

Mount Rainier National Park Accessibility Guide

[large print]

**National Park Service
U.S. Department
of the Interior**



The National Park Service is committed to making Mount Rainier National Park more accessible. Many facilities are over 100 years old and accessibility is not always ideal. Through an on-going self-assessment and transition plan, Mount Rainier National Park has identified and is working toward eliminating barriers to accessibility.

Extra obstacles may be encountered because of the remote, wilderness nature of the park. Facilities described as accessible do not necessarily comply fully with federal standards and some accessible facilities are not marked with the international symbol.

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Visiting the Park

Driving

At Mount Rainier National Park, the elevation of the road ranges from 1,880 feet (573m) to 6,400 feet (1950m). The roads are winding and steep, and weather can change rapidly. Check the conditions before visiting.

Cell Service

There is very little cell service throughout the park; GPS is not reliable. Paradise is the only area with consistent coverage. Prepare by downloading offline maps or using paper maps. Check the road and trail conditions and review any alerts before you come.



Access Pass

The Access Pass is a free, lifetime, non-transferable pass for US citizens or permanent residents with permanent disabilities.

- Admits pass holder and others in the same vehicle to federal recreation sites that charge entrance fees
- Provides discounts on camping

To order an Access Pass online, upload documentation of permanent disability and residency or citizenship. To get an Access Pass in person, find a location with available passes.

NPS Mobile App

The NPS App is accessible and includes alt text for images. Mount Rainier National Park does not have cell service in many areas; download the NPS App prior to coming to the park.

Features available include:

- Self-guided tours of the Longmire Historic District, Nisqually Vista, Ohanapecosh Hot Springs, Sunrise Geology and Nature Trail, Trail of the Shadows, and more
- Exhibit panel descriptions
- Things to do in the park
- Details about amenities
- News, calendar, and passport stamp locations
- Audio description tours of the visitor centers

Park Brochure

The park brochure is available to download in a variety of formats, including audio description and braille.

Service Animals

Under the Americans with Disabilities Act, service animals are allowed on trails and in park facilities if the animal has been trained to do work or perform tasks for the benefit of an individual with a disability. Therapy animals providing emotional support do not qualify as service animals. Pets are

not allowed inside buildings, on trails, or in the backcountry. Learn more about service animals in national parks.

For Your Health

Air Quality

The air resources management program at Mount Rainier includes monitoring, research, and regulatory interaction with local, state and federal agencies. Long-term monitoring programs include monitoring for gaseous pollutants such as ozone, visibility impairment, and atmospheric depositions. Check out the [current air quality status](#).

Medical Information

Call 911 for emergency medical or law enforcement assistance or to report accidents or injuries.

Nearby Hospitals

Closest to the Nisqually Entrance:

Morton Hospital (Arbor Health)
521 Adams Ave.
Morton, WA, 98356
360-496-5112

Good Samaritan Hospital
401 15th Ave SE
Puyallup, WA 98372
253-697-4000

Closest to the **White River Entrance:**

St. Elizabeth Hospital
1455 Battersby Ave.
Enumclaw, WA 98022
360-802-8800

Closest to the **Stevens Canyon Entrance:**

Arbor Health Packwood Clinic (Urgent Care)
13051 US Highway 12
Packwood, WA 98361
(360) 496-3777

A variety of medical facilities and urgent care centers are also located in nearby cities.

Accessibility in Park Areas of Interest



Paradise Accessibility

Paradise is famous for its glorious views and wildflower meadows. The park's main visitor center, the Henry M. Jackson Memorial Visitor Center, is located in the upper parking area. See the current Road Status for updated information about park roads. Paradise is located 19 miles (30 km) east of the Nisqually Entrance, 12 miles (19 km) east of Longmire and 21 miles (34 km) west of the Stevens Canyon Entrance.

Parking

Visitor center parking lot

- around 200 standard spaces
- 5 van-accessible spaces
- 1 standard accessible space

Paradise Inn parking lot

- around 40 standard spaces
- 5 van-accessible spaces
- 1 standard accessible space

Lower parking lot

- around 200 standard spaces
- 8 van-accessible spaces

Public Buildings

Henry M. Jackson Visitor Center

There is a paved plaza in front of the entrance to the visitor center, bordered by a drop-off area. The asphalt parking lot slopes up to the plaza. Once inside via a wide entrance, the floors are even and smooth. There is an elevator to the second level. The visitor center can be crowded but offers an open floor plan and multiple places to sit and rest.

Information desk: There is an information desk in the center of the main room on the first floor, with a lower area on the right. Maps of Paradise including buildings and trails are available at the information desk. Manual wheelchairs can be checked out with photo ID for short-term use in Paradise. There is a braille version of the park brochure available at the desk.

Exhibits: Located on the second floor and accessed via the elevator, the exhibits are accessible to a person using a wheelchair. There is

seating available for resting or enjoying the view of the mountain outside. The park film and exhibit videos are captioned, and assistive listening devices are available at the information desk. Audio description of the exhibits is available using devices checked out from the information desk or in the [NPS App](#).

Gift Shop: There is a gift shop on the second floor. It can be crowded, with some narrow aisles at 29 inches wide. There is a card reader accessible by a person in a wheelchair. Staff are available to reach items on higher shelves.

Restrooms: Located on the first floor, the restrooms are entered from the vestibule, to the left of the main visitor center entrance. The restrooms have wheelchair accessible stalls.

Café: Located on the first floor, the Paradise Camp Deli offers snacks, lunch, and beverages. There is indoor seating in the café.

Wilderness Information Center / Guide House

There is an accessible entrance on the side of the building closest to the Paradise Inn parking lot. The counter inside the Guide House does not have a lower area for people who use a wheelchair.

Paradise Inn

The inn has a medium-sized asphalt parking lot that gently slopes up to the entrance. There is a drop-off area in front. The inn is accessible via the

front entrance, but the doors are heavy and need to be manually opened, unless they are propped open (this is often the case in nicer weather). Once inside, the floors are smooth wood and carpet. The upper floor of the inn is not accessible due to the historic nature of the building. There is comfortable seating for lounging inside the inn, and two large stone fireplaces.

Front desk: The inn has a front desk near the entrance where staff are available to check out rooms and answer questions about the inn. The front desk is tall and not accessible to a person using a wheelchair. There is a detachable payment card reader accessible to a person using a wheelchair. There is an accessible water refill station behind the front desk.

Gift Shop: Near the front entrance, you will see the gift shop within the inn, enclosed in glass windows. The entrance is accessible but inside several aisles are narrow, with the narrowest at 29 inches wide. There is a card reader that can be accessed by a person using a wheelchair. Staff is available to reach items on higher shelves.

Restrooms: There is a family restroom and men's and women's restrooms located down the hallway behind the front desk. The restrooms have wheelchair accessible stalls.

Restaurant: There is a formal dining room with tables that are accessible to a person using a

wheelchair. The restaurant is accessible from OUTSIDE the inn, to the left of the front entrance.

Café: The Tatoosh Café has snacks, coffee and beverages, lunch, and ice cream. If you are just inside the main entrance to the inn, the café is located past the gift shop, at the far-right end of the inn. There are two tables in the café with seating; one table is accessible to a person using a wheelchair, the other is high and has stool seating. There is also seating available outside on the flagstone patio.

Seating area: There is a large central seating area in the Paradise Inn with comfortable chairs. There is a piano towards the center of the room, with large stone fireplaces at either end of the room. The side of the room closest to the entrance has booth seating that is not accessible. There are tables accessible to a person using a wheelchair. There is seating for groups.

Restrooms

There are restrooms off the vestibule of the main entrance of the visitor center, on the first floor of the inn, and outside near the ranger station. Restrooms are designated 'men' and 'women', except for two 'family' restrooms located on the first floor of the visitor center (accessed from outside) and first floor of the inn. Note that there are also accessible restrooms nearby at the Paradise Picnic Area.

Jackson Visitor Center Restrooms

Family restroom:

- wheelchair accessible
- baby changing table

Women's restroom:

- 6 stalls total, 1 is wheelchair accessible
- running water, with covered pipe under the sink
- flush toilets
- no changing table

Men's restroom:

- 2 stalls total, 1 is wheelchair accessible
- 3 urinals
- running water, with covered pipe under the sink
- flush toilets
- no changing table

Paradise Inn Restrooms

Family restroom:

- wheelchair accessible
- baby changing table

Women's restroom:

- 5 stalls total, 1 is wheelchair accessible
- running water, with covered pipe under the sink
- flush toilets
- no changing table

Men's restroom:

- 2 stalls total, 1 is wheelchair accessible
- running water, with covered pipe under the sink
- flush toilets
- no changing table

Plaza Restrooms (also called the Slate Restrooms)

The Plaza Restroom is located off the main plaza, next to the Paradise Ranger Station. It consists of a long, covered stone corridor that leads to restrooms; there is bench seating inside the corridor. The restrooms are long and narrow.

Women's restroom:

- 8 stalls total, 1 is wheelchair accessible
- baby changing table
- running water, pipe under sinks is not covered
- flush toilets

Men's restroom:

- 5 stalls total, 1 is wheelchair accessible
- baby changing table
- running water, pipe under sinks is not covered
- flush toilets

Water Fountains and Refill Stations

There is a water refill station on the first floor of the visitor center, on the wall opposite the information desk. There a water refill station

behind the front desk of the Paradise Inn. There is a water fountain outside in front of the Paradise Ranger Station.

Wifi and Cell Service

There is cell service at Paradise, it may be intermittent if you are traveling on the area trails. There is public wifi at the visitor center. The Paradise Inn does not have public wifi available, and cell service may not be available from inside the inn.

Paths

Walkways leading from the parking lots to the public buildings in Paradise are generally smooth asphalt and cement with a gentle slope. There is a sidewalk leading along the north side of the road from the lower parking lot to the visitor center. There are many paved trails leading away from the parking lots into the meadows and beyond; these get steep quickly and can be confusing. If traveling on the paved trails, it is a good idea to get a map from the visitor center or photograph the map on one of the signs outside the visitor center for reference. There are signs on the trails, but the map can help orient you to the larger trail network.

Lodging

The **Paradise Inn** has:

- 2 accessible rooms, with roll-in showers with grab bars
- 5 standard rooms, with roll-in showers

Dining

Restaurant: The Paradise Inn Dining Room is accessible and located on the first floor of Paradise Inn via an entrance outside the inn (to the left of the main entrance). The restaurant serves a [breakfast buffet, lunch, and dinner](#).

Snacks/ Lunch: Available at the Tatoosh Café on the first floor of Paradise Inn and at the Paradise Camp Deli on the first floor of the visitor center.

Coffee/Espresso: Available at the Tatoosh Café on the first floor of the Paradise Inn.

Picnic Areas

Jackson Visitor Center has a wide paved area next to the visitor center with several picnic tables. It is sometimes crowded and there is little shade in the area.

Paradise Picnic Area

[Paradise Picnic Area](#) is located downhill from the lower parking lot:

- If walking from the lower parking lot, take the gravel path below the rock wall at the downhill end of the lot. This leads to a stairway, and across the street via a crosswalk.
- By car, it is 11 miles northeast of Longmire on the Paradise Valley Road on the right side; 0.5 mile

southeast of the Jackson Visitor Center and 0.2 miles southeast from the lower parking lot at Paradise.

