Ready, Aim, Smile!

David Bank, a VIP for the park archives, will be photographing NPS and park concession employees in work situations during the period of April 20 to May 10, 1999, at all park locations. You might get your picture taken! The photos will be placed in the park photo archives for posterity. This is a practice that was once routinely done, but, according to park photographer Jim Peaco, it has not occurred on any large scale in Yellowstone Park since the 1960s. For further information call Lee Whittlesey, Archivist, at 2261.

Personnel News.....

Welcome to Yellowstone:
- Judith Folts
- Yvonne Irons
- Katharine Duffy
- Scott Connor

Welcome Back:
- Supervisory Park Ranger, Asst. Chief, Interpretation
- Planning Assistant
- Supv. Park Ranger, Interpretation, West Yellowstone
- Mechanical Engineer

New Permanents:
- Don Carr
- Michael Powell
- Gregg Kurz
- Michelle Kerns
- Ken Gooding
- Mitchell Burgard
- Mickey Anderson
- Tammy Totland
- Mark Biel

- Engineering Equipment Operator - Plumbing Shop
- Maintenance Worker - Plumbing Shop
- Secretary - YCR
- Lead Cash & Debt Mgmt. Tech.
- Engineering Equipment Operator - Special Projects
- Forestry Technician
- Visitor Use Assistant
- Visitor Use Assistant
- Planning Assistant

Promotion:
- Marty Powell

Terms:
- Elaine Hale

Reassignment:
- Dan Reinhart

Resource Management Coordinator

Quotable Quotes

"I only went out for a walk, and finally concluded to stay out until sundown; for going out, I found, was really going in.” John Muir
Life Insurance Open Season Begins

Open Season on FEGLI Life Insurance begins on April 4, 1999, and runs through June 30, 1999. During the FEGLI open enrollment period you can elect any life insurance you don't currently have. In addition, you can now elect up to 5 multiples of $5,000 each for your spouse and up to 5 multiples of $2,500 each for each eligible child. Coverage elected during the open enrollment period will become effective the first pay period beginning on or after April 23, 2000. You will not start paying the premiums for the new coverage until it goes into effect in 2000.

Employees who are in a non-pay status may participate in the open enrollment period; however, any coverage elected during the open enrollment cannot become effective until after the employee has returned to pay and duty status.

No action is required for the employee who does not want to change his/her coverage. The Personnel Office has not received the new enrollment materials from the Office of Federal Employees' Group Life Insurance (OFEGLI). These materials will be shipped in April. Booklets will be sent to each employee as soon as they are received.

Congratulations to Mike and Karen Angermeier who have welcomed daughter Alison Rose into their lives.

Alison was born on March 13 at 4:03 p.m., weighed 7 lbs., 11 1/2 ozs, and was 20 inches long. Best wishes and good luck to the family.

Heartfelt Thanks

"To all our Yellowstone friends, thank you for the arrowhead and Jack's pizza lunch send-off. We have settled in our new home in Frederick, Maryland. Jack is enjoying the challenge of his new position. We both are learning something new every day. Miss you all! Jack and Jacque Roberts"

"I would like to take this opportunity to thank all the well-wishers and good people who contributed to my retirement gifts. I especially thank "The Real Motley Crew" for my retirement dinner, cake, the special gifts, and remembrances, etc. WOW! 41 years in Yellowstone. Thanks again, Cliff Ludwig"

"Hey Gardiner Bruin fans! Thanks of much for supporting the 50/50 fundraisers during basketball and volleyball this season. The funds raised went towards the purchase of "Bruin Shirts" for our players, coaches, and managers! The teams looked awesome at tournaments. Thanks again for supporting these excellent students and teachers as they represent the great town of GARDINER!"

