Explore Shenandoah!

Welcome! There are over 500 miles of hiking trails, 105 miles of scenic roadway, 75 spectacular overlooks, wildlife big and small, and so much more—all waiting to be discovered! Enjoy your visit to Shenandoah National Park!

**Drive**
Skyline Drive has 75 overlooks with fabulous views spaced along its 105 miles. Be sure to drive 35 mph and be on the lookout for animals and other motorists. Use the mile markers to find facilities and trailheads.

**Eat**
Dine at Skyland Resort Restaurant (mile 42) or Big Meadows Lodge (mile 51). Waysides at Elkswallow, Big Meadows, and Loft Mountain serve lighter fare. All three areas and Lewis Mountain have campstores with groceries. Picnic most anywhere, but if you want a grill and table, there are picnic grounds at Dickey Ridge, Elkswallow, Pinnacles (has a shelter), Big Meadows, Lewis Mountain, South River, and Dundo.

**Sleep**
Skyland Resort and Big Meadows have lodging and Lewis Mountain has cabins. Campgrounds are at Mathews Arm, Big Meadows, Lewis Mountain, and Loft Mountain. If you really want to rough it, look into getting a back-country permit. Be sure you know the regulations and are prepared for primitive camping.

**Discover**
Nothing says “national park” like a Ranger Program! Discover more of Shenandoah on a Ranger-led walk or talk. Check the schedule on the back page and work a little “Ranger time” into your visit!

**Ask**
Stop at Dickey Ridge (mile 4.6) and Byrd Visitor Centers (mile 51) to talk to Rangers, get hiking maps, see movies and exhibits, and purchase maps, guidebooks, and other great stuff in the Park Stores.

**Volunteer**
Join the Volunteers-In-Parks (VIP) effort in Shenandoah. Visit our website or call (540) 999-3500 to find out about volunteer opportunities.

**Enjoy**
Delaware North at Shenandoah National Park manages the lodges, restaurants, gift shops, and stables. They offer a variety of entertainment. Ask about their schedule or visit them online at www.goshenandoah.com.

**Sense**
Get out of your car and feel the earth. Take a hike on one of the Park’s 500 miles of trails (see suggestions on page 2). Watch and listen for birds. Smell the wildflowers. Feel the mist of a waterfall. Shenandoah is a feast for the senses, and there are many ways to indulge yourself here.

**Shop**
Take home some store-bought memories of Shenandoah National Park! The Shenandoah National Park Association operates two Park Stores—one at each visitor center. Choose from a wonderful selection of books and videos about the Park, as well as postcards, note cards, and other Shenandoah memorabilia. Or find the perfect souvenir for yourself or your loved ones at a gift shop. Elkswallow, Skyland, Big Meadows, and Loft Mountain gift shops offer quality Shenandoah-branded apparel, housewares, wines, and gourmet foods.

**Park Emergency Number**
(800) 732-0911

@shenandoahnps facebook.com/shenandoahnps www.nps.gov/shen

Coming next year...

Your Pet in Shenandoah
If you bring your pet to Shenandoah, keep it on a leash no longer than six feet at all times. Pets are prohibited on the following trails:
- Fox Hollow Trail
- Stony Man Trail
- Limberlost Trail
- Dark Hollow Falls Trail
- Story of the Forest Trail
- Bearfence Rock Scramble
- Frazier Discovery Trail
- Old Rag Ridge Trail
- Old Rag Saddle Trail

Ranger Programs
Ranger-guided programs give visitors the opportunity to explore the wonders of the Park with a Ranger. Discover the many stories of Shenandoah’s past, take a walk through the splendor of a unique mountain meadow, or learn about the many animals and plants that thrive in Shenandoah National Park. See the back page for the Ranger Program schedule.
Hit the Trails!

Some things to keep in mind to help you prepare for your hike:
- There are several kinds of ticks in Shenandoah, including dog ticks, deer ticks, Lone Star ticks, and others. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever. Wear insect repellent that specifically repels ticks, light-colored clothing, insulating long pants, and long pants with legs tucked into socks. Always check for ticks after your hike. Know how to remove ticks safely.

