Social Media

Zion National Park is constantly searching for new ways to connect with our visitors. Social media websites, like Twitter and Flickr, provide the park with an opportunity to share information and create a place for visitors to learn about Zion National Park. These sites encourage interaction and enable our visitors to experience the park in an entirely new way.

Twitter

Twitter.com/zionnps

Twitter is a real-time information network that connects you to the latest information about the park. Sign up to follow @ZionNPS on Twitter to receive breaking news, severe weather warnings, closure updates, special event announcements, and other information.

Flickr

www.flickr.com/photos/zionnps

Flickr is a photo sharing website that provides a place for the park and our visitors to post images and videos. Visit ZionNPS on Flickr to view recent photos and learn more about the plants, animals, and places that make Zion so special.

www.flickr.com/groups/zionnps

Are you interested in sharing your photos of Zion National Park? Visit the ZionNPS Group on Flickr to view photos from other visitors and share your own.

Plan Your Visit

Welcome to Zion National Park. Steep cliffs, narrow canyons, and unpredictable weather add to the challenge and adventure of a visit. It is important to plan carefully for your stay. Park rangers at the visitor centers can provide planning information and weather forecasts, but your safety depends on your own good judgment, adequate preparation, and constant awareness.

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Entrance Fees

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Vehicle</td>
<td>$25 per vehicle</td>
</tr>
<tr>
<td>Pedestrian</td>
<td>$12 per person</td>
</tr>
<tr>
<td>Bicycle</td>
<td>$12 per person</td>
</tr>
<tr>
<td>Motorcycle</td>
<td>$12 per person</td>
</tr>
<tr>
<td>Organized Group</td>
<td>$12 per person</td>
</tr>
<tr>
<td>Commercial Tours</td>
<td>Ask about rates</td>
</tr>
</tbody>
</table>

All entrance fees are valid for seven days.

Hours of Operation

<table>
<thead>
<tr>
<th></th>
<th>May 27 to August 21</th>
<th>August 22 to September 5</th>
<th>September 6 to October 30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zion Canyon Visitor Center</td>
<td>8:00 a.m. to 7:30 p.m.</td>
<td>8:00 a.m. to 7:30 p.m.</td>
<td>8:00 a.m. to 6:00 p.m.</td>
</tr>
<tr>
<td>Zion Canyon Backcountry Desk</td>
<td>7:00 a.m. to 7:30 p.m.</td>
<td>7:00 a.m. to 7:30 p.m.</td>
<td>7:00 a.m. to 6:00 p.m.</td>
</tr>
<tr>
<td>Zion Human History Museum</td>
<td>9:00 a.m. to 7:00 p.m.</td>
<td>9:00 a.m. to 7:00 p.m.</td>
<td>9:00 a.m. to 6:00 p.m.</td>
</tr>
<tr>
<td>Kolob Canyons Visitor Center</td>
<td>8:00 a.m. to 6:00 p.m.</td>
<td>8:00 a.m. to 6:00 p.m.</td>
<td>8:00 a.m. to 5:00 p.m.</td>
</tr>
<tr>
<td>Zion Nature Center</td>
<td>Noon to 5:00 p.m.</td>
<td>Closed</td>
<td>Closed</td>
</tr>
</tbody>
</table>

Zion Annual Pass

$50

Admission to Zion National Park for one year from date of purchase.

Annual Pass

$80

Admission to all federal fee areas for one year from date of purchase.

Senior Pass

$10

Admission to all federal fee areas for life, U.S. citizens 62 years or older.

Access Pass

Free

Admission to all federal fee areas for life, permanently disabled U.S. citizens.

All passes are available at park entrance stations. Information about interagency passes and participating agencies (NPS, BLM, FWS, FS, and BOR) is available online at store.usgs.gov/pass.
Wildlife

Zion National Park is home to 68 species of mammals, 207 birds, 29 reptiles, six amphibians, and nine fish. Commonly seen animals include mule deer, lizards, and many species of birds. Rare or endangered species include the peregrine falcon, Mexican spotted owl, California condor, desert tortoise, and the Zion snail, found only in Zion National Park.

MOUNTAIN LIONS
Mountain lions are present in the park. Attacks are unlikely and have never been reported in the park. Please watch children closely and never let them run ahead or lag behind. More information is posted at trailheads. Please report any sightings or encounters to a park ranger as soon as possible.

DESERT BIGHORN SHEEP
Desert bighorn sheep are often seen on the east side of the park. Although they naturally shy away from people, some of these animals have grown accustomed to visitors in the park. Please do not approach or feed bighorn sheep.

RESPECT WILDLIFE
Please keep all animals wild and healthy by viewing them from a safe distance. Do not feed or touch wildlife. Store food and trash responsibly.

SICK OR INJURED ANIMALS
Be aware that wild animals can be unpredictable. Do not approach animals or attempt to move sick or injured wildlife. Please report any sick or injured animals to a park ranger.

Emergencies

For 24-hour emergency response, call 911 or 435 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call 435 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

Flash Floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

Watch for indications of a possible flash flood. If you observe any of these signs, seek higher ground immediately:

- Any deterioration in weather conditions
- Build up of clouds or sounds of thunder
- Sudden changes in water clarity from clear to muddy
- Floating debris
- Rising water levels or stronger currents
- Increasing roar of water up canyon

During a flash flood, the water level rises within minutes or even seconds. A flash flood can rush down a canyon in a wall of water twelve feet high or more.

Services

ACCESSIBILITY
The park visitor centers, museum, restrooms, shuttle buses, picnic areas, and Zion Lodge are accessible. Several campgrounds are reserved for people with disabilities, and the Pa’rus Trail and Riverside Walk offer accessible hikes. Service dogs are permitted on a leash throughout the park.

The orientation film offers captioning and the frontcountry trails video has an audio description. Accessible programs are indicated in the Ranger-led Program Schedule. Assistive listening devices are available by reservation for all ranger-led programs. Please visit the Zion Human History Museum for more information.

