Welcome to Sleeping Bear Dunes

Welcome to Sleeping Bear Dunes National Lakeshore. It is one of the most beautiful places in America.

Last year was full of such superlatives for the Lakeshore. In April, the Sleeping Bear Point Trail was chosen by the best Hike-To-View in all our national parks in the National Geographic book, The 10 Best of Everything National Parks. The book also named the Lakeshore's Manitou Passage #7 for best scuba and snorkeling sites. Then in July, Lakeshore beaches were deemed the best on the Great Lakes in the first ever rankings for the region by the renowned Dr. Beach. For the coup-de-grace, August saw the viewers of ABC's Good Morning America vote Sleeping Bear Dunes National Lakeshore the most beautiful place in America in a highly publicized national contest. We are humbled by the honors and hope we can count you among our fans.

We expect 2012 to be a banner year after some inconvenience this year while we make improvements. Expect disruptions throughout the park as we work our roads and parking areas to better serve you, our visitor. Please bear with us and accept our apologies in advance.

This spectacular place belongs to you and is yours to explore. Relax, renew, rejoice, and recreate on maintained trails, perched dunes, pristine beaches, hidden lakes, quiet rivers, beautiful forests, secluded islands, and historic farmlands. All of this and more is waiting here for you.

I wish you a safe, rewarding, and memorable experience and hope that this is not your only visit to Sleeping Bear Dunes National Lakeshore. Come back soon!

Dusty Shultz, Superintendent

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Sleeping Bear Dunes National Lakeshore Visitor Guide is produced and designed annually by Sleeping Bear Dunes National Lakeshore, Division of Interpretation & Visitor Services. Special thanks to photographers Kenny Kelly, Dennis Yockers, Alice Van Zoonen, Nicole Macdonald, and Mark Lindsay.

The Sleeping Bear Dunes National Lakeshore Visitor Guide is published by Eastern National, a private, nonprofit organization which operates the sales outlets at the General Store, Dune Center, and visitor center. A portion of their proceeds is donated to the Lakeshore to support interpretive and educational programs.


The National Park Service cares for special places saved by the American people so that all may experience our heritage.

Printed on recycled paper

Philip Hart Visitor Center

Open year-round. Let park rangers help you plan your visit. Purchase a park pass here. Assistive listening devices are available. Exhibits provide information on geology, ecology, and human stories. Dreams of the Sleeping Bear, a free 15-minute multimedia program with closed captioning, highlights the Lakeshore’s scenery, seasons, and history. Bookstore purchases (books, games, posters, postcards, shirts, hats, patches, and more) support the park.

Memorial Day to Labor Day: 8:00 a.m. - 6:00 p.m.
Labor Day to Memorial Day: 8:30 a.m. - 4:00 p.m.
Closed Thanksgiving, Christmas, and New Year's Day

Located on M-72 in Empire 231-326-5134 x328

National Park Entrance Passes

A park entrance pass is required whenever and wherever you venture into Sleeping Bear Dunes National Lakeshore and must be displayed on the driver’s side of your vehicle wind- shield or dashboard. Park outside when you park, which allows the Lakeshore boundary and enter on foot or bicycle, carry your pass. Purchase a pass year round at the visitor center or Platte Point fee machine; or seasonally during regular hours of operation at campground offices, Pierce Stocking Scenic Drive or the Dune Climb, or between 8:30 a.m. and 10:00 a.m. at Leland Harbor. Seven-day passes may also be purchase May through October, 24 hours a day, at the self-pay carriars at the Maritime Museum and at road-end beaches: Petoskey, Esch, North Bar Lake, CR 669, and CR 651.

$10 Seven-day Pass for Sleeping Bear Dunes NL Admits pass holder and all passengers in a noncommercial vehicle. Nontransferable and valid for 1-7 days.

Free admission for children 15 and under

$20 Annual Pass for Sleeping Bear Dunes NL Admits pass holder and all passengers in a noncommercial vehicle. Valid for one year from month of purchase.

$10 Senior Pass for National Parks and Federal Recreational Lands Lifetime pass for U.S. citizens or permanent residents age 62 or over. May provide a 50-percent discount on recreational fees such as camping and tours. Can be obtained in person or through the mail for a $10 processing fee. For more information, visit http://store.usgs.gov/pasp/index.html. Acceptable documentation includes a statement by a licensed physician, or a document issued by Veteran’s Administration, Social Security Administration or a state agency.

$5 Individual Seven-day Pass for Sleeping Bear Dunes NL Admits one adult age 16 and up on foot, bicycle, motorcycle, or noncommercial bus. Nontransferable and valid for 1-7 days.

Access Pass for National Parks and Federal Recreational Lands Free lifetime pass for U.S. citizens or permanent residents with permanent disabilities. Documentation is required. Provides access to Federal recreation sites and admits pass holder and all passengers in a noncom- mercial vehicle. May provide a 50-percent discount on recreational fees such as camping and tours. Can be obtained in person or through the mail for a $10 processing fee.

Commercial Vehicle Fees

Sedan $16 $25
Van 7-15 $40
Minibus 16-25 $40
Motorcoach 26+ $100
*Sedans-25% commercial fee plus $5 per person fee for each passenger

Commercial Vehicle Requirements

*Cannot exceed 40 feet overall length
*Cannot exceed 8 feet 6 inches in width
*Cannot exceed 13 feet in height

Local Information

Sleeping Bear Dunes National Lakeshore 231-326-5134 www.nps.gov/slbe

Benzie County Chamber of Commerce 231-382-5281 www.benze.org

Empire Chamber of Commerce www.empirechamber.com

Frankfort Chamber of Commerce www.frankfort-chamber.com

Glen Lake Chamber of Commerce 231-334-3238 www.glenlakechamber.com

Leelanau Chamber of Commerce 231-271-9895 www.leelanauchamber.com

Traverse City Chamber of Commerce 231-947-0075 www.tchamber.org

Traverse City Convention and Visitors Bureau 800-822-8377 www.traversecity.org

Sleeping Bear Dunes Visitors Bureau 888-334-8499 www.sleepingbeardunes.com

Listening Assistance Available

Do you have trouble hearing information at ranger programs because of competing sounds? Try out the FM wire-less listening systems available for your use in the Lakeshore. The equipment amplifies the sound of a ranger’s voice, which you hear through a headset, neck loop, or earbuds. Use the wireless system for a ranger-led hike or evening program, or at the visitor center in Empire, the campground offices, or the General Store in Glen Haven. A listening system is also available for the multimedia program at the visitor center.