- Maps are important. Make sure you have a good map with you when you start out, either the corresponding handout map available at visitor centers and from the Park’s website or a topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- Hiking time and difficulty: Know how long it will take to complete the hike you’ve chosen. If the hike takes up to an hour and a half to do and you’re not getting started until three o’clock, in the afternoon, you’ll be too late. If you get up and start after dark, it’s always a good idea to pack a headlamp or flashlight in your backpack. Some hikes are very challenging and require substantial physical exertion to do the hike you’ve chosen.

- You’ll need good quality rubber boots or hiking shoes.
- Bring a good topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- You must have and use tick repellent when hiking. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever.

- Hiking in the rain is sometimes in abundance. There are several kinds of ticks in Shenandoah, including dog ticks, deer ticks, Lone Star ticks, and others. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever. Wear insect repellent that specifically repels ticks, light-colored clothing, insulating long pants, and long pants with legs tucked into socks. Always check for ticks after your hike. Know how to remove ticks safely.

- Maps are important. Make sure you have a good map with you when you start out, either the corresponding handout map available at visitor centers and from the Park’s website or a topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- Hiking time and difficulty: Know how long it will take to complete the hike you’ve chosen. If the hike takes up to an hour and a half to do and you’re not getting started until three o’clock, in the afternoon, you’ll be too late. If you get up and start after dark, it’s always a good idea to pack a headlamp or flashlight in your backpack. Some hikes are very challenging and require substantial physical exertion to do the hike you’ve chosen.

- You’ll need good quality rubber boots or hiking shoes.
- Bring a good topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- You must have and use tick repellent when hiking. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever.

- Hiking in the rain is sometimes in abundance. There are several kinds of ticks in Shenandoah, including dog ticks, deer ticks, Lone Star ticks, and others. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever. Wear insect repellent that specifically repels ticks, light-colored clothing, insulating long pants, and long pants with legs tucked into socks. Always check for ticks after your hike. Know how to remove ticks safely.

- Maps are important. Make sure you have a good map with you when you start out, either the corresponding handout map available at visitor centers and from the Park’s website or a topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- Hiking time and difficulty: Know how long it will take to complete the hike you’ve chosen. If the hike takes up to an hour and a half to do and you’re not getting started until three o’clock, in the afternoon, you’ll be too late. If you get up and start after dark, it’s always a good idea to pack a headlamp or flashlight in your backpack. Some hikes are very challenging and require substantial physical exertion to do the hike you’ve chosen.

- You’ll need good quality rubber boots or hiking shoes.
- Bring a good topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- You must have and use tick repellent when hiking. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever.

- Hiking in the rain is sometimes in abundance. There are several kinds of ticks in Shenandoah, including dog ticks, deer ticks, Lone Star ticks, and others. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever. Wear insect repellent that specifically repels ticks, light-colored clothing, insulating long pants, and long pants with legs tucked into socks. Always check for ticks after your hike. Know how to remove ticks safely.

- Maps are important. Make sure you have a good map with you when you start out, either the corresponding handout map available at visitor centers and from the Park’s website or a topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- Hiking time and difficulty: Know how long it will take to complete the hike you’ve chosen. If the hike takes up to an hour and a half to do and you’re not getting started until three o’clock, in the afternoon, you’ll be too late. If you get up and start after dark, it’s always a good idea to pack a headlamp or flashlight in your backpack. Some hikes are very challenging and require substantial physical exertion to do the hike you’ve chosen.

- You’ll need good quality rubber boots or hiking shoes.
- Bring a good topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- You must have and use tick repellent when hiking. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever.

- Hiking in the rain is sometimes in abundance. There are several kinds of ticks in Shenandoah, including dog ticks, deer ticks, Lone Star ticks, and others. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever. Wear insect repellent that specifically repels ticks, light-colored clothing, insulating long pants, and long pants with legs tucked into socks. Always check for ticks after your hike. Know how to remove ticks safely.

- Maps are important. Make sure you have a good map with you when you start out, either the corresponding handout map available at visitor centers and from the Park’s website or a topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- Hiking time and difficulty: Know how long it will take to complete the hike you’ve chosen. If the hike takes up to an hour and a half to do and you’re not getting started until three o’clock, in the afternoon, you’ll be too late. If you get up and start after dark, it’s always a good idea to pack a headlamp or flashlight in your backpack. Some hikes are very challenging and require substantial physical exertion to do the hike you’ve chosen.

