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Hudson River Valley Ramble

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Kevin Burke, Co-Chair, Hudson River Valley National Heritage Area;
Chairman, Greenway Conservancy for the Hudson River Valley, Inc.
Scott Keller, Acting Director, Hudson River Valley National Heritage Area, Hudson River Valley Greenway
Basil Seggos, Commissioner, New York State Department of Environmental Conservation
With Fran Dunwell, Special Assistant and Hudson River Estuary Coordinator, NYSDEC
Rose Harvey, Commissioner, New York State Office of Parks, Recreation and Historic Preservation
Howard Zemsky, President, CEO & Commissioner, Empire State Development

FOR MORE INFORMATION:

Hudson River Valley Ramble (518) 473-3835 hudsonrivervalleyramble.com
Hudson River Valley National Heritage Area; Hudson River Valley Greenway (518) 473-3835
hudsonrivervalley.com; hudsongreenway.ny.gov; hudsonrivergreenwaywatertrail.org
NYSDEC Estuary Program (845) 256-3016 www.dec.ny.gov/lands/4920.html
NYS Office of Parks Recreation, and Historic Preservation www.nysparks.com
New York State Division of Tourism (800) CALL-NYS www.iloveny.com
Hudson Valley Tourism (800) 232-4782 www.travelhudsonvalley.org
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On the cover, top left to right:
Hudson Valley Sunset Kayak Tour, Untermyer Garden Tour, Roe Jan Bike Tour, Yoga at Harriman

All photos by Suzy Allman except where noted.
Page 5, courtesy of NYS Office of Parks, Recreation and Historic Preservation; Page 6, courtesy of NYS Empire State Development

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Discover an American Legacy

Traveling down the Hudson River, named by Native Americans as “the river that flows both ways,” you discover people, places, and events that made American history. The cultural, historic, and scenic resources of the Hudson Valley are so numerous, so varied, and so compelling that it’s no wonder Congress recognized the Hudson River Valley as a National Heritage Area in 1996. The National Park Service called the region the “landscape that defined America.” Its political importance was demonstrated early in our history when the river played a critical role in the Revolutionary War.

The many streams and waterfalls of the tributaries of the Hudson River powered early sawmills and gristmills. The river and its landscapes inspired the Hudson River School painters. Sublime and picturesque paintings by Thomas Cole, Frederic Church, and Asher Durand depicted this unique American landscape for the world to witness. Industrialists and commercial leaders like William and John D. Rockefeller, Frederick Vanderbilt, J.P. Morgan, and Ogden Mills built their great estates along the Hudson River.

Extending from Waterford, just north of Albany, to the northern border of New York City, the Hudson River Valley National Heritage Area encompasses over 4 million acres. The region is home to seven National Historic Sites, 66 National Historic Landmarks, 128 historic districts, and over 1,000 sites listed on the National Register of Historic Places. The Hudson River Valley National Heritage Area is managed by the Hudson River Valley Greenway with technical and financial support from the National Park Service.

Visit hudsonrivervalley.com to plan your trip, order our Heritage Site Guidebook, or download our Train Tour App: hudsonrivervalley.com/app

Explore the Hudson River by Kayak

The Hudson River Greenway Water Trail Map/Guides provide detailed information on the more than 100 water trail access points from the Adirondack Park to New York City. The companion mobile website features a trip planner, and allows users to find river access points and outfitters on the go. HudsonRiverGreenwayWaterTrail.org
The Hudson River Valley Ramble celebrates the history, culture, and natural resources of the Hudson River Valley National Heritage Area, as well as the amazing landscapes, communities, and trails throughout the region. Throughout the month of September, the Ramble features guided outdoor adventures from Saratoga to New York City. In 2017, more than 92,000 people attended Ramble events. Whether you are interested in a challenging hike, bike ride, or paddle; an inspiring walk through the grounds and homes of some of the Valley’s most notable artists, authors, and great Americans; a trip back in time to experience the significant role the region played in the Revolutionary War; or a family-fun festival or river exploration event, the Hudson River Valley Ramble truly offers something for everyone!

On the web: HudsonRiverValleyRamble.com
The Hudson River Estuary

For nearly half its 315-mile length, the Hudson River is an estuary, an arm of the sea where fresh water from the river’s Adirondack headwaters and numerous tributaries meets and mixes with salty ocean water. From the dam at Troy, the Hudson River estuary ebbs and flows for 153 miles to New York Harbor, creating a rich ecosystem pulsing with life. Its waters and tidal marshes provide habitat for more than 200 species of fish, and nursery areas for key commercial and recreational species including striped bass, American shad, bluefish, and blue crab. Bald eagles, herons, and waterfowl feed on the Hudson’s bounty while nesting and migrating. Protected by surrounding forest lands, the streams of the estuary’s watershed supply drinking water to millions. The Ramble features estuary-themed events sponsored by the NYS Department of Environmental Conservation’s Hudson River Estuary Program and partners, which are denoted by the Atlantic sturgeon symbol:

The Estuary Program leads a regional effort to ensure clean water, protect and restore fish, wildlife, and their habitats; provide education and river access; adapt to climate change; and conserve world-famous scenic views. The program is guided by the Estuary Action Agenda, a forward-looking plan developed with input from communities up and down the river. The Action Agenda’s success comes from partnerships with several agencies, local governments, and regional organizations. For information on the Hudson River estuary, the Estuary Program, and how to partner in this conservation effort, visit: www.dec.ny.gov/lands/4920.html.

The annual Hudson River Valley Ramble is an event New Yorkers look forward to all year long and DEC is a proud partner in the Ramble. The Hudson Valley has some of the state’s best outdoor recreational opportunities, spectacular natural habitats, and wildlife. Directed by Governor Cuomo, New York State is making big investments in safeguarding these natural habitats while improving access to state lands and forests. DEC is once again proud to highlight the Hudson Valley region for residents and visitors to enjoy.”

STATE DEPARTMENT OF ENVIRONMENTAL CONSERVATION (DEC) COMMISSIONER
Basil Seggos

“In celebration of National Estuaries Week, the Hudson River Valley Ramble highlights the wetlands, wildlife, and water resources that make the Hudson a world-famous estuary. The New York State Department of Environmental Conservation’s Hudson River Estuary Program and partners present a series of land and water explorations that will open your eyes to the wonders of “the river that flows both ways.” Estuary events are marked with the sturgeon icon: 🐟 Look for the many ways you can explore the Hudson River estuary during the Ramble. Experience the Hudson River estuary up close through boating and paddling events, learning about life along the shore and in the marshes, and exploring the far reaches of the Hudson River estuary watershed.

