Experience Elk

It’s Fall—a magical time in the Rockies. Days get shorter, plants change color, the first dusting of snow returns to the tundra, and the mating season, or rut, begins for elk.

Watch carefully: lifting his head and massive antlers high, a bull elk begins his stately march across the moonlit meadow. In this timeless dance, he moves, pauses—listening to something we can’t hear—and then bugles. The shrill call rings out through the meadow, echoing from the mountainsides. These remarkable vocal skills, rising over three octaves, attract cows and intimidate rival bulls. The bugle communicates size, strength, and vigor, inviting cows to join his harem of up to 60 cows.

Once the harem is assembled, it must be defended night and day from other bulls coming to lure the cows away. Laying his impressive antlers back along his spine to show his incredible size, the bull is constantly on the move. He is majesty, sailing on the mists of the meadows, passing his genes to the next spring’s generation of calves.

Our job? Watch with quiet respect and stay well away from these powerful animals.

Free Park Movies

See the stunning 23-minute park movie Spirit of the Mountains in the Beaver Meadows and Kawuneeche visitor centers.

Beaver Meadows has assisted listening devices for audio description and amplification and induction loops for people with hearing aids. Both visitor centers have a captioned version of the park film and a version en Español.

All park visitor centers are accessible.

For the good of the animals and other visitors:
- Fall weekends are the busiest days of the entire year. Wildlife viewing is less crowded at dawn that at dusk.
- Park using roadside pullouts—do not park on vegetation or “no parking” areas.
- Turn off car lights and engine after parking and stay by the road.
- Do not approach animals—they are unpredictable!
- Never use artificial lights or calls.
- Do not walk into posted meadows between 5 pm and 7 am.
- Watch for other cars and keep an eye on children.
- Never feed wildlife.

These five areas offer great elk viewing. However, please remember that to minimize disturbance to elk, all meadows are closed to entry between 5 pm and 7 am daily from September 1 to October 31:
- Moraine Park
- Horseshoe Park
- Upper Beaver Meadows
- Harbison Meadow
- Holzwarth Meadow

To report emergencies 911

Visitor Centers

EAST SIDE Near Estes Park

Beaver Meadows Visitor Center
Open 8 am to 5 pm daily
Near the Beaver Meadows Entrance on US Hwy 36. Information, bookstore, park movie (see left). For wilderness camping permits, follow the trail east of the visitor center to the Wilderness Office.

Fall River Visitor Center
Open 9 am to 5 pm daily
Near Fall River Entrance on US Hwy 34. Life-sized wildlife displays, bookstore, and Centennial Quilt Exhibit (see page 5).

Moraine Park Discovery Center
Open 9 am to 5 pm daily
On Bear Lake Road. Interactive exhibits, nature trail offering great views of Moraine Park, family friendly activities, and a bookstore.

West Side Near Grand Lake

Kawuneeche Visitor Center
9/6–9/10 8 am to 6 pm. 9/11–9/30 8 am to 5 pm. Starting 10/1 8 am to 4:30 pm.

TRAIL RIDGE ROAD

Alpine Visitor Center
Open 10:30 am to 4:30 pm daily (weather permitting). Highest visitor center in the NPS at 11,796 feet. Extraordinary alpine views, displays, information, a bookstore, and an adjacent gift shop and cafe.

Visitor Safety Information
Hikes
Ranger-Led Programs
Camping
Shuttle Bus
Back page
Stay Safe

Be Responsible

It is your responsibility to be safe and to know and obey park rules. You can find park safety information, rules, and regulations at visitor centers, entrance stations, trailhead bulletin boards, and the park website at nps.gov/romo.

Altitude Sickness affects many visitors every year. Symptoms include headaches, nausea, fatigue, dizziness, vomiting, and in acute situations, even unconsciousness. Altitude can also aggravate preexisting conditions like heart and lung disease. Take your time, drink plenty of water, eat lightly, and rest. The only cure for altitude sickness is to go down to a lower altitude.

Wilderness Travel should be done in a group, not alone. Leave a detailed trip itinerary with a friend. This helps park authorities if you fail to return. Mountain weather changes quickly. If conditions are more difficult than anticipated, turn around. Longs Peak, a popular climb, can have treacherous ice and snow any time of year. Camping is only allowed in designated sites (see page 6).

Bicycles are prohibited on trails. They are permitted on all roads open to motor vehicles, paved and dirt, unless otherwise posted. There are no designated bicycle lanes in the park. Roads are narrow with few or no shoulders—ride with care. By law, you must ride single file. Shuttle buses do not accept bicycles. Visit go.nps.gov/RockyBicycling.

