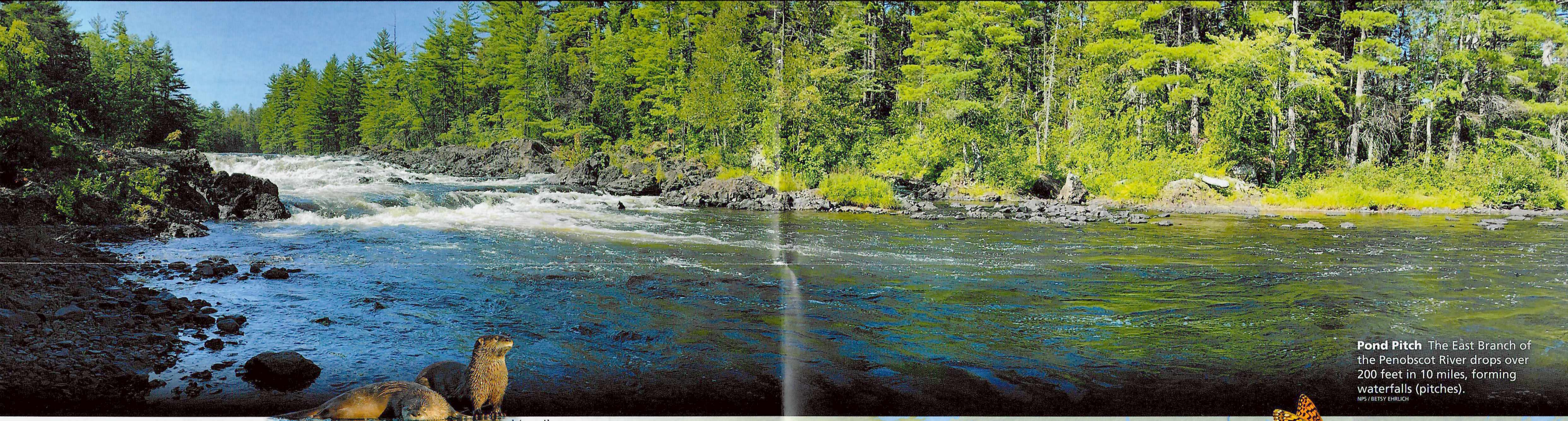




*We cannot live without water.
We are connected to the environment, whether it's the woods or the water. . .
If we don't take care of the woods and the water, then it won't take care of us.*
—Jason Mitchell, Penobscot Nation

Water—sometimes turbulent, sometimes still—winds its way through the forested landscape of northern Maine. The Penobscot relationship with the land and waterways goes back over 11,000 years. The culture and traditions of the Penobscot, Maliseet, Mi'kmaq, and Passamaquoddy Nations (collectively, Wabanaki) are forever linked to this sacred area.

Wabanaki respect and care for the lands and waters that sustain and enrich life. In 2016 the creation of Katahdin Woods and Waters National Monument, which lies within the Penobscot Nation homeland, further protected this dynamic landscape. You, too, can be part of the stewardship legacy.



Timbering Logging has been part of this landscape since the early 1800s. Loggers, many of them Wabanaki, harvested white pines with axes and handsaws in the winter. After spring thaws, river drivers worked dangerous log drives (left). They moved millions of feet of logs downstream to lumber mills and, later, paper mills. The last log drive on the Penobscot River occurred in 1971.

Today logging continues outside the park, supporting jobs essential to the area's economy. Logging companies use mechanical equipment to selectively harvest and transport timber, making the process safer and more efficient.

You may encounter timber-harvesting activities and logging trucks on roads in the park (see *safe-driving tips on other side*).

READING THE LANDSCAPE

Traveling along the East Branch of the Penobscot River is like a trip through time. Its stairstepped pitches and riverside boulders represent different millennia in Earth's history. The oldest rocks, near Grand Pitch, are over 500 million years old. Fossils found here match ones across the Atlantic Ocean. This discovery links remnants of the ancestral Appalachian-Caledonian Mountains and demonstrates plate tectonics. From its start in the park, the International Appalachian Trail follows this ancient mountain range into Canada and resumes across the Atlantic.

