at 11 a.m. The test should last aprox. one hour. This test is required for anyone interested in being a census taker. You must be 18 years old to apply. Wyoming will be conducting a census at the end of July through October 1. The rate of pay is \$7.75 per hour with \$.31 per mile. Applicants will be paid weekly and must have their own transportation. You need to bring a census taking application and a Form I-9, Employee Eligibility Verification. You may call (307) 587-4241 to obtain these forms and to ask any questions regarding the test or job.

Community Events

- ☉ **VET VISIT:** Veterinarian, Dr. Jim Murray, will be at the Gardiner Exxon on Friday, June 12, from 2 p.m. to 5 p.m. No appointment necessary. Housecalls available upon request. Next visit: June 26.
- ☉ **LADIES:** If you are interested in hiking on Tuesday, call Dayna McClure at 848-7291 for more info.

Classified Ads

For Sale: Impex Leisurewalk 6000 manual drive treadmill. \$50, OBO. Call 848-2104.

For Sale: 1986 Pontiac LE 6000. Runs good and is reliable. Has a V-6 engine, block heater, front wheel drive, new tires, new muffler, radio/cassette w/four speakers. Asking \$1,500 OBO. Call 848-7159.

For Sale: 1980 Chevy Luv 4x4. Roll bar, KC lites, good condition. \$1,700 or trade for 2x4 of equal value. Call 646-9295, leave message.

Help Wanted: Yellowstone Association seeks part-time Sales Assistant for bookstore at Albright Visitor Center in Mammoth, Saturdays, 12:30 to 7:30 p.m. Additional hours possible. \$6.30 per hour. Work through September. Enjoyable work environment. For more information please contact Diane at (307) 344-2294.

HEALTHY, HEARTY AND LOWFAT RECIPIES

(Send us your healthy favorites and we'll print them as we can...editor)

Spinach Dip

3 Cups nonfat plain yogurt
2 cups nonfat sour cream
2 cups fresh spinach chopped finely
1-cup scallions chopped finely
2 cloves garlic, minced.
1/2-cup parsley, chopped.
2 teaspoons dried dill

Combine all ingredients except salt and pepper, mix well. Add salt and pepper. Chill 2 hours before serving.

Citrus Salsa

This recipe is a light, flavorful, and healthy alternative to the heavy sauces and breading traditionally used for fish and chicken.

1- 8oz. can of pineapple tidbits
1 Tablespoon brown sugar
1 Tablespoon lemon juice
1-11 oz. can mandarin oranges
2 green onions, chopped
2 small jalapeno peppers, diced
2 Tablespoons fresh cilantro, chopped
Salt and pepper to taste

Drain pineapple and reserve 1-tablespoon liquid. In a small bowl, combine 1-tablespoon pineapple juice, brown sugar, lemon juice, salt and pepper. Add remaining ingredients. Serve over fish or chicken that is broiled or grilled. Store leftover salsa in refrigerator up to five days.

Get Well Wishes♥♥♥♥♥

Friends of Bill Tyson can send cards and well wishes to Bill who is recuperating well after a sudden illness and will be home soon. Best wishes for a speedy recovery!

Special Account Set Up For Park Employee

A special account for Randy Abegglen, a Maintenance Mechanic at Madison, has been set up at the Yellowstone Federal Employees Credit Union at Mammoth to help defray costs from medical bills for Randy and his family. Randy has been recently diagnosed with leukemia and will be incurring unexpected expenses. Please give Randy a call or send a card to wish him well. Our thoughts and prayers are with you and your family, Randy.



MAMMOTH RESIDENTS: PLEASE
REMEMBER TO WATER YOUR
PLANTED COTTONWOODS AND
ASPENS. THEY CAN BENEFIT FROM
THE WATER AND WE, IN TURN, CAN
BENEFIT FROM THEIR SHADE.
THANK YOU,
THE LANDSCAPE ARCHITECT'S
OFFICE.