Visitors wishing to use the equipment are encouraged to call ahead and arrive early.

Fee-free days

The National Park Service is offering entrance fee-free days (camping and other fees still in effect). Come to Sleeping Bear Dunes National Lakeshore (or any national park) on one of these days, and enjoy the sun, sand, and history for free.

Jan 14 - 16 (Martin Luther King Day)
April 21 - 29 (National Park Week)
June 9 (Wildflower Days)
September 29 (National Public Lands Day)
November 10 - 12 (Veterans Day)
Making the Most of Your Time

If you have less than 3 hours—try these

**Pierce Stocking Scenic Drive**
This driving loop overlooks some of the Lakeshore’s most unique scenery. Open mid April–mid November, weather permitting.
* M-109, 3 miles north of Empire
  * Length: 7.5 miles, 90 minutes

**Dune Climb**
No visit would be complete without climbing this 110-foot high sand dune. Take water, sunscreen, and good footwear.
* Great for kids! See page 11 for trail info to Lake Michigan from the top of the Dune Climb. (It’s a 3-mile-plus hike!)
  * M-109, 6 miles north of Empire
  * Length: 30 minutes

**Explore Glen Haven**
This steamship stop on Sleeping Bear Bay dates back to the turn of the 20th century. Visit the Blacksmith Shop, General Store and D. H. Day Exhibit, and Cannery. The Maritime Museum tells the stories of the U. S. Life Saving Service in a fully restored station. Heroes of the Storm shipwreck rescue demonstration at 3:00 p.m. (seasonal).
* Great for kids! Details on page 12.
  * M-209, 7 miles north of Empire
  * Length: 0.5-3 hours

**Inspiration Point**
With a view of the Glen Lakes, Alligator Hill, and North Manitou Island, this overlook provides the perfect finale for any trip.
* M-22 to McFarlane Rd. (County Rd. 616), 8 miles east of Empire
  * Length: 5 minutes

More than 3 hours—add these

**The Platte and Crystal Rivers**
Canoe, kayak, or float these calm rivers. Rent equipment near either launch site if you don’t have your own.
* Great for kids!
  * Platte River: M-22 or Lake Michigan Rd. 10 miles south of Empire
  * Crystal River: M-22 east of Glen Arbor
  * Length: 2-3 hours

**Sleeping Bear Point Trail (#9)**
A short hike along a portion of this trail offers a panoramic view of the shoreline, dunes, and islands. Follow the blue-tipped posts to the overlook, and return along the same route. For a longer hike, complete the entire loop through a ghost forest, over dunes, and back through the woods. Take water, sunscreen, and good footwear.
* Details on page 9.
  * M-209, 8 miles north of Empire
  * Length: 0.5, 30-60 minutes
  * Entrance trail: 3 miles, 2-3 hours

**Port Oneida Historic Farm Tour**
Feel a century slip away in the largest historic agricultural landscape in all of the national parks. Bicycle or drive the back roads to old farmsteads, fields, orchards, and cemeteries. A driving tour brochure and a cell phone tour are available. Stop in at the historic Olsen Farmhouse–office of Preserve Historic Sleeping Bear.
* Begins and ends in the village
  * Length: 7 miles round trip, 3-4 hours

**Port Oneida Historic Farm Tour**
Learn about the history of the South Manitou Island Lighthouse and U.S. Life Saving Service Station. Climb the 100-foot tall tower for sweeping views of the Manitou Passage.
* The lighthouse is 0.5 miles from dock
  * Length: 30 minutes

**Giant Cedars and Shipwreck Hike**
Hidden on the island’s southwest corner, a stand of old-growth white cedar—called the Valley of the Giants—escaped the lumbermen. Nearby, view the shipwrecked Liberian freighter, the Francisco Morazan, which ran aground in 1960.
* Begins in the village
  * Length: 3 miles round trip, 3-4 hours

**Ferry information on page 14.**

**Enter these addresses into your GPS . . .**

**Visitor Center**
9922 Front Street, Empire, MI 49630

**Pierce Stocking Scenic Drive**
8500 Stocking Drive, Empire, MI 49630

**Dune Climb**
6748 Dune Hwy (M-109), Glen Arbor, MI 49636

**Maritime Museum**
8799 Sleeping Bear Road, Glen Arbor, MI 49636

**Platte River Campground**
5685 Lake Michigan Road, Honor, MI 49640

**D. H. Day Campground**
8010 West Harbor Hwy. (M-109), Glen Arbor, MI 49636

**Ranger Programs**
Visit a beaver lodge. Hike to historic farmsteads. Howl for coyotes. Discover fins, furs, and feathers. Explore glacial remains. Experienced rangers lead these free activities and more (seasonal). For locations and topics, pick up a program schedule at the visitor center, campground offices, or entrance stations.
* Length: 1-2 hours

**Empire Bluff Trail (#3)**
Winding through a beech-maple forest, this uphill trail leads to an overlook of Lake Michigan and the dunes.
* Details on page 9.
  * M-22 to Wilco Rd., 1.6 miles south of Empire
  * Length: 1.5 miles, 1 hour

**Port Oneida Historic Farm Tour**
Feel a century slip away in the largest historic agricultural landscape in all of the national parks. Bicycle or drive the back roads to old farmsteads, fields, orchards, and cemeteries. A driving tour brochure and a cell phone tour are available. Stop in at the historic Olsen Farmhouse–office of Preserve Historic Sleeping Bear.
* Begins and ends in the village
  * Length: 7 miles round trip, 3-4 hours