- Three accessible picnic tables and an accessible picnic area with grills are located next to the accessible parking spots, in a flat area with gravel. There is a cement sidewalk leading from the accessible spots to an accessible restroom.

Parking in the Paradise Picnic Area

- around 80 standard parking spots
- 2 van-accessible parking spots

Restrooms in the Paradise Picnic Area

There is a small building with accessible restrooms close to the accessible parking spots. Restrooms are designated 'men' and 'women'.

Women's restroom:

- 2 stalls total, 1 wheelchair accessible
- running water, with covered pipe under the sink
- flush toilets
- no changing table

Men's restroom:

- 1 wheelchair accessible stall, 1 urinal
- running water, with covered pipe under the sink
- flush toilets
- no changing table

There are several additional sets of other restrooms

located in the Paradise Picnic Area, but they do not have wheelchair accessible stalls or changing tables. The paths leading to the other restrooms are steep and uneven. There are many additional picnic tables, but most have steep uneven paths with several stairs at the start of the paths.

Water in the Paradise Picnic Area

There is a drinking fountain and water spigot located near the restrooms that are furthest uphill in the picnic area. The paths to get there are paved but are steep and have several stairs.

Camping

There are no campgrounds at Paradise, the nearest is [Cougar Rock Campground](#).

Trails

Paradise area trails are mostly paved and steep. Trails are often snow-covered through early summer. It can be hot on the pavement, bring extra water, sunscreen, and dress in layers. Plan for changing weather. There are no accessible trails. There are several trails with less elevation gain:

- **Nisqually Vista Trail** is a 1.2 mile (1.9km) loop trail beginning with a set of stairs at the far left end of the Paradise lower parking lot (as you are facing the mountain). The elevation gain is 200 feet, with a long steep area near the beginning of the trail.

- **The Skyline Trail** can be taken northeast from the upper parking lot to reach Myrtle Falls. There are several steep sections that lead to Myrtle Falls and an open view of Mount Rainier. A full view of the falls is reached via a stairway and steep dirt path. The upper part of the falls can be viewed from a small bridge, there is one stair leading to the bridge. 1 mile (1.6km) round trip with an elevation gain of 200 feet.
- A relatively flat 1 mile hike can be found beginning at the visitor center upper parking lot. Take the Skyline Trail towards Myrtle Falls. Instead of walking all the way to the falls, take a left at the junction to join the **Waterfall Trail**. Traverse the meadows on the Waterfall Trail until it ends at Deadhorse Creek Trail. Look for marmots at this junction. Then return the way you came. The elevation gain is about 200 feet.

Things to Do

- Join a [Ranger-led program](#).
- Take an audio described tour of the Jackson Visitor Center exhibits – devices are available at the information desk or by downloading the [NPS App](#).
- Visit viewpoints along Paradise Valley Road, and at Reflection Lakes and Inspiration Point.
- Relax in the Paradise Picnic Area, which has several views and is usually a less crowded area in which to enjoy the subalpine environment at Paradise.
- Enjoy the view from the deck of the Paradise Inn, perhaps with a beverage from the Tatoosh café.

Winter at Paradise

Many of the facilities are closed in winter at Paradise. The road to Paradise closes nightly and can remain closed during the day depending on the weather and current conditions. Check [Alerts](#) and current [road status](#) during the winter. The Paradise Inn, Wilderness Information Center, and Paradise Ranger Station are closed in winter. The visitor center is open on the weekends only. The Plaza Restrooms (Slate Restrooms) stay open year-round. There is [winter camping](#) at Paradise.

NPS Mobile App

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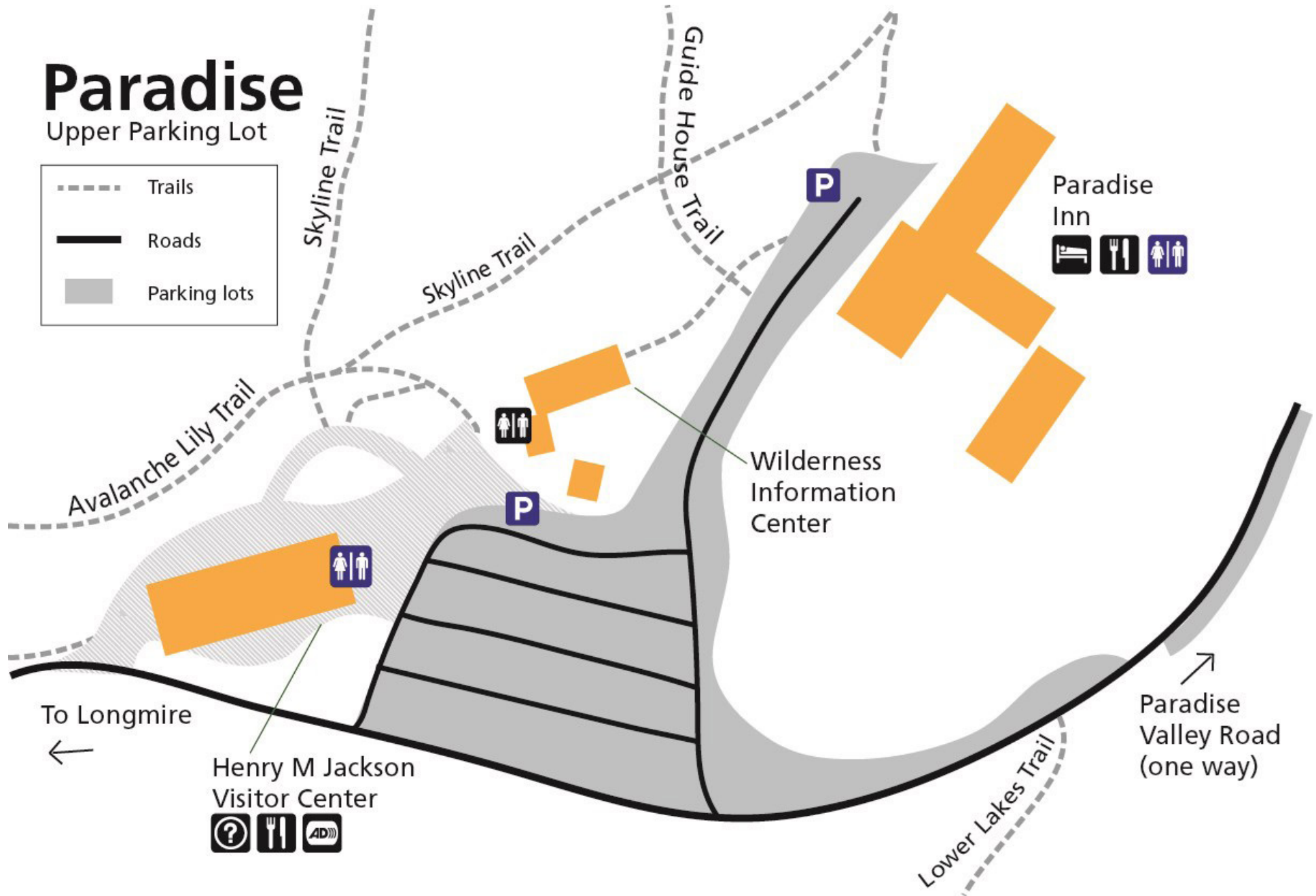
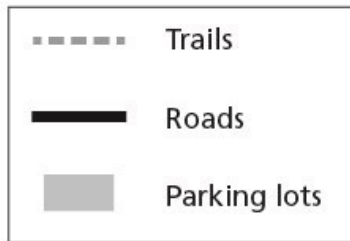
Features available include:

- Audio descriptions of exhibits along trails and roads
- Things to do in the park
- Details about amenities
- News, calendar, and passport stamp locations
- Audio description tours of the visitor centers
- For audio description of films in the theaters at the Paradise Visitor Center, there is a separate app called ListenWIFI available:
- App store: [ListenWIFI on the App Store](#)
- Google Play: [ListenWIFI - Apps on Google Play](#)

It is recommended to download the ListenWIFI app before coming to the park for the best experience. To listen to park film audio description, connect your phone to the visitor center wifi channel called "Audio Description - No Internet" and open the Listen Wifi app. Tap the option for "Mount Rainier" for the main theater or "Human Use" to play the audio description for the small exhibit theater upstairs in the visitor center. Instructions for using the ListenWIFI app are also included in the visitor center audio description tour in the NPS app.

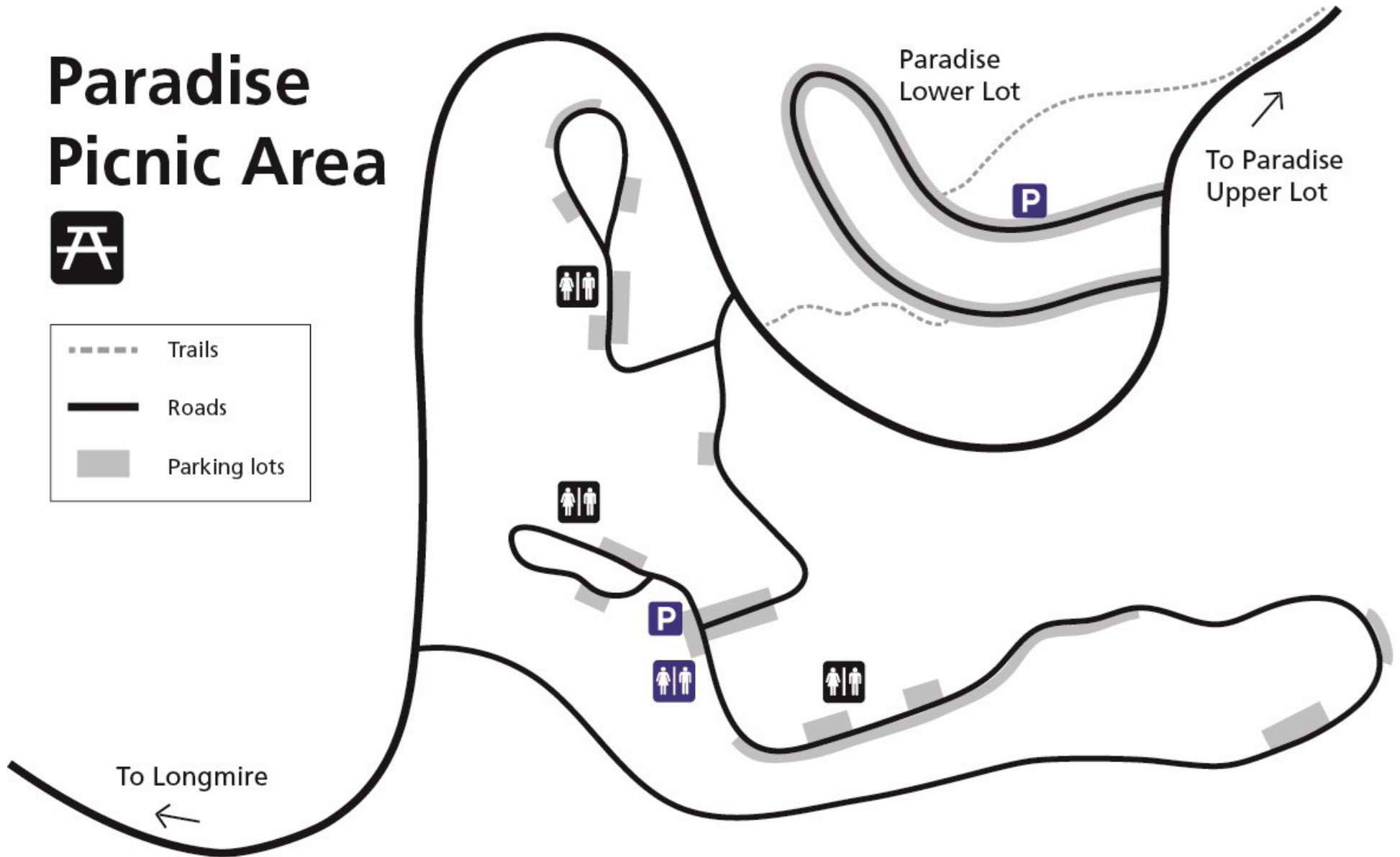
Paradise

Upper Parking Lot



Map showing the accessibility features around Paradise's upper parking lot, visitor center, and inn.