Campfires are permitted only in campgrounds and picnic areas with fire grates. During high fire danger, campfires may be prohibited. You can purchase boards, and the park website at entrance stations, trailhead bulletin rules, and regulations at visitor centers, Rocky Mountain National Park, Colorado.

Firearm Possession in the park is permitted for those legally authorized to possess firearms under federal, Colorado, or local laws. However, hunting, recreational shooting, and target practice are illegal. Federal law prohibits firearms in park buildings and facilities. Those legally allowed to carry firearms must comply with all applicable state and federal firearm laws.

Fishing requires a Colorado state fishing license. Trout in the park include brown, brook, rainbow, and cutthroat (including the protected Colorado River and greenback). Not all park lakes have reproducing species. For more information, visit go.nps.gov/RockyFishing.

Hypothermia can happen any time of year. Watch for drowsiness, impairment, slurred speech, and sunken eyes. To prevent, wear insulated, wind-proof layers and drink plenty of fluids.

Lightning regularly strikes in Rocky. There's no safe place in the backcountry when lightning strikes. Check the forecast. Watch for storm clouds. Plan so you can quickly return to your car if a storm begins. If hiking, return to the trailhead before noon, and return immediately if you hear thunder.

Carry the Essentials

Lots of water and high-energy food
Layers of clothing including storm gear, hat, gloves
Sunglasses with UV protection
Sunscreen
Sturdy footwear and extra socks
First aid kit
Topographic map and compass/GPS
Flashlight or headlamp
Waterproof matches, pocket knife, whistle

Road Conditions

Trail Ridge Road is open for the season, weather permitting. It usually closes in mid-October. For current park road and driving conditions:
• Stop at a visitor center
• Call the Trail Ridge Road status line 970 586-1222

Entrance Fees

<table>
<thead>
<tr>
<th></th>
<th>Automobile</th>
<th>Pedestrian</th>
<th>Motorcycle</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-day Pass</td>
<td>$20</td>
<td>$10</td>
<td>$20</td>
</tr>
<tr>
<td>7-day Pass</td>
<td>$30</td>
<td>$15</td>
<td>$25</td>
</tr>
<tr>
<td>RMNP Annual</td>
<td>$50</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

America the Beautiful Interagency Passes

Annual: $80
Senior: $10
Access: Free
Annual Military: Free

Many amazing animals call Rocky home. To keep them and you safe and comfortable:
• Obey wildlife closure areas and “no stopping” traffic zones.
• Use parking areas along the road. If not available, pull your vehicle completely off the road and do not park on vegetation.
• Keep a safe distance. If you cause an animal to move or change behavior, you are too close! Approaching an animal puts you at risk and may cause it stress, leading to disease and illness.
• Never feed wildlife, including birds and chipmunks.

Bears and Mountain Lions

Seeing a bear or mountain lion is rare, and interactions are even more rare. However, keep the following in mind:
• Travel in groups and make noise as you hike closely together. Keep children close! A predator does not distinguish a running child from running prey.
• If you see a bear or mountain lion, stop, stay calm, and back away slowly. Never approach wildlife or turn your back and run. Stand tall and look large. Raise your arms. Protect small children by picking them up.
• If approached, make loud noises, shout, clap hands, bang pots or pans, and fight back if attacked.

See Camping (page 6) to learn how to properly store food and other scented items.
### East Side