**Motorized Island Tours**
Manitou Island Transit offers two open-air tours for island visitors. You may explore the history of the old schoolhouse, cemetery, lake, and farms, or visit the giant cedars and view the shipwreck.
* For costs and reservations, call 231-256-9061.
  * Begins in the village after ferry arrives
  * Length: 2 hours

**Tour the Lighthouse**
Learn about the history of the South Manitou Island Lighthouse and U.S. Life Saving Service Station. Climb the 100-foot tall tower for sweeping views of the Manitou Passage.
  * The lighthouse is 0.5 miles from dock
  * Length: 30 minutes

**Giant Cedars and Shipwreck Hike**
Hidden on the island’s southwest corner, a stand of old-growth white cedar—called the Valley of the Giants—escaped the lumbermen. Nearby, view the shipwrecked Liberian freighter, the Francisco Morazan, which ran aground in 1960.
  * Begins in the village
  * Length: 3 miles round trip, 3-4 hours

**Ferry information on page 14.**

The ferry leaves on schedule—don’t be late!
Chipmunks, Raccoons, and Bears, Oh My!

National Parks are wonderful places to see a great variety of wildlife. But we need your help to keep the wildlife truly wild and healthy by making sure you store your food properly. Although seldom seen here, bears are especially curious and can smell food and beverages in sealed containers. Please store all foods properly.

To animals, food includes all trash, beverages, and anything with a scent, including: toilets, lotions, toothpaste, soaps, insect repellent, pet food, medicine, perfume, gum, candy, empty food or beverage containers, tobacco products, dirty dishes, scented soaps, etc.

Improvements in your National Lakeshore

Visitors to Sleeping Bear Dunes may encounter construction this year. The Platte River Campground office is getting an addition, many roads and parking areas are being repaved, and the first segment of the Sleeping Bear Heritage Trail is being built. We are sorry for any inconvenience, but the optimum conditions for outside fun are also the necessary conditions for outdoor work! Check our web page, facebook page, and twitter feed for the latest information.

Firewood

There’s nothing like sitting around a warm, crackling campfire, roasting marshmallows to perfection, laughing with friends, and watching flames dance across the logs.

Unfortunately, firewood is known to harbor harmful insect and disease pests which can destroy forests. In order to protect our beautiful forests from succumbing to these non-native pests, the National Lakeshore has established a new campground firewood policy. Campers may only use firewood purchased from vendors approved by the National Lakeshore. These vendors are selling firewood that has either been safely treated for pests or is from a type of tree that is known to be pest free.

Unapproved firewood can rapidly spread destructive pests such as hemlock woolly adelgid, beechnut disease, Asian longhorned beetle, and oak wilt, as has already occurred with the emerald ash borer.

You may purchase approved firewood from firewood vending machines located in both campgrounds or from local firewood vendors in the surrounding communities. Unapproved firewood may not be used in the campgrounds. Help us protect the forest by leaving your firewood at home!

Visit www.nps.gov/slbe for more information.

Approved firewood is available from the following vendors:

- Vending machines in the campgrounds
- Merrills Water Power Mill, Benzie County
- Phil Gunther, Beulah
- Empire EZ Mart/BP Gas Station, Empire
- Ooey Enterprise, Empire
- Anderson’s IGA, Glen Arbor
- Dan’s Wood, Deadstream Rd., Honor
- Honor Family Market, Honor
- Honor Trading Post, Honor
- Riverside Canoes, Honor
- The Corner Store, Honor
- Cherryland Grocery, Interlochen
- B&M Party Store, Lake Ann

Manufactured logs for campfires are also acceptable.

Camping

Sleeping Bear Dunes National Lakeshore offers camping for everyone. The Platte River Campground is equipped with modern facilities, tent pads, picnic tables, fire rings, and paved parking pads at each site.

D. H. Day Campground is a popular, rustic campground with wooded campsite. Sites have tent pads, picnic tables, fire rings and parking areas.

Backcountry camping is available on the mainland at White Pine and Valley View Campgrounds, on South Manitou Island at Bay, Weather Station, and Popple Campgrounds (0.5, 1.5, and 3.5 miles from the dock), and on North Manitou Island at the Village Campground and dispersed around the island. A backcountry camping permit is required in addition to a park entrance pass. Obtain a pass and permit at the visitor center, campground offices, or Leland dock.

Reservations

To make reservations, visit http://www.recreation.gov, or the park website at www.nps.gov/slbe, or phone 1-877-444-6777. Reservations for Platte River camp sites from Memorial Day until October 1st are accepted six months in advance. For group sites from May until October 1st, reservations are accepted one year in advance. A $5 per night reservation fee is added by the reservation contractor: Reserve early!

Please Note: Senior and Access Pass holders with ID pay half price for campsites at D. H. Day Campground and Platte River Campground. This includes campsites reserved through the National Recreational Reservation Service (NRSS). The discount does not apply for group campsites or electricity.

Leave No Trace

1. Plan ahead and prepare
   Prepare for extreme weather and emergencies. Bring food and water. Don’t forget your park pass!

2. Camp and travel on durable surfaces
   Stay on established trails and campsites.

3. Dispose of waste properly
   Pack it in, pack it out.

4. Leave what you find
   Preserve the past and leave rocks, plants and other items as you find them for others to discover.

5. Minimize campfire impacts
   Use established fire rings. Keep fires small. Burn wood to ash. Put all fires out completely.

6. Respect wildlife
   Observe wildlife from a distance. Never feed animals. Store food properly.

7. Be considerate of other visitors
   Respect other visitors and protect the quality of their experience. Let nature’s sounds prevail.
### Old Indian Trail
- **Round Trip:** 2.5 mi
- **Description:** Easy hike, easy to advanced ski. Two fairly flat loops begin in a mixed evergreen and hardwood forest and wind through low dunes to the Lake Michigan shore. Trailhead: off M-22, north of Sutter Rd.

