



Nature
Sounds
Society



10 Simple Ways To Enjoy Natural Sound

1. Sound Sense

Stop. Listen to what's around you. Now close your eyes. Do you hear other sounds? Do you hear more with your eyes closed?

2. Sound Count

Close your eyes. Lift up a finger for each sound you hear. Can you hear ten different sounds? Now use your left hand for natural sounds and your right hand for human-made sounds. Lift a finger for each type of sound you hear. Which type of sound reaches five first?

3. Sound Walk

Walk and listen. Do you hear your footsteps? Do you hear your clothes rustle? Can you walk without making any sound?

4. Sound Draw

Take a moment to hear one sound around you. Use your finger to draw the sound in the air. Have a friend guess the sound.

5. Sound Pleasure

What is the most beautiful sound you hear? What is the ugliest?

6. Wind Blown

Try to hear the wind's sound blowing through different plants.

7. Water Sounds

Find a stream or waterfall and listen carefully with your eyes shut until the sound separates into single notes.

8. Landscape Listening

How does the shape of the land affect the way sound travels to your ear? Where is the source of each sound? Are there any echoes? What is the closest sound you hear?

9. Walk in the Wild

Walk as though a predator were after you. Walk as though you were a predator.

10. Animal Chat

Listen for an animal. What sound does the animal make? Can you make its sound? Can you communicate with the animal?

Other Sound Activities

Sound Tally

Keep a tally of every kind of sound you hear on your walk. What do you hear most ?



Sound Language

Find a sound you like. How would you spell that sound on paper?



Sound Size

Listen around you. Do you hear movement in a bush or tree? Can you guess the size of the animal based on the sound it makes?



Silent Sound Signals

Develop some silent hand signals to communicate with others.

Nature Sounds Society Mission:

To encourage the preservation, appreciation and creative use of natural sounds.

For more information contact:

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The National Park Service Natural Sounds Program Mission:

The National Park Service Natural Sounds Program, in partnership with parks and others, works to preserve, protect, and manage park soundscapes and to eliminate or minimize noise intrusions in units of the National Park System.

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