<table>
<thead>
<tr>
<th>TRAIL</th>
<th>TRAILHEAD</th>
<th>DISTANCE</th>
<th>ELEVATION GAIN</th>
<th>HIGHLIGHTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bear Lake</td>
<td>End of Bear Lake Road</td>
<td>0.5 mi</td>
<td>20 ft</td>
<td>Follow a self-guiding nature trail around beautiful Bear Lake. First part of trail in both directions is accessible.</td>
</tr>
<tr>
<td></td>
<td>0.8 km</td>
<td></td>
<td>6 m</td>
<td></td>
</tr>
<tr>
<td>Cub Lake</td>
<td>Cub Lake Trailhead</td>
<td>4.6 mi</td>
<td>540 ft</td>
<td>A park favorite, this hike to a mountain pond travels through woods that blaze with color in the fall.</td>
</tr>
<tr>
<td></td>
<td>off of Bear Lake Road</td>
<td></td>
<td>165 m</td>
<td></td>
</tr>
<tr>
<td>Deer Mountain</td>
<td>Deer Mountain Trailhead</td>
<td>6 mi</td>
<td>1083 ft</td>
<td>One of the few mountains in RMNP with trail to the summit. Great views of mountains and valleys.</td>
</tr>
<tr>
<td></td>
<td>Deer Ridge junction where US 34 and 36 meet</td>
<td></td>
<td>330 m</td>
<td></td>
</tr>
<tr>
<td>Estes Cone</td>
<td>Storm Pass Trailhead</td>
<td>7.4 mi</td>
<td>2368 ft</td>
<td>Great views reward this strenuous hike to the top of a peak.</td>
</tr>
<tr>
<td></td>
<td>Lily Lake</td>
<td>11.9 m</td>
<td>722 m</td>
<td></td>
</tr>
<tr>
<td>Gem Lake</td>
<td>Lumpy Ridge Trailhead</td>
<td>3.2 mi</td>
<td>1000 ft</td>
<td>Big rocks and nice views on this rather steep hike. The lake is small and spring-fed (no stream).</td>
</tr>
<tr>
<td></td>
<td>Devil’s Gulch Road north of Estes Park</td>
<td></td>
<td>305 m</td>
<td></td>
</tr>
<tr>
<td>Mills Lake</td>
<td>Glacier Gorge Trailhead</td>
<td>5.6 mi</td>
<td>700 ft</td>
<td>The view of Longs Peak and Keyboard of the Winds from Mills Lake is one of Rocky’s finest.</td>
</tr>
<tr>
<td></td>
<td>on Bear Lake Road</td>
<td>9 km</td>
<td>213 m</td>
<td></td>
</tr>
<tr>
<td>Moraine Park Discovery Center Nature Trail</td>
<td>Bear Lake Road</td>
<td>0.8 mi</td>
<td>20 ft</td>
<td>Self-guiding trail booklet available. Winds up and down hillside behind Discovery Center.</td>
</tr>
<tr>
<td></td>
<td>1.3 km</td>
<td></td>
<td>6 m</td>
<td></td>
</tr>
<tr>
<td>The Pool</td>
<td>Fern Lake Trailhead</td>
<td>3.4 mi</td>
<td>245 ft</td>
<td>Pretty, shaded hike in deep valley along rushing stream.</td>
</tr>
<tr>
<td></td>
<td>off of Bear Lake Road</td>
<td>5.5 km</td>
<td>75 m</td>
<td></td>
</tr>
<tr>
<td>Sprague Lake</td>
<td>Bear Lake Road</td>
<td>0.5 mi</td>
<td>10 ft</td>
<td>Packed gravel, level grade trail around lovely lake.</td>
</tr>
<tr>
<td></td>
<td>0.8 km</td>
<td></td>
<td>3 m</td>
<td></td>
</tr>
</tbody>
</table>

### Trail Ridge Road

<table>
<thead>
<tr>
<th>TRAIL</th>
<th>TRAILHEAD</th>
<th>DISTANCE</th>
<th>ELEVATION GAIN</th>
<th>HIGHLIGHTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alpine Ridge Trail</td>
<td>Near Alpine Visitor Center</td>
<td>0.5 mi</td>
<td>209 ft</td>
<td>Amazing views from this small summit. Keep an eye on the sky and stay off if storm clouds approach.</td>
</tr>
<tr>
<td></td>
<td>0.8 km</td>
<td></td>
<td>64 ft</td>
<td></td>
</tr>
<tr>
<td>Tundra Communities Trail</td>
<td>Rock Cut</td>
<td>0.5 mi</td>
<td>260 ft</td>
<td>View the miniature world of the alpine tundra and enjoy sweeping views of the park.</td>
</tr>
<tr>
<td></td>
<td>0.8 km</td>
<td></td>
<td>79 m</td>
<td></td>
</tr>
<tr>
<td>Ute Trail</td>
<td>Across road from Alpine Visitor Center</td>
<td>1–8 mi</td>
<td>1038 ft</td>
<td>Tremendous open views above treeline. Start and finish early, before lightning and thunderstorms!</td>
</tr>
<tr>
<td></td>
<td>multiple access points</td>
<td>1.6–12.9 km</td>
<td>316 m</td>
<td></td>
</tr>
</tbody>
</table>