### Platte Plains Trail
- **Round Trip:** 3.5 - 14.7 mi
- **Description:** Watch for junctions. There are multiple trailheads (Otter Creek: Esch Rd., Trails End Rd., off M-22 (winter only), & Platte River Campground). Bass Lake Loop: (3.5 mi) Easy hike and ski - Winds around Bass and Deer Lakes. Some sections follow a two-track road. Otter Creek Loop: (4.5 mi) Easy hike and ski - Follows Otter Creek and Otter Lake. Flat, with pine-oak-aspen forests and open meadows. Lasso Loop: (6.3 mi) Moderate hike, easy to advanced ski - Winds through pine-oak-aspen forests. Scenic overlooks of Lake Michigan. Several road crossings.

### Bass Lake Loop:
- **Description:** Easy hike and ski - Winds around Bass and Deer Lakes. (3.5 mi) Some sections follow a two-track road.

### Otter Creek Loop:
- **Description:** Easy hike and ski - Follows Otter Creek and Otter Lake. Flat, with pine-oak-aspen forests and open meadows.

### Lasso Loop:
- **Description:** Moderate hike, easy to advanced ski - Winds through pine-oak-aspen forests. Scenic overlooks of Lake Michigan. Several road crossings.

### Empire Bluff Trail
- **Round Trip:** 1.5 mi
- **Description:** Moderate hike - Winds through a beech-maple forest to an overlook. Wildflowers and woodland plants are abundant. For your safety and to prevent erosion, please do not descend the bluff. Trailhead: Wilco Rd. off M-22

### Additional trail information:
- No pets on designated ski trails from December 1 through March 31.
- Trail maps available online and at visitor contact stations. Directional arrows and difficulty levels on maps are for use by cross-country skiers. Snowshoers should not walk on top of ski tracks.
- Please leave plants, rocks, and other natural objects undisturbed for other visitors to enjoy. Do not collect ghost-forest wood, any wood on the dunes, or wildflowers. Ask the rangers about what fruits, berries, and mushrooms you can pick.
- Always tell someone where you are going hiking and when you'll be back.
Leelanau District

- **Paved road**
- **Unpaved road**
- **Authorized parkland**
- **Trails**
- **Sleeping Bear Heritage Trail**
- Park boundary extends 25 miles into Lake Michigan

**Sleeping Bear Point**
- Ranger station
- Campground
- Picnic area
- Parking lot near Pierce Stocking Scenic Drive entrance

**2012 Visitor Guide**

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**Trail Guide**

<table>
<thead>
<tr>
<th>TRAIL</th>
<th>ROUND TRIP</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Windy Moraine Trail</strong></td>
<td>1.5 mi</td>
<td>Moderate hike, advanced ski - A quiet trail with a view of Glen Lake from atop a hill. Trail leads through beach-maple forest and old farm fields. Trailhead: Watch Rd. east of M-109</td>
</tr>
<tr>
<td><strong>Shauger Hill Trail</strong></td>
<td>2.4 mi</td>
<td>Moderate hike, advanced ski - Includes beach-maple forest, and steep hills and crosses the Pierce Stocking Scenic Drive twice. Watch for traffic on the crosswalks. In winter, the Scenic Drive is closed to vehicles for use as a cross-country ski and snowshoe trail. Watch for snowmobilers where the trail crosses Shauger Hill Rd. Trailhead: parking lot near Pierce Stocking Scenic Drive entrance, M-109</td>
</tr>
<tr>
<td><strong>Cottonwood Trail</strong></td>
<td>1.5 mi</td>
<td>Moderate - Hilly, all sand, and no shade. Leads onto the perched dunes through native grasses, shrubs, and wildflowers. Views from above the Dune Climb of D. H. Day farm and Glen Lake. Take water, sunscreen, hat, and shoes. Trailhead: Stop #4 along the Pierce Stocking Scenic Drive, M-109</td>
</tr>
<tr>
<td><strong>Dunes Hiking Trail</strong></td>
<td>3.5 mi</td>
<td>Strenuous - Hilly, all sand, and no shade. Travels over nine hills through the high dunes plateau to Lake Michigan. Blue-tipped posts mark the trail. It can be a hot, exhausting, three to four hour trip, punctuated only by a cool dip in Lake Michigan. Plan ahead. Take water, sunscreen, hat, shoes, and a snack. Trailhead: the Dune Climb, M-109</td>
</tr>
<tr>
<td><strong>Sleeping Bear Point Trail</strong></td>
<td>2.8 mi</td>
<td>Strenuous - Hilly, all sand, and no shade. Leads onto the dunes, through a ghost forest, and overlooks Lake Michigan. Blue-tipped posts mark the trail. For a shorter option, a spur leads to Sleeping Bear Point from where you can follow the beach back to the Maritime Museum and trailhead. Plan ahead. Take water, sunscreen, hat, shoes, and a snack. Trailhead: end of Sleeping Bear Dunes Rd. off of M-209, west of Maritime Museum</td>
</tr>
<tr>
<td><strong>Alligator Hill Trail</strong></td>
<td>3 - 8 mi</td>
<td>All three loops lead through a beach-maple forest to a bench which overlooks Lake Michigan and the Manitou Islands. A 1.6 mile spur takes you along the ridge to the Glen Lake overlook. Only trail upon which horse use is allowed. Trailhead: east of D. H. Day Campground, off Stocking Rd. near its intersection with Day-Farm Rd. Easy hike and ski loop: 3 mi, 4.6 mi with spur. Moderate hike, intermediate ski loop: 4.7 mi, 6.3 mi with spur. Moderate hike, advanced ski loop: 4.6 mi, 6.2 mi with spur</td>
</tr>
<tr>
<td><strong>Bay View Trail</strong></td>
<td>2.4 - 7 mi</td>
<td>Provides views of Lake Michigan and the Port Oneida Rural Historic District. Several loops of different lengths and difficulties. Trailhead: off Thompson Rd. near M-22. Farm Loop: 2.4 mi - Easy hike and ski - Wanders through farms and fields and by an historic schoolhouse to Lookout Point. Ridge Loop: 4 mi - Moderate hike, advanced ski - The low trail leads through fields and forest. The high trail follows the ridge for views of Lake Michigan.</td>
</tr>
<tr>
<td><strong>Pyramid Point Trail</strong></td>
<td>1.2 - 2.7 mi</td>
<td>Moderate - To the bluff and back is 1.2 miles. Climbing a steep hill, it provides an overlook of Lake Michigan and the Manitou Islands. For your safety and to prevent erosion, please do not descend the bluff. The entire loop trail is 2.7 miles and follows a portion of Beach Rd. Trailhead: off Beach Rd.; follow Port Oneida Rd. north from M-22.</td>
</tr>
<tr>
<td><strong>Good Harbor Bay Trail</strong></td>
<td>2.8 mi</td>
<td>Easy hike and ski - A flat loop trail through woods and wetlands. Trailhead: off Lake Michigan Rd.; take CR 669 north from M-22; follow Lake Michigan Rd. east.</td>
</tr>
<tr>
<td><strong>Sleeping Bear Heritage Trail</strong></td>
<td>4.25 mi</td>
<td>NEW! Easy hike, ski, and bike - Paved, multi-use trail connecting Dune Climb, Group Campground, Glen Haven, D. H. Day Campground, and Glen Arbor. Great for strollers, wheelchair users, and bikes. Mostly forested. To be extended in coming years; see page 18. Trailhead: Dune Climb, Glen Haven</td>
</tr>
</tbody>
</table>

