Zion National Park
Winter Information Sheet

Zion Canyon Hikes

<table>
<thead>
<tr>
<th>Hike</th>
<th>Location</th>
<th>Round Trip</th>
<th>Average Trip</th>
<th>Elevation Change</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Easy</td>
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<tr>
<td>Pa’rus Trail</td>
<td>Zion Canyon</td>
<td>2 hours</td>
<td>3.5 mi / 5.6 km</td>
<td>50 ft / 15 m</td>
<td>Paved trail follows the Virgin River from the South Campground to Canyon Junction. Wheelchairs may need assistance.</td>
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<tr>
<td>Archaeology Trail</td>
<td>Zion Canyon</td>
<td>0.5 hour</td>
<td>0.4 mi / 0.6 km</td>
<td>80 ft / 24 m</td>
<td>Short, but steep. Starts across from the entrance to the Visitor Center parking lot. Climbs to the outline of a prehistoric structure. Trailside exhibits.</td>
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<tr>
<td>Lower Emerald Pool Trail</td>
<td>Zion Lodge</td>
<td>0.5 hour</td>
<td>1 mi / 1.6 km</td>
<td>35 ft / 11 m</td>
<td>This short trail follows the roadway, connecting the Zion Lodge to The Grotto. This trail is great for wildlife viewing. It is located behind the shuttle station area.</td>
</tr>
<tr>
<td>Weeping Rock Trail</td>
<td>Weeping Rock</td>
<td>1.5 hours</td>
<td>2.2 mi / 3.5 km</td>
<td>57 ft / 17 m</td>
<td>Minor drop-offs. Paved trail follows the Virgin River along the bottom of a narrow canyon. Trailside exhibits. May be icy. Wheelchairs may need assistance.</td>
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<tr>
<td>Moderate</td>
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<tr>
<td>Watchman Trail</td>
<td>Zion Canyon</td>
<td>2 hours</td>
<td>3 mi / 5.3 km</td>
<td>368 ft / 112 m</td>
<td>Hike atop a massive landslide under The Sentinel. Minor drop-offs. May be icy. Commercial horse trail from March to October.</td>
</tr>
<tr>
<td>Sand Bench Trail</td>
<td>Zion Lodge</td>
<td>5 hours</td>
<td>7.6 mi / 12.2 km</td>
<td>466 ft / 142 m</td>
<td>Moderate drop-offs. An unpaved climb to the Emerald Pools. Connects the Grotto Trail to the Upper Emerald Pool Trail.</td>
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<tr>
<td>Kayenta Trail</td>
<td>The Grotto</td>
<td>1.5 hours</td>
<td>2 mi / 3.2 km</td>
<td>150 ft / 46 m</td>
<td>Minor drop-offs. Clarke trail follows the Virgin River through the bottom of a narrow canyon. Trailside exhibits. May be snow covered and icy.</td>
</tr>
<tr>
<td>Upper Emerald Pool Trail</td>
<td>via Kayenta Trail</td>
<td>1 hour</td>
<td>1 mi / 1.6 km</td>
<td>200 ft / 61 m</td>
<td>Minor drop-offs. A sandy and rocky trail that climbs to the Upper Emerald Pool at the base of a cliff. No swimming is allowed.</td>
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<tr>
<td>Canyon Overlook Trail</td>
<td>Zion-Mt Carmel Hwy</td>
<td>1 hour</td>
<td>1 mi / 1.6 km</td>
<td>163 ft / 50 m</td>
<td>Long drop-offs, mostly fenced. Rocky and uneven trail end at viewpoint of Pine Creek Canyon and lower Zion Canyon. May be snow covered and icy.</td>
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<tr>
<td>Taylor Creek Trail</td>
<td>Kolob Canyons Road</td>
<td>3.5 hours</td>
<td>5 mi / 8.0 km</td>
<td>450 ft / 137 m</td>
<td>Limited to 12 people per group. Follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.</td>
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<tr>
<td>Timber Creek Overlook Trail</td>
<td>Kolob Canyons Road</td>
<td>0.5 hour</td>
<td>1 mi / 1.6 km</td>
<td>163 ft / 50 m</td>
<td>Follows ridge to views of Timber Creek, Kolob Terrace, and the Pine Valley Mountains.</td>
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<td>Streneuous</td>
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<td>Angels Landing Trail</td>
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<td>4 hours</td>
<td>5 mi / 8.7 km</td>
<td>1488 ft / 453 m</td>
<td>Long drop-offs. Not for young children or anyone fearful of heights. Last section is a route along a steep, narrow ridge to the summit. Often snow covered and icy.</td>
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<td>Hidden Canyon Trail</td>
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<td>Observation Point Trail</td>
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<td>The Narrows Trail</td>
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<tr>
<td>Kolob Arch Trail</td>
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**Note:** Pets are prohibited on all trails. Group size limit on sedate trails is 12 people.

Stay on established trails and watch your footing, especially at overlooks and near drop-offs. Avoid cliff edges. Watch children closely. People uncertain about heights should stop if they become uncomfortable. Never throw or roll rocks because there may be hikers below.