### West Side

<table>
<thead>
<tr>
<th>TRAIL</th>
<th>TRAILHEAD</th>
<th>DISTANCE</th>
<th>ELEVATION GAIN</th>
<th>HIGHLIGHTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adams Falls</td>
<td>End of Bear Lake Road</td>
<td>0.6 mi</td>
<td>80 ft</td>
<td>A beautiful short hike near Grand Lake. Trail continues beyond the falls to lush meadows with mountain views.</td>
</tr>
<tr>
<td></td>
<td>1 km</td>
<td></td>
<td>24 m</td>
<td></td>
</tr>
<tr>
<td>Cascade Falls</td>
<td>North Inlet Trailhead</td>
<td>6.8 mi</td>
<td>300 ft</td>
<td>A relatively level hike to a rocky cascade.</td>
</tr>
<tr>
<td></td>
<td>off West Portal Road in Grand Lake</td>
<td></td>
<td>91 m</td>
<td></td>
</tr>
<tr>
<td>Coyote Valley Trail</td>
<td>Coyote Valley Trailhead</td>
<td>1 mi</td>
<td>10 ft</td>
<td>Follows bank of the Colorado River with views of Never Summer Mountains. Look for wildlife. Packed gravel, level grade.</td>
</tr>
<tr>
<td></td>
<td>US Hwy 34; six miles north of Kawuneeche Visitor Center</td>
<td>1.6 km</td>
<td>3 m</td>
<td></td>
</tr>
<tr>
<td>East Shore Trail</td>
<td>East side of Shadow Mountain Lake</td>
<td>5.2 mi</td>
<td>100 ft</td>
<td>2.6 mi to Green Ridge Campground. A side loop to Ranger Meadows reconnects with main trail, adding 1.4 mi.</td>
</tr>
<tr>
<td></td>
<td>just south of Grand Lake</td>
<td>8.4 km</td>
<td>30 m</td>
<td></td>
</tr>
<tr>
<td>Granite Falls</td>
<td>Green Mountain Trailhead</td>
<td>10.4 mi</td>
<td>1406 ft</td>
<td>Hike through a quiet forest along a mountain stream. Longer return loop (13.6 mi) available, coming out on Onahu Creek Trail.</td>
</tr>
<tr>
<td></td>
<td>3 miles north of Kawuneeche Visitor Center</td>
<td>16.7 km</td>
<td>429 m</td>
<td></td>
</tr>
<tr>
<td>Holzwarth Historic Site</td>
<td>US Hwy 34</td>
<td>1 mi</td>
<td>10 ft</td>
<td>Explore a historic homestead cabin and 1920s dude ranch. Brochures, interpretive signs.</td>
</tr>
<tr>
<td></td>
<td>8 miles north of Kawuneeche Visitor Center</td>
<td>1.6 km</td>
<td>30 m</td>
<td></td>
</tr>
<tr>
<td>Lulu City</td>
<td>Colorado River Trailhead</td>
<td>7.4 mi</td>
<td>350 ft</td>
<td>Little remains of historic Lulu City on this gentle trail. Longer return loop available along Grand Ditch to Red Mountain Trail.</td>
</tr>
<tr>
<td></td>
<td>10 miles north of Kawuneeche Visitor Center</td>
<td>11.9 km</td>
<td>107 m</td>
<td></td>
</tr>
<tr>
<td>Onahu Creek – Green Mountain Loop</td>
<td>Onahu Creek or Green Mtn trailheads on US Hwy 34</td>
<td>7.6 mi</td>
<td>1100 ft</td>
<td>Nice loop through a quiet forest and meadow along flowing mountain streams.</td>
</tr>
<tr>
<td></td>
<td>on US Hwy 34</td>
<td>12.2 km</td>
<td>335 m</td>
<td></td>
</tr>
</tbody>
</table>

---

Trailhead parking is limited. For the best chance of finding a spot, arrive before 10 am or after 3 pm.
### Ranger-Led Programs