Paradise Picnic Area



A map of the accessible features of the Paradise Picnic Area and lower parking lot.



Sunrise Accessibility

At an elevation of 6,400 feet, Sunrise is the highest point that can be reached by vehicle at Mount Rainier National Park. In summer, mountain meadows abound with wildflowers. On clear summer days, Sunrise provides breathtaking views of Mount Rainier and Emmons Glacier. Sunrise is located 60 miles northeast of the Nisqually Entrance and 14 miles northwest of the Sunrise/White River turnoff on State Route 410.

Parking

Sunrise Parking Lot

There are accessible spaces in front of the Sunrise Day Lodge and in front of the restrooms and vault toilets.

- around 200 standard spaces

- 3 van-accessible spaces
- 3 standard accessible spaces

White River Campground

- 1 standard accessible space (at the campground ranger station)

Public Buildings

Sunrise Visitor Center

When approaching the visitor center from the parking lot, there is a paved path to the right side of the building that leads to the accessible entrance. The path is cement and narrow with a gentle incline. The accessible parking spaces and restrooms are near the beginning of this path. There is a drop-off area in front of the visitor center. The front entrance to the visitor center has several stairs.

Information desk: The information desk is located to the left after you enter the visitor center from the accessible entrance. There is a lower area at the front of the desk. Wheelchairs are available for short-term loan in the Sunrise area with photo ID. There is a braille version of the park brochure available at the information desk.

Bookstore: Near the accessible entrance there is a small bookstore. The aisles are wide. There is an employee available at the information desk to reach items on higher shelves. Purchases are

made at the front desk. There is a card reader for purchasing that is accessible to a person in a wheelchair.

Exhibits: The Sunrise Visitor Center consists of a large room with open space to navigate; the exhibits are accessible. There is an accessible viewing scope and tactile map on the south side of the room, in front of the large window.

Seating: Inside the visitor center there are two benches. Outside, on the side of the building opposite from the accessible entrance, there are several picnic tables. The path to get there is uneven compact dirt and stone.

Restrooms: There are no public restrooms available inside the visitor center, the restrooms are in a small building outside, located in front of the accessible parking spaces.

Sunrise Day Lodge

The lodge is accessible via an asphalt ramp at the entrance, on the left side as you are facing the building from the parking lot.

Gift shop: The lodge has a large gift shop that takes up most of the second floor of the building. The aisles are standard width. There are employees available to reach items on higher shelves. The floor consists of wide wood planks that are mostly smooth. The checkout counters are high. There are accessible card readers for purchasing.

Café: There is a counter where you can purchase lunch, snacks, and beverages to go.

Seating: There is no seating inside the lodge, there are picnic tables in the Sunrise Picnic Area, northwest of the visitor center.

Restrooms: There are no restrooms inside the lodge, there are restrooms available outside on either side of the lodge.

Restrooms

The restrooms are located on the north side of the parking lot on either side of the lodge. There are no public restrooms inside the visitor center or lodge. There is no family restroom at Sunrise.

Restroom Building

A small building containing restrooms is located to the left of the lodge if you are coming from the parking lot, in front of accessible parking spaces. These restrooms are designated 'men' and 'women'.

Women's restroom: The accessible entrance is at the rear of the building via an uneven gravel path.

- 8 stalls total, 1 is wheelchair accessible
- running water, pipe under the sink is covered
- baby changing table
- flush toilets

Men's restroom: The entrance is accessible from the front of the building via a ramp with a gentle slope.

- 4 stalls total, 1 is wheelchair accessible
- 4 urinals
- running water, pipe under the sink is covered
- baby changing table
- flush toilets

Vault Toilets

The vault toilets are located to the right of the lodge and are not designated by gender.

- 1 standard vault toilet, 1 accessible vault toilet
- no running water

Water Fountains and Refill Stations

There is one water fountain in Sunrise, it is located outside near the front of the lodge. The water from the bathroom sinks is potable.

Wifi and Cell Service

There is no cell service at Sunrise. There is public wifi available in the visitor center, but it can be weak and intermittent. The lodge does not have public wifi. Cell coverage is usually available at Sunrise Point Overlook, east of Sunrise.

Paths

Sidewalks leading from the parking lot to the visitor center and to the restrooms and lodge are uneven concrete. Many of the paths and trails in the area around the visitor center are gravel.

Lodging

There is no lodging in the Sunrise area.

Dining

Lunch and Snacks: There are to-go lunches and snacks for purchase in the Sunrise Day Lodge. There is no dining area inside the lodge. Picnic tables are available in the picnic area northwest of the visitor center and there are several picnic tables on the south side of the visitor center with views of the mountain. There is no food for purchase in the visitor center.

Picnic Areas

Sunrise Picnic Area

Sunrise has a large picnic area located northwest of the visitor center, or behind and to the right of the visitor center when coming from the parking lot. The paths in the picnic area are gently sloping uneven packed gravel. You can access the picnic area by car by entering the road to the right of the restrooms and following it until you see an available pull-out on your left. It is possible to park in these pull-outs to access the picnic area; there are paths connecting each of the pull-outs to a

small clearing with a picnic table. Use caution as this road is used by pedestrians who may not be expecting to encounter vehicle traffic.

White River Campground Picnic Area

There are several picnic tables south of parking lot. The paths are dirt and mostly level with some rocks.

Camping

White River Campground

The campground is located 11 miles downhill from Sunrise and has campsites available on a first-come, first-serve basis. Checkout is at noon. There are no designated accessible sites or raised tent pads. There is an accessible restroom in Loop C. There is an accessible parking space by the fee station at the entrance.

Viewpoints

- Located a few miles before reaching Sunrise, [Sunrise Point Overlook](#) offers nearly 360-degree views of the surrounding valleys, Mount Rainier, and other volcanoes in the Cascade Range such as Mount Adams.
- [Tipsoo Lake](#) is a popular summer destination about 22 miles from Sunrise. Located at Chinook Pass along State Route 410, this subalpine lake is surrounded by meadows. Come early or late in the day or on a weekday to [avoid congestion](#). View wildflowers in the meadows, observe tad-

poles and frogs in the lake, and watch for birds. There are 5 accessible parking spots at Tipsoo Lake and 2 accessible picnic tables.

Trails

Sunrise

Emmons Vista and Silver Forest Trail - A 2 mile (3.2km) out and back trail starting on the south side of the parking lot heads first toward Emmons Vista. At the trail junction, continue left to Silver Forest, or straight to the viewpoint. Often sunny and exposed, the trail has rocks, roots, and some steep sections.

Service Road (pedestrians only) - A 0.8 mile (1.4km) gravel road begins at the southwest corner of the parking area and continues to an exhibit panel describing the site of the historic Sunrise Campground. Several trails split off from the road, however they become narrower and steeper after the exhibit panel. The road is gravel and slopes downhill from the parking lot.

Surrounding Area

Tipsoo Lake - A 0.5 mile (0.8 km) loop around a small subalpine lake. Trail is mostly hard packed, level dirt. The trail is narrow and has several wooden bridges to cross creeks, as well as stone stairs near the parking area.

Things to Do

- Visit viewpoints at Sunrise Point and Tipsoo Lake — both have accessible parking.
- Learn more about the geology of the area by listening to the [Sunrise Geology Audio Tour](#) while driving along the Sunrise Road.
- Enjoy a picnic in the Sunrise Picnic Area or the White River Campground Picnic Area.

Winter at Sunrise

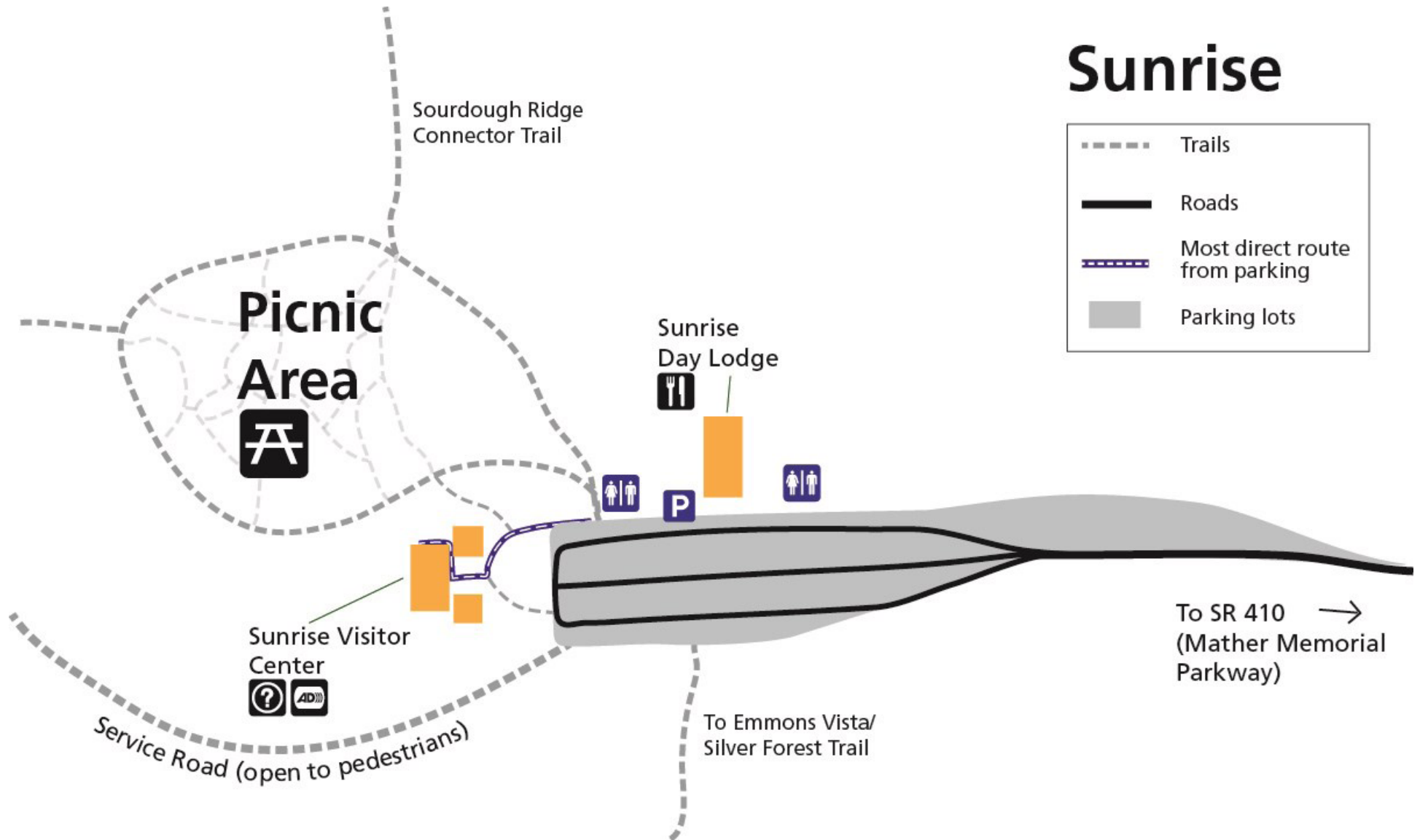
- Sunrise is closed in winter, typically from October-June.