 Lodging
In the park, the Zion Lodge has rooms, suites, cabins, and a gift shop. For reservations, please call 888-297-2757 or 435 772-7700, or visit www.zionlodge.com. There are other lodging options in Springdale, Rockville, Hurricane, near the East Entrance, Mt. Carmel Junction, Kanab, St. George, Cedar City, and other surrounding communities.

 RESTAURANTS
In the park, the Zion Lodge dining room and café serve breakfast, lunch, and dinner. Dinner reservations are required; please call 435 772-7760. There are also restaurants in Springdale, Virgin, La Verkin, Hurricane, near the East Entrance, Mt. Carmel Junction, Kanab, St. George, Cedar City, and other surrounding communities.

 GROCERIES
There are grocery stores in Springdale, La Verkin, Hurricane, Kanab, St. George, and Cedar City.

 There are convenience stores in most surrounding communities.

 MONEY
An ATM is located in the park at the Zion Lodge. Banks and ATMs are located in most surrounding communities.

 SHOWERs
There are no showers available within Zion National Park. Pay showers are available in Springdale and east of the park.

 THE availability of these services varies throughout the year.

 LAUNDRY
There are laundry facilities located in Springdale, Hurricane, and Kanab. There are no laundry facilities within the park.

 PETS
Leashed pets may be walked on the Pa’rus Trail. However, pets are not permitted on any other trails, on shuttles, in public buildings, or in the backcountry. Pets must be under physical control on a leash less than six feet at all times. The interior temperature of a vehicle can quickly warm to dangerous levels. Avoid leaving animals in vehicles. Boarding kennels are available in Rockville, Kanab, Hurricane, St. George, and Cedar City.

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Be aware that wild animals can be unpredictable. Do not approach animals or attempt to move sick or injured wildlife. Please report any sick or injured animals to a park ranger.

"The squirrel bit me in less than a second." Wild animals can hurt you. Do not feed them.

2 Map and Guide
Safety

Whether hiking, climbing, or driving, your safety depends on your good judgment, adequate preparation, and constant awareness. Your safety is your responsibility.

**STEEP CLIFFS**
Falls from cliffs on trails have resulted in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below.

- Stay on the trail.
- Stay back from cliff edges.
- Observe posted warnings.
- Please watch children.

**WATER**
The desert is an extreme environment. Carry enough water, one gallon per person per day, and drink it. Water is available at visitor centers, campgrounds, Zion Lodge, and some shuttle stops. Do not drink untreated water.

**DRIVING**
Zion’s roads are used by vehicles, bicycles, walkers, and even wildlife. Obey posted speed limits. Unless otherwise posted, the maximum speed limit is 35 mph.

Seat belts and child safety seats are required for all occupants in a vehicle and failure to use them is a primary offense in the park.

Don’t drink and drive. For your safety, rangers enforce laws against alcohol and drug-related driving offenses, including open container violations.

To protect the park’s vegetation, please park in designated or posted areas only.

**HEAT EXHAUSTION**
Heat exhaustion occurs when the body loses more fluid than is taken in. Signs of heat exhaustion include nausea, vomiting, fatigue, headaches, pale appearance, stomach cramps, and cool clammy skin. If a member of your party begins to experience any of these symptoms, stop your hike immediately. Find a cool, shady area and rest with your feet up to distribute fluids throughout your body. It is important to drink fluids, but it is also important to eat. While suffering from heat exhaustion, drinking fluids without eating can lead to a potentially dangerous condition of low blood salt. If heat exhaustion symptoms persist for more than two hours, seek medical help.

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**HYDROHEMIA**
Hypothermia occurs when the body is cooled to dangerous levels. It is responsible for the greatest number of deaths among people engaging in outdoor activities. Possible even in warm weather, it often occurs without the victim’s awareness. It is a hazard in narrow canyons because immersion in water is the quickest way to lose body heat.

To prevent hypothermia, avoid cotton clothing, it provides no insulation when wet, and eat high energy food before you are chilled. The signs of hypothermia include:

- Uncontrollable shivering
- Stumbling and poor coordination
- Fatigue and weakness
- Confusion or slurred speech

If you recognize any of these signs, stop hiking and immediately replace wet clothing with dry clothing. Warm the victim with your own body and a warm drink, and shelter the individual from breezes. A pre-warmed sleeping bag will also help prevent additional heat loss.

**FIREARMS**
Firearms are permitted in Zion National Park. As of February 22, 2010, a federal law allows people who can legally possess firearms under federal, Utah, and local laws, to possess firearms in the park. It is the visitor’s responsibility to understand and comply with all applicable Utah, local, and federal firearms laws. Federal law prohibits firearms in certain facilities in Zion National Park; those places are posted with signs. If you have questions, please contact the park at 435 772-3256. The discharge of firearms and hunting within the park are prohibited. Utah State Law prohibits the open carry of loaded firearms on park shuttle buses.
Points of Interest

TEMPLE OF SINAWAVA
The gateway to The Narrows
Restrooms and water. Ranger-led programs.
Access to the Riverside Walk and the Virgin River.

BIG BEND
Sweeping bend in the Virgin River with towering cliffs above
Ranger-led programs.
Views of the Virgin River, Angels Landing, and Great White Throne.

WEEEPING ROCK
Dripping springs create hanging gardens
Restrooms. Ranger-led programs.
Access to the Weeping Rock Trail, East Rim Trail, Hidden Canyon Trail, and Observation Point Trail.

THE GROTTO
Shaded picnic area among cottonwood trees
Restrooms, picnic area, and water. Ranger-led programs.

ZION LODGE
Historic lodge nestled in Zion Canyon
Lodging, restaurants, bookstore, restrooms, and water bottle filling station. Trail rides. Ranger-led programs.

COURT OF THE PATRIARCHS
Short and steep trail to viewpoint
Views of Abraham, Isaac, and Jacob Peaks, Mount Moroni, and The Sentinel.

CANYON JUNCTION
The junction of the Zion-Mt. Carmel Highway and the Zion Canyon Scenic Drive
Views of the Virgin River and Zion Canyon. Access to the Pa’rus Trail.