- You’ll need good quality rubber boots or hiking shoes.
- Bring a good topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- You must have and use tick repellent when hiking. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever.

- Hiking in the rain is sometimes in abundance. There are several kinds of ticks in Shenandoah, including dog ticks, deer ticks, Lone Star ticks, and others. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever. Wear insect repellent that specifically repels ticks, light-colored clothing, insulating long pants, and long pants with legs tucked into socks. Always check for ticks after your hike. Know how to remove ticks safely.

- Maps are important. Make sure you have a good map with you when you start out, either the corresponding handout map available at visitor centers and from the Park’s website or a topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- Hiking time and difficulty: Know how long it will take to complete the hike you’ve chosen. If the hike takes up to an hour and a half to do and you’re not getting started until three o’clock, in the afternoon, you’ll be too late. If you get up and start after dark, it’s always a good idea to pack a headlamp or flashlight in your backpack. Some hikes are very challenging and require substantial physical exertion to do the hike you’ve chosen.

- You’ll need good quality rubber boots or hiking shoes.
- Bring a good topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- You must have and use tick repellent when hiking. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever.

- Hiking in the rain is sometimes in abundance. There are several kinds of ticks in Shenandoah, including dog ticks, deer ticks, Lone Star ticks, and others. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever. Wear insect repellent that specifically repels ticks, light-colored clothing, insulating long pants, and long pants with legs tucked into socks. Always check for ticks after your hike. Know how to remove ticks safely.

- Maps are important. Make sure you have a good map with you when you start out, either the corresponding handout map available at visitor centers and from the Park’s website or a topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- Hiking time and difficulty: Know how long it will take to complete the hike you’ve chosen. If the hike takes up to an hour and a half to do and you’re not getting started until three o’clock, in the afternoon, you’ll be too late. If you get up and start after dark, it’s always a good idea to pack a headlamp or flashlight in your backpack. Some hikes are very challenging and require substantial physical exertion to do the hike you’ve chosen.

- You’ll need good quality rubber boots or hiking shoes.
- Bring a good topographical map such as the ones produced by the Potomac Appalachian Trail Club and sold in the Park Stores.

- You must have and use tick repellent when hiking. Ticks can carry and transmit serious diseases like Lyme disease and Rocky Mountain spotted fever.
### Fall Ranger Programs

**September 8 – October 25**

- Programs may be canceled in the event of lightning or other extreme conditions.
- Please do not bring pets on ranger programs. Wear sturdy shoes and bring water on hikes.
- Please arrive 15 minutes early for assistive listening services.