NPS Mobile App

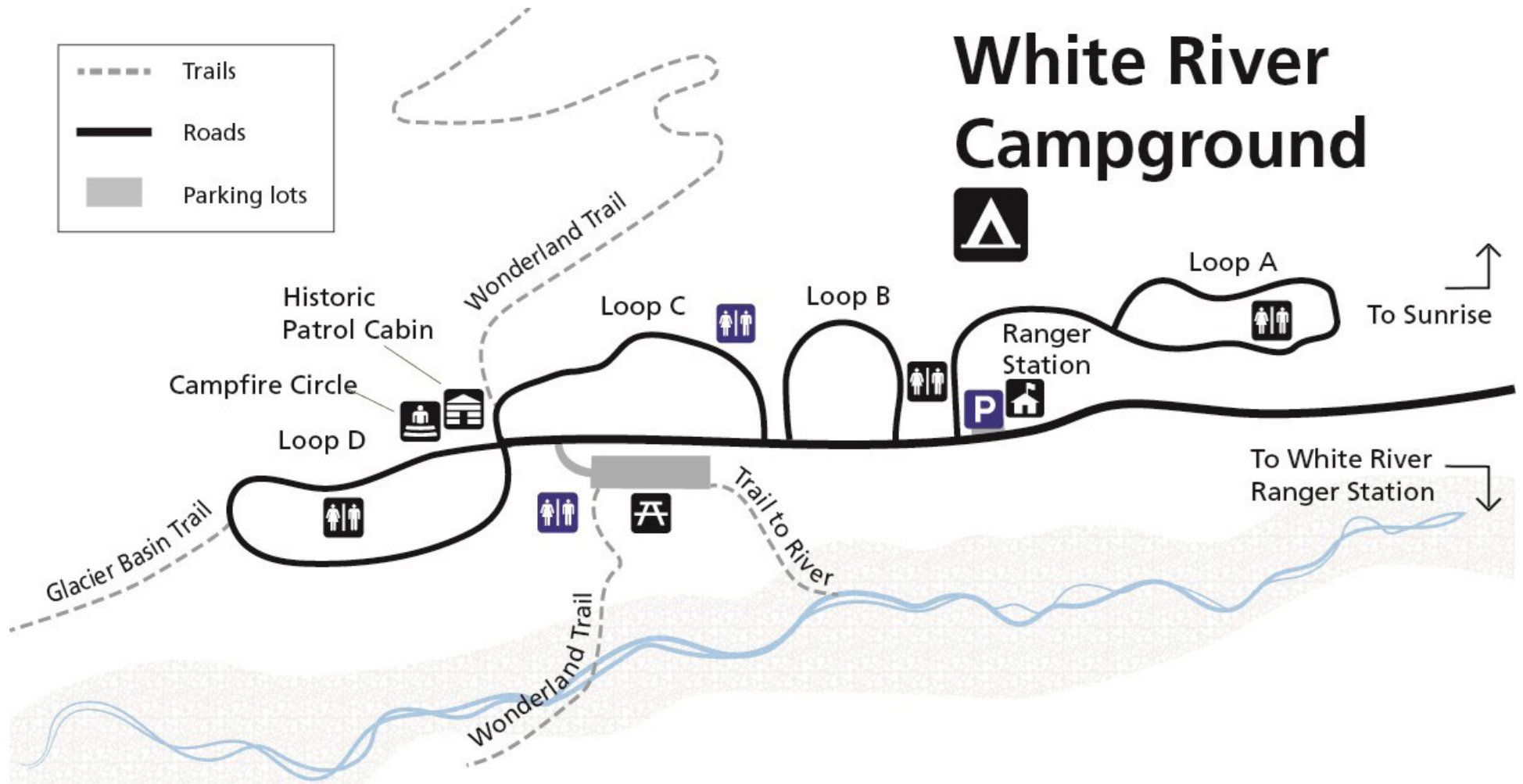
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Sunrise



Sunrise map highlighting the accessible features.



White River Campground map
highlighting accessible features



Longmire Accessibility

Longmire is a [National Historic District](#) located in the southwest corner of the park, 6.5 miles (10.5 km) east of the Nisqually Entrance. Learn more about [Longmire history, hiking and attractions](#) or watch [Visit Longmire: Gateway to Mount Rainier](#) for a short video introduction to the Longmire area. The article, [Longmire: Designing a National Park Style](#), provides an overview of the history of the area.

Parking

The main parking lot is behind the museum, inn, and gift shop, it has:

- about 80 standard parking spaces
- 1 van-accessible space
- a drop-off area at the rear entrance to the National Park Inn

There is a smaller parking lot to the right of the Longmire Administration Building, it has:

- 1 standard accessible space

Public Buildings

Longmire Museum

The museum is a historic building with a bookstore and exhibits. The doorways and walkways are narrow, with the narrowest at 29 inches. Paths to the museum are paved but are not level and can be steep. The museum front desk has a lower area at the front that is accessible to a person in a wheelchair, and a card reader for purchasing. There is an exhibit outside the entrance to the museum with a cross-section of a large tree; the rings are labeled with historic events. You can access public wifi from the porch of the museum.

Wilderness Information Center

Located in the first floor of the Longmire Administration Building, the accessible entrance is on the southeast corner of the building; the path is paved. The front entrance has two uneven flagstone steps. Much of the building is office space and not open to the public..

Transportation Exhibit / Historic Gas Station

The Transportation Exhibit is located in the historic gas station (no gas available). The exhibit is

accessible and audio description is available in the NPS App under What to See > Longmire Area > Longmire Exhibits.

General Store

The General Store gift shop is accessible from the parking lot via a bumpy asphalt path. Some of the aisles inside are narrow, with three 30-inch wide areas, and one 23-inch wide area. Assistance is available from staff to reach items on higher shelves. The card readers at the checkout are accessible to a person using a wheelchair.

Restrooms

Restroom Building

Restrooms are located in a small building between the Longmire Museum and the historic gas station, accessible via a path from the parking lot.

Paths to the restroom are paved, but are not level and can be steep. The restrooms are designated 'men' and 'women':

Women's restroom:

- a baby changing table
- 4 stalls total, 1 is wheelchair accessible
- running water, with covered pipe under the sink
- flush toilets

Men's restroom:

- a baby changing table
- 2 stalls total, 1 is wheelchair accessible

- 2 urinals
- running water, with covered pipe under the sink
- flush toilets

National Park Inn

There are also restrooms located in the National Park Inn, behind the front desk if you are entering from the parking lot, or to the left if you are entering from the front of the building. The restrooms are designated 'men' and 'women'.

Women's restroom:

- a baby changing table
- 2 stalls total, 1 wheelchair accessible
- running water, with covered pipe under the sink
- flush toilets

Men's restroom:

- no baby changing table
- two stalls, one is wheelchair accessible
- running water, with covered pipe under the sink
- flush toilets

There are no restrooms available in the Wilderness Information Center, museum, or gift shop.

Water Fountains and Refill Stations

There is a water refill station on the basement level of the National Park Inn. The basement level is accessible via an entrance on the left side of the

building as you approach from the parking lot, across from the gift shop.

Wifi and Cell Service

There is no cell service in Longmire. Public wifi is somewhat weak and can usually be accessed from the porch of the museum and from inside the National Park Inn.

Paths

Asphalt paths lead from the parking area to the inn, gift shop, and museum. The asphalt is bumpy in some areas. Some of the paths can be steep, there are several routes to each building.

Lodging

The National Park Inn has two accessible rooms with roll-in showers on the first floor. A ramp is on the left side of the front porch if you are facing the building, there is also an accessible entrance at the back of the building.

Dining

Restaurant: There is an accessible dining area inside the National Park Inn. The dining room tables have 25 inches of clearance from the floor; the space between the table legs is 22 inches wide. You can also dine or sit on the front porch of the inn which has 6 accessible tables and many chairs.

Snacks and beverages: Available for purchase in the

lobby of the National Park Inn and in the General Store, both have refrigerators with cold drinks.

Coffee/espresso: Available for purchase at the front desk of the National Park Inn.

Water: There is a water refill station on the bottom floor of the National Park Inn, accessible from the left side of the building if you are coming from the parking area.

Picnic Areas

There is a picnic table with room for a wheelchair on the side of the National Park Inn closest to the parking lot. There are several picnic tables near the General Store and Wilderness Information Center; but none have paved, even access. Nearby picnic areas include:

Cougar Rock Picnic Area

Picnic area has accessible parking, restrooms, and picnic tables at the north end of the picnic area.

Kautz Creek Picnic Area

Picnic area has accessible parking, restrooms, and picnic tables.

Camping

Cougar Rock Campground

- Sites C2, C7, C20, and R5 have paved parking areas, accessible picnic tables, fire rings, and firm

gravel tent pads. The sites are mostly level, with a 2-10 inch (5-25cm) ledge up to tent pad.

- Loop A and Loop C restrooms, closest to the main road, are accessible. Most other restrooms have stairs.
- The amphitheater is accessible via a ramp. There is no designated parking area.

Viewpoints

There are several viewpoints in and around Longmire, which can be reached via car or a short walk, including:

- The parking area in front of the [Longmire Community Building](#) has a great view of Mount Rainier with the Nisqually River in the foreground.
- The historic [Suspension Bridge](#) is open to cars or pedestrian traffic and has a view of the Nisqually River and Mount Rainier.
- The National Park Inn front porch has a view of Mount Rainier and is a good place to sit and relax, protected from the weather.