Recognize Your Fellow Employees With Peer Awards

Also known as the Yellowstone Award, this is a non-monetary award, which YOU the employee can initiate to recognize outstanding performance of park employees by YOU their peers. The nominating employee prepares the nomination through the use of Form DI-451, memorandum, or sends a note to the Administrative Office. A short justification is necessary for the Superintendent's approval; Supervisor or Division Chief approval is not required. The employee should also indicate how and when they would like to see the award presented. Recent recipients of this award include; Alan Sumeriski, Dave Karplus, Mike Cretella, Dayna McClure, Gary Matthews, Sonya Anderson, Hank Coleman, Joy Perius, Sandy Snell Dobert, Jim Peaco, Skip Meehan, Ann Rodman, Sarah Broadbent, Paul Schullery, Sue Consolo-Murphy, Lori Jensen, Julie Hannaford, Gary Youngblood, Rick Mossman, Michael Keator, Art Truman, Art Jawad, Mary Taber, Rick Delappe, Eric Compass and Brandy Branstetter.



HEALTH AND FITNESS TIPS

YOUR HEALTHY KITCHEN--15 WAYS TO REMOVE THE FAT

1. Invest in some good non-stick cookware and bakeware.
2. Use lower heat and stir a lot when using no oil.
3. Do not add fat to other food. Stop using: butter, cheese, milk, cream, margarine, oil, gravy, and sour cream.
4. Do not fry your food. Use other alternatives: broiling, oven frying, steaming, poaching, water sautéing, stir-frying.
5. Use gourmet ingredients to enhance flavor--Dijon mustard capers, flavored vinegar's, herbs, hickory smoke, ginger, garlic, fruit juices, sundried tomatoes, tamari, wines.
6. Use non-fat yogurt instead of sour cream.
7. Make nonfat yogurt cheese and use for dips and baking.
8. Use evaporated skim milk to make sauces.
9. Make flavored stocks, (beef, chicken, fish, mushroom, and vegetables) then freeze in ice cube trays.
10. Flavored teas can be used for poaching chicken, fish and vegetables.
11. Buy a herb and spice chart.
12. Use a lot of fiber instead of fat for your dishes: add beans, grains and vegetables.
13. Use a spray bottle for oils and dressings.
14. Try using salsa or chutneys on baked potatoes, rice, and salads.
15. Substitute chopped water chestnuts for nuts in entrees.



Herbal Remedies

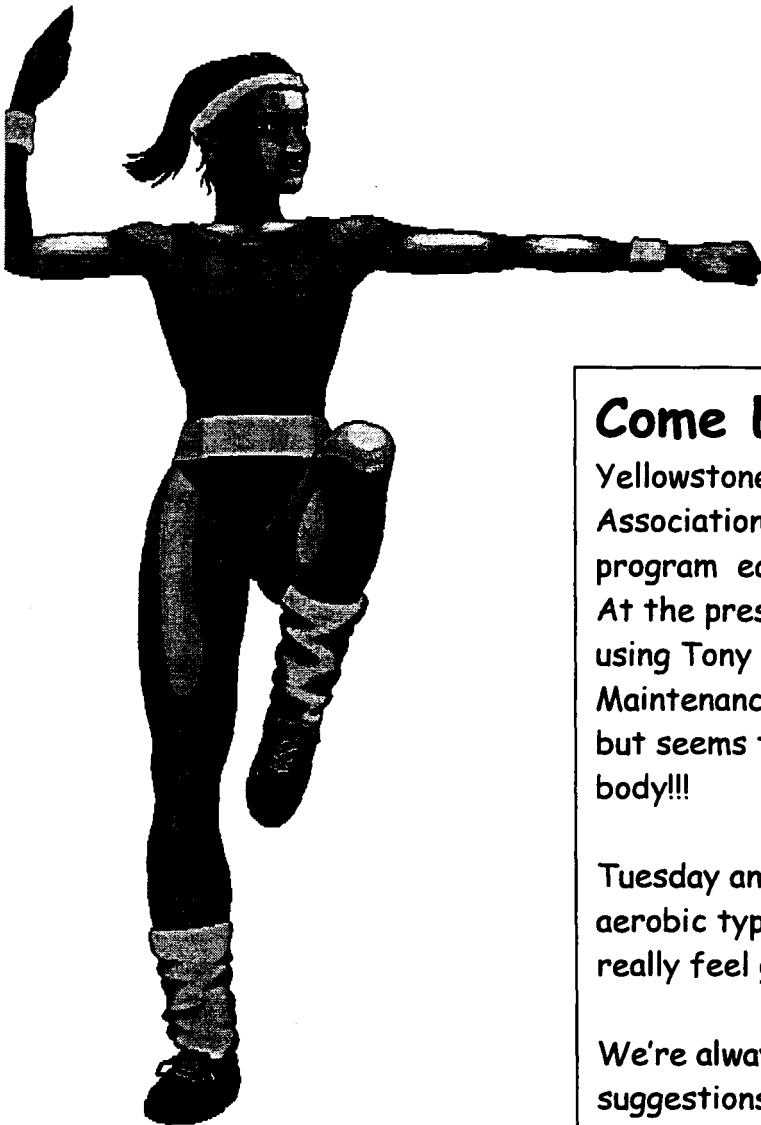
Saint John's Wort—It is estimated that depressive illnesses afflict about 17.6 million adult American's each year. There are a number of symptoms which characterize depression; despondency, irritability, disturbance of eating and sleeping patterns to name a few. The different degrees of depression are usually mild, moderate to severe. Severe depression is usually treated with prescription drugs, most of which are synthetic and can produce unpleasant side effects. Most recently, the most popular prescription drug for mild depression has been the concentrated form of the flowers or leaves of Saint-John's Wort, often simply called hypericum. It seems that St. John's Wort's chemical compounds work together to relieve mild depression and contributes to the fewer side effects for the consumer. St. John's Wort is sold in the U.S. as a dietary supplement and you may see it in the form of tea, powder, oil, liquid, tablets, capsules, or dried leaves and a dose of two to four grams of the herb a day is recommended. Improvement of mild depression should result after two to six weeks of treatment.