NATIONAL ESTUARIES WEEK
SEPTEMBER 15-22, 2018

Each year in late September, people across the country celebrate these magical places where fresh water from rivers mixes with salt water from the ocean. Estuaries connect rivers and oceans and are used as spawning grounds and nurseries by at least two-thirds of the nation’s commercial fish and shellfish. Tidal wetlands associated with estuaries protect uplands from coastal flooding and provide habitats for migratory birds. Estuaries also offer recreational opportunities such as swimming, boating, and bird watching. To learn more, go to www.estuaries.org.

NORRIE POINT FISH AND CANOE SATURDAY, SEPTEMBER 9, 2018

Join Research Reserve staff on a short, guided tidal marsh paddle (numbers limited, all equipment provided). You can also angle for fish off our wheelchair accessible patio. All equipment provided by “I Fish NY”.

More info: Jim 845-889-4745 x 109
james.herrington@dec.ny.gov.

A DAY IN THE LIFE OF THE HUDSON RIVER AND HARBOR, OCTOBER 16, 2018

A Day in the Life of the Hudson River Estuary brings schools to the river to celebrate the Hudson and educate participants about our unique estuary. Part of National Estuaries Day, the event is coordinated by the Hudson River Estuary Program in partnership with Columbia University’s Lamont-Doherty Earth Observatory. Each fall, environmental educators team with school classes to collect data that will create an ecological snapshot of the estuary from the Federal Dam in Troy to New York Harbor. This year’s event will take place at approximately 80+ sites throughout the estuary. For more information, visit www.dec.ny.gov/lands/47285.html.

Hudson River Estuary Themed Series

Join Research Reserve staff on a short, guided tidal marsh paddle (numbers limited, all equipment provided). You can also angle for fish off our wheelchair accessible patio. All equipment provided by “I Fish NY”.

More info: Jim 845-889-4745 x 109
james.herrington@dec.ny.gov.

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Explore State Parks and Historic Sites

The state park system is one of New York’s greatest treasures, encompassing more than 250 diverse state parks, historic sites, recreational trails, golf courses, and boat launches, with 350,000 acres of protected land and water. Governor Andrew M. Cuomo has recognized the importance of our park system with his NY Parks 2020 plan to invest $900 million in public and private funds in the state park system by 2020. This fall we are proud to once again participate in the 2018 Hudson River Valley Ramble, showcasing some of our flagship properties and hidden gems. Our Ramble lineup features a wide variety of engaging events and programs, from historic house tours, to battle reenactments, guided hikes, walks, nature education, and adventures. New York’s state parks and sites are always chock-full of opportunities to explore and make one’s visit memorable. For information on New York State parks and historic sites, visit us at parks.ny.gov and follow us on facebook at www.facebook.com/nystateparks.

Taconic State Park, Copake Falls Area, Columbia County.

General Ulysses S. Grant Cottage Historic Site, Wilton, Saratoga County.

Minnewaska State Park Preserve, Kerhonkson, Ulster County.

The beautiful Hudson River Valley – steeped in natural resources, treasured history, and culture – has something for everyone, and it’s all showcased during this extraordinary celebration. I encourage visitors to pack itineraries full with a variety of events – from hikes, paddling, historic tours, and more – and then to come back in other seasons and experience all the area has to offer again and again.”
Find what you love in New York State with getaways for the whole family. Wonderful attractions, breathtaking landscapes and rich heritage provide a dazzling variety of places to experience and activities to enjoy. With 11 beautiful vacation regions, New York’s destinations span from the white sand beaches of Long Island, to the wineries of the Hudson Valley, the high peaks of the Adirondacks, mighty Niagara Falls, and everywhere in between.

Whether it’s outdoor activities like fishing, hiking and boating, farm-to-table food and craft beverages, or cultural sites and museums along New York’s Path Through History, the Empire State offers something for everyone.

To plan your trip, including information on events, attractions and accommodations, visit iloveny.com or dial (800) CALL-NYS.

"The Hudson River Valley Ramble provides the perfect opportunity to enjoy the picturesque scenery, local food and beverages, and friendly Hudson Valley communities. With events taking place every weekend in September, residents and visitors alike are encouraged to plan a trip and experience the fun and history of the area firsthand."
Distinctly Dutchess

IT’S UNEXPECTED...BUT IT’S
Dutchess County offers unexpected outdoor adventures, from the world’s longest elevated bridge to open-air rides in vintage biplanes.

Spend your weekend on the trail, on the course, on the range, or on the Hudson River. Experience it in 360° VR: dutchesstourism.com/360

FEATURED:
Wassaic Art Project

UPCOMING EVENTS

September 1 & 2
ART STUDIO VIEWS
A free self-guided tour of 30 Open Studios celebrating community art throughout Dutchess County.
ArtStudioViews.com

September 8 & 9
HUDSON VALLEY WINE & FOOD FEST, RHINEBECK
Experience wines, distilled spirits, craft brews, and gourmet specialty foods all in one beautiful location.
HudsonValleyWineFest.com

September 15th
HUDSON RIVER CRAFT BEER FESTIVAL, BEACON
Sample over 180 craft breweries while enjoying live music, local vendors and delicious food.
AmericaOnTap.com/event/Hudson-river-craft-beer-festival
Note: We make every effort to ensure accuracy of event listings. However, due to weather and other factors, information may change between the time of publication and the time of each event. We encourage all participants to verify dates and times with the listed Ramble leader for each event.

FOR DETAILED MAPS AND DIRECTIONS
www.hudsonrivervalleyramble.com

TRAIL TIPS
1. Look for “Ramble” signs directing you to each trailhead.
2. Wear sturdy shoes: for hikes, an over-the-ankle boot.
   No flimsy flats, flip-flops, sandals, or bare feet.
3. Long pants are recommended for walks/hikes in rural terrain.
4. Carry a water bottle.
5. Bring snacks/lunch for hikes lasting several hours.
6. Bring a rain jacket.
7. Stay on the trail.
8. Never get out of sight of the guide.
9. If you have to leave a walk before it’s completed, notify the leader.
10. Don’t remove any foliage, flowers, rocks, or other items.
11. Carry it in. Carry it out. Leave nothing behind but your footprints.

Many Ramble events are accessible by train!

METRO-NORTH RAILROAD
Metro-North has over 120 stations throughout the region with service to/from Grand Central Terminal in Midtown Manhattan and the Hudson Valley.

Get travel information at mta.info/mnr or call 511; outside New York State call (877) 690-5114.