Volcanoes and vast oceans also left their mark. Volcanic and sedimentary stones in the distinctive Haskell Rock conglomerate show the transition from volcanic islands to seas. Glaciers transformed the landscape when they retreated about 15,000 years ago. Eskers (winding ridges of sand and gravel) and glacial erratics (rocks from other places) are the evidence left behind.

The geologic story of the park is still being written as scientists continue to study and learn. What discoveries lie ahead?



kačəkikilahso
Boreal chickadee
© GERRY BEYERBERGEN



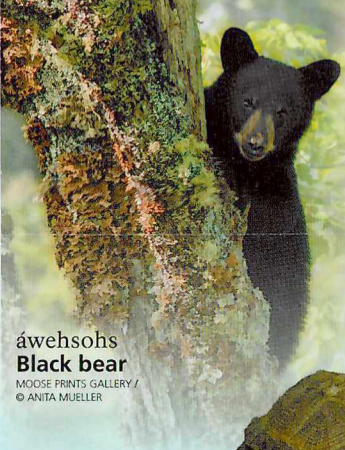
kaskasək'ehso
Canada jay
© MOOSE PRINTS GALLERY / © MARK PICARD



matekanihleho
Northern long-eared bat
© SHERRI AND BRICK FENTON



kci-pəso
Canada lynx
© ADRIAN STOCK / JILLIAN



āwehsohs
Black bear
© MOOSE PRINTS GALLERY / © ANITA MUELLER



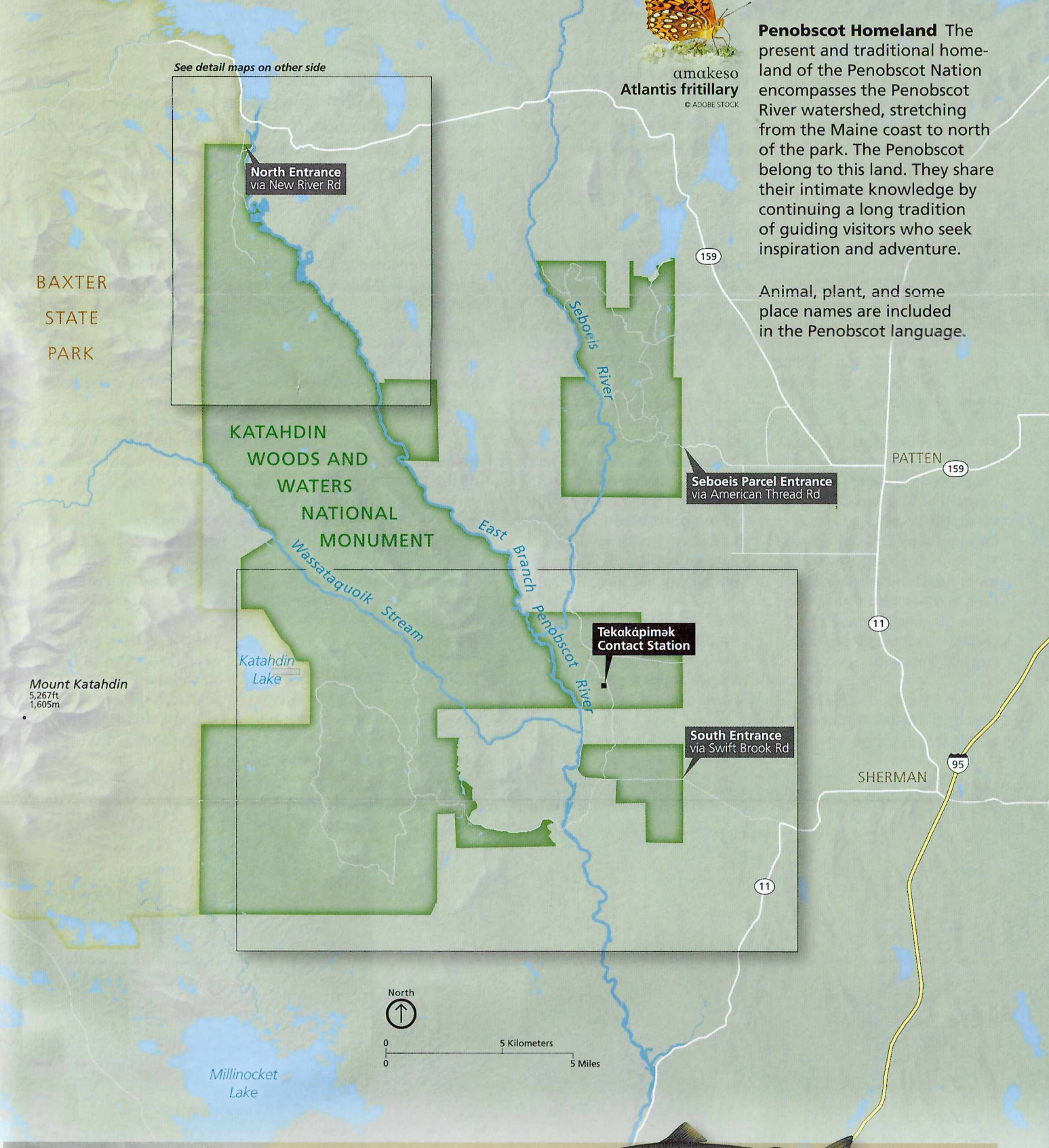
tōləpe
Wood turtle
© WIKIMEDIA PAUL KOSAM