#### East Side

<table>
<thead>
<tr>
<th>Walks and Hikes</th>
<th>Length</th>
<th>Location</th>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Autumn Bird Walk</strong></td>
<td>1.5 hour walk</td>
<td>Upper Beaver Meadows Trailhead</td>
<td>8 am</td>
<td>8 am</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Autumn in the Rockies</strong></td>
<td>1 to 1.5 hour walk</td>
<td>Upper Beaver Meadows Trailhead</td>
<td>9:30 am</td>
<td>9:30 am</td>
<td>9:30 am</td>
<td>9:30 am</td>
<td>9:30 am</td>
<td>9:30 am</td>
<td>9:30 am</td>
</tr>
<tr>
<td><strong>Centennial Hike</strong></td>
<td>4 to 5 hour hike</td>
<td>Meet the Ranger at Park &amp; Ride to take the shuttle bus</td>
<td>8:30 am</td>
<td>8:30 am</td>
<td>8:30 am</td>
<td></td>
<td>8:30 am</td>
<td>The Loch</td>
<td></td>
</tr>
<tr>
<td><strong>Moraine Park Nature Walk</strong></td>
<td>1 hour walk</td>
<td>Moraine Park Discovery Center</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Rocky: Then and Now</strong></td>
<td>1 hour walk</td>
<td>Moraine Park Discovery Center</td>
<td>2 pm</td>
<td>2 pm</td>
<td>2 pm</td>
<td>2 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Talks and Activities</th>
<th>Length</th>
<th>Location</th>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bear Necessities</strong></td>
<td>20 to 30 minute talk</td>
<td>Beaver Meadows Visitor Center</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
<td>10 am</td>
</tr>
<tr>
<td><strong>Elk Echoes</strong></td>
<td>30 minute talk</td>
<td>Sheep Lakes Parking and Moraine Park Discovery Center Amphitheater</td>
<td>6 pm</td>
<td>6 pm</td>
<td>6 pm</td>
<td>6 pm</td>
<td>6 pm</td>
<td>6 pm</td>
<td></td>
</tr>
<tr>
<td><strong>High Country Tails</strong></td>
<td>20 to 30 minute talk</td>
<td>Alpine Visitor Center</td>
<td>2:30 pm</td>
<td>2:30 pm</td>
<td></td>
<td>2:30 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Wildlife Through the Seasons Table Talk</strong></td>
<td>Drop in anytime from 2 to 3 pm</td>
<td>Fall River Visitor Center</td>
<td>2-3 pm</td>
<td>2-3 pm</td>
<td></td>
<td>2-3 pm</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Evening and Special Programs</th>
<th>Length</th>
<th>Location</th>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Saturday Evening Programs</strong></td>
<td>1 hour program</td>
<td>Beaver Meadows Visitor Center Auditorium</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>7 pm</td>
</tr>
<tr>
<td><strong>Twilight Walk</strong></td>
<td>1 to 1.5 hour walk</td>
<td>Location varies</td>
<td>Time varies</td>
<td>Time varies</td>
<td>Time varies</td>
<td>Time varies</td>
<td>Time varies</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Notes and Tips
- All children must be accompanied by an adult.
- Programs may be canceled due to weather.
- Accessible programs are marked with a blue icon.
- Programs and hours will change starting October 11. An updated schedule will be printed in the winter newspaper.
- For outdoor programs, be sure to bring the essentials to wear and carry (see page 3).
West Side

**PROGRAMS AND ACTIVITIES**

<table>
<thead>
<tr>
<th>PROGRAMS AND ACTIVITIES</th>
<th>LENGTH</th>
<th>LOCATION</th>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Behind the Scenes</strong></td>
<td>1 hour video series</td>
<td>Kawuneeche Visitor Center</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Short videos documenting how the park addresses challenges like elk management, pine beetles, and bear safety.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Beyond the Falls</strong></td>
<td>1.5 hour 1 mile hike</td>
<td>East Inlet Trailhead</td>
<td>2 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A pleasant stroll to Adams Falls and a spectacular view just beyond.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Coyote Valley River Walk</strong></td>
<td>1 hour 1 mile hike</td>
<td>Coyote Valley Trailhead</td>
<td>2 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Explore ecology and history on this easy walk along the Colorado River.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Skins and Things</strong></td>
<td>40 minute talk</td>
<td>Kawuneeche Visitor Center</td>
<td>10:30 am</td>
<td>10:30 am</td>
<td>10:30 am</td>
<td>10:30 am</td>
<td>10:30 am</td>
<td>10:30 am</td>
<td>10:30 am</td>
</tr>
<tr>
<td>Examine the skins, skulls, antlers, teeth, and bones of many park mammals.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Rocky Mountain Heritage Walk</strong></td>
<td>1.5 hour 1 mile hike</td>
<td>Holzwarth Historic Site parking area</td>
<td>2 pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Learn about the human history of the Kawuneeche Valley while strolling to the grounds of a historic guest ranch.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Tundra to Trees</strong></td>
<td>4 hour 4 mile hike</td>
<td>Miller Pass parking area</td>
<td>9 am</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hike an ancient Ute trail that leads from alpine heights down through old growth forest. Plan to carpool. Bring warm clothes, rain gear, water, and snacks.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**EVENING AND SPECIAL PROGRAMS**

<table>
<thead>
<tr>
<th>EVENING AND SPECIAL PROGRAMS</th>
<th>LENGTH</th>
<th>LOCATION</th>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Timber Creek Evening Program</strong></td>
<td>1 hour</td>
<td>Timber Creek Campground amphitheater</td>
<td>7:45 pm</td>
<td>7:45 pm</td>
<td>7:45 pm</td>
<td>7:45 pm</td>
<td>7:45 pm</td>
<td>7:45 pm</td>
<td>7:45 pm</td>
</tr>
<tr>
<td>Check at the campground or Kawuneeche Visitor Center for topics.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Special Programs and Events (East and West)

**Join Us for Elk Day**

Kawuneeche Visitor Center

10 am to 2 pm
Saturday, September 10 only

Learn all about these bugling beauties in a special day of elk activities. Rangers will be on hand at the Kawuneeche Visitor Center with fun family activities to share. Please drop in!