Easy to go, easy to save with discount rail packages for the top tours, attractions, and events mta.info/mnr/getaways.

Amtrak (800) USA-RAIL
www.amtrak.com

Coach USA
www.coachusa.com

Trailways (800) 776-7548
www.trailwaysny.com

While many events are accessible by public transportation, others require a car. The region is served by several rental car companies. Check Metro North’s website for current information on discounted car rental and station availability.
for seasonal leisure

Stroll the streets of New York’s first capital.
Sip your way across an 80-mile wine trail.
Sleep in a stunning mountain resort.
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ulstercountyalive.com

U L S T E R  C O U N T Y
N E W  Y O R K

FIND Rockland County

Rockland County is your gateway to the wonders of the Hudson Valley. Magnificent views, soulful hikes, charming hospitality, award-winning cuisine, unique entertainment, and rich history—Rockland County offers the best of the Hudson Valley while celebrating the vibrance and diversity of New York State.

ExploreRocklandNY.com

The Hudson Valley Starts Here.
1. **Friends & Family Labor Day Weekend of Hiking, Kayaking, Swimming & Camping**

   **8/31 3:00PM**
   The Stephen & Betsy Corman AMC Harriman Outdoor Center
   200 Breakneck Road, Haverstraw 10927
   (212) 986-1430
   harrimanreservations@amc-ny.org

   In the mornings after breakfast, we’ll explore the local trails around the camp, all of which have great views. In the afternoons, we’ll kayak around the lake, exploring the quiet stretches of water at the opposite side of Breakneck Pond and hopefully see a mating pair of great blue herons. Before dinner in the Dining Hall, there will be time to go for a cooling swim in the lake or hang out on the swim dock. After dinner, we can enjoy a campfire or a sunset paddle. 4 days/3 nights.

   **Registration:** Register by 8/22 for Early Bird Prices. Register online at https://activities.outdoors.org/search/index.cfm/action/details/id/105917.


   **Portion wheelchair accessible:** AMC Harriman Outdoor Center is partially ADA accessible, including the Camp Office, Bathhouse, Family Cabins, some paths. Shelters & Tent Platforms are not ADA accessible.

   **Additional equipment:** Tent and camping gear is provided. BYO or purchase meals.

2. **Using Your Tripod in Nature Photography & Labor Day Weekend Getaway**

   **8/31 3:00PM**
   The Stephen & Betsy Corman AMC Harriman Outdoor Center
   200 Breakneck Road, Haverstraw 10927
   (212) 986-1430
   harrimanreservations@amc-ny.org

   Commune with nature while honing your photography skills on this 4 days/3 nights Labor Day Weekend Getaway. This weekend is perfect for amateur photographers who want to improve their skills and for anyone who just wants to enjoy one last summer holiday in the beautiful Hudson River Valley. If you don’t plan to join the photography workshop, take advantage of our prime location in the heart of Harriman State Park to hike, boat, swim, and relax.

   **Registration:** Register by 8/22 for Early Bird Prices.

   **Fee:** Early Bird Prices
   Cabin: $245 members / $320 non-members
   Camping: $175 members / $235 non-members

   After August 22 midnight
   Cabin: $265 members / $340 non-members
   Camping: $195 members / $255 non-members

   **Not suitable for children under:** 13

   **Portion wheelchair accessible:** AMC Harriman Outdoor Center is partially ADA accessible, including the camp office, bathhouse, family cabins, some paths. Most cabins, shelters & tent platforms are not ADA accessible.

   **Additional equipment:** Photography equipment: DSLR Camera, lenses, laptop or tablet & cables.

   **Additional activities:** Hiking, Canoeing, kayaking, and swimming available at camp.

3. **The Original Knickerbocker - Washington Irving & The Legend of Sleepy Hollow**

   All Ramble Weekends 11:00AM
   Sleepy Hollow Cemetery - South Gate
   430 North Broadway, Sleepy Hollow 10591
   (914) 631-0081
   christina@sleepyhollowcemetery.org

   Trace the footsteps of Washington Irving’s most famous character, Ichabod Crane, in “The Legend of Sleepy Hollow,” as we walk to the author’s final resting place. Learn more about the talented Mr. Irving and his influence on popular culture today. We will also enter the cemetery’s over-118-year-old Receiving Vault, stop at a Revolutionary War monument, as well as admire the cemetery’s lovely art and architecture during this one-hour walking tour.
5. Senator David Carlucci’s Hike with Your Senator

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<th>Time</th>
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<td>9:01</td>
<td>Senator David Carlucci’s Hike with Your Senator</td>
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**Description:**
Explore the historic home and former farm of Horace Greeley in Chappaqua. Visitors may tour Greeley’s second home and historic former farm, and take a walking tour of his former farm. Additional activities: Guided house tour and self-guided outdoor walking tour.

**Notes:**
Some gravel and dirt paths and one gentle, climbing slope. Not suitable for children under: 7 Portion wheelchair accessible: The historic home is wheelchair accessible. The historic walking tour of Greeley’s former farm is not wheelchair accessible.

6. Down to Earth Ossining Farmers Market

**Description:**
The Ossining Farmers Market is in its 27th year in the heart of the village. It features New York farms and local food makers, including ready-to-eat options. Ossining Village can be reached by foot from the Metro-North station and the farmers market is on the Old Croton Aqueduct walking path.

**Metro North station:** Ossining

7. Rock Trail at Ward Pound Ridge Reservation Hike

**Description:**
Hike through varied terrain through forests, meadows and views connecting six major rock formations. Rated difficult due to length and terrain. Meet Michigan Road parking lot, Ward Pound Ridge Reservation.

**Notes:**
Flat surface Difficulty: Moderate Length: 2 miles Duration: 2.5 hours Not suitable for children under: 7 Additional equipment: Hiking shoes and plenty of water please. Led by Bonnie Robins.

8. Mind, Body, Spirit — Ossining

**Description:**
For the third year in a row, the Town of Ossining is partnering with local fitness and wellness businesses to offer free classes to the public on summer weekends at a Town or Village Park or open space. Every Saturday through September, Sue Radparvar of Studio95 Zumba in Ossining will host classes at 3PM at Louis Engel Waterfront Park, open to all ages. More events may be added with additional instructors. For more information, please visit Ossining website at www.townofossining.com/cms/projects/mind-body-spirit-ossining.