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![Zion Canyon Map](Zion_Canyon_Map.png)

**Kolob Canyons**

Located in the northwestern corner of the park off of Interstate 15 via exit 40, the five-mile scenic drive follows Timber Creek past two homestead cabins to Double Arch Alcove. Pets are prohibited on all trails. Group size limit on sedate trails is 12 people.
The Zion National Park Pledge is a personal promise you can make to protect yourself and the park. Please share your #ZionPledge story on social media and encourage family and friends to do the same.

The Zion National Park Pledge is to:

• Never enter a narrow canyon when there is a threat of a flash flood.
• Be ready to pack out my human waste, toilet paper, and diapers from trails and river corridors.
• Stay on established trails to protect vegetation and fragile cryptobiotic soils.
• Leave rocks as I find them and not stack rock cairns or build river dams.
• Protect the natural sounds of the canyon by talking softly and using headphones for music.
• Recycle what I can and dispose of my trash and food appropriately.
• Park in designated areas and avoid blocking traffic.
• Share what I've learned about stewardship with nicely asking people to follow the Zion Pledge if they are not.

The Zion - Mt. Carmel Tunnel connects Zion Canyon to the east side of the park. It was built in the 1930s as a large vehicle was less common. Vehicles 11’4” tall or taller, or 7’10” wide or wider, require one-lane traffic control through the tunnel. Large vehicles cannot travel in a single lane through the tunnel. Nearly all RVs, buses, trailers, fifth-wheels, dual-wheel trucks, campers, and boats require traffic control.

During the winter months, and particularly after snow fall, lingering patches of snow make driving more challenging for larger vehicles to negotiate the many switchbacks on the East Side of the park. Be aware of the inherent risks associated with winter conditions and plan accordingly.

TUNNEL TRAFFIC CONTROL Visitors requiring traffic control through the tunnel must pay a $15 fee per vehicle in addition to the entrance fee. This fee at the park entrance station before driving to the tunnel. The fee is valid for two trips through the tunnel for the same vehicle during a seven-day period. Rangers will stop oncoming traffic so that you may drive down the center of the road in the tunnel. We apologize for any delays associated with this safety precaution.

Large vehicles may only travel through the tunnel from 8:00 a.m. to 4:30 p.m., November 3 to March 1.

Large Vehicles

Here are the restrictions for large vehicles:

• Vehicles over 11’1” tall
• Semi-trucks and commercial vehicles
• Vehicles carrying hazardous materials
• Vehicles weighing more than 50,000 lb.
• Combined vehicles or buses over 50 ft.

Bicycles and pedestrians are also not permitted in the tunnel and must obtain a ride. Hitchhiking is permitted. Rangers are not allowed to provide or arrange for transport through the tunnel.

Camping

Zion National Park has three campgrounds. South Campground is in the main canyon. Lava Point Campground is accessed by the Kolob Terrace Rd. The South Campground and Lava Point Campground are both closed for the winter season. South Campground will reopen March 6, 2020, available by reservation only. Watchman Campground is currently open with first-come–first-served sites. Reservations will be required starting February 28, 2020. To make a reservation, visit www.reserve.gov or call 877-444-6777. Reservations for South Campground can be made 14 days in advance of arrival date, reservations for Watchman Campground can be made 6 months ahead. Reservations are required. Camping is permitted in designated campsites only and is not permitted in parking areas or pullouts.

Hours of Operation

All sites are open and subject to change. Check website or Visitor Center for most up to date information.

Winter 2020

December 1 to March 13

Zion Canyon Visitor Center and Park Store
8:00 am to 5:00 p.m.

Zion Canyon Wilderness Desk
8:00 am to 4:30 pm

Zion Human History Museum
Closed

Kolob Canyons Visitor Center and Park Store
8:00 am to 4:30 pm, Closed Christmas day

Did you know?

Zion is Utah’s first national park. Before it was a national park, Zion was designated as a national monument known as Makahansup National Monument in 1909.

Ranger-led programs

Enhance your understanding and enjoyment of Zion National Park by participating in a free ranger-led program. Program schedules are based on ranger staffing and availability.

• Check park information centers and bulletin board for times, places, subjects, and information about programs
• Topics include geology, plants, animals, human history, and more.
• Junior Ranger handbooks: Visitors ages 4 and older can earn a badge by completing the Junior Ranger handbook. The handbook is available for free at information centers within the park.

Support Zion Forever Project

Zion National Park's non-profit partner, The Zion Forever Project, makes it possible for you to experience and enjoy the park in a more meaningful way. ZFP addresses a stronger sense of stewardship and responsibility that falls on all of us to protect and sustain the park for future generations.

Whether you simply round up your change at the sales counter or make a large contribution to a specific park project listed in our Field Guide to Park Project Priorities, you will make a difference now and forever. You can find the Field Guide online at www.ziopark.org/projects.

Emergencies

For 24-hour emergency response, call 911 or 435-772-3326. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call 435-772-3226. Additional medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.