Sincere Condolences

The Yellowstone Association has received a gift in memory of Fred and Joan Felsch, who recently passed away from cancer within a month of each other. Fred Felsch was a seasonal law enforcement ranger at the South Entrance in 1965, 1966, 1967, and 1968. Those wishing to send a condolence should address it to their son, Steven Felsch, at 2235 Forbes Ave., Claremont, CA 91711.
COMMUNITY EVENTS

Montana Ducks Unlimited Banquet—at the Gardiner Eagles Hall on April 17. Cash bar from 5:30 to 6:30 p.m. and until close. Dinner at 7 p.m. Tickets are available from any of the Gardiner DU committee members or by calling Dan Mahoney at 344-7712, Libbi Osness at 848-9404, or Eric Robinson at 344-8948. Please get your tickets early, limited seating available.

Free Stop Smoking Workshop—on Tuesday, April 20 from 7-9 p.m. at the Gardiner High School Library. Learn ways to decrease your craving for tobacco, cope with urges, prevent relapses, and become tobacco free forever. Sponsored by LivingSteps Wellness Center and Livingston Memorial hospital.

Spring Health Screen—on Wednesday, April 21, from 6-9 a.m. at the Gardiner School Cafeteria. This is a fasting test. Please nothing by mouth after 8 p.m. the night before. Please call the LivingSteps Wellness Center at 222-8282 or the Mammoth Clinic at 344-7965 for more information.

CLASSIFIED ADS

For Sale: Hide-a-bed couch (double bed size), tweed pattern in rust, gold and green, good condition. Asking $100 OBO. Call 344-9246 after 5:30 p.m.

For Sale: 1989 Chevy K1500, ½ ton, 350, auto, 4x4, shortbox pickup. New tires, new battery, looks and runs great. 142,000 easy miles, $5,500. Call (406) 333-4435 eves, after 6:30 p.m. and weekends.

For Sale: 15-passenger Dodge Ram van, 1989, B350, 1 ton, V8 5.9 liter, 78,600 miles, new paint, $5995 or best offer. Call 344-2295.

Found: Gold grizzly bear earring outside Superintendent’s Office. Call Jan Laye x2003 or stop by to claim.

SPRING FORWARD THIS WEEKEND!
Turn your Clocks ahead one-hour
On Sunday.
MAKE SNACKING AN ACTIVE PART OF YOUR DAY

- Snack for energy—include a small snack two to three times a day to help keep up energy levels.
- Remember that juice counts—a glass of fruit or vegetable juice counts as a serving, too. Keep some in the fridge so you can grab one any time.
- Snack with a friend—take a snack break with a friend. By snacking with someone, you can remind each other to eat healthful snacks and take time out of your busy day to “catch up.”
- Stash a snack—keep snacks in a desk drawer at work or even in a briefcase or carryall, so you’re ready when the munchies hit.
- Pack snacks in the car—snacks are fun to share with your family or car pool gang. Include some whole-wheat bread sticks, fat-free flavored rice cakes, fresh apples, bananas, grapes and whole baby carrots.
- Have a quick breakfast—no time to eat, try a new take on the traditional morning meal with the following snacks: a bagel with low-fat cream cheese, individual packs of low-fat yogurt, a glass of fruit juice, or rice cakes spread with low-fat peanut butter.
- Treat yourself—enjoy an evening snack, especially something sweet, after dinner. Savor some fig bars, fat-free caramel corn cakes, or low-fat frozen yogurt.

Healthy Ideas—Light and Right Recipes

Spinach Salad with Fruit and Honey

- 4 cups torn spinach
- 1 medium apple or pear, cored and coarsely chopped
- ½ cup seedless red grapes, halved
- ½ cup sliced celery
- ¼ cup nonfat plain yogurt
- 1 tablespoon honey
- ¼ teas. Grated lime peel

In a salad bowl, combine the spinach, apples or pears, grapes and celery; set aside. In a small bowl, stir together the yogurt, honey and lime peel. Drizzle over the spinach mixture. Gently toss until lightly coated. Enjoy!