See page 9 for additional trail information.
Glen Haven Historic Village

Step into the colorful past in this company-owned steamboat stop that operated from 1865 until 1931. Sleeping Bearville, as it was originally called, was a natural harbor sought out by steamships sailing between Chicago and Buffalo. Learn more about area history when you visit the restored General Store and Blacksmith Shop. Flush toilets and picnic area with grills are available. M-209, 7 miles north of Empire.

Glen Haven General Store
Treat someone to old-fashioned candy at lumber baron D. H. Day’s General Store, restored to appear as it did in the 1920s. Built in 1867 as a company store, it provided goods for workers. David Henry Day came to Glen Haven in 1878 to work and never left. Learn about his legacy in the exhibit hall and see his office at the back of the store. Today, the historic General Store carries merchandise and items related to the history of Glen Haven, including kitchenware, food, toys, and books.

Cannery Boat Museum
What was once a cherry and apple cannery now houses a collection of historic Great Lakes vessels, including boats, motors, and equipment. Volunteers provide short interpretive talks and answer your questions. Outside, pilings from Glen Haven’s dock stretch into Sleeping Bear Bay. Open 11-5 daily, Memorial Day through Labor Day, hours vary after Labor Day.

Blacksmith Shop
Hear the ring of a hammer and anvil as the blacksmith stokes up a fire, heats iron until red hot, and forges a tool before your eyes. Volunteers provide demonstrations for all ages. Great for kids! Open 11-5 daily, Memorial Day through Labor Day, hours vary after Labor Day.

Make a Difference
In 2011, almost 1,300 Volunteers-In-Parks (VIPs) donated more than 35,000 hours at Sleeping Bear Dunes National Lakeshore. VIPs staffed visitor centers and museums, acted as campground hosts, monitored piping plovers, maintained and renovated trails and historic buildings, removed invasive plants, and much more. You too can help care for your national parks. For more information, contact the volunteer coordinator at 231-334-0215.

Maritime Museum
Tour the crew quarters and boathouse at the Maritime Museum at Sleeping Bear Point. Exhibits highlight the U.S. Life Saving Service and Great Lakes shipping history. Short interpretive talks are given throughout the day.

Heroes of the Storm, 3:00 p.m. daily
In the late 1800s, the U. S. Life Saving Service (U.S.L.S.S.) crews started risking their lives in severe weather to rescue passengers from shipwrecks. Participate in a demonstration rescue using U.S.L.S.S. rescue techniques. A park ranger will roll out the beach cart, demonstrate the breeches buoy, and, on Thursdays, fire the Lyle Gun.

Daily, June 14 - Labor Day

Historic Beach Patrols
During the fall shipwreck season, patrol the beach with a surferman from the U.S. Life Saving Service. The worse the weather, the more realistic the patrol. Dress appropriately. 7:30-9:30 p.m., Saturdays, October 13 and October 20

Park Partners
Friends of Sleeping Bear Dunes
The Friends of Sleeping Bear Dunes was founded in 1994 as a volunteer, nonprofit organization working for park goals. This friends group obtains grants and donations from individuals, companies, and other organizations for a variety of interpretive projects and park support. Look for their publications in park bookstores available by donation. For more information and/or to join, visit www.friendsofsleepingbear.org.

Preserve Historic Sleeping Bear
Since 1998, Preserve Historic Sleeping Bear (PHSB) has been a park partner dedicated to sponsoring volunteer preservation projects and raising money to save the historic buildings and landscapes of the Lakeshore. Come and visit PHSB in the Olsen House in the Port Oneida Rural Historic District! Open to the public when staff is available. For more information and/or to join, call 231-334-6103 or visit www.phsb.org.

Manitou Islands Memorial Society
The mission of the Manitou Islands Memorial Society (MIMS) is to preserve and interpret the history and cultural traditions of North and South Manitou Islands. Members are involved in research, fundraising, hands-on maintenance and preservation projects, and interpretation initiatives. For more information write to MIMS, PO Box 77, Empire, MI 49630.

Ranger-led Activities
Ranger-led activities are a great way to discover the Lakeshore.

