



BROOK TROUT

(*Salvelinus fontinalis*)

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Habitat: Clean, clear, cold streams of Eastern North America, like those in the Blue Ridge Parkway and Shenandoah.

Weight: 8 ozs.-1.5 lbs. on average (a record trout weighed over 14 lbs.)

Diet: Omnivorous; they primarily eat small aquatic insects and worms, but they'll eat whatever falls in the water!

Fun Fact: Brook trout have been extensively introduced in areas outside of their historic range.



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