ZION HUMAN HISTORY MUSEUM
Explore the human history of Zion Canyon
Indoor exhibits, orientation film, rotating art exhibit, restrooms, bookstore, and water bottle filling station. Ranger-led programs.
Views of the Towers of the Virgin and Bridge Mountain. Access to the Pa’rus Trail.

ZION CANYON VISITOR CENTER
The starting point for any visit to Zion Canyon
Outdoor exhibits, information desk, backcountry permits, bookstore, restrooms, picnic area, and water bottle filling station. Ranger-led programs.
Access to the Pa’rus Trail and Watchman Trail.

SHUTTLE STOPS
Travel on the Zion Canyon Scenic Drive from April 1 to October 30 is limited to shuttle buses only. The shuttles provide access to some of Zion National Park’s most beautiful views and trails. A round-trip ride on the shuttle takes about 80 minutes.

ZION-MT. CARMEL HIGHWAY
This 10-mile scenic drive connects the South and East Entrances. From Zion Canyon, the road travels up steep switchbacks, through the historic Zion-Mt. Carmel Tunnel, and emerges on the east side of the park. For large vehicle restrictions, please read page 12.

KOLOB CANYONS ROAD
This five-mile scenic drive starts at the Kolob Canyons Visitor Center, climbs past the spectacular canyons and red rocks of the Kolob Canyons area of the park, and ends at the Timber Creek Overlook.

KOLOB TERRACE ROAD
This steep 20-mile scenic drive starts in the town of Virgin and climbs north from the desert washes into the aspen-covered plateaus of the higher elevations of the park and provides access to Lava Point. Not recommended for vehicles pulling trailers.

ZION HUMAN HISTORY MUSEUM
Indoor exhibits focus on the human history of Zion National Park. A 22-minute orientation film highlights the dramatic landscapes of the park and examines the history of the canyon. Rotating art exhibits feature regional artists. Visit the bookstore for maps, books, and gifts. There are dramatic views of the Towers of the Virgin and Bridge Mountain outside.

ZION CANYON VISITOR CENTER
Located near the South Entrance of the park, this is the place to begin your exploration of Zion Canyon. Park rangers and outdoor exhibits will help you plan your visit and make the most of your time. Inquire at the Zion Canyon Backcountry Desk about permits for backpacking, canyoneering, and other trips into the backcountry. Visit the bookstore for maps, books, and gifts. Outside the visitor center, you can walk along the Virgin River in the shadow of The Watchman to the south.

KOLOB CANYONS VISITOR CENTER
This is the entry point to the Kolob Canyons area of the park. It is located at Exit 40 on Interstate 15, 45 miles north of Springdale and 17 miles south of Cedar City. Park rangers are available to answer questions and issue backcountry permits. Exhibits explore the geology, vegetation, and wildlife of this unique landscape.

The Kolob Arch in the backcountry of the Kolob Canyons area of Zion National Park.
Recreation

CAMPING
Campgrounds in Zion Canyon have restrooms, drinking water, picnic tables, fire grates, and dump stations. All sites are half price for holders of Interagency Senior and Access Passes. There are no showers available within Zion National Park. Pay showers are available in Springdale and east of the park. The availability of these services varies throughout the year.

FIRES
When fire danger is high, all campfires may be prohibited. When permitted, fires are only allowed in fire grates in the campgrounds. Bring or buy firewood. Collecting any type of wood in the park is prohibited.

BICYCLING
Bicycles may travel on roadways and on the Pa’rus Trail. Bicycles are not allowed off roadways or in construction areas. When riding from the South Entrance, use the Pa’rus Trail instead of the main road. Shuttles cannot pass moving bicycles, please pull over and allow them to pass. Do not pass a moving bus. The rules of the road apply to bicycles. Please ride on the right side of the road in single file and wear your helmet. Each shuttle has a rack for at least two bicycles.

CLIMBING
The sandstone cliffs of Zion National Park are famous for big wall climbs. Zion is not a place for inexperienced climbers. Climbing in Zion requires appropriate hardware and advanced technical skills. There are few top roping areas and no sport climbs. Permits are not required for day climbs, but they are required for all overnight bivouacs. Climbing information and route descriptions are available at the Zion Canyon Backcountry Desk in the Zion Canyon Visitor Center.

HORSEBACK RIDING
Horses traditionally have been used to explore the terrain of Zion National Park. Guided trips are available starting at the corral at the Emerald Pools Trailhead. For private stock use, see the Backcountry Guide or inquire at visitor centers.

WATERCRAFT
All watercraft use in Zion National Park requires a backcountry permit. Permits are issued only when the river is flowing in excess of 140 cubic feet per second. Inner tubes are not permitted at any time on any watercourse in the park.

HIKING AND CANYONEERING
Hiking in canyons, even short hikes, requires advance planning. Some hikes involve walking in water. Rivers and washes are subject to flash flooding. Know the weather and flash flood potential forecasts before starting your trip. Daily forecasts are posted in park visitor centers. Many canyons require ropes, hardware, and advanced technical skills for rappelling and ascending.

BACKPACKING
Permits are required for all backcountry camping. There is a fee. Permits and hiking information are available at visitor centers. The maximum group size is 12 people. Please read the Backcountry Guide for more information.

BACKCOUNTRY PERMITS
Permits are required for overnight trips, through-hikes of The Narrows and its tributaries, The Subway and Left Fork, Kolob Creek, and all canyons requiring the use of technical equipment. Reservations are available online for many permits at www.nps.gov/zion. Permits must be obtained at the visitor centers before your trip.

Backcountry fees are based on the size of your group:

- $10 for 1-2 people
- $15 for 3-7 people
- $20 for 8-12 people

The maximum group size is 12 people of the same affiliation on the same trail or in the same drainage on the same day. The limit for some canyons is six people.