PROGRAM DESCRIPTION

Sat. 10 a.m. until 4 p.m.

Meet at the Maritime Museum. Details: this page.


Explore different areas of the Lakeshore every Saturday. These hikes, suitable for all ages, last about an hour and a half and conclude by 3:00 p.m. Meet at the visitor center in Empire. Reservations are suggested if you bring a group and are required for snowshoes hikes. Call 231-326-5134 for details.

Explore different areas of the Lakeshore with a national park ranger. For locations and topics, pick up a program schedule at the visitor center, campground offices, or entrance stations. Evening programs are presented daily in the D. H. Day and Patte River Campgrounds.
The Manitou Islands

South Manitou Island
No place offers a more complete sense of the National Lakeshore than South Manitou Island. Catch a passenger ferry for a day trip or camping excursion. The island preserves beaches, giant cedars, shipwrecks, and historic farms far from the rush of the mainland. Join a motor tour of the island. Climb the lighthouse on Tuesdays and Thursdays. There may be closed May-August. There is no nesting piping plover, some beach areas may be closed May-August. There is no ferry service to North Manitou Island on Tuesdays and Thursdays.

North Manitou Island
For a true wilderness experience, backtrack on North Manitou Island. Visitors pass through the historic Coast Guard village before entering nearly 15,000 acres of undeveloped forests, fields, and beaches. Visits emphasize solitude and self-reliance. Plan well. No services are available. As you must stay overnight, take all your camping needs. Because of nesting piping plover, some beach areas may be closed May-August. There is no ferry service to North Manitou Island on Tuesdays and Thursdays.

Don’t get ticked!
As you are enjoying the Lakeshore—camping, hiking, playing in the woods—take note that ticks may be in the same environment. Fortunately there are several tactics you can use to prevent tick bites and protect yourself and your family.

Protect yourself from tick bites
• Avoid ticks by walking in the center of trails and avoiding contact with vegetation.
• Use a repellent such as DEET (on skin or clothing) and wear close-toed shoes, long sleeves, long pants, and socks. Wear light-colored clothing with a tight weave to easily spot ticks.
• Check your clothes and any exposed skin frequently for ticks. Avoid sitting directly on the ground, fallen logs, or stone walls.

After being outdoors
Check your body for ticks after being outdoors, and remove any tick you find.

Check these parts of your body and your child’s body for ticks:
Under the arms In and around the hair
In and around the ears Between the legs
Inside belly button Around the waist
Back of the knees

If you are bitten by a tick
Remove an attached tick as soon as you notice it. Use fine-tipped tweezers or a tick removal tool, grasp the tick as close to the skin as possible, and then slowly, but firmly, pull it straight out. Immediately wash the bite area and your hands with soap and water, then apply an antiseptic to the bite wound.

Watch for signs of illness.

Early Lyme Disease Symptoms
(3-30 days after exposure)
• Chills and fever
• Headaches
• Muscle and joint pain
• A characteristic bulls-eye shaped skin rash is present in 70-80% of cases

If you think you might have been exposed to Lyme disease consult with your physician. Lyme disease is treatable when diagnosis is made in the early stages.

Protect Your Park from Bullies
These invasive bullies don’t steal lunch money, they steal survival.

Hundreds of non-native species have moved to the Great Lakes region since the first European settlers, and new ones arrive every day. Luckily only about 10-15% become invasive bullies, but that's enough to wipe out entire food chains and entire ecosystems if they are not stopped.

Invasive species such as zebra and quagga mussels, emerald ash borers, baby's breath, and brushfleas have all had a negative impact on the park’s ecosystem.

• Muscle and joint pain
• Headaches
• Chills and fever

Early Lyme Disease Symptoms
(3-30 days after exposure)

For a true wilderness experience, back-pack on North Manitou Island. Visitors pass through the historic Coast Guard village before entering nearly 15,000 acres of undeveloped forests, fields, and beaches. Visits emphasize solitude and self-reliance. Plan well. No services are available. As you must stay overnight, take all your camping needs. Because of nesting piping plover, some beach areas may be closed May-August. There is no ferry service to North Manitou Island on Tuesdays and Thursdays.

South Manitou Island Ferry
9:15 a.m. Check in and board in Leland
10:00 a.m. Depart Leland
11:30 a.m. Arrive South Manitou Island
4:00 p.m. Depart South Manitou Island
5:30 p.m. Arrive Leland

North Manitou Island Ferry
9:15 a.m. Check in and board in Leland
10:00 a.m. Depart Leland
11:00 a.m. Arrive North Manitou Island
11:05 a.m. Depart North Manitou Island immediately after loading
12:00 noon Arrive Leland
Ferry service changes with the seasons. Contact Manistee Island Transit for reservations and schedules. A national park entry pass is required to visit the islands. A backcountry permit is also required for campers. Fasses and permits are available at the Leland Harbor office before ferry boarding and at the visitor center in Empire. Leland is 27 miles (45 minutes) north of Empire on M-22. Manitou Island Transit also offers two island tours, see page 5 for more information.
231-256-9061
www.manitoushuttle.com

Protect Your Park from Bullies

We Need Your Help
With no predators to limit their growth or reproduction, invasives attack and out-compete native plants and animals for food, water, and sunlight. But with your help to slow their spread, scientists may have time to find limits for them before the damage is irreversible.

• To slow the spread of invasive bullies like the emerald ash borer, DO NOT move firewood. (Please see page 6.)
• To stop hitchhiking bullies, check for seeds and brush off your clothing, gear and shoes before and after hikes.
• To stop the spread of aquatic hitchhiking bullies (like mussels, water fleas, and vegetation), clean your boat and let it dry between uses.
• To slow dune erosion (and subsequent bully invasions), climb the dunes only in designated areas.
• To avoid introducing new bullies at home, plant only native plants.

Don’t get ticked!