Trails

Longmire

Trail of the Shadows - 0.7 mile (1.1km) loop around a wetland through a lush forest. Mount Rainier viewpoints are available at the beginning of the trail. The furthest part of the loop has several steep areas with bumpy terrain that is difficult to

push a wheelchair up or down. There are several wooden bridges and a long wooden boardwalk. The half of the loop closest to the parking area and bordering the highway has many exhibit panels and is flatter and wider, with gravel paths that wind around the area that was once a hot springs resort.

Surrounding Area

Kautz Creek Viewpoint - Parking lot is large and located around 3 miles from the Nisqually Entrance. Cross the street to travel along a short boardwalk to a view of Mount Rainier. The parking area has an incline. The boardwalk is mostly level, with a ledge at the end of the boardwalk.

[Westside Road](#) - A 9 mile (14.5km) long gravel road that gains 2100 feet (640m). Open to pedestrians and bicycles. There is a parking area located 3 miles up the road, the road is gated after the parking area. After the gate, the first mile or so of the road is relatively flat, paved in sections and gravel with expansive views of cliffs, a giant rockslide, and a river. Note that this is a geohazard area. Move immediately uphill at least 150 feet if the ground shakes and/or you hear a rumbling noise. The road climbs steeply after the view of the river, with a packed dirt and gravel surface. It winds upward through a dense forest.

Things to Do

- Take the [self-guided tour of Longmire](#).

- Enjoy views at Christine Falls, Glacier Bridge, and Ricksecker Point.
- Take the boardwalk to the Kautz Creek overlook.
- Picnic at Cougar Rock Picnic Area.

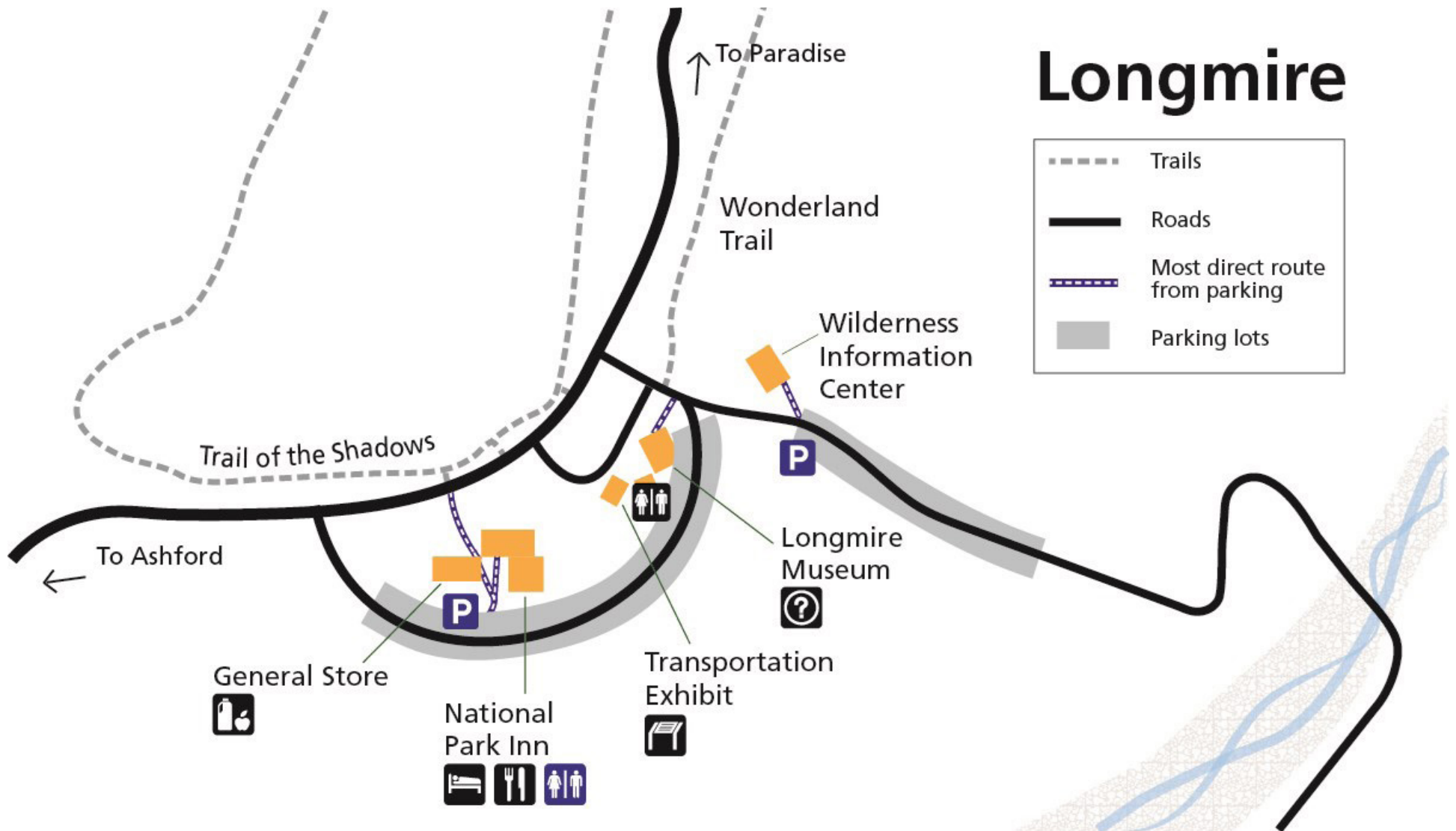
Winter in Longmire

Much of Longmire remains open in winter. The road sometimes closes due to weather, check the forecast and the [road status](#) to prepare for your trip. The paths in Longmire are routinely cleared of snow, but the area can be very icy; sometimes the ice is hard to see, proceed with caution. The National Park Inn and the museum stay open in winter but the Wilderness Information Center is closed.

NPS Mobile App

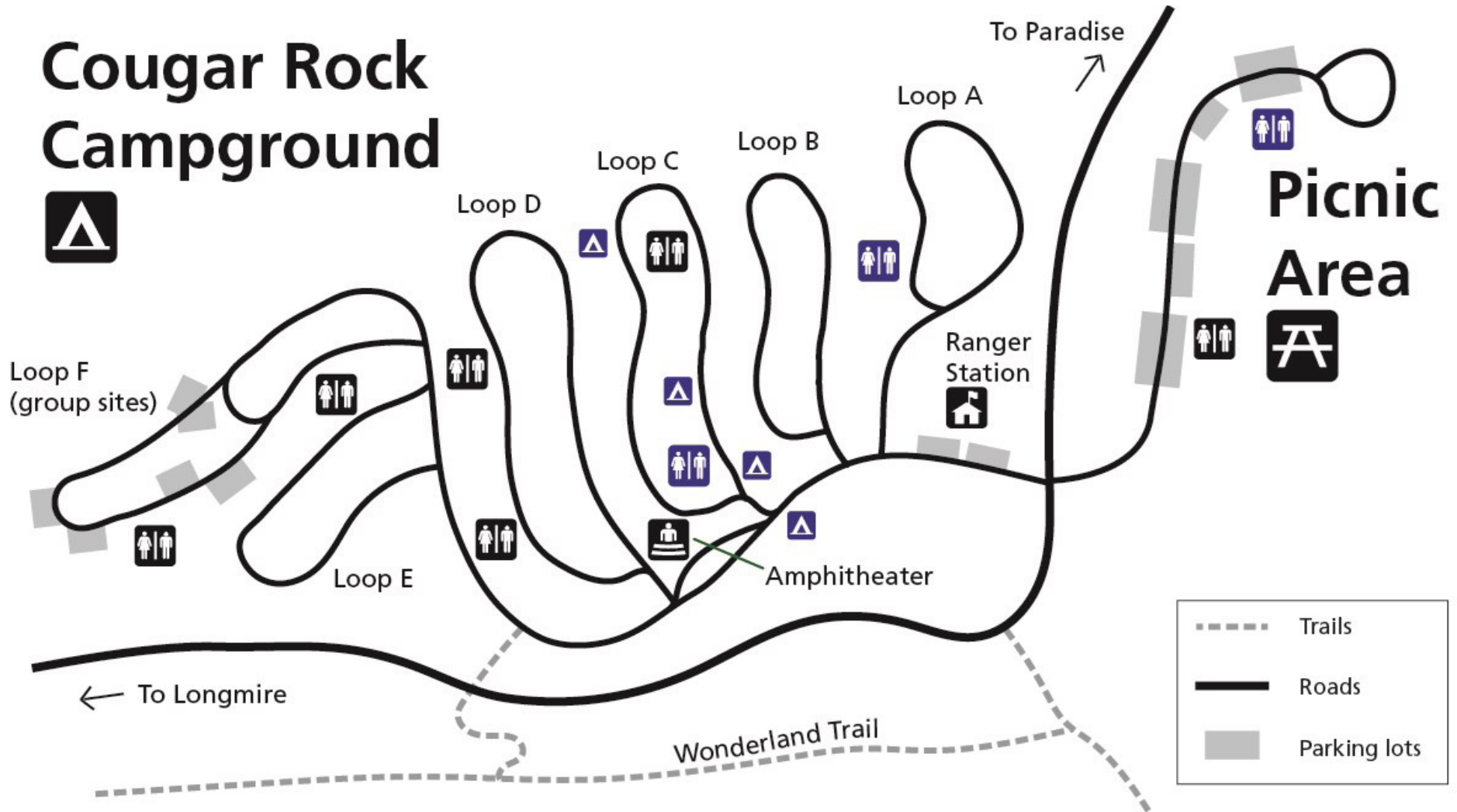
The [NPS App](#) is accessible and includes alt text for images. Mount Rainier National Park does not have cell service in many areas; download the NPS App prior to coming to the park. Features available include:

- Exhibit panel descriptions
- Things to do in the park
- Details about amenities
- News, calendar, and passport stamp locations
- Audio description tours of the visitor centers



Map showing the accessible features of Longmire

Cougar Rock Campground



Cougar Rock area map highlighting accessible features



Ohanapecosh Accessibility

Named for a Taidnapam (Upper Cowlitz) Indian habitation site along the river, Ohanapecosh is thought to mean “standing at the edge.” Experience the beauty and complexity of an old-growth forest situated among Douglas-firs, western red cedars, and western hemlocks. The east side of the park is somewhat drier and sunnier than the west side, making it a good destination when Paradise and Longmire are wet and foggy. Ohanapecosh is located 3 miles (4.8 km) north of the park boundary on State Route 123 and 36 miles (58 km) east of the Nisqually Entrance via park roads. Check the [road status](#) for current conditions.

Parking

The parking area in front of the visitor center has:

- 8 standard spaces
- 1 standard accessible space

Public Buildings

Ohanapecosh Visitor Center

The Ohanapecosh Visitor Center consists of a large room with exhibits and a small bookstore alcove. Paths leading to the visitor center slope upward from the parking lot and are uneven concrete, there is a bump at the entrance to the building, once inside the floors are smooth. There is a plaza outside along the west side of the building; the ground is uneven composite asphalt. The plaza is partially shaded with a view of the forest and includes a bench and an outdoor tree ring exhibit.

Information desk: The desk has a lower area to the left as you enter, an accessible purchasing interface is located here.