mačihleho
Ruffed grouse
© MOOSE PRINTS GALLERY / © ANITA MUELLER



mačihleho
Spruce grouse
© MOOSE PRINTS GALLERY / © MARK PICARD



Penobscot Homeland The present and traditional homeland of the Penobscot Nation encompasses the Penobscot River watershed, stretching from the Maine coast to north of the park. The Penobscot belong to this land. They share their intimate knowledge by continuing a long tradition of guiding visitors who seek inspiration and adventure.

Animal, plant, and some place names are included in the Penobscot language.



mos
Moose
© MOOSE PRINTS GALLERY / © MARK PICARD



sk'amek'
Atlantic salmon
© LEVITSKY / TRACY KERRY



ačəssahtək'e
Dragonfly
© MATT BERG



ess
Tidewater mucket
© LEVITSKY / MATTHEW PATTERSON



áčolask
Wood frog
© TERRY HEBBETS



tə mahk'e
Beaver
© ERIC HAAS



apāsənote
Ash basket
© HANSEN, LEO AND FLORENCE SHAW COLLECTION, HILLSON MUSEUM, UNIVERSITY OF MAINE



wikapi
Black ash leaves
© WIKIMEDIA WILDFLOWERS



Emerald ash borer
© ADRIAN STOCK



Gabriel Frey, twelfth-generation Passamaquoddy basket maker
© GREG RYBICKI

Black Ash Some Wabanaki creation stories tell how the first people were made when Gluskabe, the transformer, shot an ash tree with an arrow, freeing the spirits inside. For hundreds of years, Wabanaki have made functional and decorative baskets from ash trees. The invasive emerald ash borer threatens this tradition central to their culture and livelihood.

Since 2002 infestations have killed hundreds of millions of ash trees in over 35 states, including Maine. Treatment isn't possible. The best strategy is prevention, keeping them out of uninfested areas. You can help—leave your firewood at home.



wahsehtj
East Branch of the Penobscot River
© MARK PICARD

Enjoy the Woods and Waters

The Penobscot River is the first relative on our census, it's the first citizen of the Penobscot Nation. Because when you ask me who I am, where I come from, I answer with one word: Penobscot. That's who I am, that's who the river is, that's who the land is, and we are all one. All of us.

—Sherri Mitchell, Penobscot Nation

View the stars above this International Dark Sky Sanctuary, the first in New England, and realize you're seeing the same scene as people for thousands of years. Wabanaki, Penobscot guide Joe Polis who led Henry David Thoreau and other travelers, loggers, recreation enthusiasts, and others have connected to this area in

Northern Section Take ME 159 from Patten. The northern section offers hiking, mountain biking, fishing, and paddling along the East Branch of the Penobscot River. Hike or bike to Stair Falls, Haskell Rock Pitch, Grand Pitch, and other scenic waterfalls.

Southern Section From ME 11 in Sherman, take Swift Brook Road to reach the unpaved 17-mile Katahdin Loop Road. Go slowly and watch for logging trucks. Allow at least 1½ hours to drive the entire loop. Reach hikes like Orin Falls and Barnard Mountain more quickly by traveling counterclockwise from the start of the road.