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Remove an attached tick as soon as you notice it. Use fine-tipped tweezers or a tick removal tool, grasp the tick as close to the skin as possible, and then slowly, but firmly, pull it straight out. Immediately wash the bite area and your hands with soap and water, then apply an antiseptic to the bite wound.

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We’re Working to be one of the CLIMATE Friendly PARKS

As a steward of our nation’s cultural and natural treasures, the National Park Service is taking a leading role in sustainability and climate change mitigation to ensure these special places are around for the enjoyment of future generations.

Climate change affects all of us and all of us affect climate. Sleeping Bear Dunes National Lakeshore is determined to make our effect a positive one that will preserve this nationally beloved place for generations to come. Becoming a Climate Friendly Park brings us one step closer.

We’ve completed our greenhouse gas emissions inventory and are now developing an emissions reduction plan. When we finalize and implement this plan, we’ll officially become a Climate Friendly Park.

The Park has already made several changes that reduce our emissions and save money and resources by:
• installing programmable thermostats, improving insulation, and replacing lights with more energy efficient bulbs,
• installing photovoltaic systems on North and South Manitou Island,
• building the Sleeping Bear Heritage Trail as a non-motorized transportation alternative (see page 18),
• replacing oil, cleaners, and solvents with soy based products, and
• replacing vehicles in our fleet with hybrids or alternative fuel models whenever possible.

We can’t do it alone. Please learn more about how you can help by visiting the website below.

http://www.nps.gov/climatechange/athome.cfm

Luckily for us, most actions that are good for our global climate are even better for us, from saving money to improving our health.

All solid waste generated by visitors and staff at the Lakeshore is sorted and separated at the American Waste collection facility to recover recyclable materials. We do ask that you donate your Michigan redeemable beverage containers in the receptacles provided in our primary visitor use areas.

Dune Center Store
Operated by Eastern National, a non-profit park partner, the Dune Center (near restrooms at the Dune Climb) provides quality educational products and services for park visitors. Step into the air-conditioned store for nature guides, compasses, pins, T-shirts, hats, hiking sticks, and more. Call 231-334-2010 or visit www.easternnational.org.


Let your bare feet guide you along the mainland’s many sandy beaches. There are no concessions, so pack a picnic and your sunscreen. For your safety, glass containers are prohibited on beaches, waterways, and dune areas.

Wastes generated by visitors and staff at Sleeping Bear Dunes National Lakeshore are sorted and separated at the American Waste collection facility to recover recyclable materials. We do ask that you donate your Michigan redeemable beverage containers in the receptacles provided in our primary visitor use areas.

Beaches, Beaches and More Beaches

Esch Beach, also called Otter Creek Beach, is another popular swimming area. The shore to the south is divided by the shallow outlet of Otter Creek.

Leashed pets are allowed to the right of Esch Rd. facing the water.

At the end of Esch Rd.
Off M-22, 5 miles south of Empire

North Bar Lake is a popular spot. This warmer lake connects to Lake Michigan and its beaches. Some areas have experienced severe dune erosion and are closed for restoration. Please obey closure signs.

No pets allowed
At the end of LaRohr Rd. From Empire, take M-22 north, left on Voice Rd., right on Bar Lake Rd., left on LaRohr Rd.

Glen Haven Beach is on Sleeping Bear Bay. Views look west past the Maritime Museum to Sleeping Bear Point, north to the Manitou Islands, and east to Glen Arbor and Pyramid Point. Please note that a section of the shoreline is sometimes closed to protect nesting piping plovers. Adjacent picnic area with grills and nearby flush toilets are provided.

Leashed pets are allowed to the right of the Maritime Museum when facing the water to all the way past the Cannery and D. H. Day Campground, but not on the Maritime Museum grounds.

Piping Plover Update

In 2011, there were 54 breeding pairs in the entire Great Lakes piping plover population; 18 of those were within the Lakeshore. The plover population remains highly sensitive to the loss of nesting adults on these breeding grounds. Both chicks and adults are at risk from dog and human encroachment into closed breeding areas. Please help us by keeping your dogs on a leash and obeying all beach closure signs.

For more information, visit www.nps.gov/slbe/planyourvisit/upload/PipingPlover.pdf

M-209, 7 miles north of Empire
County Road 669 Beach is on Good Harbor Bay. To the west, view Pyramid Point; to the north, the Whaleback and North Manitou Island. The Fox Islands may be visible on a clear day. Shalda Creek empties into Lake Michigan to the west of the parking area. Lake Michigan Rd. parallels the bay for several miles. Follow it east to a pleasant shoreline picnic area and the Good Harbor Bay trailhead (#83).

Leashed pets are allowed to the left of CR 669 when facing the water. The beach is temporarily closed to pets during piping plover nesting season.

At the end of CR 669 (Bohemian Rd.)
Off M-22, 18 miles north of Empire

County Road 651 Beach features wonderful sunset views on Good Harbor Bay. To the west, view Pyramid Point and to the north, the Whaleback and North Manitou Island. The Fox Islands may be visible on a clear day.

Leashed pets are allowed to the right of CR 651 when facing the water.

At the end of CR 651 (Good Harbor Tr.)
Winter Activities

Explore the colors of winter. Blue-gray ice sheets sculpt the shoreline and leafless oak, beech, and maple trees reveal overlooks shrouded the rest of the year. Winter creates a quiet and rarely witnessed landscape.

Ski the trails. Easy, intermediate, and advanced trails exist. Not groomed, but frequently tracked. Ask about a ski trail guide or see pages 9 and 11.

Snowshoe anywhere. When following marked trails, please avoid trampling established ski tracks by snowshoeing alongside them, not on them.

Weekend snowshoe hikes. In January and February, Rangers lead free introductory snowshoe hikes. Meet at the Visitor center at 10:00 a.m.
The park provides snowshoes free of charge. They are limited; call ahead for reservations 231-326-3344, x328.

Ice fish the inland lakes. State of Michigan licenses and regulations apply. Anglers are reminded to dress warm, use the buddy system, always wear a life jacket, and use caution when traveling across any ice.