NARFE Applications Available

Membership applications for the National Association of Retired Federal Employees are available at the Mammoth Personnel office. The membership is open, not only to retired employees, but any present employees with five years of government employment.

The organization works to protect pensions, benefits, and publishes a monthly magazine, which includes articles regarding comparison of health benefits, and how to invest your money. The organization keeps members informed as to bills pending in Congress that could affect future pensions and health benefits.

There is a local chapter of NARFE in Livingston, which meets on a monthly basis from September to May. Local chapters work closely with the state organization, which monitors the work of the state legislature.




Come Exercise!!!

Yellowstone Federal Employees Association is sponsoring an exercise program each noon in Canteen Room A. At the present time (M-W-F) we are using Tony Little's Total Body Maintenance video. It's not that hard, but seems to do good things for the body!!!

Tuesday and Thursday is the regular aerobic type program. It's fun and you really feel great.

We're always open to new ideas and suggestions!!
Relieve stress, look alive!!!! And have fun doing it!!
See you there!!!!



*You are cordially invited
to join in a celebration
of the first 25 years of marriage of
Reverend Bill and Debby Young
on Saturday June 6, 1998.*

*An Open House Brunch
will be held at the home of
Jim and Mary McCaleb
in Mammoth Hot Springs,
Yellowstone National Park
from 10 a.m. to 1 p.m.
with a presentation at 11:30.*

No gifts, please.

(A money tree will be placed near guest book)

5/18/98

Memorandum

To:

From: Chief of Administration

Subject: Results of the Mammoth School Board Election

The 1998 School Board Election was held on May 12, 1998 in the Administration Office. Of the 41 registered voters, only 24 actually voted, one of which was absentee. There was only one candidate nominated for the 3-year term, Jim McCaleb was (unanimously) elected. Jim will be serving a second 3-year term with present members, Mary Hudson and Mary Hektner. The elected Board determines which member will serve as Chairperson and Secretary-Treasurer.

Also elected as representative to the Gardiner School was Scott Cote who will serve on their board for two consecutive years. Scott replaces Dave Stringfield who resigned after serving for one year.

A proposal was submitted to the Yellowstone Park School, following the close of the election of 1997, to make numerous changes to the Rules and Procedures, dated January 13, 1987. The School Board accepted the proposal, with some suggested changes on September 30, 1997. Copies of the revised Rules and Procedures for the Yellowstone Park School Board are available in the Administration Office.