Savor the Flavor—Healthy Spices and Seasonings—Just because you’re cutting down on fat and salt doesn’t mean your tastebuds have to take a vacation. A creative cook can make low-fat, low-sodium cooking exciting and imaginative. Here are just a few of the ways: Use fresh herbs whenever possible for the freshest flavor. Grate fresh ginger with a flat sheet type grater. Use a food processor to grate fresh horseradish, add dried herbs such as thyme, rosemary, and marjoram to dishes for a more pungent flavor, but use them sparingly. Toast seeds, nuts, and whole spices to bring out their full flavor, cook them in a dry skillet over med. heat or on a baking sheet in a 400-degree oven. For a little more “bite” to your dishes, add fresh hot peppers. Remove the membrane and the seeds before finely chopping. A small amount goes a long way! Use vinegar or citrus juice for a wonderful flavor-enhancer, but add it at the last moment. Vinegar is great on vegetables such as greens and citrus works well on fruits like melons and either is good on fish. Be daring and try something new. It could taste great!
Dear Ducks Unlimited supporter,

PLAN TO ATTEND
THE 1999 GARDINER DUCKS UNLIMITED BANQUET

Where: Gardiner Eagles Hall
When: April 17, 1999
Time: Open Bar 5:30 – 6:30pm
Cash Bar till Close
Dinner at 7:00pm

A Ducks Unlimited Special Edition print (pictured above) will be given to the first 30 membership/banquet tickets purchased for this great event. Also as a special bonus, 3 tickets for the outside raffle (a $10.00 value) will be given to the first 25 membership/banquet sold.

You will receive:
1. A delicious buffet dinner.
2. Special Edition prints and outside raffle tickets to the first 30 tickets sold.
3. A portion of your Ducks Unlimited membership is tax deductible.
4. An evening of fun raffles silent auction, door prizes, and a live auction! Some of the items featured include:
   - Browning Model BPS – 20 shotgun
   - Elk Bronze from Big Sky Carvers
   - Terry Redlin’s “Autumn Traditions”

For a preview of “Autumn Traditions” and some of the other artwork that will be available at the banquet, stop in at the First Interstate Bank and The North Entrance Food Farm.

All for only $45.00 for a single, $65.00 for a couple.

Tickets are available from any of the Gardiner DU committee members or by calling Dan Mahony at 344-7712, Libbi Osness at 848-9404 or Eric Robinson at 344-8948. Please get your tickets early, limited seating available.
The Yellowstone Association Institute recently announced the publication of a new catalog featuring more than one hundred short courses on the natural and cultural history of the Yellowstone area. The Institute is a non-profit field school operated in partnership with the National Park Service. The program is headquartered at the historic Lamar Buffalo Ranch in the northeast corner of the park.

Among the current offerings are courses on grizzly bears, wolves, bison, geology, wildflowers, horsepacking, kayaking, nature writing, and Yellowstone history. Courses are taught throughout the park in all seasons. Many of the instructors are college professors, and about a third of all courses are offered for graduate and/or undergraduate credit. Class size is purposely limited to ensure high quality instruction.

As always, the Institute is glad to extend a 50% tuition discount to NPS employees and immediate family members (spouse and children) who enroll on a space-available basis. The discount does not apply to outfitted courses.

To check on availability or request a free copy of the new catalog, please contact Diane at the Yellowstone Association Institute at PO Box 117, Yellowstone National Park, WY 82190 (307) 344-2294. Complete information is also available at www.YellowstoneAssociation.org.
CALENDAR OF COURSES