THE NARROWS
The Virgin River has carved a spectacular gorge in the upper reaches of Zion Canyon—16 miles long, up to 2000-feet deep, and at times only 20 to 30-feet wide. The Narrows, with its soaring walls, sandstone grottos, natural springs, and hanging gardens can be an unforgettable experience. It is not, however, a trip to be underestimated. Hiking The Narrows means hiking in the Virgin River. At least 60 percent of the hike is spent wading, walking, and sometimes swimming in the river. There is no maintained trail because the route is the river. The current is swift, the water may be cold and deep, and the rocks underfoot are slippery. Flash flooding and hypothermia are constant dangers. Good planning, proper equipment, and sound judgment are essential for a safe and successful trip. Your safety is your responsibility.

There are three ways to hike The Narrows, weather and water conditions permitting.

DAY HIKE FROM THE BOTTOM AND BACK
This round-trip hike can last up to eight hours and is the simplest way to experience The Narrows. Ride the shuttle to the Temple of Sinawava, walk one mile to the end of the paved Riverside Walk, and begin wading up the river. There is no formal destination and you must return the same way you entered. Many hikers try to reach the junction with Orderville Canyon, a tributary creek approximately two hours upstream from the paved trail. A permit is not required and group size limits do not apply. Travel upstream into Orderville Canyon or beyond Big Spring is prohibited.

DAY HIKE FROM TOP TO BOTTOM
This strenuous 16-mile all-day hike requires a permit and a private shuttle to the trailhead. Please see the Backcountry Guide or inquire at the Zion Canyon Backcountry Desk for more information.

OVERNIGHT HIKE FROM TOP TO BOTTOM
This two-day hike requires a permit and a private shuttle to the trailhead. Maximum stay is one night. Please see the Backcountry Guide or inquire at the Zion Canyon Backcountry Desk for more information.

THE NARROWS CHECKLIST
- Obtain weather and flash flood potential forecasts before your trip.
- Wear closed-toe shoes or sturdy boots with ankle support, not sandals or water shoes.
- Take a walking stick. Do not cut tree branches for sticks.
- Children should not hike in the river due to strong currents and deep pools.
- Carry out all trash, including food wrappers, apple cores, fruit peels, and toilet paper.
- Carry one gallon of drinking water per person per day, food, sunglasses, sunscreen, and first aid kit.
- Take a fleece or windbreaker, The Narrows is much cooler than other areas in Zion Canyon.
- Pack your gear in waterproof bags.
- Use the restroom at the Riverside Walk trailhead before hiking. There are no toilets in The Narrows.

Map and Guide 5
Zion Canyon

**Hiking Guide**

<table>
<thead>
<tr>
<th>Hike</th>
<th>Location</th>
<th>Round Trip</th>
<th>Elevation Change</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Easy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Parus Trail Zion Canyon Visitor Center</td>
<td>2 hours</td>
<td>3.5 / 5.6</td>
<td>Paved trail follows the Virgin River from the South Campground to Canyon Junction. Trailside exhibits.</td>
</tr>
<tr>
<td>2</td>
<td>Archeology Trail Zion Canyon Visitor Center</td>
<td>0.5 hour</td>
<td>0.4 / 0.6</td>
<td>Short, but steep. Starts across from the entrance to the visitor center parking lot. Climbs to the outlines of several prehistoric buildings. Trailside exhibits.</td>
</tr>
<tr>
<td>3</td>
<td>Lower Emerald Pool Trail Zion Lodge</td>
<td>1 hour</td>
<td>1.2 / 1.9</td>
<td>Minor drop-offs. Paved trail leads to the Lower Emerald Pool and waterfalls. Connects to the Middle Emerald Pools Trail.</td>
</tr>
<tr>
<td>4</td>
<td>The Grotto Trail The Grotto</td>
<td>0.5 hour</td>
<td>1.0 / 1.6</td>
<td>The trail connects the Zion Lodge to The Grotto. Can be combined with the Middle Emerald Pools and Kayenta Trails to create a 2.5-mile loop.</td>
</tr>
<tr>
<td>5</td>
<td>Weeping Rock Trail Weeping Rock</td>
<td>0.5 hour</td>
<td>0.4 / 0.6</td>
<td>Short, but steep. Minor drop-offs. Paved trail ends at rock alcove with dripping springs. Trailside exhibits.</td>
</tr>
<tr>
<td>6</td>
<td>Riverside Walk Temple of Sinawava</td>
<td>1.5 hours</td>
<td>2.2 / 3.5</td>
<td>Minor drop-offs. Paved trail follows the Virgin River along the bottom of a narrow canyon. Trailside exhibits. Wheelchairs may need assistance.</td>
</tr>
<tr>
<td>Moderate</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Watchman Trail Zion Canyon Visitor Center</td>
<td>2 hours</td>
<td>2.7 / 4.3</td>
<td>Minor drop-offs. Ends at viewpoint of the Towers of the Virgin, lower Zion Canyon, and Springdale.</td>
</tr>
<tr>
<td>2</td>
<td>Middle Emerald Pool Trail Zion Lodge</td>
<td>2 hours</td>
<td>2.0 / 3.2</td>
<td>Long drop-offs. An unpaved climb to the Middle Emerald Pools. Loose sand and rocks on stone are slippery. Closed due to rockslide.</td>
</tr>
<tr>
<td>3</td>
<td>Upper Emerald Pool Trail Zion Lodge</td>
<td>1 hour</td>
<td>1.0 / 1.6</td>
<td>Minor drop-offs. A sandy and rocky trail that climbs to the Upper Emerald Pool at the base of a cliff.</td>
</tr>
<tr>
<td>4</td>
<td>Kayenta Trail The Grotto</td>
<td>2 hours</td>
<td>2.0 / 3.2</td>
<td>Long drop-offs. An unpaved climb to the Emerald Pools Trails.</td>
</tr>
<tr>
<td>5</td>
<td>Canyon Overlook Trail Zion-Mt. Carmel Hwy</td>
<td>1 hour</td>
<td>1.0 / 1.6</td>
<td>Long drop-offs, mostly fenced. Rocky and uneven trail ends at viewpoint of Pine Creek Canyon and lower Zion Canyon. Parking lot is right turn only.</td>
</tr>
<tr>
<td>6</td>
<td>Taylor Creek Trail Kolob Canyons Road</td>
<td>4 hours</td>
<td>5.0 / 8.0</td>
<td>Limited to 12 people per group. Follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.</td>
</tr>
<tr>
<td>7</td>
<td>Timber Creek Overlook Trail Kolob Canyons Road</td>
<td>0.5 hour</td>
<td>1.0 / 1.6</td>
<td>Follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains.</td>
</tr>
<tr>
<td>Strenuous</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Angels Landing via West Rim Trail The Grotto</td>
<td>4 hours</td>
<td>5.4 / 8.7</td>
<td>Long drop-offs. Not for young children or anyone fearful of heights. Last section is a route along a steep, narrow ridge to the summit.</td>
</tr>
<tr>
<td>2</td>
<td>Hidden Canyon Trail Weeping Rock</td>
<td>3 hours</td>
<td>2.4 / 3.9</td>
<td>Long drop-offs. Not for anyone fearful of heights. Follows along a cliff face to the mouth of a narrow canyon.</td>
</tr>
<tr>
<td>3</td>
<td>Observation Point via East Rim Trail Weeping Rock</td>
<td>5 hours</td>
<td>8.0 / 12.9</td>
<td>Long drop-offs. Climbs through Echo Canyon to viewpoint of Zion Canyon. Access to Cable Mountain, Deertrap Mountain, and East Mesa Trails.</td>
</tr>
<tr>
<td>4</td>
<td>The Narrows via Riverside Walk Temple of Sinawava</td>
<td>8 hours</td>
<td>9.4 / 15.1</td>
<td>Read page 5 and check conditions at the visitor center before attempting. High water levels can prevent access to The Narrows.</td>
</tr>
<tr>
<td>5</td>
<td>Kolob Arch via La Verkin Creek Trail Kolob Canyons Road</td>
<td>8 hours</td>
<td>14.0 / 22.5</td>
<td>Follows Timber and La Verkin Creeks. Connects to the trail to Kolob Arch, one of the world's largest freestanding arches.</td>
</tr>
</tbody>
</table>