Exhibits: There is an oversized tactile map. The video "By the Water's Edge: the History of Ohanapecosh" has audio description available and can be viewed at a digital kiosk in the exhibits area.

Bookstore: There is a small alcove with a book and gift sales area. Employees are available to reach items on higher shelves.

Restrooms: There are accessible restrooms just outside the entrance to the visitor center to the right before you enter, attached to the building.

Food: There is not an area to purchase food at the visitor center.

Ohanapecosh Campground Information Window:

The window is located to the right of the front door to the visitor center. The window is not wheelchair accessible.

Restrooms

Ohanapecosh Visitor Center

The restrooms are located outside the entrance to the visitor center, to the right as you face the building. They are designated “men” and “women”.

Women’s restroom:

- 2 stalls total, 1 is wheelchair accessible
- running water with covered pipe under the sink
- flush toilets
- no baby changing table

Men’s restroom:

- 1 wheelchair accessible stall, 1 urinal
- running water with covered pipe under the sink
- flush toilets
- no baby changing table

Water Fountains and Refill Stations

There is an accessible water fountain near the restroom just outside the front entrance to the visitor center.

Wifi and Cell Service

There is public wifi at the visitor center that can be weak or intermittent. There is no cell service at Ohanapecosh.

Paths

The paths from the parking lot to the visitor center are uneven sloping concrete.

Lodging

There is no lodging at Ohanapecosh.

Dining

There is no dining at Ohanapecosh.

Picnic Areas

Ohanapecosh Campground

A picnic area is located in the Ohanapecosh Campground in Loop A. There picnic tables are on hard packed dirt next to a parking area. Grills are available near the picnic tables. The nearest restroom and parking area are not accessible.

Box Canyon Picnic Area

The Box Canyon Picnic Area is area located approximately 12 miles west of Ohanapecosh off of Stevens Canyon Road, just east of the tunnel.

Camping

Ohanapecosh Campground

Ohanapecosh has a large campground with many sites overlooking the Ohanapecosh River.

- Sites D014, D020, and D021 have packed dirt parking areas, accessible picnic tables, fire rings, and firm gravel tent pads. Sites are mostly level, with a 2-6 inch (5-15cm) ledge up to the tent pads.
- The restroom in Loop D is accessible.

Viewpoints

Box Canyon, off Stevens Canyon Road offers beautiful views of the area and the rustic Box Canyon Bridge. There is a tunnel about 100 feet west of the bridge, with dramatic bare rock walls. There is a paved path from the parking lot that steeply slopes down to an overlook with a view of the bridge and a large glacier-carved rock. There is a narrow sidewalk that leads from the parking lot to the bridge, with a view far below of the Muddy Fork of the Cowlitz River rushing through the canyon. Across the road from the parking lot there is a paved path leading to a footbridge and several steps.

Backbone Ridge is accessed via a large pullout along Stevens Canyon Road at the high point of the ridge, providing views of Mount Rainier

looking northwest and the Tatoosh Wilderness to the southwest. A sidewalk borders the pullout, leading to several picnic tables.

Trails

There are no accessible trails at Ohanapecosh. The campground has a paved road throughout, used by both cars and pedestrians, with views of the forest and river.

[The Box Canyon Loop Trail](#) is 0.5 miles long and paved. Starting from the east side of Box Canyon Bridge, the trail follows the edge of the canyon northwest towards Mount Rainier, crosses the canyon over a wood footbridge, then follows the other side of the canyon back to Stevens Canyon Road. The western side of the trail has several steps. Rounded, exposed bedrock borders the trail on the east side of the canyon. Look for fine striations or scratches across the rock's surface left behind by the movement of past glaciers that once filled this canyon.

Things to Do

- Go [fishing](#) in the Ohanapecosh river.
- Join a [Ranger-led program](#).
- Drive along Stevens Canyon Road to view geologic features, wildflowers, and expansive views.

Winter at Ohanapecosh

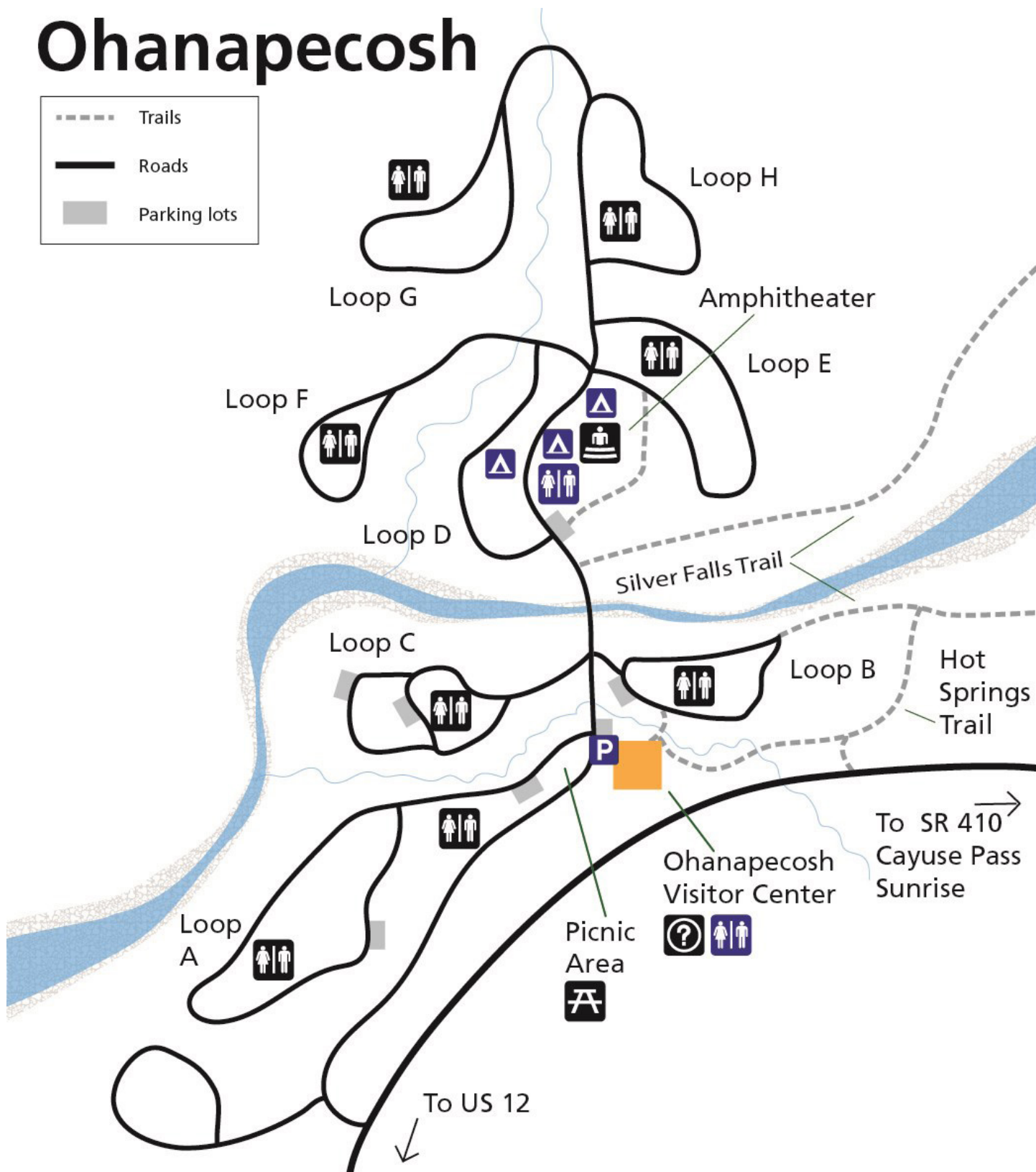
Ohanapecosh is closed in winter, typically from October-June.

NPS Mobile App

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Ohanapecosh



A map of the accessible features at Ohanapecosh



Carbon River and Mowich Lake Accessibility

Carbon River

Carbon River is in the park's northwest corner and receives high amounts of rainfall. The climate and plant communities found here resemble that of a temperate rainforest.

Carbon is reached via the Carbon River Road, off State Route 165. Visitors to the Carbon River area should be prepared to navigate around road and trail washouts and expect to encounter hazards including downed trees, snow, and changing weather conditions.

Part of the Carbon River Road was washed out by the 2006 flood and is closed to vehicles past the Carbon River park entrance; this 5 mile section is

now referred to as the Carbon River Trail. Bicycle and pedestrian traffic are permitted on the Carbon River Trail.

Carbon River and Mowich Lake – The Quiet Corner, provides an overview of the history of the area. Learn more about how the Carbon Glacier has shaped the area in the video below, or watch videos about Carbon River.

Mowich Lake

Set in a glacial basin surrounded by fragile wildflower meadows, Mowich Lake is the largest and deepest lake in Mount Rainier National Park. The lake is open for fishing and non-motorized boating. The area is generally open mid-July to mid-October. Mowich is reached via State Route 165. The road is unpaved after the first three miles and is rough with potholes and washboard sections.

Check the [road status](#) prior to visiting the Carbon & Mowich area.

Parking

Carbon River Ranger Station

- 1 standard accessible space

Carbon River Entrance Area

- no designated spaces

Mowich Lake

- 2 standard accessible spaces, the parking lot is gravel

Paul Peak Trailhead

- no designated spaces, parking lot is flat gravel

Public Buildings

Carbon River Ranger Station

The ranger station is located on the Carbon River Road, 2.5 miles (4 km) before the park boundary. There is an accessible parking space near the entrance to the building. There is a short gravel path that leads from the paved parking area into the building. Park information, wilderness camping, and climbing permits are available inside at the information desk. There are souvenirs and educational items for sale in a small alcove. There are no restrooms in the ranger station.

Restrooms

The restrooms in the Carbon/Mowich area are all vault toilets without sinks or running water. There is hand sanitizer available in the restrooms.

Carbon River Entrance Area

Restrooms are accessed via a paved path from the parking lot.

- 2 vault toilets

Mowich Lake

Restrooms are accessed from the parking lot, via a gently sloping gravel and rock road.

- 2 vault toilets, not marked accessible but have grab bars and flat cement floors

Paul Peak Trailhead and Picnic Area

Restrooms are accessed from the gravel parking lot, via a flat gravel path.

- 2 accessible vault toilets

Water Fountains and Refill Stations

There is no drinking water available in Carbon or Mowich.

Wifi and Cell Service

There is no wifi or cell service available in Carbon or Mowich.

Lodging

There is no lodging available in Carbon or Mowich.

Dining

There is no dining available in Carbon or Mowich.

Picnic Areas

Carbon River Entrance

There are several picnic tables at the Carbon River Entrance.

Mowich Lake Campground Picnic Area

There are several picnic tables at the edge of the campground that are available for people who are not camping. The path to the picnic tables from the parking lot is sloping, uneven gravel. There is an accessible picnic table to the right of the vault toilets.

- 2 vault toilets, not marked accessible but have grab bars and flat cement floors
- 2 accessible picnic tables

Paul Peak Trailhead Picnic Area

The Paul Peak Trailhead Picnic Area is located at the Mowich Lake Entrance. The parking lot and path to the restrooms is flat gravel.