**Metro North station:** Ossining

9. Down to Earth Piermont Farmers Market

**Description:**
The Piermont Farmers Market is a grower-producer market in the heart of the village, featuring local farms and food makers. Charming Piermont Village is a popular stop-off for day bikers and the farmers market is walking distance to the Piermont Hudson River Pier and adjacent to Flywheel Park. 9:30AM to 3:00PM.

**Metro North station:** Piermont

10. Walk the Piermont Pier with Richard Esnard

**Description:**
We will meet in the parking lot behind Confetti Restaurant on Ash Street. Richard Esnard of the Piermont Historical Society will lead a historic walking tour—one first through early 19th century Bogertown (on Paradise Avenue) and then onto Piermont’s pier. Enjoy the exceptional views while learning of the impact the Hudson River and the pier had on the village and during WWII. Return to the parking area via Flywheel Park.

**Notes:**
Flat Difficulty: Moderate Length: 2 miles Duration: 2.5 hours Not suitable for children under: 7 Additional equipment: Water, hat, walking stick, and good walking shoes.

11. Lyndhurst Landscape Ramble

**Description:**
To celebrate the Hudson River Ramble, we will be offering a tour of the historic grounds at Lyndhurst, a Gothic Revival masterpiece overlooking the Hudson River. The site reflects nearly 175 years of life on the Hudson River contained in 67 park-like acres that include 16 structures, such as a Lord & Burnham steel-framed greenhouse complex and the oldest regulation bowling alley in the United States. Lyndhurst’s magnificent grounds contains an award-winning rose garden, a fern garden, rock garden, specimen trees, the now-aged lindens for which the property was named, and spectacular views of the Hudson River. Landscape Ramble tours will be held at 10:30AM on Sundays, September 3rd, 10th, and 24th.

**Notes:**
Lyndhurst welcomes all visitors, but please note that this tour requires extensive walking on hilly grounds for about two hours outside and is not recommended for visitors with disabilities or difficulty walking.

**Registration:**
www.showclix.com/event/gardens-grounds-and-bowling-walking-tour

**Fee:**
$18 per person.

12. Tour of Untermyer Gardens

**Description:**
The tour will highlight aspects of what was called “America’s Most Spectacular Garden” in the 1920s. Great emphasis will be given to the history of the design and owners plus exceptional horticulture.

**Notes:**
Not suitable for children under: 10 Additional equipment: Wear comfortable walking shoes.

**Metro North station:** Greystone
13. **Piermont’s Station Museum**

9:20 9:15 9:40 12:00PM

Piermont Station
50 Ash Street, Piermont 10968
(917) 509-5429
lolaesnard@gmail.com

Visitors can hike to the station along the scenic Erie Path. Learn about Piermont’s unique and diverse history that includes displays on Piermont’s role in the American Revolution and in WWII as well as the longest railroad in the world, which in 1851 left from Piermont’s pier to Lake Erie. Parking is available on site.

**Additional activities:** Two short historic documentaries on Piermont can be viewed in audio room on second floor of museum at no cost.

14. **Hart’s Brook Park & Preserve Nature Walk**

9:28 10:00AM

Harts Brook Park and Preserve
156 Ridge Road, Hartsdale 10530
(914) 693-8985 x116
pmurphy@greenburghny.com

Guided tour of the Hart’s Brook Preserve’s barn, greenhouse, and master gardens. Learn the interesting history of the Hart’s Brook Park and Preserve’s property. Explore one of the wooded trails with a member of the Greenburgh Parks & Recreation park staff. Families welcome! Wear comfortable shoes and bring a water bottle.

**Notes:** Wooded trails are slightly rocky but level.

**Registration:** Call or email name and phone number.

**Difficulty:** Easy

**Length:** 1–1.5 miles

**Duration:** 2 hours

**Not suitable for children under:** 4

**Additional equipment:** Leashed pets are welcome on the trails. No pets are allowed in the barn.

**Metro North station:** Hartsdale

15. **John Jay’s Not-So-Big City: A Walk Through the History of Old New York**

9:28 10:00AM

Lower Manhattan- Bowling Green
Broadway & Morris Street, New York 10004
(914) 232-5651 x107
bethany.white@parks.ny.gov

Founding Father John Jay was a native son of New York City, but the city he knew was not the metropolis we know today. This tour takes us along many of the same streets John Jay walked as we visit locations where he lived, worked, played, and prayed.

**Notes:** Some uneven paved surfaces.

**Registration:** Register by 8/25. Register at johnjayhomestead.org/events

**Fee:** $20; $15 members Friends of John Jay Homestead.

16. **Saw Mill River Heritage Tour**

9:28 10:00AM

Philipse Manor Hall and Downtown Yonkers
29 Warburton Avenue, Yonkers 10701
(914) 965-4027 x102
robert.lee@parks.ny.gov

Philipse Manor Hall and downtown Yonkers have both shaped and been shaped by the Saw Mill River. This walking tour follows the Saw Mill, or Nepperhan, River from its mouth at the Hudson. Patrons will learn about the growth and development of Yonkers from 1682 to the present and discuss how these changes in Yonkers are connected to larger trends in New York and United States history.

**Notes:** Walking tour along city street with gradual hills. The tour begins at Philipse Manor Hall State Historic Site and ends in nearby Van der Donck Park, across the street from the Manor Hall.

**Fee:** Cash or check only. $5 per adult $3 per senior or student. Free for members of the Friends of Philipse Manor Hall and children under 12 years old.

**Difficulty:** Moderate

**Length:** 1 mile

**Duration:** 1.5 hours

**Not suitable for children under:** 5

**Metro North station:** Yonkers

“Really fun! The hosts were very friendly and it was a beautiful day.”

— Ellie G.
17. Free Sails with Ferry Sloops from Croton-on-Hudson
98 11:00AM
Croton Yacht Club
6 Elliott Way, Croton-on-Hudson 10520
(914) 841-3107
info@ferrysloops.org
The sails aboard Whimbrel, our sloop-rigged Catboat, will depart at 11AM, 1PM, 2PM, and 3PM. Each sail will be approximately 45 minutes long. The free sails are on a “first come, first served” basis. No reservations will be accepted prior to the sail day. Guests can sign up at the Ferry Sloops table in the tent beginning at 10AM for any of the day’s scheduled sail times. Limit of 4 passengers per sail. The boat’s captain reserves the right to cancel any or all of the day’s sails, if weather conditions make it unsafe for sailing. There is no rain date. Free parking is available on the street and in the Croton Landing parking lot. Do not park in the Croton Yacht Club.
Not suitable for children under: Passenger age requirement: must be at least 12 years old, under 18 years old must be accompanied by parent or adult guardian (no exceptions).
Metro North station: Croton-Harmon

18. Hudson River Birding Ramble
98 8:00AM
Stony Point Battlefield State Historic Site
44 Battlefield Road, Stony Point 10980
(845) 786-2521
michael.sheehan@parks.ny.gov
Presented by Della and Alan Wells of the Rockland Audubon Society. These experts will lead a walk through the diverse bird habitats found at Stony Point Battlefield in search of neo-tropical birds on their fall migration. First-time birders are welcome, and experienced birders will enjoy exploring the location of a wonderfully accessible birders paradise. Gates open 7:45
Not suitable for children under: 12
Additional equipment: Please bring binoculars if you have them.