Stay on established trails and watch your footing, especially at overlooks and near drop-offs. Avoid cliff edges. Watch children closely. People uncertain about heights should stop if they become uncomfortable. Never throw or roll rocks because there may be hikers below.
**Ranger-led Programs**

### Talks

All talks are on the patio of the Zion Human History Museum, except for Ranger’s Choice at the Zion Lodge. Talks are 20 to 30 minutes long.

**ANIMAL ICON**
Discover the habits and adaptations of one of Zion’s most famous residents. Mon.

**DESSERT STRUGGLES**
Uncover the secrets of survival in the harsh desert environment. Tues. & Thurs.

**FOOTSTEPS IN TIME**
Explore the history and culture of Utah’s native people. Fri.

**PIONEER GLIMPSES**
Unravel the lifestyles and history of Zion Canyon’s early residents. Thurs. & Sat.

**RANGER’S CHOICE**
Join a ranger and explore a topic of their choice at the Zion Lodge. Every day.

**STORIES IN STONE**
Unearth the past by exploring the fossil record left behind. Tues. & Fri.

**WATER, ROCKS, AND TIME**
Discover the striking power and role of water in canyon country. Mon., Wed., & Sat.

**ZION ZOOLOGY**
Explore the natural history of several of Zion’s most interesting inhabitants. Wed., Fri., & Sat.

### Walks

#### DISCOVER KOLOB CANYONS
2 hours, moderate 2-mile hike
Uncover stories of history and nature as you take an intimate look at Taylor Canyon. Make free reservations no more than three days in advance at the Kolob Canyons Visitor Center or by calling 435 866-9548. Wed.

**EMERALD ESCAPE**
2 hours, moderate 1.5-mile hike
Erect on Pools Trailhead Experience the splendors found along an ever-changing trail. Mon. & Fri.

**HIKING THE KAYENTA**
2 hours, moderate 1.5-mile hike
The Grotto Shuttle Stop Hike amidst the scenery and discover Zion’s natural and cultural history. Tues., Thurs., & Sun.

**RIVERSIDE RAMBLE**
1.75 hours, easy 2-mile walk
Temple of Sinawava Shuttle Stop Discover the striking power and role of water in canyon country. Mon., Wed., & Sat.

**ROCK AND STROLL**
1.25 hours, easy 1-mile walk
Weeping Rock Shuttle Stop Follow the Virgin River and unearth the geologic processes that sculpt the scenery. Wed. & Sat.

**THE NARROWS**
4.5 hours, strenuous 6-mile hike
Take an epic trip through the Virgin River into the heart of Zion Canyon. Make free reservations, in person, up to one day in advance at the Zion Canyon Visitor Center. Tues.

### Ride with a Ranger Shuttle Tours

Enjoy a unique 2-hour experience on a morning or evening ranger-led shuttle bus tour as you travel the Zion Canyon Scenic Drive. Several stops will provide an intimate look at Zion Canyon. Seating is limited—make free reservations, in person, up to one day in advance at the Zion Canyon Visitor Center. Please arrive 15 minutes prior to departure. Every day.

### Evening Programs

**Watchman Campground Amphitheater and Zion Lodge Auditorium**
Discover what makes Zion such a special place. 45-minute evening programs addressing a myriad of topics. Limited parking is available at Watchman Campground for non-campers. Check bulletin boards at the visitor center, museum, and campgrounds for topics. Every day.

### Drop-In Programs

Park rangers are available for 1.5 hours from the start of the program. Stop by anytime and stay for a minute or stay for an hour.

**CANYON OF CLIFFS**
Big Bend Shuttle Stop Search for peregrines, condors, climbers, and other life on the cliffs and discover their stories. Weather permitting. Mon., Thurs., & Sat.

**RIVER RENDEZVOUS**
Temple of Sinawava Shuttle Stop Immerse yourself in the grandeur of Zion and its unique diversity. The site is located one-third mile up the Riverside Walk. Tues., Fri., & Sun.