See our cover story to learn more about the fall rut and how to view elk safely.

**Become a Junior Ranger**

Drop in any time this fall and tell park staff you want to be a Junior Ranger!

Junior Rangers have fun discovering the natural world and learning why we need to protect our national parks. We need the help of ALL our rangers to keep Rocky protected for many years to come.

Pick up a free Junior Ranger Activity Booklet at any visitor contact station, discover the park, and earn your badge! There are activity books for ages 5 and under, 6 to 8, and 9 and up.

WebRangers is the online extension of the Junior Ranger program. A website for all ages, if you love our national parks, historic sites, and monuments, this site is for you. nps.gov/webrangers

**Centennial Quilt Exhibit**

Fall River Visitor Center

9 am to 5 pm
September 6 to 25

Rocky is joining twelve other national parks across America to display thirteen art quilts created to celebrate the centennial of the National Park Service. Come see these beautiful quilts at the Fall River Visitor Center!

The quilts were created by Fiber Works, a group of textile artists from the Lincoln-Omaha, Nebraska area. The artists were inspired by their favorite national park site. Learn more at nps.gov/home/centennialquilts.htm
Camping

**CAMPGROUND** | **RESERVABLE** | **FIREWOOD AND ICE** | **MAX RV TRAILER LENGTH** | **SUMMER DRAINAGE** | **DESIGNATED ACCESSIBLE SITES** | **TENT PAD SIZE** | **SUMMER FLUSH TOILETS** | **DESCRIPTION**
--- | --- | --- | --- | --- | --- | --- | --- | ---
Aspenglen 8,220 feet 52 sites May 26 – Sep 26 at 12:00 noon Yes. May fill by reservation. Yes 30 ft No. Use Glacier Basin, Moraine Park, or Timber Creek Yes 13 x 15 ft Yes In pine forest by rushing Fall River just inside the Fall River Entrance on US Hwy 34 west of Estes Park.
Glacier Basin 8,500 feet 150 sites, 13 group sites June 9 – Sep 13 at 12:00 noon Yes. May fill by reservation. Yes 35 ft Yes Yes Varies Yes On Bear Lake Road across from the Park & Ride. Hazard trees were removed so no shade in C, D, Group Loops, but there are good views and night sky, and it’s good for sideouts.
Longs Peak 9,405 feet 26 sites Closed for the season No. All sites are first-come, first-served. Firewood summer only (No ice) Tents only No No 13 x 15 ft No, vault toilets only In pine forest nine miles south of Estes Park off Highway 7. Trailhead to Longs Peak is a short walk away.
Moraine Park 8,160 feet 244 sites summer, 77 sites winter Open year-round Reservable for summer May fill by reservation in summer. First-come, first-served in winter. Yes, summer only Limited number of sites up to 40 ft Yes Yes Varies Yes, except B Loop (vault toilets) In pine forest above meadows of Moraine Park. A short drive from Beaver Meadows Entrance on Bear Lake Road.
Timber Creek 8,900 feet 98 sites May 26 – Oct 11 at 12:00 noon No. All sites are first-come, first-served. Firewood only 30 ft Yes Yes Varies Yes Only campground on park’s west side. Near Colorado River ten miles north of Grand Lake on US Hwy 34.

Camping Information

Overnight stays in Rocky Mountain National Park must be in a campground or designated wilderness site. You are not allowed to stay overnight in a car or RV along roads or at trailheads.

All park campgrounds usually fill on summer days and fall weekends. Reservations for late-May through September can be made six months to one day in advance and are highly recommended. To make a reservation:
- [reservamerica.com](http://reservamerica.com)
- recreation.gov
- 877 444-6777

**Fees to Camp**
- When the water is on (summer), all campgrounds are $26 per night.
- When the water is off (winter), Moraine Park Campground Loop B is $18 per night.
- America the Beautiful Senior and Access Pass holders receive a 50 percent discount on camping fees.
- Park entrance and camping fees may be paid in US currency by major credit card or debit card, cash, or check.

**Stay Limits**
You can stay no more than seven nights TOTAL between June 1 and September 30, plus an additional 14 nights from October 1 to May 31. Stay limits are on a parkwide, rather than per campground, basis.