19. Bird Walk: Experience the North County Trailway
98 8:00AM
Yorktown Heights 10598
(914) 302-9713
info@bedfordaudubon.org
The Bedford Audubon Society’s naturalist Tait Johansson will lead a nature walk focused on birds, near the peak of fall migration. We will be following the Trailway south over the reservoir through woods and shrubland in search of migrants and year-round residents. Meet at the parking lot at the intersection of the Trailway and Route 118 in Yorktown.
Notes: Some easy walking through woods and shrubland.
Registration: Please register with Susan at info@bedfordaudubon.org and note if you need to borrow binoculars.
Difficulty: Easy
Length: 1.5 miles
Duration: 2 hours
Not suitable for children under: 7
Additional equipment: Binoculars recommended.

20. Brinton Brook Audubon Hike
98 9:00AM
Brinton Brook Audubon Sanctuary
Route 9A, Croton-on-Hudson 10520
(914) 666-6503
office@sawmillriveraudubon.org
Explore the 156 acres of Brinton Brook Audubon Sanctuary overlooking the Hudson River in Croton-on-Hudson with Saw Mill River Audubon. Two-hour leisurely nature walk with optional 1.5 hour extension to the highest point in Croton on the Village’s Highland Trail. Wear sturdy shoes and bring water. Binoculars are helpful. Please note: no restrooms on property.
Notes: Moderate slopes, some uneven rocky surfaces.
Registration: By Friday, 9/7, 4PM by phone or email.
Difficulty: Moderate
Length: 3 miles
Duration: 3 hours
Not suitable for children under: 6

21. The “Wildman” Returns! Foraging for Wild Edibles
98 9:00AM
Teatown Lake Reservation
1600 Spring Valley Road, Ossining 10562
(914) 762-2912 x110
teatown@teatown.org
America’s go-to guy for foraging, naturalist/author “Wildman” Steve Brill, will lead a 2.5 hour foraging tour sharing his skill and passion for wild edibles. Teatown is a rich natural area full of edible and medicinal wild plants and mushrooms. The trails that encircle the lake guarantee an abundance of many common late summer herbs, greens, berries, and fungi.
Registration: 9/7 by phone.
Fee: Adults $20, Teatown members $15 children 12 and over and $10.
Difficulty: Moderate
Length: 1.5 miles
Duration: 2 hours
Not suitable for children under: 12

22. Highlands Bluegrass Festival at Harmony Hall
99 1:00PM
Harmony Hall - Jacob Sloat House
15 Liberty Rock Road, Sloatsburg 10974
(845) 712-5220
gaeoffwelch@gmail.com
Banjo great Tony Trischka returns to our outdoor stage for the 9th Annual Highlands Bluegrass Festival. Tony Trischka Territory teams Tony with some very talented musicians. Also appearing this year is a terrific bluegrass band from New Jersey: Blue Plate Special! A third band is to be announced. All this in a beautiful Ramapo River Valley setting on the Great Lawn of Jacob Sloat’s 1848 mansion, Harmony Hall, a National Register of Historic Places Site in Sloatsburg, NY. Harriman and Sterling Forest State Parks are nearby in the surrounding ancient and scenic Ramapo Mountains.
Additional equipment: Bring a lawn chair or blanket.
Additional activities: The festival also features quality local crafts, delicious local foods, children’s amusements, historic displays, Highlands Region environmental displays, and information. Dining is also available nearby at Characters, Sushiville, Seven Lakes Station, Rhodes Tavern, and coming soon, the exciting new Valley Rock Inn!
Metro North station: Sloatsburg

23. Cranberry Lake Preserve Hike
99 10:00AM
1609 Old Orchard Street, White Plains 10604
(914) 274-0449
theroad2ruins@gmail.com
Join David Steinberg, author of “Hiking the Hudson River Valley.” Uncover the secrets and mysteries hidden in plain sight. Meet at the Nature Center
Notes: Woods roads, some bushwhacking, climb up to top of quarry, steep drop-offs, opportunity to quit early if so desired.
Difficulty: Moderate
Length: 3 miles
Duration: 4 hours
Additional equipment: Bring your own lunch.
24. Elemental Forces  
**9/15 11:00AM**  
The Catherine Konner Sculpture Park at Rockland Center for the Arts  
27 South Greenbush Road, West Nyack 10994  
(845) 358-0877  
exhibitions.roca@gmail.com  
This public art exhibit invited artists to create sculptures using renewable energy utilizing solar, wind, and geothermal to the potential of alternative energy. These sculptures set in The Catherine Konner Sculpture Park harness a component of renewable energy. Open dawn to dusk 7 days a week.  
**Registration:** Suggested registration by phone.  
**Additional activities:** There will be a guided tour of Sculpture in the Woods immediately following this tour. There is also a free opening reception of the current indoor exhibits the same day.

25. Sculpture in the Woods  
**9/16 11:30AM**  
Rockland Center for the Arts  
27 South Greenbush Road, West Nyack 10994  
(845) 358-0877  
exhibitions.roca@gmail.com  
Rockland Center for the Arts, in partnership with Collaborative Concepts, has sited sculptures by 15 regional artists on RoCA’s new nature trails, just off the Catherine Konner Sculpture Park. Inspired by the natural habitat of the lower Hudson Valley, the sculptors pay homage to the creative spirit that lives right here in Rockland. Artists address ideas of light, organics, recycling, and sustainability through these sculptures.  
**Registration:** There are two guided tours 9/9 and 10/7, but the public can come in for a self-guided tour any day of the week, through 10/30, free and open to the public from dawn to dusk.  
**Additional activities:** Guided tours include an opening reception of the current indoor exhibits.