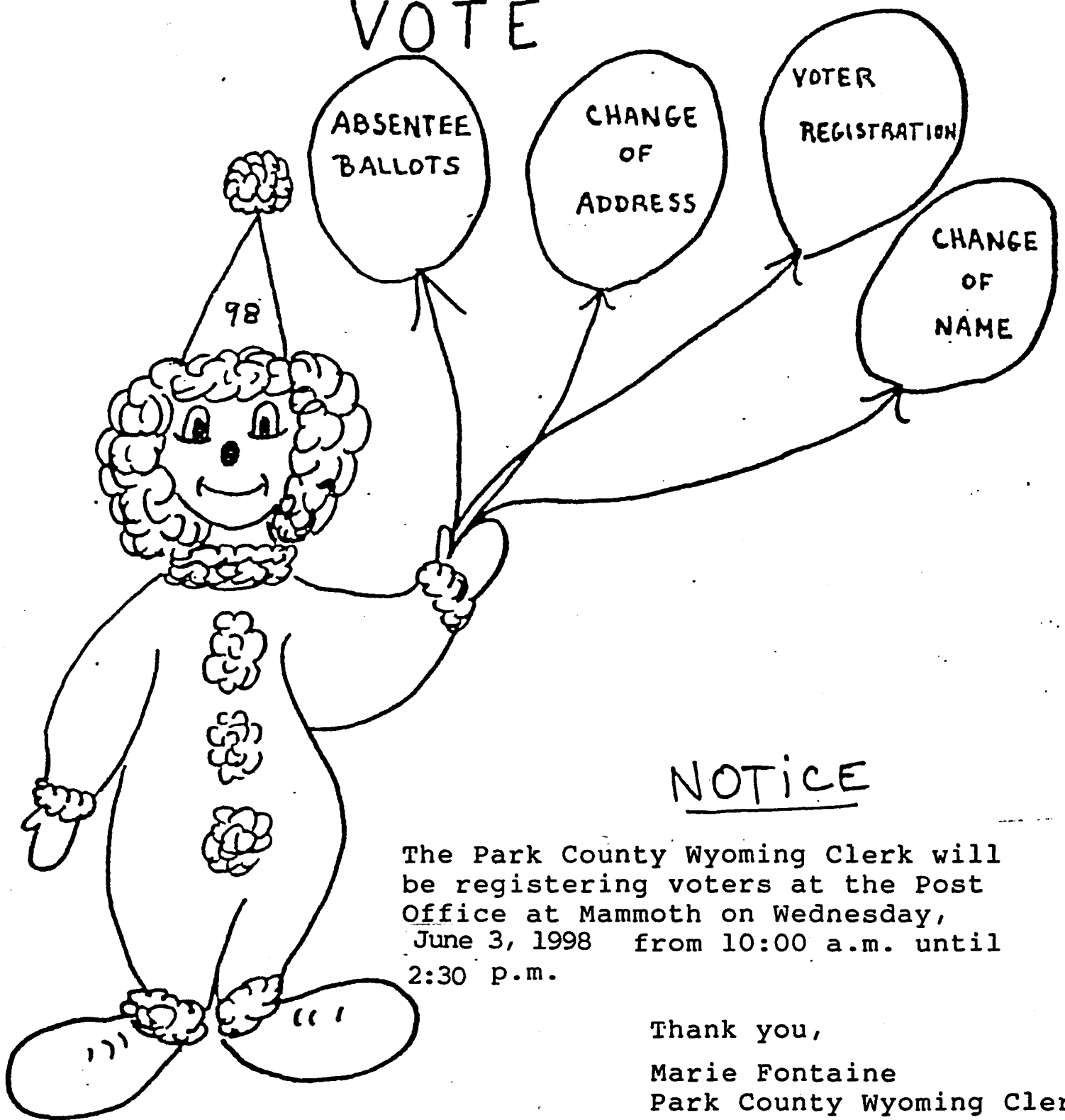
A reminder to those who missed the election, according to the Rules and Procedures, you will have to re-register for next year's school board election.

Thank you all for taking the time to vote.