<table>
<thead>
<tr>
<th>Location</th>
<th>Program</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Program</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dickey Ridge (mi. 4.6), Mathews Arm (mi. 22.2), Elkwallow (mi. 24)</td>
<td>Discover Fox Hollow Trail - Explore the Fox family homestead. Dickey Ridge Visitor Center, East Terrace (mile 4.6), 2 hrs, 1.2-mile hike</td>
<td>SUN</td>
<td>10:00 a.m.</td>
<td>MON</td>
<td>10:00 a.m.</td>
<td>TUE</td>
<td>10:00 a.m.</td>
</tr>
<tr>
<td></td>
<td>Sneed Farm Stroll - Discover what makes Shenandoah a unique place on this leisurely hike. Meet at the south end of Dickey Ridge Picnic Grounds (mile 5), 2 hrs, 1.5 miles</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mount Marshall Hike - Hike along the historic Appalachian Trail to a spectacular view of the Shenandoah Valley from the summit of Mount Marshall. Wear sturdy shoes and bring water. Meet at the Mount Marshall parking area (mile 15.8), 2 hrs, 1.5-mile hike</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Terrace Talk - Learn about a special feature of Shenandoah National Park. Dickey Ridge Visitor Center (mile 4.6), 20-30 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wild About Bears - Learn about Shenandoah's largest mammal. Elkwallow Wayside (mile 24), 20-30 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Junior Ranger Program - Discover Shenandoah at this hands-on program for ages 7-12. Children must be accompanied by an adult. Meet at parking area near Mathews Arm entrance kiosk (mile 22.2), 1 hr, less than 1-mile walk</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mathews Arm Ranger Talk - Join a Ranger to explore one aspect of Shenandoah. Check at visitor centers for topics. Dress for cool mountain nights. Mathews Arm Campground (mile 22.5), 45 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Skyland (miles 41.7 and 42.5)</td>
<td>SUN</td>
<td></td>
<td></td>
<td>MON</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Stony Man Hike - Stony Man has many stories to tell, both historic and natural. Stony Man Trailhead (mile 41.7), 2 hrs, 2-mile hike</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ancient Volcano Hike - Learn how volcanoes shaped Shenandoah and how geology still affects life here. Timber Hollow Overlook (mile 43.8), 2 hrs, steep and rocky in places, 2-mile hike</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Massanutten Lodge Open House - Tour Addie Pollock's restored bungalow and hear the stories of early Skyland Resort. Stop in between 3:00 p.m. and 5:00 p.m. Located at Skyland lower level (mile 42.5). Park near Skyland Conference Hall and walk uphill.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Skyland Evening Program - Join a Ranger for a national park tradition, and take an engaging look at the natural and cultural history of Shenandoah. Check visitor centers for topics. Dress for cool mountain nights. Skyland Amphitheater (mile 42.5), 45 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Big Meadows (mile 51), Lewis Mountain (mile 57.2)</td>
<td>SUN</td>
<td></td>
<td></td>
<td>MON</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Birds of Prey - Meet a live raptor and learn why these birds are important. Big Meadows Amphitheater (mile 51), 30 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Meadow Walk - Experience a rare high-elevation wetland meadow. Meet at Byrd Visitor Center (mile 51), 1.5 hrs, 1-mile walk</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The Wild Side of Shenandoah - Celebrate one of Shenandoah’s amazing animals at this short talk. Byrd Visitor Center (mile 51), 20-30 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Appalachian Trail Hike - Take a short journey on the most famous long-distance hiking trail in the world. Milam Gap Parking Area (mile 52.4), 2 hrs, 2.1-mile hike</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Junior Ranger Program - Discover Shenandoah at this hands-on program for ages 7-12. Children must be accompanied by an adult. Byrd Visitor Center (mile 51), 1.5 hrs, less than 1-mile walk</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lewis Mountain Evening Program - Join a Ranger to explore one aspect of Shenandoah. Check visitor centers for topics. Dress for cool mountain nights. Lewis Mountain Picnic Grounds (mile 57.2), 45 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Big Meadows Evening Program - Join a Ranger for a national park tradition, and take an engaging look at the natural and cultural history of Shenandoah. Check visitor centers for topics. Dress for cool mountain nights. Big Meadows Amphitheater (mile 51), 45 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Loft Mountain (mile 79.5)</td>
<td>SUN</td>
<td></td>
<td></td>
<td>MON</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Blackrock Summit Hike - Experience the Appalachian Trail, diverse Park habitats, intriguing geology, and great views. Blackrock Summit parking area (mile 84.8), 1.5 hrs, 1-mile hike</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Junior Ranger Program - Discover Shenandoah at this hands-on program for ages 7-12. Children must be accompanied by an adult. Loft Mountain Amphitheater (mile 79.3), 1.5 hrs, less than 1-mile walk</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Loft Mountain Evening Program - Join a Ranger for a national park tradition, and take an engaging look at the natural and cultural history of Shenandoah. Check visitor centers for topics. Dress for cool mountain nights. Loft Mountain Amphitheater (mile 79.5), 45 minutes</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**More Information**

- Visit www.nps.gov/shen for more information.
- For reservations, call 877-338-6172 (outside Virginia) or 800-365-2267 (inside Virginia).
- Visit www.recreation.gov for additional information on ranger programs.

**Accessibility Information**

- Please arrive 30 minutes early to ensure timely access.
- Please do not bring pets on ranger programs. Wear sturdy shoes and bring water on hikes.
- Please bring identification when attending ranger programs.
- **Programs differ** at each location.

**Please arrive 15 minutes early for assistive listening services.**

**Please arrive 15 minutes early for assistive listening services.**