May-June 1999

May 9-11 501 Life at High Temperatures
May 10-12 502 Yellowstone Geyser Gazing
May 13-15 503 Hot Springs, History, & Habitat
May 15-16 504 Discovering Yellowstone's Geyser basin
May 16-18 505 Spring Returns to Yellowstone
May 19-21 506 Wildlife Watching in Grizzly Country
May 21-23 507 Plant Eaters of Yellowstone
May 21-23 508 Wolf Watching in Yellowstone
May 25-27 509 The Wolf's Return
May 25-27 510 Yellowstone: Past, Present, & Future
June 1-4 601 Mammal Tracking
June 1-4 602 Wildlife Observation—Spring
June 4-6 603 Exploring Yellowstone's Bird Life
June 4-6 604 Pronghorn Antelope
June 11-14 605 Grizzly Bear Ecology & Management
June 13-16 606 Mammals Great & Small
June 15-17 607 Bears—Folklore & Biology
June 17-19 608 The Evolution of the Wolf Family
June 18-20 609 Fly Fishing the West Side
June 18-20 610 Learning Birds by Sound
June 20-23 611 Wildlife Observation—Spring
June 21-24 612 Bears: Bones, Signs, & Stories
June 24-26 613 Day Hiking in Wonderland
June 25-26 614 Elk & Their World
June 25-27 615 Wild Edible Plants & Medicinal Herbs
June 26-28 616 Family Horsepacking—Tetons
June 26-28 617 Family Days in the Lamar—Wolves
June 27-29 618 Nature Writing
June 28-Jul 1 619 The Art of the Field Journal

July 1999

July 1-3 701 Yellowstone Birds of Prey
July 1-3 702 Family Horsepacking—Hellroaring
July 1-3 703 Along the Yellowstone River with Lewis & Clark
July 2-4 704 Fossils of Yellowstone
July 4-6 705 Introduction to Yellowstone's Birds
July 5-8 706 Mountain Folklore—A Liama Trek
July 6-7 707 Aquatic Insects of Yellowstone
July 7-10 708 Photographing Nature in Yellowstone #1
July 8-10 709 Butterflies of Greater Yellowstone
July 8-11 710 Historic Field Journals
July 11-13 711 Amphibians & Reptiles
July 11-13 712 Great Earth Odyssey
July 11-14 713 Mammal Tracking
July 11-15 714 Photographing Nature in Yellowstone #2
July 12-16 715 Horsepacking—Hellroaring
July 14-16 716 Headwater Watershed Ecology
July 16-17 717 Wildflowers of Yellowstone
July 16-18 718 Geysers, Mudpots, & Hot Springs
July 16-19 719 Shoshone Lake Sea Kayaking
July 17-19 720 Women & Yellowstone
July 17-18 721 Family Adventures—Mammoth
July 18-20 722 Plants of Yellowstone
July 19-21 723 Botanical Sketchbook—Drawing Wkshp
July 19-22 724 Wildflowers Liama Trek
July 20-21 725 Family Adventures—Canyon
July 20-22 726 Geysers, Mudpots, & Hot Springs
July 21-23 727 Yellowstone Fisheries
July 22-23 728 Fire Ecology of Yellowstone Forests
July 23-25 729 Exploring Yellowstone's Microbes

July (cont.) 1999

July 23-25 730 Alpine Wildflower Walks
July 24-27 731 Watercolor Painting
July 25-29 732 Horsepacking—Snake River
July 26-29 733 Carnivores of the Yellowstone Ecosystem
July 28-30 734 Environmental Ethics & Yellowstone
July 29-Aug 3 735 Horsepacking—Fox Park
July 30-Aug 1 736 Fly Fishing—Less Experienced
July 30-Aug 1 737 The Bison of Yellowstone

August 1999

Aug 2-4 801 Backpacking—Leave No Trace
Aug 2-4 802 Yellowstone's Northern Roadside History
Aug 2-4 803 Smoky Mountains—Indians & Yellowstone Park
Aug 3-5 804 Family Days in the Thermal Basins
Aug 3-8 805 Horsepacking: Trapper Trails
Aug 5-8 806 Day Hiking Yellowstone—Beginners
Aug 6-8 807 Fly Fishing—More Experienced
Aug 9-11 808 Yellowstone's Southern Roadside History
Aug 9-12 809 Yellowstone's Southern Roadside History
Aug 9-13 810 Geology of the Yellowstone Country
Aug 13-15 811 Hiking Through Time
Aug 14-16 812 Backpacking in Grizzly Country
Aug 15-17 813 Fire & Ice
Aug 15-20 814 Responding to the Elements—Painting
Aug 15-20 815 Responding to the Elements—Writing
Aug 18-23 816 Backpacking Old Faithful to Bechler
Aug 22-24 817 Map, Compass, & Stars Across Yellowstone
Aug 22-25 818 Exploring the New Universe
Aug 22-26 819 Horsepacking: Trails of Indian People
Aug 25-28 820 Base Camp in the Beartooths
Aug 31-Sept 1 821 Wilderness First Aid