Gail C. Menard

cc: Yellowstone Park School
Gardiner School

REGISTER TO VOTE



NOTICE

The Park County Wyoming Clerk will be registering voters at the Post Office at Mammoth on Wednesday, June 3, 1998 from 10:00 a.m. until 2:30 p.m.

Thank you,
Marie Fontaine
Park County Wyoming Clerk

JUNE 1998

ASK ABOUT RAFT TRIPS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
HEY EVERYONE GET INVOLVED! 	1	2	3	4	5	6 Rock Climbing Begins NATIONAL TRAILS DAY Bear Sem- LL Rec. Hall 8pm Women in Backcountry-CL- 7pm
7	8	9	10	11	12	13
	Sports Mtg.-RL 6pm MHS 9pm	Sports Mtg.-CL-6pm LL-9pm Yellowstone Then & Now- Lealie Quinn-GV-7pm Role of Exoctics & Threats- Dan Reinhart-LL-7:30 pm	Western Swing Dance Lessons Canyon 7:30pm Sports Mtg.-GV 6pm OFL 9pm	Women in Backcountry-LL- 7pm NPS Freq. User-GV-7:30pm NPS Freq. User-RL-7:00pm Dart League-All Locations 10:00pm	3 on 3 Basketball MHS-8pm OFL/LL-9pm Women in Backcountry- OFL Rec. Hall-7pm	Women in Backcountry-GV- Amfac Greyling Dorm-7pm
14	15	16	17	18	19	20
Rec. Staff Picnic Offices Closed 	FREE Movie-MHS	Role of Exoctics & Threats - Dan Reinhart-NPS-CL 7:30pm Yellowstone Then & Now Lealie Quinn-RL-8:30p FREE Movie-OFL	NPS Freq. User-CL-NPS Auditorium-7pm FREE Movie-GV	DJ dance-CL FREE Movie-LL	Sports Fees & Rosters Due FREE Movie-CL	FREE Movie-RL
21	22	23	24	25	26	27
FATHERS DAY 	Sports Practices B L O (MHS) Disc Golf-GV Women in Backcountry-RL- 7pm	O D (OFL) Staff Backcountry Saftey-LL NPS Freq. User-LL-7:30pm L I (MHS)	D R I (LL) D E X T E R V E (GV)	V E (CL) RAFTING (OFL/GV/LL) G R O V E B A (LL)	Rec. Staff CPR 3 on 3 Volleyball MHS-7pm LL/OFL-8pm N D (CL)	Lake Rec. Hall Booked-Private Function (OFL)
28	29	30	YELLOWSTONE EMPLOYEE RECREATION PROGRAM FOR THE BENEFIT AND ENJOYMENT OF THE EMPLOYEES			
Disc golf-CL	Sports Leagues Begin Yellowstone Then & Now Lealie Quinn-CL-8pm	RAFTING (MHS/RL/CL)				

Yellowstone Gallery & Frameworks

Grand Opening Celebration

Friday, June 12th
6:30 p.m.

Come share the evening
with friends and artists
of our community
in our new location.

**216 Park Street
Gardiner, MT**

Yellowstone Institute Offers New Courses and Special Rates for NPS Employees

The summer season is about to get under way at the Yellowstone Institute and we encourage NPS employees to join us for closer look at the park's natural and cultural history. Our 1998 catalog includes almost one hundred short courses, including 34 brand new offerings for adults and families. Most courses last from two to five days and class size is limited to ensure high quality instruction. As always, the Institute is glad to extend a 50% tuition discount to NPS employees and immediate family members (spouse and children) who enroll on a space-available basis. This discount does not apply to horsepacking and canoeing courses. For the month of June, there are still a few spaces available in the following courses:

June 5-8	Grizzly Bear Ecology & Management
June 9-11	Bears: Folklore & Biology
June 13-14	The Bison of Yellowstone
June 15-18	Bears, Bones, Signs & Stories
June 18-21	Amphibians and Reptiles of the Greater Yellowstone Ecosystem
June 19-21	Wild Edible Plants and Medicinal Herbs
June 20-22	Family Days in the Lamar: The Wolves Come Home
June 20-22	Backpacking for Families
June 23-25	The Nez Perce in Yellowstone: 1877
June 26-28	Introduction to Yellowstone's Birds

To request a catalog or register for a course, please contact Diane at 344-2294.



for Natural Science, History & Education, Inc.