### Children’s Programs

Children’s programs are designed specifically for families and children. Children must be accompanied by an adult while attending all programs. Children’s programs will be offered through August 21, 2011 at the Zion Nature Center, Zion Lodge, and other locations throughout the park.

#### Walks

**EMERALD EXPLORERS**
1.25 hours, easy 1-mile walk
Emerald Pools Trailhead Explore the amazing features of this spectacular canyon. Ages 6 and older. Mon. & Wed.

**HABITAT HUNTERS**
1.5 hours, easy 2-mile walk
Temple of Sinawava Shuttle Stop Meander through unique plant and animal habitats in a stunning river setting. Ages 6 and older. Thurs.

**WAYPOINT WANDERERS**
2 hours, easy 2-mile walk
Uncover Zion’s phenomenally resources using provided GPS units. Space is limited. Make free reservations, in person, up to three days in advance at the Zion Canyon Visitor Center. Ages 10 and older. Fri.

**WILD WATERS**
1 hour, easy 25-mile walk
Temple of Sinawava Shuttle Stop Learn about the wild ways that water affects animals and shapes Zion Canyon. Ages 6 and older. Mon. & Tues.

#### Zion Lodge Programs

Zion Lodge Programs are 30 to 45 minutes long.

**MAJESTIC MUSIC**

**STEELER STORYTELLERS**
Listen to daring tales and share an experience together. Ages 10 and younger. Tues., Fri., & Sat.

### Family Evening Program

**South Campground Amphitheater**
Discover what makes Zion such a special place. 45-minute evening programs address a myriad of topics. Limited parking is available at the South Campground Amphitheater. Check bulletin boards in the park for program topics. Tues. & Thurs.

**Junior Ranger Program**

Children ages 6 to 12 can earn a badge or patch by completing the Junior Ranger Handbook, available for $1.00 at park bookstores, and attending at least one ranger-led program. Children ages 5 and younger can earn a pin by completing the Lil’ Junior Ranger Activity Sheet, available free at visitor centers and the Zion Human History Museum.

#### Ages 5 and Younger

**ZION NATURE CENTER PROGRAMS**
Programs are 30 to 45 minutes long. The Zion Nature Center is located next to the South Campground. The shuttle does not stop at the Zion Nature Center, but it can be accessed from the Pa’rus Trail. Limited parking is available.

**AMAZING ANIMALS**

**FANTASTIC FLORA**
Discover the twists and turns of Zion’s unique plants. Ages 6 to 12. Tues., Thurs., Fri., & Sun.

**GIGANTIC GEOLOGY**
Marvel at the forces that shaped Zion’s giant cliffs. Ages 6 to 12. Thurs., Fri., Sat., & Sun.

**HIGH FIVE HISTORY**

### Ages 6 to 12

**POOL PONDERING**
Emerald Pools Trailhead Discover Zion’s amazing animals and explore the secrets of the Emerald Pools. Sun.

**WEFFING ROCK WONDERS**
Weeping Rock Trailhead Uncover the forces of water and geology, and enjoy stories of early explorers. Wed. & Sat.
## Program Schedule

### Monday
- **9:00 a.m.** Canvas of Cliffs
- **9:00 a.m.** Emerald Explorers
- **9:00 a.m.** Ride with a Ranger
- **9:45 a.m.** Riverside Ramble
- **11:00 a.m.** Wild Waters
- **11:25 a.m.** Animal Icon
- **12:30 p.m.** Majestic Music
- **12:55 p.m.** Windows into the Past
- **1:30 p.m.** Amazing Animals
- **2:25 p.m.** Water, Rocks, and Time
- **3:00 p.m.** Ranger’s Choice
- **4:00 p.m.** High Five History
- **6:00 p.m.** Hiking the Kayenta
- **6:30 p.m.** Ride with a Ranger
- **7:30 p.m.** Family Evening Program
- **9:00 p.m.** Lodge Evening Program
- **9:15 p.m.** Watchman Evening Program

*Children’s Program Offered through August 21, 2011.*

### Tuesday
- **8:30 a.m.** The Narrows
- **9:00 a.m.** Ride with a Ranger
- **10:30 a.m.** River Rendezvous
- **11:00 a.m.** Wild Waters
- **11:25 a.m.** Stories in Stone
- **12:30 p.m.** Stellar Storytellers
- **12:55 p.m.** Desert Struggles
- **1:30 p.m.** Fantastic Flora
- **2:25 p.m.** Water, Rocks, and Time
- **3:00 p.m.** Ranger’s Choice
- **4:00 p.m.** High Five History
- **6:00 p.m.** Hiking the Kayenta
- **6:30 p.m.** Ride with a Ranger
- **7:30 p.m.** Family Evening Program
- **9:00 p.m.** Lodge Evening Program
- **9:15 p.m.** Watchman Evening Program

*Children’s Program Offered through August 21, 2011.*

### Wednesday
- **9:00 a.m.** Emerald Explorers
- **9:00 a.m.** Ride with a Ranger
- **9:30 a.m.** Weeping Rock Wonders
- **9:45 a.m.** Riverside Ramble
- **11:25 a.m.** Windows into the Past
- **12:30 p.m.** Majestic Music
- **12:55 p.m.** Zion Zoology
- **1:30 p.m.** High Five History
- **2:25 p.m.** Water, Rocks, and Time
- **3:00 p.m.** Ranger’s Choice
- **4:00 p.m.** Amazing Animals
- **6:00 p.m.** Discover Kolob Canyons
- **6:30 p.m.** Ride with a Ranger
- **6:30 p.m.** Rock and Stroll
- **9:00 p.m.** Lodge Evening Program
- **9:15 p.m.** Watchman Evening Program

*Children’s Program Offered through August 21, 2011.*

### Thursday
- **9:00 a.m.** Canvas of Cliffs
- **9:00 a.m.** Ride with a Ranger
- **9:00 a.m.** Walking the Watchman
- **10:00 a.m.** Habitat Hunters
- **10:30 a.m.** Gigantic Geology
- **11:25 a.m.** Desert Struggles
- **12:30 p.m.** Water, Rocks, and Time
- **1:30 p.m.** Amazing Animals
- **2:25 p.m.** Pioneer Glimpses
- **3:00 p.m.** Ranger’s Choice
- **4:00 p.m.** Fantastic Flora
- **6:00 p.m.** Hiking the Kayenta
- **6:30 p.m.** Ride with a Ranger
- **7:30 p.m.** Family Evening Program
- **9:00 p.m.** Lodge Evening Program
- **9:15 p.m.** Watchman Evening Program