**At All Standard Campsites**
- Eight people or less may camp at a given site.
- All campsites, including RV sites, have a tent pad, picnic table, and fire grate.
- Shared food storage lockers are available throughout all campgrounds.
- Tents must fit on the tent pad. Two or three tents are allowed, as long as they fit.
- There are no electric, water, or sewer hookups at any park campsite.
- There are no shower facilities in the park, but showers are available in nearby communities.
- Portable showers are prohibited except in two solar-heated shower bag stall facilities at Moraine Park Campground.

**Pets**
All campgrounds allow pets with certain restrictions:
- Pets must be on a leash no longer than six feet.
- Owners must pick up and dispose of pet excrement in trash receptacles.
- Pets may not make noise that impacts visitors or wildlife.
- Pets are never allowed on park trails or in meadow areas.
- Pets should never be left unattended.
- Keep a clean camp! Never leave pet food unsecured or unattended.

**Food Storage**
Do not attract wildlife, including black bears, to your campsite.

Improperly stored or unattended food items will result in a violation notice. Food items include food, drinks, toiletries, cosmetics, pet food and bowls, odorous attractants, and garbage, including empty cans, food wrappers, etc. These must be disposed of in trash or recycling receptacles.

Hummingbird feeders and bird feeders are not allowed. They attract wildlife like raccoons, elk, deer, and bears. Coolers, dirty stoves, grills, non-disposable tableware, and cookware must be washed and stored just like food. Camp kitchens must be kept clean and individual items properly stored.

In campgrounds, store all food items in food storage lockers. If full, store food:
- Inside vehicle trunks with windows closed and doors locked.
- If you don’t have a trunk, put items in the passenger compartment as low as possible and covered from sight, with windows closed and doors locked.
- If driving a convertible or motorcycle, use food storage lockers, available in all park campgrounds. Food storage lockers are shared with other visitors and cannot be locked. Food storage lockers are shown on all campground maps.

**Food items include food, drinks, toiletries, cosmetics, pet food and bowls, odorous attractants, and garbage, including empty cans, food wrappers, etc. These must be disposed of in trash or recycling receptacles.**

Wilderness Camping

**Permits and Fees**
Overnight stays in the wilderness require a permit available at the Beaver Meadows Wilderness Office or Kawuneeche Visitor Center. To learn more or make a reservation (highly recommended for summer), visit go.nps.gov/RockyWildernessCamping.

**A $26 fee is required May 1 to October 31. This nonrefundable, non-exchangeable, administrative fee must be paid when reservations are made.**

To protect visitors and wildlife, wilderness campers must use carry in/carry out, commercially-manufactured, hard-sided, bear-resistant food storage containers in all areas of the park between April 1 and October 31. Container may be rented or purchased at outdoor shops in nearby communities.

**Leave No Trace**
Over four million people visit Rocky every year. Whether hiking, camping, or driving, keep your park beautiful by practicing Leave No Trace Ethics.

- Plan ahead and prepare
- Travel and camp on durable surfaces
- Dispose of waste properly
- Leave what you find
- Minimize campfire impacts
- Respect Wildlife
- Be considerate of others.

Sprague Lake Accessible Wilderness Campsite
Contact the Wilderness Office at 970 586-1242. 12 campers with up to five wheelchair users can stay at the site. A $26 administrative permit fee is required from May 1 to October 31.

6 Rocky Mountain National Park, Colorado
Park Partners

Did You Know That Rocky Mountain National Park Has Sisters?

It’s true! Rocky has “sister” park relationships with national parks in Poland, Slovakia, and Costa Rica.

Eight years ago, Rocky Mountain National Park signed a sister park agreement with the Tatra National Parks in Poland and Slovakia. All three are mountain parks and international biosphere reserves.

In 2012, Rocky signed another agreement with the Monteverde Cloud Forest, Santa Elena Cloud Forest Reserve, Children’s Eternal Rainforest, and Arenal National Park in Costa Rica. What do we share with places in Costa Rica? Birds! Over 150 species of birds, like the Yellow-rumped Warbler (lower right), share the ecosystems of Rocky and Costa Rica.

Since 2007, we have engaged in staff exchanges and conferences, started joint science projects, and shared ideas and lessons learned. Issues that once seemed specific to a single park or country are now seen through a global lens and recognized as common to many protected areas.

The future of protected areas is international. As Shakespeare said, “One touch of nature makes the whole world kin.” Working with colleagues in our sister parks reminds us to think a bit larger in preserving our global landscapes for future generations.