September-December 1999

Sept 3-6 901 Horsepacking: Nen Perce Route
Sept 3-6 902 Shoshone Lake Sea Kayaking
Sept 4-6 903 Wild Edible Plants & Medicinal Herbs
Sept 14-17 904 Yellowstone Observation—Fall
Sept 17-19 905 Fly Fishing in the Fall
Sept 17-20 906 Shoshone Lake Sea Kayaking
Sept 23-26 907 Autumn Photography in Yellowstone
Dec 4-5 1201 Wilderness First Aid

January-March 2000

Jan 2-11 1001 Wilderness First Responder
Jan 14-17 1002 Snowshoeing in Yellowstone
Jan 21-23 1003 Snow Tracking
Jan 29-30 1004 How Mammals Survive Winter
Feb 3-6 2001 Exploring Yellowstone on Skis
Feb 12-14 2002 Weather Cycles in the Big Sky
Feb 15-17 2003 Exploring Yellowstone for the Gravity Phobic
Feb 18-20 2004 Winter Ecology & Survival
Mar 8-10 3001 Coyote & Raven—Fact & Folklore
Mar 10-12 3002 Yellowstone's Wolves
Mar 17-20 3003 Wildlife Observation—Winter

> denotes a New class
* denotes a weekend class (may begin on Friday evening)
✓ denotes classes that are available for university credit
MAMMOTH SCHOOL BOARD NOMINATIONS AND ELECTION - 1999

From: "RULES and PROCEDURES", developed and adopted on May 12, 1959 and later amended/accepted by the school board committee on January 13, 1987, and on September 30, 1997, procedures to be followed in the Election of Yellowstone National Park School Board:

The School Board will consist of three members as follows: Chairperson, Secretary-Treasurer, and Member. Terms of office will be for three years and staggered in such a manner that one new member is elected each year.

One position on the board will be open. The incumbent will serve a three-year term on the Mammoth School Board.

<table>
<thead>
<tr>
<th>Member</th>
<th>Position</th>
<th>Term Expires</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary Hudson</td>
<td>Chairperson</td>
<td>06/30/00</td>
</tr>
<tr>
<td>Jim McCaleb</td>
<td>Member</td>
<td>06/30/01</td>
</tr>
<tr>
<td>Mary Hektner</td>
<td>Member</td>
<td>06/30/99</td>
</tr>
<tr>
<td>Scott Cote</td>
<td>Representative</td>
<td>06/30/00</td>
</tr>
</tbody>
</table>

*The elected board determines which members will serve as Chairperson and Secretary-Treasurer.

ELECTORS:

1. Voters must be 18 years of age or over.

2. All permanent employees of Yellowstone National Park, parents with a child in the Yellowstone National Park School, Park Concessionaires, and Cooperating Agencies, who live in Mammoth Hot Springs, are eligible to vote. The spouses of employees listed in the above group are eligible to vote.
REGISTRATION of Voters:

1. All eligible voters are required to register at the National Park Service Administration Office, weekdays from 8:30 a.m. to 5:00 p.m.

2. Those who voted in last year's School Board Election need not register again this year.

3. New members of the Mammoth Community or qualified voters who did not vote in the previous school board election must register at the Administration Office to qualify for participation in this year's election.