Yellowstone National Park Visa
Now Available Through
the Yellowstone Association!

Support Yellowstone Park
Every Time You Charge a
Purchase



The next time you use your credit card, consider this: If you were using the **Yellowstone National Park Visa**, you could be making a donation to support Yellowstone National Park at no additional cost to you. Through a new program being launched with MBNA America® Bank, the **Yellowstone Association** will receive a contribution generated by every purchase you make with your **Yellowstone National Park Visa**. The card, featuring a stunning full-color image of a grizzly bear framed by a rainbow arching over one of Yellowstone's magnificent geysers, offers an attractive introductory rate on cash advances and balance transfers and has no annual fee. This new program gives the **Yellowstone Association** the ability to sustain and enhance many of our current educational activities and membership services. In addition, it provides a needed source of revenue to help expand our support for the park.

Help us help Yellowstone with every purchase you make. Be a proud supporter of Yellowstone every day through the **Yellowstone National Park Visa**.

For more information, call 1-800-847-7378. Please be sure to mention the **Association of Partners for Public Lands - Yellowstone Association** and Priority Code **GZM8** when calling. Every **Yellowstone National Park Visa** cardholder will help ensure Yellowstone is preserved and protected for America's future.

Application forms will also be available at the Yellowstone Association office in early June. Call us at 344-2289, and we'll be glad to send an application to you.

NEWS RELEASE

U.S. Department of the Interior

National Park Service

**INFORMATION FOR THE MEDIA
FOR IMMEDIATE RELEASE
June 1, 1998**

CONTACTS: Wayne Brewster, YNP, 307-344-2010
David Garber, GNF, 406-587-6702
Patrick Collins, APHIS, 202-720-2511

DRAFT BISON ENVIRONMENTAL IMPACT STATEMENT RELEASED FOR PUBLIC COMMENT

A draft Environmental Impact Statement (EIS) to address bison management in and around Yellowstone National Park will be released to the public this week for a 120-day comment period.

The EIS will recognize that there is no single solution to the complex issue of bison management; therefore, seven different alternatives will be offered, covering a wide range of options. These include managing bison within specific population ranges; a safe and effective vaccination for bison; capture and testing of bison for brucellosis; purchase of critical winter range from willing sellers; a fair chase hunt; and quarantine.

The draft EIS is the result of a joint effort by the State of Montana, the U.S. Department of Agriculture's Animal and Plant Health Inspection Service (APHIS), the U.S. Forest Service, and the Department of Interior's National Park Service. These agencies have worked very arduously on this difficult undertaking. While this draft does not resolve all of the complex issues associated with long term bison management, the federal agencies acknowledge and appreciate the State of Montana's diligent participation.

This document is a draft EIS and should not be mistaken for a final decision on bison management. The draft is a work in progress, and the agencies involved fully recognize that the final document may change considerably, depending on the results of the public comment period. The federal agencies remain committed to working with the State of Montana on a viable, long term bison management plan that protects Montana's brucellosis class free status, while providing the opportunity to maintain a wild, free ranging bison population.

Resolving the issue of how best to manage the bison herds in and around Yellowstone National Park involves decisions that will significantly affect many individuals, including those involved in the cattle industry, those responsible for bison management, and the millions of Americans that visit Yellowstone each year. Therefore, such decision will only be made with ample opportunity for public input, a critical step in moving this process forward. Public meetings will be scheduled in over a dozen cities. The locations, dates, and times will be announced in the near future. The final EIS will ultimately reflect the comments and concerns of the American people.

The EIS will be available for public review and comment beginning June 12, 1998, and ending October 16, 1998. To request a copy of the Draft Bison EIS, write Bison Management Plan EIS Team, National Park Service, Sara Bransom, DSC-RP, P.O. Box 25287, Denver, Colorado 80225-0287; phone (303) 969-2310; or visit the web site at <http://www.nps.gov/planning/current/htm>. You can mail your written comments on the draft EIS to the above address.

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