Declare Independence from Foreign Oil...and Your Car!

Scheduled to be completed by the 4th of July, the first segment of the long-awaited Sleeping Bear Heritage Trail will allow visitors a fun, healthy, and safe alternative to driving from place to place in the Lakeshore. Suitable for all types of bikes, as well as other non-motorized transport such as strollers, rollerblades, and wheelchairs, this first stretch of trail will run just over four miles from the Dune Climb to Glen Arbor. It will be mostly flat with a few gentle undulations, and paved for accessibility, ease of use, and maintenance. Hikers and bicyclists will enjoy the beautiful route as it winds along the base of the dunes, follows a historic railway into the historic village of Glen Haven, accesses the back loop of D. H. Day Campground, and travels through the forest on old roads and trails into Glen Arbor.

Plans are to continue the trail south from the Dune Climb to Empire, and then northward from Glen Arbor to Port Oneida Rural Historic District and the beaches at County Roads 669 and 651. All told, the Sleeping Bear Heritage Trail will run 27 miles through the Lakeshore in Leelanau County. Bicyclists, especially those with children, will no longer have to risk busy road shoulders. In the winter, the Trail will be groomed for cross-country skiing. In addition to a fantastic new recreational opportunity, it will provide safe, healthy transportation options that reduce fuel consumption and vehicle congestion. The Sleeping Bear Heritage Trail is a project of the Leelanau Scenic Heritage Route, a citizen-driven collaboration of local community support and participation from all levels of government. The Trail has received federal grant funding from both recreation and transportation sources, confirming it will serve both purposes. In addition, the “Pathways to Sleeping Bear” capital campaign has brought in over $1 million in private donations for building and maintaining the Trail. To help patrol and maintain the Trail, the Friends of Sleeping Bear Dunes have begun a Volunteer Trail Ambassador program. To find out more about the Sleeping Bear Heritage Trail, including how you can get involved in supporting it, visit http://sleepingbeartrail.org/

This 4th of July, you can celebrate independence by relying on your own power to get out and enjoy this special place! Come ride the Trail!

Special Events

Saturdays
January - mid June
September & October
1:00 p.m.

Rangers offer weekly interpretive programs with topics and trails varying throughout the year. Come and join us!

April 21-29, 2012
National Park Week and Junior Ranger Day: Fee Free week Events to be announced.

April 27, 2012
Saturday
6:00 p.m.
Astronomy - Star Party
Enjoy the night sky through telescopes with park rangers and the Grand Traverse Astronomical Society. Check at visitor center for time and location.

May 31 & June 1, 2012
Thursday, Friday
Glen Haven Days
School groups and visitors learn about lumbering, shipping, and the U.S. Life Saving Service through hands-on activities.

June 9, 2012
Free Free Day - Get Outdoors Day
National Get Outdoors Day is a new annual event to encourage healthy, active outdoor fun, so come play in the park!

June 20, 2012
1:30 p.m.
Ribbon Cutting - Sleeping Bear Heritage Trail
Help celebrate the opening of the brand new multi-use trail. Bring your bike!

August 10-11, 2012
10:00 a.m. - 4:00 p.m.
Traverse Astronomical Society. Check at a public program. Visit the art gallery in the visitor center to view work by previous artists-in-residence.

Volunteers earn a pass for free entrance in America/Coastal Cleanup event.

November 10-12, 2012
No fee for entering the park; however, some activities may require a fee. Please consult the list below for more information.

For more information on any special event, contact 231-362-5134 or visit the website: www.nps.gov/slbe
Cell Phone Tour
Discover more about the rich history and natural beauty of the Lakeshore any time from your own cell phone. It’s easy. You use your own cell phone service and minutes.

- At each tour stop, dial 231-577-5555
- Enter the tour stop number.

Enjoy tours of Glen Haven, Port Oneida, and Pierce Stocking Scenic Drive geology. Ask at the visitor center, campground offices, or entrance kiosks for a map and directions to the cell phone tour stops, or check on the web.

Listen from anywhere and enjoy!

Pets in the Park
Pet Friendly Lake Michigan Beaches
Leashed pets are allowed on these beaches:

- From Platte River Campground / Railroad Grade trail north to Peterson Road.
- From Esch Road north to the Lakeshore boundary (south of Empire).
- From the Lakeshore boundary north of Empire to just south of the North Bar Lake stream outlet.
- From Maritime Museum east (but not on the Maritime Museum grounds) to the Lakeshore boundary (west of Glen Arbor).
- From the Lakeshore boundary north of Glen Arbor around Pyramid Point to CR 669.
- From CR 651 north to the Lakeshore northern boundary.

No Pet Zones
Dune Climb, Maritime Museum grounds, Glen Lake Picnic Area, North Bar Lake, Platte Point Beach, group campsites, backcountry campsites, North and South Manitou Islands, and other areas where pets are not allowed on designated ski trails (Trails #1, 2, 4, 5, 10, 11, 13) from December 1 to March 31.

Additional beaches may be temporarily closed to pets during piping plover nesting season.

Pet Rules
- Pets must be controlled on a six-foot leash.
- Pets may not be left unattended or tied to an object.
- Do not allow your pet to make unreasonable noise.
- Clean up after your pet and dispose of waste in trash receptacles.
- Keep your pet from interacting with wildlife or disturbing park visitors.

Become a Junior Ranger!
Explore the secrets of the Lakeshore as you seek answers for your Junior Ranger book (free at park stores and campground offices). Children of all ages enjoy these fun and challenging activities. The book lists the steps you must complete to earn a Junior Ranger badge and/or patch. In order to earn your Junior Ranger status, return to the visitor center or a campground office to review your answers with a ranger and take the official oath.

Explore! Learn! Protect!

Like us and keep up on the happenings in the park: www.facebook.com/sbdnl
Follow us on twitter: @SleepingBearNPS

www.nps.gov/slbe