At Rocky Mountain Conservancy Nature Stores,
Your Purchase Makes A Difference

The best Rocky Mountain National Park t-shirts, games, toys, books, maps and other interesting items are here, at any of the Rocky Mountain Conservancy Nature Stores located in park visitor centers. When you make a purchase from our nonprofit organization, proceeds are returned to the park, supporting important educational and research programs. Drop by today.

Visit Conservancy Nature Stores at:
Alpine Visitor Center  •  Beaver Meadows Visitor Center
Fall River Visitor Center  •  Kawuneeche Visitor Center
Moraine Park Visitor Center
www.RMConservancy.org

Love Rocky Mountain National Park?
Help Us Make it Even Better!

If you’ve walked the Lily Lake Trail, explored the Fall River Visitor Center, or introduced a child to nature through the park’s Junior Ranger Program, you know our work.

Become a Member or Donate Today!
www.RMConservancy.org

Rocky Mountain Field Institute

Educational Bus Tours in Rocky!

Grand Lake Safari Adventure
Tuesdays, June 9 - August 25
Journey to the Top! Trail Ridge Rd Adventure
Wednesdays & Thursdays, June 10 - Sept. 3
Trail Ridge Sunset Safari Adventure
Fridays, June 13 - September 5
Elk Expeditions
Thursdays, Fridays, Saturdays & Mondays Sept. 10 - October 17

Call 970-586-3262 or register at park visitor centers!

www.RMConservancy.org

Elevate Your Shopping Experience

Take the trail to the clouds and not only will you find breathtaking vistas, you’ll find the best selection of Rocky Mountain National Park souvenirs including an amazing selection of authentic Native American gifts. Plus, enjoy a bite to eat at our café and coffee bar.

VISIT US AT THE TOP OF TRAIL RIDGE ROAD

trailridgefrostore.com

Official Newspaper, Fall 2016  7
Free Shuttle Bus

**Hiker Express Route**
Daily Service: June 25 to September 11
Weekends: September 17 to October 10

Buses run between the Estes Park Visitor Center and the RMNP Park & Ride. The only stop on this express route is Beaver Meadows Visitor Center.

The first bus leaves the Estes Park Visitor Center at 7:30 am. The last bus leaves for Estes Park at 8 pm.

Buses run on an hourly schedule early and late in the day and a half-hour schedule from 11 am to 6 pm.

A park pass is required to board the Hiker Shuttle. It may be purchased at the Park & Ride.

**Bear Lake Route**
Daily Service: May 28 to October 10

Buses run daily between Park & Ride and Bear Lake, leaving Park & Ride every 10 to 15 minutes from 7 am to 7:30 pm.

The Bear Lake Route is based at the Park & Ride shuttle bus parking area across from the Glacier Basin Campground.

**Moraine Park Route**
Daily Service: May 28 to October 10

Buses run daily between Park & Ride and Fern Lake Bus Stop, leaving Park & Ride every 30 minutes from 7 am to 7:30 pm.

The Moraine Park Route is based at the Park & Ride shuttle bus parking area across from the Glacier Basin Campground.

**Free Shuttle Service at a Glance**

<table>
<thead>
<tr>
<th>ROUTE</th>
<th>SCHEDULE</th>
<th>DATES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hiker Shuttle Express</td>
<td>Hourly 7:30 am to 11 am</td>
<td>Daily thru Sep 11</td>
</tr>
<tr>
<td></td>
<td>30 min 11 am to 6 pm</td>
<td>Weekends Sep 17-Oct 10</td>
</tr>
<tr>
<td></td>
<td>Hourly 6 pm to 8 pm</td>
<td>Daily thru Oct 10</td>
</tr>
<tr>
<td>Bear Lake Route</td>
<td>10–15 min 7 am to 7:30 pm</td>
<td>Daily thru Oct 10</td>
</tr>
<tr>
<td>Moraine Park Route</td>
<td>30 min 7 am to 7:30 pm</td>
<td>Daily thru Oct 10</td>
</tr>
</tbody>
</table>

**Notes and Tips**

There are no shuttle bus services to Longs Peak trailhead, Wild Basin, on the west side of the park, or across Trail Ridge Road.

There are several commercial shuttle tours in the Estes area. Contact the Estes Park Visitor Center for Information 800 443-7837 or visitestespark.com

There are no bike racks on shuttle buses.

Most shuttle buses are accessible and can accommodate wheelchairs. Contact shuttle staff or rangers if accommodation is needed.

Dogs are not allowed on shuttle buses. Except service animals that have been individually trained to perform specific tasks for the benefit of persons with disabilities (see page 2 for more on service animals).

Fall weekends are the busiest days of the year.
To visit the Bear Lake corridor after 10 am on weekends, park at the Estes Park Visitor Center and ride the free Hiker Shuttle.