26. Fall Crafts at Lyndhurst  
**9/14 9/15 9/16 10:00AM**  
Lyndhurst Estate  
635 South Broadway, Tarrytown 10591  
(845) 331-7900  
crafts@artrider.com  
Fall Crafts at Lyndhurst showcases over 275 modern American makers, artists, designers, and craftspersons from across the country and is a celebration of all things handmade. Fall Crafts at Lyndhurst offers a full-day art and shopping experience for the entire family. Truly a destination event not to miss, along the coast of the inspiringly beautiful Hudson River. The show includes one-of-a-kind and limited-edition creations in every material imaginable. A benefit for Lyndhurst and the National Trust for Historic Preservation.  
**www.artrider.com.**  
**Fee:** $12 weekend pass, $11 seniors, kids 6-16 $4, under 6 free. Discount admission coupons available at www.artrider.com.  
**Registration:** Free admission on followings: 10/3, 10/4, 10/6, 10/13, and 10/14. Registration required by phone.  
**Additional activities:** There will be a guided tour of Sculpture in the Woods immediately following this tour. There is also a free opening reception of the current indoor exhibits the same day.

27. Free Sails with Ferry Sloops from Ossining  
**9/16 10:00AM**  
Shattemuc Yacht Club  
1 Westerly Road, Ossining 10562  
(914) 841-3107  
info@ferryloops.org  
The sails aboard Whimbrel, our sloop-rigged Catboat, will depart at 10AM, 11AM, 12PM, 1PM, 2PM, and 3PM. Each sail will be approximately 45 minutes long. The free sails are on a “first come, first served” basis. No reservations will be accepted prior to the sail day. Guests can sign up at the yellow Ferry Sloops tent beginning at 9:30AM for any of the day’s scheduled sail times (limit of 4 passengers per sail). The boat’s captain reserves the right to cancel any or all of the day’s sails, if weather conditions make it unsafe for sailing. Rain date is Sunday, September 16, 2018. Free parking is available on the street (Westerly Road) and in Shattemuc Yacht Club parking lot. Do not park in The Boathouse Restaurant parking lot or in spaces that have signs designating The Boathouse Restaurant parking.  
**Not suitable for children under:** Passenger age requirement: must be at least 12 years old, under 18 years old must be accompanied by parent or adult guardian (no exceptions).  
**Metrotown north station:** Irvington

28. Mountain Biking the Yorktown Trails  
**9/15 10:00AM**  
Yorktown Trails  
2901 Manor Street, Yorktown Heights 10598  
(303) 521-2633  
unlimitedmpg@gmail.com  
Join Yorktown Trailtown, Westchester Cycle Club, and Westchester Mountain Bike Association for a lively mountain bike ride on the Yorktown Trails! We will have a short safety talk before departing. We will regroup primarily at the end of each trail. Meet at the Crompond Elementary School parking lot. From there we will ride to the Strange Blvd. trailhead and head into the woods! Plan to ride for about 60-90 min. over about 2-2.5 hours.  
**Notes:** These are intermediate-level trails that include rocks, roots, and logs. Must have some level of comfort with trail obstacles and know the limits of your abilities. Walking sections beyond your ability is okay!  
**Difficulty:** Moderate  
**Length:** Less than 10 miles  
**Duration:** 2 hours  
**Not suitable for children under:** 14  
**Additional equipment:** Mountain bike (please, no hybrids) in good working order, helmet, water, snack(s), spare tube and tools, positive attitude.

29. Haverstraw RiverArts & Music Festival  
**9/15 11:00AM**  
Emeline Park - 16 Front Street Haverstraw 16 Front Street, Haverstraw 10927  
(845) 372-6552  
haverstrawriverarts@gmail.com  
The 5th annual Haverstraw RiverArts & Music Festival kicks off 9/15 from 11AM-5PM in the Village of Haverstraw’s scenic Hudson River front park. The day’s festivities include 3 live bands, Live Art event, puppet making, yarn bombing, craft vendors, food trucks, and outdoor eating in waterfront restaurant Don Coqui. Admission is free.  
**Not suitable for children under:** Some paths have gravel, but there are curb cuts to get to the paths.  
**Additional equipment:** We will provide a shuttle bus service with wheelchair access in the parking lot of 40 New Main Street, Haverstraw Village Hall. There are a few designated first-come, first-serve spots available for disabled persons.

*“There were spectacular views and everyone was so nice. Great hike!” — Gwen*
30. **Stony Point Lighthouse Day**
   9/15 12:00PM
   Stony Point Battlefield State Historic Site
   44 Battlefield Road, Stony Point 10980
   (845) 786-2521
   michael.sheehan@parks.ny.gov
   Come learn about life in the period of the American Civil War and hear the story of the Stony Point Lighthouse, the Hudson River’s oldest beacon and its protector of the maritime trade. Balladeer Linda Russel and storyteller Jonathan Kruk will bring you back to the 1860s with music and stories. Meet the lightkeeper, Mrs. Nancy Rose and tour the first floor of the lighthouse. The 26th USCT, a Civil War African American Naval living history group, will set up camp near the lighthouse and present a program in full period dress, and talk about the contributions of African-Americans to the Union cause and end slavery during the Civil War. Children’s games, crafts, and refreshments for all!

31. **Interpretive Hike in Sylvan Glen Park Preserve**
   9/15 2:00PM
   Sylvan Glen Park Preserve
   Mohegan Lake 10547
   (914) 555-1212
   wjdhikes@gmail.com
   The former quarries at Sylvan Glen Park Preserve supplied honey-colored granite for the approaches to the George Washington and Whitestone bridges. Join Jane Daniels on a 2.5 mile hike to visit quarries and the 18-foot-circumference Quarry Oak. Leader will show up regardless of weather. Meet at parking lot at end of Morris Lane.
   **Notes:** Some assents and descents; uneven terrain
   **Difficulty:** Moderate
   **Length:** 2.5 miles
   **Duration:** 2.5 hours
   **Not suitable for children under:** 6

32. **Doodletown Hike**
   9/15 9:00AM
   Doodletown
   Stony Point 10986
   (914) 274-0449
   steinberg_david@hotmail.com
   Join David Steinberg, author of “Hiking the Road to Ruins”, for an exploration of the abandoned hamlet of Doodletown. We’ll visit cemeteries and mines, and look for vestiges of the old town. The hiker’s parking area is about 1.4 miles south of the Bear Mountain Bridge traffic circle on Route 9W, just north of the road into Iona Island.
   **Notes:** Foot trails, woods roads, and some bushwhacking possible.
   **Registration:** Limited to 40 participants. Send name of participant by email or text message.
   **Fee:** $10
   **Difficulty:** Moderate
   **Length:** 7 miles
   **Duration:** 5 hours
   **Additional equipment:** A magnet on a string and boots. Bring your own lunch.