Scenic Byway Katahdin Woods & Waters National Scenic Byway winds 89 miles

through the Katahdin region. www.katahdinwoodsandwaters.com.

Hiking Hikes are available for all levels. Check the park website or use the NPS App.

International Appalachian Trail (IAT) The IAT connects significant geological elements across continents. From its start at the Barnard Mountain Trailhead, the IAT travels 30 miles in the park. It continues north to Canada, with sections in Europe and North Africa. www.maineiat.org

Biking Bicycles and Class 1 electric bicycles are allowed on public and gated administrative roads and in parking areas open to motor vehicles.

Paddling Canoeing and kayaking are popular activities.

their own way—all under that same sky that both brings us together and reminds us how small we are. Today you, too, can choose how to experience this special place. Pick a season, an activity, a place. Explore these lands and waters and make the experience your own.

Some areas are dangerous for inexperienced paddlers. Use a river map and know where the portages are.

Hunting Hunting is permitted on park lands east of the East Branch of the Penobscot River (maps). A Maine state hunting license is required.

Fishing The East Branch of the Penobscot River and surrounding tributaries offer excellent fishing. A Maine state fishing license is required.

Camping Camping is permitted only in designated campsites. Reserve at www.recreation.gov.

Winter Explore the park on snowshoes, skis, or snowmobiles. About 15 miles of trails in the northern section are groomed for cross-country

Dark night skies like these over the East Branch of the Penobscot appear above most of the park.

QT LUONG / TERRA GALLERIA



Traditional birchbark canoes connect Wabanaki culture across generations.

COURTESY PENOBSCOT MARINE MUSEUM / © WAYNE HAMILTON

Safety Logging trucks always have the right of way (see *safe-driving tips below for important precautions*).

Regulations Federal laws protect all natural and cultural features in the park. • Untreated firewood from out of state is banned. Buy firewood locally. • For firearms regulations check the park website. • Dogs are allowed on trails but not in shelters and must be leashed. • Using remotely piloted aircraft like drones is prohibited.



SOUTHERN SECTION



Signs mark the International Appalachian Trail, popular for hiking and biking, where allowed.

POST-© BILLY MCCORMICK; SIGN-NPS; BICYCLIST-© DAVID AND SKY MEDIA

Loop Road Highlights Mileage is clockwise from the Katahdin Loop Road gate.

Deasey Ponds Trail (mile 0.5): 0.6-mile trail to a boreal forest-lined pond; additional 0.4-mile segment across the road shows glacial remnants

Lynx Pond Viewing Area (mile 2.2): Wheelchair-accessible trail and viewing platform