4. Register at the Administration Office. Registration closes at 4:30 p.m., Friday, April 23, 1999.

5. Current registered voters are:

Bush, Alan          Lindstrom, Montana          Striker, Don
Bush, Barbara       Marty, Joan               Striker, Gretchen
Coleman, Clarence   McCabe, Jim               Stringfield, Dave
Coleman, Kathy      McCabe, Mary               Suderman, Jo
Gruber, Lori        Menard, Gail              Whitman, John
Hansen, Chris       Menard, Paul              Young, Cheryl
Hudson, Tim         Perkins, Phil              ————
Kisthart, Traci     Sacklin, John              ————
Kisthart, William   Sholly, Tana

Registered/did not vote in 1998 Election. Must Re-Register to be eligible to vote in 1999 Election.

Cote, Christina     Cote, Scott               McClure, Dayna
Gruber, John        Gruber, John               O'Dea, Laura
Hinckley-Cole, Maureen
Hudson, Mary        Inafuku, Dawn              Perdue, Elizabeth
Inafuku, Les        Inafuku, Les               Suderman, Brian
Jerla, Jackie       Jerla, Jackie              Timmins, Joanne
Joss, Laura         Joss, Laura                Whiteside, Roger

Young, Keith
NOMINATIONS for School Board Members:

1. Any eligible voter, as defined under "Electors", is eligible for nomination as a candidate for membership on the School Board.

2. Nominations shall be filed with the Chairperson of the Election Board on a form provided for that purpose; a copy of which will be retained by the School Board voter who makes the nomination. The nominee must consent to having his or her name placed in nomination. A nomination form is attached to this announcement or may be obtained from the Administration Office.

3. Nominations are now open and will close at 4:30 p.m., Friday, April 23, 1999.

SCHOOL BOARD ELECTION:

Tuesday, May 11, 1999 - Polls will be open from 7:00 a.m. to 6:00 p.m. The polling place will be the Administration Office at Park Headquarters in upper Mammoth.

Absentee Ballots:

Voters who will be away from Mammoth on Election Day may vote by absentee ballot. Absentee ballots will be available upon application to the Park Service Administration Office and must be submitted by Monday, May 10, 1999.

Reminder:

Voters may obtain a copy of the Rules and Procedures (recently amended) to be followed in the election of the Yellowstone National Park School Board. Copies are available at the Administration Office.

Election Board:

Chairperson: Gail C. Menard, Chief of Administration

Members: Jaqita Bailey
         Jan Laye

The chosen Election Board Members will serve for only one election.
Getting Ready to Quit Tobacco

Come to a free Stop smoking workshop on Tuesday, April 20th from 7 - 9 p.m. at the Gardiner High School Library. to learn ways to decrease your craving for tobacco, cope with urges, prevent relapses, and become tobacco free forever.

Participants will receive The No-Nag, No-Guilt Guide to Quitting Smoking book free.
Spring Health Screen

Wednesday, April 21st
6:00 am - 9:00 am
Gardiner School Cafeteria

Lab Blood Profile Testing $20.00
*Diabetes, Thyroid & Kidney function screening,
*Cholesterol - Total, HDL, LDL, *Triglycerides,
*Uric Acid, *TSH, *Hematocrit, *Glucose,
Prostatic Specific Antigen (PSA) $15.00
(Optional Blood Screening for Males)
ColoCare Kits $3.00

This is a fasting blood test. Please, nothing by mouth after 8:00 pm the night before.

This Health Fair Blood Screen is brought to you through the cooperation of
The Mammoth Clinic and
Livingston Memorial Hospital

Please call the LivingSteps Wellness Center at 222-8282, or the Mammoth Clinic at 344-7965 for more information.
WE NEED YOUR HELP TO SECURE HABITAT FOR WILDLIFE

The Rocky mountain Elk Foundation is looking for members and volunteers to join us for our annual banquet to be held May 15, 1999. Through the "Adopt a Project Program" these fund raising projects will help with the Royal Teton Ranch land acquisition. If you are interested please contact:

JERRY RYDER 344-7938
GEORGE NELL 848-7521
PETE AND LINDA PETROFF 848-7623
DAN LIDDELL 848-2427