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**Dia:Beacon**

**Anne Truitt**

Dia:Beacon, Riggio Galleries
3 Beekman Street Beacon New York
845 440 0100  www.diaart.org

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HUDSON RIVER VALLEY RAMBLE 2018 15
33. Piermont’s Art in the Park
9/16 1:00PM
Piermont, NY
Flywheel Park, Piermont 10968
(917) 691-0409
info@psfdn.org
Piermont Straus Foundation invites artists free of charge to join us for a one-day community art event. Artists will show their work, sell their work, and create work on site. Included in the event will be teaching workshops and hands-on workshops for all ages.
Registration: Artists wishing to participate must do so on or before 9/7. Go to www.psfdn.org for details.
Additional activities: Please visit our FB event page: www.facebook.com/groups/474823072697590/

34. Historic Walk of Piermont with Piermont Historical Society
9/16 10:00AM
200 Ash Street, Piermont 10968
(917) 509-5429
lolaesnard@gmail.com
Richard Esnard of the Piermont Historical Society will lead a walk to the birthplace of Piermont. Walk along the Sparkill Creek to Piermont’s Historic District, where you will visit the drawbridge, the Rockland Road Bridge, and Piermont’s Reformed Church — all on the National Register of Historic Places. Meet in parking lot behind Confetti’s restaurant on Ash Street.
Notes: The walk is flat.
Difficulty: Moderate
Length: 2.5 miles
Duration: 2.5 hours
Not suitable for children under: 7
Additional equipment: Water, good walking shoes, and walking stick.
Additional activities: Historic Train Station Museum at 50 Ash Street from noon to 3 PM.

35. Hopper’s Nyack Walking Tour
9/16 2:00PM
Edward Hopper House Art Center
82 North Broadway, Nyack 10960
(518) 852-6448
ashathomas15@gmail.com
Born and raised in Nyack, Edward Hopper said that “in every artist’s development the gem of the later work is always found in the earlier. What he once was, he always is.” See Nyack through his eyes. This tour highlights the influence of light, water, and architecture. Young Hopper spent much of his time around the Village of Nyack and by the water where he drew his inspiration.
Notes: We will be mainly on residential sidewalks. There are some hilly areas, but we will be walking in a slow pace.
Fee: All tours are from 2PM-4PM. The fee is $5. No reservations required.
Difficulty: Easy
Length: 1 mile
Duration: 2 hours
Portion wheelchair accessible: Some sidewalks are not flat and you may need to ride along the road at times.
Additional activities: The Museum is separate from the Tour - Sunday Gallery Hours are 12-5PM and cost $7 for adults, $5 for seniors, $2 for students and kids under 17 are free.

36. AMC Interchapter Wilderness Skills Instruction
9/16 3:00PM
The Stephen & Betsy Corman AMC Harriman Outdoor Center
200 Breakneck Road, Haverstraw 10927
(212) 986-1430
harrimanreservations@amc-ny.org
Learn all the skills to be an accomplished outdoor enthusiast! This weekend skills workshop is great for both novices and experienced outdoor enthusiasts. This weekend course is a mix of classroom, plus lots and lots of practical, hands-on, situational instruction. In the evening, we will put those skills to use building a bonfire to roast marshmallows and s’mores. Bring musical instruments if you want to jam.
Registration: Register by 9/12 for Early Bird Prices. Register at https://activities.outdoors.org/search/index.cfm/action/details/id/105909
Fee: Cabin: $170 members, $205 non-members. Tent: $120 members, $145 non-members.
Not suitable for children under: 13
Portion wheelchair accessible: AMC Harriman Outdoor Center is partially ADA accessible, including the camp office, bathhouse, family cabins, some paths. Most cabins, shelters & tent platforms are not ADA accessible
Additional activities: Bring your usual hiking and/or backpacking gear. Tents and sleeping pads may be borrowed for free from the camp. Paddling equipment available for free to guests. Public transportation and van shuttle available to camp.
37. Croton Dam Hike
9:22 10:00AM
Croton Gorge Park
35 Yorktown Road, Cortlandt 10520
(646) 303-1448
saraakelsey@gmail.com
Meet near the restrooms at the parking lot at Croton Gorge Park. We will hike north along the Old Croton Aqueduct trail to the top of the beautiful Croton Dam, overlooking the Croton Reservoir with its water views and dramatic spillway. The leader will discuss the history and construction of the Old Croton Aqueduct and features of the Croton Dam, the trailhead of the Aqueduct trail. The Aqueduct was completed in 1842 to supply water to a thirsty New York City.
Notes: Dirt path, slight incline.
Fee: $10 parking fee per car - www.parks.westchestergov.com.
Difficulty: Moderate
Length: 4 miles
Duration: 3 hours
Additional activities: Bring water & a picnic lunch or snack to eat in the Croton Gorge Park after the walk.

38. Historic Tallman Mountain
State Park Hike
9:22 11:15AM
Corner of Tate and Piernont Avenue
450 Piernont Avenue, Piernont 10968
(845) 519-4247
jurasek@optonline.net
We will hike through the historical Tallman Mountain State Park and learn its interesting history as a former oil tank farm. Then it’s out the Piernont Pier to follow in the footsteps of the 40,000 US Troops per month who marched to the waiting ships to transport them to the Atlantic Theatre during WWII. Finally, we will learn of the historic transformation of Piernont, NY, from a blue-collar factory town to its present day status.
Notes: There are limited facilities on the hike. There is one steep descent on the way, but it can be avoided if necessary. There are also some rough paths and short elevation gains.
Difficulty: Moderate
Length: 7 miles
Duration: 5 hours
Not suitable for children under: 7
Portion wheelchair accessible: The pier is wheelchair accessible but the hiking trails in the park are not. Please contact the leader for more information.
Additional equipment: Lunch, water, snack, and good walking boots/shoes or sneakers. Bring your own lunch.
Additional activities: Drivers should park across the street down Gair Avenue in municipal Lot D on the right. Please note that we are not meeting at Tallman Mountain State Park itself.