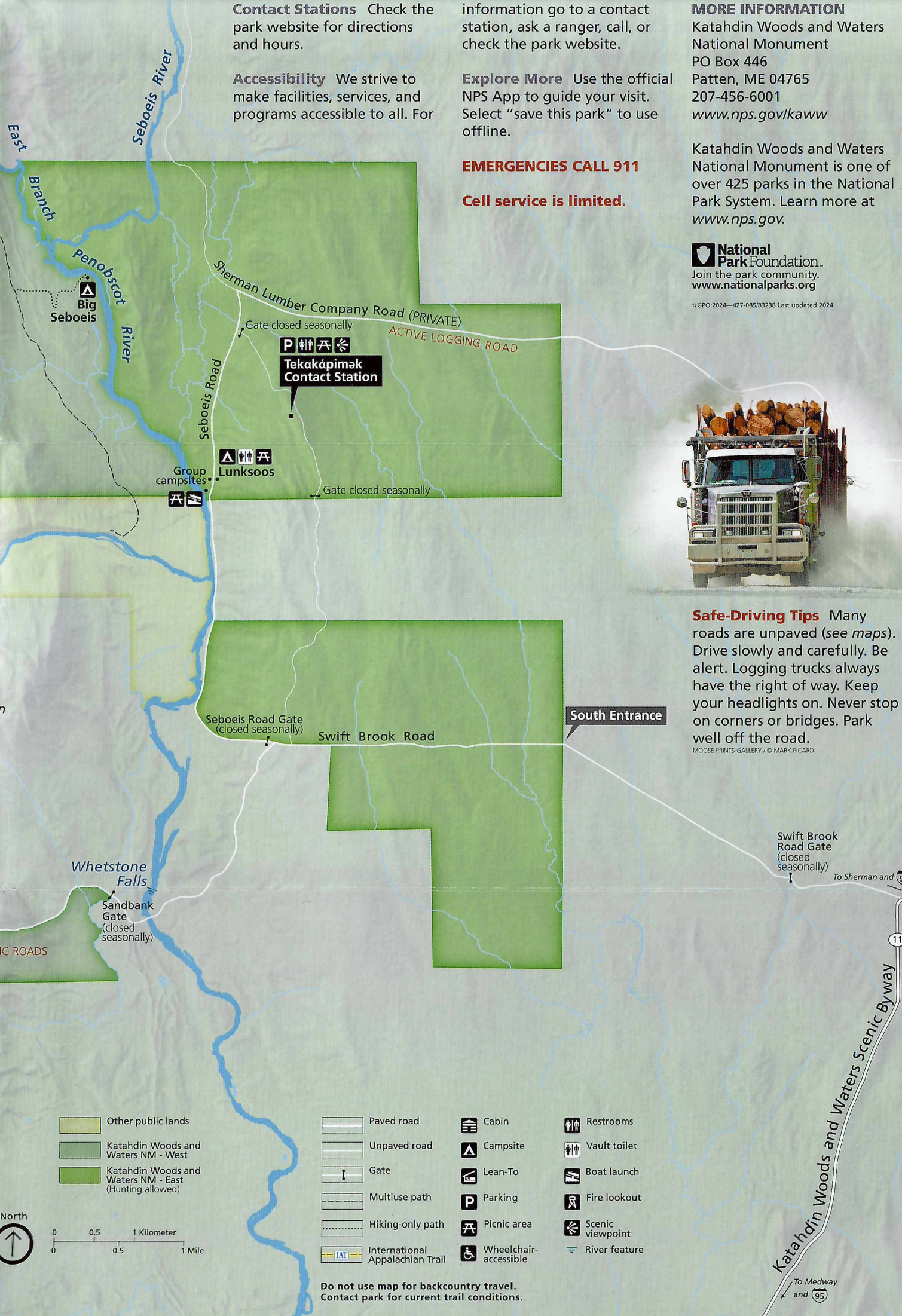
Katahdin Loop Road Overlook (mile 6.4): Picnic area with expansive views of Millinocket Lake and Katahdin

Barnard Mountain Trailhead (mile 12.0): Start of the International Appalachian Trail and 4½-mile roundtrip hike to Barnard Mountain

Wassataquoik Stream Road (mile 15.5): 2½-mile road to the trailhead for a 6-mile roundtrip hike to Orin Falls on Wassataquoik Stream and a 10-mile roundtrip hike to 1,942-foot Deasey Mountain and Fire Lookout

KATAHDIN WOODS AND WATERS NATIONAL MONUMENT

MILLINOCKET FOREST PUBLIC LAND



Contact Stations Check the park website for directions and hours.

Accessibility We strive to make facilities, services, and programs accessible to all. For

information go to a contact station, ask a ranger, call, or check the park website.

Explore More Use the official NPS App to guide your visit. Select "save this park" to use offline.

EMERGENCIES CALL 911

Cell service is limited.

MORE INFORMATION Katahdin Woods and Waters National Monument PO Box 446 Patten, ME 04765 207-456-6001 www.nps.gov/kaww

Katahdin Woods and Waters National Monument is one of over 425 parks in the National Park System. Learn more at www.nps.gov.

National Park Foundation. Join the park community. www.nationalparks.org

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Safe-Driving Tips Many roads are unpaved (see maps). Drive slowly and carefully. Be alert. Logging trucks always have the right of way. Keep your headlights on. Never stop on corners or bridges. Park well off the road.

MOOSE PRINTS GALLERY / © MARK PICARD

Other public lands
Katahdin Woods and Waters NM - West
Katahdin Woods and Waters NM - East (Hunting allowed)

Paved road
Unpaved road
Gate
Multiuse path
Hiking-only path
International Appalachian Trail

Cabin
Campsite
Lean-To
Parking
Picnic area
Wheelchair-accessible
Restrooms
Vault toilet
Boat launch
Fire lookout
Scenic viewpoint
River feature

Do not use map for backcountry travel. Contact park for current trail conditions.