- 2 picnic tables
- 2 accessible vault toilets

Camping

Carbon

The Ipsut Creek Campground is located 5 miles (8 km) from the Carbon River Entrance, via the Carbon River Trail, a former road that is closed to vehicles. The road is rough, with areas of gravel, tree roots, potholes and bumps.

- Ipsut Creek is a backcountry campground, a wilderness camping permit is needed.
- There are two vault toilets.
- There are some picnic tables.

Mowich

The Mowich Lake Campground is located 6 miles (9.5 km) from the Mowich Lake Entrance and is reached from the parking area via a gently sloping gravel path:

- There are two accessible parking spaces in the gravel lot next to the campground.
- The 8 sites at the campground are available on a first-come, first-served basis.
- Mowich is a primitive campground with no running water, there are two vault toilets that are not marked accessible but have grab bars and cement floors.
- Tent camping only.
- There are no designated accessible sites.
- Sites are very close together with 4 inch (10 cm) tall tent pads.
- There is an accessible picnic table next to the vault toilets and on the other side of the campground close to the paths leading to the lake.

Viewpoints

Carbon River Entrance

There are views of the river just before the parking lot at the Carbon River Entrance. There are many views closer to the river along the Carbon River Trail.

Mowich Lake

There are glimpses of the lake along the road in

the mile before reaching the parking lot. The best unobstructed view of the lake is just before the parking lot; it is a nice spot for photos of the small 'peninsula' that juts out into the lake.

Trails

Carbon River Entrance

The 5-mile (8 km) **Carbon River Trail** is a former road that is no longer open to vehicles. The trail ranges from gravel to river cobbles to hard-packed dirt and sand and is mostly wide and flat. It is open to pedestrian and bicycle traffic.

The **Rainforest Nature Trail** is a 0.3 mile (0.5 km) former loop trail on old boardwalk. Sections of boardwalk are broken or sparse. The loop no longer connects on the far side.

Mowich Lake

Most of the trails to the lake from the road or the parking lot are steep at the beginning, with several stairs. There are narrow and rocky sections with roots on the ground. The flattest route to reach the lake is a section of the **Lake Shore Trail** which begins in the campground in between sites 19 and 20. It is hard-packed gravel and slopes downward at the start, which is narrow. The trail then widens, sloping upward and then becoming mostly flat as it leads to the lake edge.

Things to Do

- Stop for a picnic and enjoy the views at Mowich Lake.
- Enjoy views of the river along the Carbon River Trail
- Take a non-motorized boat on Mowich Lake

Winter at Carbon and Mowich

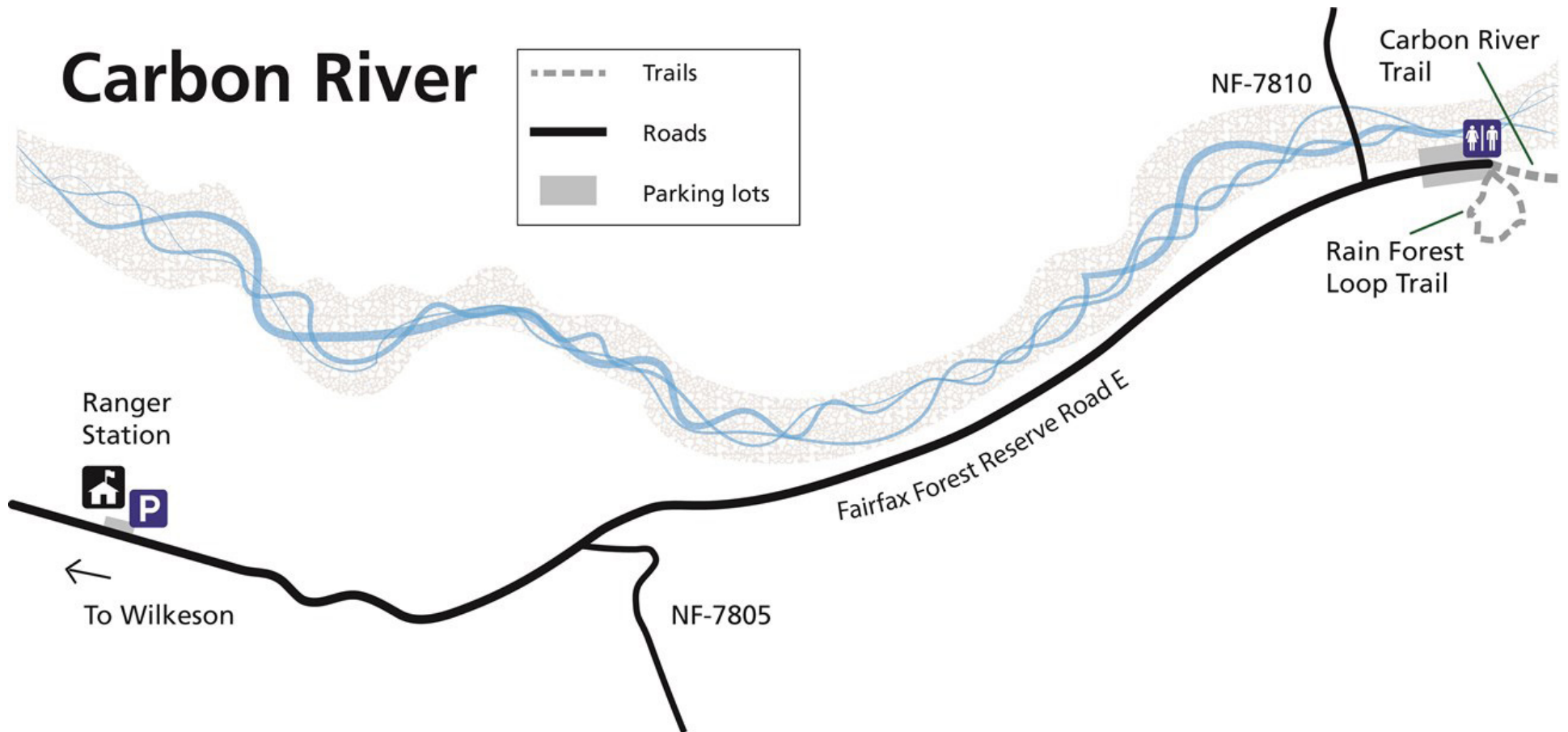
The Carbon River area remains open through winter. The Mowich Lake area is closed for winter, usually from mid-October to mid-July.

NPS Mobile App

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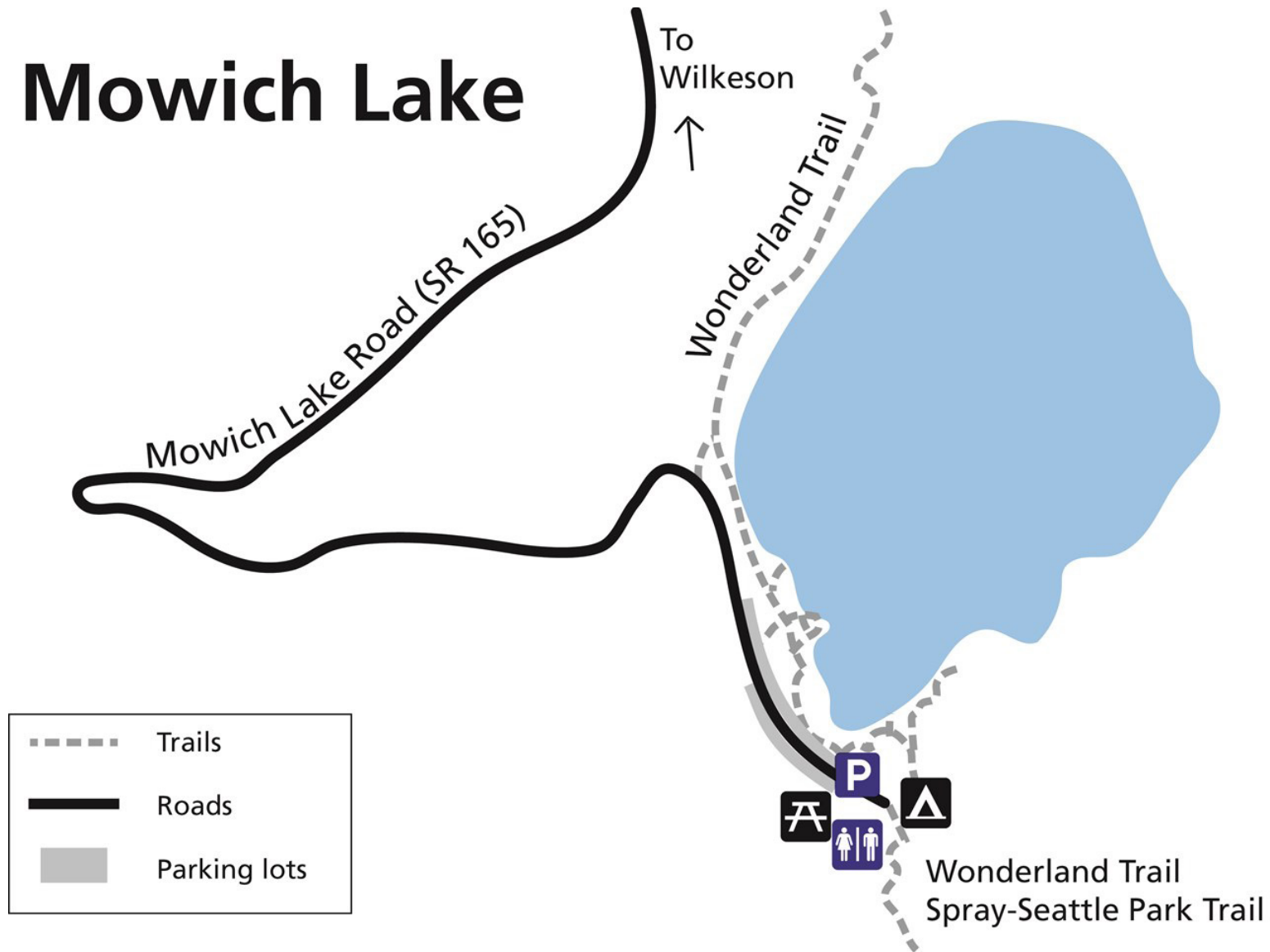
- Audio descriptions of exhibits along trails and roads
- Things to do in the park
- Details about amenities
- News, calendar, and passport stamp locations
- Audio description tours of the visitor centers

Carbon River



Map showing the accessibility features around the Carbon River area.

Mowich Lake



A map of the accessible features of Mowich Lake.



Information for People with Limited Mobility

Accessible Parking

The visitor centers in Mount Rainier National Park have at least one parking space that is designated accessible. Visitor centers have drop-off areas near their entrances. The parking lots of the visitor centers can be busy and the pavement can be uneven and sloped. There are many pull-outs along park roads with limited parking and most of these do not have designated accessible parking spots.

There are accessible parking spaces at other locations throughout the park including picnic areas and some viewpoints and several major trailheads.

Borrow a Wheelchair

Manual wheelchairs are available for short-term

loan at the Paradise and Sunrise visitor centers.

