



# Solitude

Discover the unconfined splendor of nature in Shenandoah's Federally Designated Wilderness Areas, which comprise approximately 40% of this national park. Experience lands that are protected from urbanization and mechanization, where humans visit, but do not remain. Wilderness areas provide the opportunity for truly "getting away" ...for some time *alone*.

## The Wilderness Act, 1964

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*"An area of wilderness is...without permanent improvements or human habitation, which is protected and managed so as to preserve its natural conditions and which has outstanding opportunities for solitude or a primitive and unconfined type of recreation..."*

- Approximately 4% of U.S. land is Federally Designated Wilderness.
- Approximately 40% of Shenandoah National Park is Federally Designated Wilderness.

National Park Service  
U.S. Department of the Interior

Shenandoah National Park