*Children’s Program Offered through August 21, 2011.*

### Friday
- **9:00 a.m.** Ride with a Ranger
- **9:15 a.m.** Whispers from the Past
- **9:30 a.m.** Waypoint Wanderers
- **10:30 a.m.** Amazing Animals
- **10:30 a.m.** River Rendezvous
- **11:25 a.m.** Zion Zoology
- **12:30 p.m.** Stellar Storytellers
- **12:55 p.m.** Water, Rocks, and Time
- **1:30 p.m.** High Five History
- **2:25 p.m.** Pioneer Glimpses
- **3:00 p.m.** Ranger’s Choice
- **4:00 p.m.** High Five History
- **6:00 p.m.** Hiking the Kayenta
- **6:30 p.m.** Ride with a Ranger
- **7:30 p.m.** Family Evening Program
- **9:00 p.m.** Lodge Evening Program
- **9:15 p.m.** Watchman Evening Program

*Children’s Program Offered through August 21, 2011.*

### Saturday
- **9:00 a.m.** Canvas of Cliffs
- **9:00 a.m.** Ride with a Ranger
- **9:30 a.m.** Weeping Rock Wonders
- **10:00 a.m.** Riverside Ramble
- **12:30 p.m.** Majestic Music
- **12:55 p.m.** Zion Zoology
- **1:30 p.m.** High Five History
- **2:25 p.m.** Ranger’s Choice
- **3:00 p.m.** Ranger’s Choice
- **3:30 p.m.** Ranger’s Choice
- **4:00 p.m.** Gigantic Geology
- **5:30 p.m.** Ride with a Ranger
- **6:30 p.m.** Rock and Stroll
- **9:00 p.m.** Lodge Evening Program
- **9:15 p.m.** Watchman Evening Program

*Children’s Program Offered through August 21, 2011.*

### Sunday
- **9:00 a.m.** Ride with a Ranger
- **9:30 a.m.** Pool Pondering
- **10:30 a.m.** Amazing Animals
- **10:30 a.m.** River Rendezvous
- **12:30 p.m.** Stellar Storytellers
- **12:55 p.m.** Zion Zoology
- **1:30 p.m.** Fantastic Flora
- **2:25 p.m.** Water, Rocks, and Time
- **3:00 p.m.** Ranger’s Choice
- **4:00 p.m.** Gigantic Geology
- **6:00 p.m.** Hiking the Kayenta
- **6:30 p.m.** Ride with a Ranger
- **9:00 p.m.** Lodge Evening Program
- **9:15 p.m.** Watchman Evening Program

*Children’s Program Offered through August 21, 2011.*

### Program Locations

Programs also meet at various shuttle stops along the Zion Canyon Scenic Drive.
Weather

In summer, temperatures in Zion National Park often exceed 100°F/38°C. Higher elevations may have temperatures in excess of 90°F/32°C. Zion experiences a monsoon season from mid-July to September that results in an increased risk of flash floods. Visitors should always be aware of the threat of thunderstorms and lightning.

Always be prepared for a wide range of weather conditions. Temperatures in the park can vary dramatically with changes in elevation and the time of day. Day and night temperatures can differ by over 30°F/17°C. Consider dressing in layers to prepare for changes in temperature.

<table>
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<tr>
<th>Month</th>
<th>J</th>
<th>F</th>
<th>M</th>
<th>A</th>
<th>M</th>
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<tr>
<td>Temperature (°F)</td>
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<td>57</td>
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<td>73</td>
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<tr>
<td>Average high</td>
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<td>31</td>
<td>36</td>
<td>43</td>
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<td>66</td>
<td>60</td>
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<tr>
<td>Average low</td>
<td>71</td>
<td>78</td>
<td>86</td>
<td>94</td>
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<td>111</td>
<td>110</td>
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<td>83</td>
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<tr>
<td>Record high</td>
<td>12</td>
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<td>22</td>
<td>34</td>
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<td>51</td>
<td>50</td>
<td>33</td>
<td>23</td>
<td>13</td>
<td>6</td>
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</tr>
<tr>
<td>Record low</td>
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<td>30</td>
<td>28</td>
<td>18</td>
<td>3</td>
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<td>Days above 90°F</td>
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<td>8</td>
<td>21</td>
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<td>Days below 32°F</td>
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<td>0</td>
<td>0</td>
<td>1</td>
<td>9</td>
<td>18</td>
</tr>
</tbody>
</table>

Temperatures at higher elevations of the park may be five to ten degrees cooler than Zion Canyon.

Environmental Impact

Zion National Park is much more than just a recreational destination. It is a sanctuary of natural and cultural resources. Conserving this heritage is a task that the National Park Service cannot accomplish alone. All of us serve a critical role in maintaining Zion’s sanctuary for the future. Please respect your national park and the experiences of others.

Carry all of your trash out of the park, including toilet paper.

Please stay on marked trails. Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape.

Please park in designated parking spaces only. Fines can be as high as $250.

It is illegal to remove anything from Zion National Park. Leave the flowers, rocks, and anything else that you might find for others to enjoy.

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Soundscapes, or sound environments, are an important natural feature of the park. Be aware of the noise that you make, so that others may enjoy the peace and solitude of the park. Please travel quietly and limit the size of your group.

SOLAR POWER

Solar power provides clean energy for Zion National Park. In 2010, large photovoltaic systems were installed at the Kolob Canyons Visitor Center, the Emergency Operations Center, and Zion Headquarters. The park generates 25 percent of its power from renewable sources. Other solar arrays power two remote ranger cabins and three park entrance stations.