Lodging

The National Park Inn at Longmire

Closest to the Nisqually Entrance of the park, the National Park Inn has two wheelchair accessible rooms. An accessible entrance is available from the parking lot at the back of the building, where there is a drop-off area. There is accessible parking in the parking lot of the inn. The dining room is wheelchair accessible. The tables on the front porch of the inn are wheelchair accessible; the front porch can be accessed from inside the inn or from the front of the inn at the left side of the building. There are two picnic tables at the rear of the inn, they are not designated accessible but there is space at the end of the tables for a wheelchair.

The Paradise Inn at Paradise

Located between the Nisqually and the Stevens Canyon entrances, the Paradise Inn has two wheelchair accessible rooms and is accessible from the parking lot via a paved path. There is accessible parking in the parking lot of the inn.

Camping

Ohanapecosh and Cougar Rock Campgrounds offer reservations at [Recreation.gov](https://www.recreation.gov). Learn more about [camping at Mount Rainier](#).

Ohanapecosh Campground

- Located on the southeast corner of the park.
- Sites D014, D020, and D021 have hard packed dirt parking areas, wheelchair accessible picnic tables, fire rings, and firm gravel tent pads.
- Sites are mostly level, with a 2-6 inch (5-15 cm) ledge up to tent pad.
- An accessible restroom is available in Loop D.

Cougar Rock Campground

- Located near Longmire.
- Sites C2, C7, C20, and R5 are the most accessible, with paved parking areas, wheelchair accessible picnic tables, fire rings, and firm gravel tent pads.
- Sites are mostly level, with a 2-10 inch (5-25 cm) ledge up to tent pad.
- A loop and C loop restrooms closest to the main road are wheelchair accessible.
- Most other restrooms have stairs.
- The amphitheater is accessible via a ramp. There is no designated parking area.

White River Campground

- Located near Sunrise.
- Sites are available first-come, first-served.
- All sites include picnic table and fire ring. There are no designated accessible sites, and no raised tent pads.
- An accessible restroom is available in Loop C.

Note, showers are unavailable in the park. Learn

more about [campground rules and regulations](#) as well as nearby services.

Trails

Park trails range from paved, to rugged and leading deep into wilderness. Get trail information online and at visitor centers, and check conditions before heading out. Trail conditions and accessibility can change quickly due to weather, falling trees, rockfall, erosion, flooding, snow, and more. Park crews work as quickly as possible to clear obstacles, but conditions may differ from descriptions, especially from fall through late spring. Trails that are somewhat accessible to people with limited mobility include:

- **Kautz Creek boardwalk**, near the Nisqually Entrance, is wheelchair accessible and offers a 0.1 mile boardwalk to a viewpoint.
- **Trail of the Shadows** in Longmire is a 0.7 miles long loop. The part the trail bordering Longmire offers accessible exhibits and is mostly flat; the part of the trail furthest from Longmire is uneven, with tree roots and some steeper areas.
- The section of the Skyline Trail leading to **Myrtle Falls** at Paradise Meadows is partially wheelchair accessible. The falls can be viewed from above via this paved trail, but the view of the falls from below is reachable only by a set of stairs. This section of trail intersects with the **Waterfall Trail**, which is paved and mostly flat.
- **Tipsoo Lake**, near Sunrise, has a 0.5 mile loop

around it that is mostly hard packed level dirt. It is not wheelchair accessible; there are stone stairs near the parking area and the trail is narrow and boggy.

- The **Westside Road**, near the Nisqually Entrance, offers cycling opportunities, mostly on a gravel surface.
- The **Carbon River Trail** begins at the Carbon Entrance. It is 5 miles long and is open to pedestrians and bicyclists. It is a former road, wide, with a surface of mostly packed dirt, but with areas of river rocks, gravel and bumps.

Viewpoints

There are many viewpoints and views from pullouts along the roads in the park. Several views have been identified as potentially accessible to people with limited mobility:

- The **Henry M. Jackson Visitor Center** is accessible by wheelchair and offers views from inside and from the paved area outside the entrance.
- The **Reflection Lake** pullout includes a small parking area with a designated accessible parking spot and on a clear day offers a view of the reflection of Mount Rainier in the lake.
- The **Sunrise Visitor Center** offers great views from inside with spotting scopes available.
- On a clear day, the **Kautz Creek boardwalk** (0.1 miles) leads to a view of Mount Rainier.
- The **Longmire Community Building** parking area

has a great view of Mount Rainier with the Nisqually River in the foreground.

Dining

Wheelchair accessible dining rooms are available at the National Park Inn in Longmire, at the Henry M. Jackson Visitor Center and Paradise Inn in Paradise and at the Sunrise Day Lodge.

Restrooms

Accessible restrooms with sinks and flush toilets are located at all major developed areas within the park. Some picnic areas, campgrounds, and other rustic locations have accessible vault toilets with sinks. Accessible restrooms have routes with a wide turning radius and grab bars. Sinks are at a height with front wheelchair clearance and covered pipes underneath.

Visitor Centers

Visitor centers in the park are wheelchair accessible. The Sunrise Visitor Center and the Henry M. Jackson Visitor Center have accessible exhibits.

Ranger Programs

Rangers offer a variety of programs, including visitor center talks, walks, evening programs, and special events. Many ranger walks are on short, paved paths, but some involve navigating rugged terrain. Check at visitor centers or campground bulletin boards for program descriptions, times, and accessibility information.



Information for People who are Blind or have Low Vision

NPS Mobile App

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- Audio descriptions of exhibits along trails and roads
- Things to do in the park
- Details about amenities
- News, calendar, and passport stamp locations
- Audio description tours of the visitor centers

ListenWIFI App

For audio description of films in the theaters at

the Paradise Visitor Center, there is a separate app called ListenWIFI available:

App store: [ListenWIFI on the App Store](#)

Google Play: [ListenWIFI - Apps on Google Play](#)

It is recommended to download the ListenWIFI app before coming to the park for the best experience. To listen to park film audio description, connect your phone to the visitor center wifi channel called "Audio Description - No Internet" and open the Listen Wifi app. Tap the option for "Mount Rainier" for the main theater or "Human Use" to play the audio description for the small exhibit theater upstairs in the visitor center. Instructions for using the ListenWIFI app are also included in the visitor center audio description tour in the NPS app.

Unidescription App

The Unidescription App provides text and audio description of the park brochure and the park map. The app is available to download here:

[Unidescription iOS app](#)

[Unidescription Android app](#)

Braille and Tactile Exhibits

A braille version of the park brochure text is available at visitor centers and entrance stations. The [park brochure is available to download](#) in a variety of formats, including audio description and braille. The Paradise and Sunrise visitor centers have tactile exhibits. The Ohanapecosh Visitor Center and the

Longmire Wilderness Information Center have relief map models. The map at the Longmire WIC has a tactile model with a key with raised letters and braille.

Service Animals

Under the [Americans with Disabilities Act](#), service animals are allowed on trails and in park facilities if the animal has been trained to do work or perform tasks for the benefit of an individual with a disability. Therapy animals providing emotional support do not qualify as service animals. [Pets](#) are not allowed inside buildings, on trails, or in the backcountry. Learn more about [service animals in national parks](#).



Information for People who are Deaf or Hard of Hearing

Captioning and Assistive Listening

Captioning and assistive listening are available for films playing in the visitor centers.

NPS Mobile App

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- Details about amenities

- News, calendar, and passport stamp locations
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Google Play: [ListenWIFI - Apps on Google Play](#)

It is recommended to download the ListenWIFI app before coming to the park for the best experience. To listen to park film audio description, connect your phone to the visitor center wifi channel called "Audio Description - No Internet" and open the Listen Wifi app. Tap the option for "Mount Rainier" for the main theater or "Human Use" to play the audio description for the small exhibit theater upstairs in the visitor center. Instructions for using the ListenWIFI app are also included in the visitor center audio description tour in the NPS app.

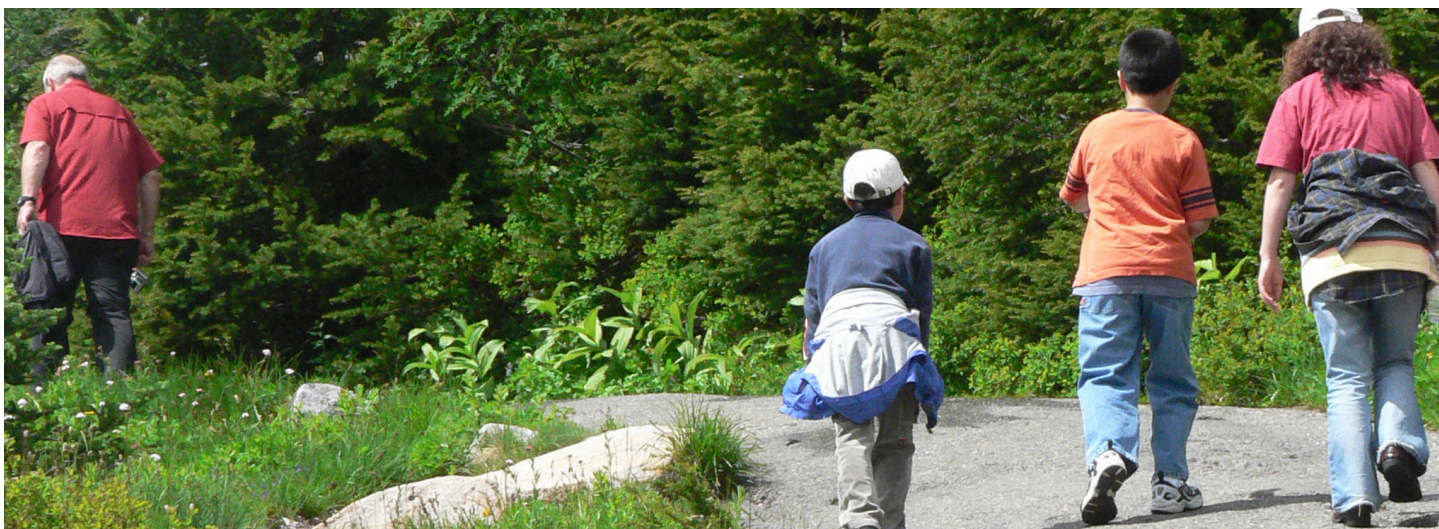
Federal Relay Service

Voice: 1-866-377-8642

Voice Carry Over: 1-877-877-6280

Speech-to-Speech: 1-877-877-8982

Telebraille: 1-866-893-8340



Information for People who are Neurodiverse

Pre-Visit Materials

Before coming to Mount Rainier National Park, you can view or download short written narratives of what to expect:

[Getting to the mountain](#)

[Hiking the trails](#)

[Going to a visitor center](#)

Quieter Times and Areas in the Park

The Ohanapecosh Visitor Center is a quieter visitor center in a [less-visited area](#); the visitor center at Paradise tends to be busier. [Trail of the Shadows](#) is a 0.7 mile trail in [Longmire](#) with exhibit panels and trees along the trail that can be touched, it tends to not be crowded except on weekends.

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