RECYCLING AND TRASH

Zion National Park works closely with the community to provide recycling for visitors. With help from visitors, Zion kept over 90,000 lbs of waste from the landfills in 2010. The recycling program provides disposal for glass, plastic, aluminum, paper, and most other excess material. Participate in recycling efforts by using the available recycling bins inside the park and in local communities.

WATER BOTTLE FILLING STATIONS

There are several water bottle filling stations located throughout the park. To reduce waste, the sale of disposable plastic water bottles is prohibited in Zion Canyon. Help with this initiative by bringing a reusable water bottle with you and using it after you leave. Water bottle filling stations are located at the Zion Canyon Visitor Center, Zion Human History Museum, Zion Lodge, and the Temple of Sinawava.

Volunteer

**FRIDAYS AT 9:00 A.M.**

Lend a hand and take an active role in preserving your national park. Visitors interested in volunteering can gather every Friday at 9:00 a.m. at the Zion Canyon Visitor Center Shuttle Stop to assist with much needed tasks that keep the park clean and beautiful. Activities include litter removal, trail maintenance, and the management of invasive plants. All visitors are welcome. No registration is required for individuals. Groups larger than 10 people are required to register. Children must be joined by an adult. Please call 435 772-0184 for information.
The Zion Natural History Association is a non-profit organization that began in 1929 to support education, research, publications, and other programs for the benefit of Zion National Park, Cedar Breaks National Monument, and Pipe Spring National Monument. Financial support by ZNHA members, combined with sales from our bookstores, provides parks with approximately $600,000 in annual aid.

ZION CANYON FIELD INSTITUTE
The Zion Canyon Field Institute educates and inspires visitors about the greater Zion National Park ecosystem and environment. ZCFI is the educational division of the non-profit cooperating association Zion Natural History Association. These workshops take place in and around Zion National Park, Cedar Breaks National Monument, and Pipe Spring National Monument.

OUTDOOR LEARNING ADVENTURES
Hike to a hanging garden where vibrant columbine grow next to scarlet monkey flowers. Relax while a geologist explains the wonders of Zion in a small group setting. Enjoy a discussion by the Virgin River about water issues in the West. Wade into The Narrows and plunge into a service project to keep it pristine. These are just a few of the experiences that you can enjoy during our workshops.

SERVICE PROJECTS
Participants have the opportunity to get a backstage view of Zion, learn intensively about a single subject, and contribute to a project that benefits the park.

PRIVATE WORKSHOPS
Our Custom Explore Zion program provides private workshops for small groups scheduled at your convenience.

REGISTRATION
Pick up the course schedule at any of the park’s bookstores. To register for a course, please visit www.zionpark.org, call 435 772-3264 or 800 635-3959, or stop by the Zion Canyon Visitor Center Bookstore. Fees for one-day workshops are $45 to $60 per day.

MEMBERSHIP
Become a member of ZNHA and enjoy benefits for yourself today, while you help Zion tomorrow. ZNHA supports the educational outreach and the Junior Ranger programs for youth, publishes books on Zion, contributes to park ranger-led programs, and provides free visitor information about the park.

Join us as a member and receive a twenty-percent discount on all purchases at ZNHA bookstores and many ZCFI workshops. Members also receive discounts at participating associations, our quarterly e-newsletter, and the bi-annual Sojourns publication. Most importantly, your membership helps ensure future educational and research activities in Zion National Park.

MEMBERSHIP LEVEL OPTIONS
- Individual Sojourns $45
- Family Sojourns $60
- Contributor $100
- Advocate $250
- Lifetime $500

ZION TRIP PLANNING PACKAGE
Plan your vacation to Zion National Park with our hand-selected publications. Includes the books: Zion: Sanctuary in the Desert, Zion Shuttle Guide, Zion Adventure Guide, Introduction to the Geology of Zion National Park, and a Trails Illustrated Map. A $46.33 value for only $34.95. All books are also available for individual purchase.

ZION NATIONAL PARK ORIENTATION FILM
Enjoy the official Zion National Park orientation film in your own living room. Learn about plants, animals, geology, park history, and what to see and do in Zion National Park. DVD, 22 minutes, for $14.95.

MAPS OF ZION
The bookstore sells a wide variety of topographic maps, geologic maps, and maps on CD.

To find out more about the programs and publications available through the Zion Natural History Association, visit www.zionpark.org or call 800 635-3959.
Large Vehicles

The Zion-Mt. Carmel Tunnel connects Zion Canyon to the east side of the park. It was built in the 1920s when large vehicles were less common. Vehicles 11’4” tall or taller, or 7’10” wide or wider, require one-lane traffic control through the tunnel. Because of the dimensions, large vehicles cannot travel in a single lane through the tunnel. Nearly all RVs, buses, trailers, fifth-wheels, dual-wheel trucks, campers, and boats require traffic control.

**TUNNEL TRAFFIC CONTROL**

Visitors requiring traffic control through the tunnel must pay a $15 fee per vehicle in addition to the entrance fee. Pay this fee at the park entrance station before driving to the tunnel. The fee is valid for two trips through the tunnel for the same vehicle during a seven-day period. Rangers will stop oncoming traffic so that you may drive down the center of the road in the tunnel. We apologize for any delays associated with this safety precaution.

Large vehicles may only travel through the tunnel from:

- April 24 to September 10 from 8:00 a.m. to 8:00 p.m.
- September 11 to October 1 from 8:00 a.m. to 7:00 p.m.

**PROHIBITED VEHICLES**

Bicycles and pedestrians are not permitted in the tunnel. Vehicles not permitted in the tunnel include the following:

- Vehicles over 13’11” tall or taller
- Semi-trucks and commercial vehicles
- Vehicles carrying hazardous materials
- Vehicles weighing more than 50,000 lbs
- Combined vehicles over 50’ long

**TUNNEL DIMENSIONS**

- Height: 7’10” (2.4 meters)
- Width: 11’4” (3.4 meters)

Improper parking is unsafe, can damage park resources, and is discourteous to other visitors. Please park in designated parking spaces only. Parking regulations will be strictly enforced. Please park responsibly.