39. Supervisor’s Walk - Lake DeForest
9:22 9:00AM
Rain Date 9:22 9:00AM
New City Little League Strawtown Road Fields, New City
East Side of Strawtown Road — 1/4 mile south of intersection with Congers Lake Road, New City 10956
(845) 639-6200
recreation@clarkstown.org
Join Clarkstown Supervisor George Hoehmann and Bill Madden of Suez Water NY for a leisurely hike along the shores of Lake DeForest Reservoir. Participants can choose between two guided hikes: one that heads north of the Freedom Causeway with beautiful views of Davies Apple Orchard and majestic Hook Mountain, or one that leads south of the Freedom Causeway through quiet woods along the picturesque shoreline. Participants will learn about the history and significance of this privately owned reservoir, a primary source of Rockland and north New Jersey’s drinking water.
Notes: Both walks are on woodland trails over flat terrain.
Registration: Call or email by Friday, 9/14.
Difficulty: Easy
Length: 2.5 miles
Duration: 2 hours
Not suitable for children under: 6
Additional equipment: Boots.
Additional activities: Snacks and water will be provided.

40. Iona Island Educational Canoe Trip
9:23 10:00AM
Iona Island
Iona Island, Bear Mountain 10911
(845) 889-4745 x109
james.herrington@dec.ny.gov
Paddle through this marshy maze with Reserve naturalists. Nestled in the Hudson Highlands adjacent to Bear Mountain State park, this wetland features flowering marsh plants, sunning snapping turtles, and soaring vultures.
Registration: https://husoncanoe2018.eventbrite.com
Difficulty: Moderate
Length: 2 miles of canoeing
Duration: 2.5 hours
Not suitable for children under: 6
Additional equipment: Please wear footwear that can get wet. Boats provided.

41. Jay Day! Fall Family Festival
10:00AM
Jay Heritage Center at the Jay Estate
210 Boston Post Road, Rye 10580
(914) 698-9275
jayheritagecenter@gmail.com
The Jay Heritage Center (JHC) will host JAY DAY! celebrating American culture and traditions. Admission includes live music, book signings, hands-on art, and planting activities with Anne Motolla from the NY Botanical Garden, pony rides, historical house tours, balloon twisting, face painting, and geocaching with prizes. Free naturally brewed ginger beer provided by Reed’s Inc. Purchase items from a choice selection of craft vendors including old fashioned silhouette portraits, and vintage maps. Don’t miss the tastes of autumn in New York’s Hudson Valley thanks to our farmers market! Help us continue the transformation of the historic Jay Estate into a 23 acre educational park full of fun and exciting outdoor and indoor experiences! For more info, contact us at (914) 698-9275 or jayheritagecenter@gmail.com
Fee: Admission is $40 per family; $10 individual.
Portion wheelchair accessible: Pedestrian pathways in front of mansion and through vendor area are accessible, as is carriage house and bathrooms. Mansion is not yet wheelchair accessible.
Additional activities: Food for purchase including the Meltmobile, Jimmy’s SoftServe and Boxcar Cantina. Kite flying, cornhole, horse-shoe toss, and archaeology table.

42. Meandering among the Historic Millionaires’ Mansions Walk
12:00PM
Irvington Town Hall
85 Main Street, Irvington 10533
(646) 303-1448
saraakelsey@gmail.com
Take an after-lunch stroll on the Aqueduct trail. We will begin at the Tiffany Reading Room in the Irvington Village Hill and meander north, admiring architectural landmarks from the trail, including Villa Lewaro, Belvedere, and Lyndhurst. Take in sweeping Hudson River views. Learn the history of the Old Croton Aqueduct and the millionaires who lived along the trail in the 1800’s.
Notes: Flat dirt trail.
Difficulty: Easy
Length: 4 miles
Duration: 3 hours
Metro North station: Irvington

Hudson River Valley Ramble 2018 17

We are so fortunate to live in the lower Hudson River Valley region, which has some of the most remarkable natural beauty you will find in this country. I encourage everyone far and wide to take advantage of that scenic beauty, and to learn more about what our unique area has to offer at the annual Hudson River Ramble in September.”
43. John Paulding 200th Year Commemoration

This program will be in two parts. First, at Adult Camp:

**Adult Cabin:** After September 19 midnight:

Additional activities: The New York Second, dignitaries, readings, salute. Historical societies recognized. Refreshments.

44. LGBTQ Fall Family Hiking Weekend

Enjoy Harriman State Park in all its autumnal glory during a weekend of hiking and paddling with family and friends. This laid-back weekend led by Richard Breusch, AMC Backpacking Leader, is focused on relaxing and unwinding by enjoying the outdoors. Let toxic stress flow out of your body with each breath of fresh air. You can either join a hike or kayak trip, or simply enjoy a warm campfire. Partners, friends, and family are encouraged to join the fun this weekend! 3 days/2 nights.

**Registration:** Register by 9/19 for early bird prices. AMC Members receive 20% discount. Register at https://activities.outdoors.org/search/index.cfm/action/details/id/105875

**Fee:** Early bird prices available.

After September 19 midnight:

Adult Cabin: $185 Members / $240 Non-members
Adult Camp: $135 Members / $175 Non-members
Reduced prices for youth.

Rates include 2 nights accommodation, Friday dinner, Saturday breakfast, Saturday dinner, Sunday breakfast, and volunteer leadership.

**Portion wheelchair accessible:** AMC Harriman Outdoor Center is partially ADA accessible, including the camp office, bathroom, family cabins, some paths. Most cabins, shelters & tent platforms are not ADA accessible

45. Fall Hiking & Fine Dining Weekend

What can be better than an autumnal weekend hiking in the woods and then coming home to sip wine by the fire and dine in splendor? Enjoy hiking or paddling under the beautiful fall leaves at the Corman AMC Harriman Outdoor Center. Saturday evening, accompanied by a wood fire, enjoy a special gourmet meal paired with a not-so-serious tasting of several well-chosen, red companion beverages. A Saturday hike at moderate level will whet your appetites. Then Eileen Yin plans group meals and guides participants, who share in meal preparation and clean up.

**Registration:** Register by 9/19 for early bird prices. AMC Members receive a 20% discount. Register at https://activities.outdoors.org/search/index.cfm/action/details/id/105881

**Fee:** Early Bird Prices:

Cabin: $170 members / $225 non-members
Camping: $120 members / $160 non-members
After September 19 midnight:

Cabin: $190 members / $245 non-members
Camping: $140 members / $180 non-members

**Not suitable for children under:** 12

**Portion wheelchair accessible:** AMC Harriman Outdoor Center is partially ADA accessible, including the camp office, rec hall, bathroom, family cabins, some paths. Most cabins, shelters, and tent platforms are not ADA accessible

**Additional activities:** Cost includes 2 nights accommodation in a newly renovated cabin with indoor bathrooms or tent platforms with nearby modern bathhouse, Friday dinner, Saturday breakfast, Saturday dinner, and Sunday breakfast.

46. Tappantown Historical Society's Annual Colonial Day

**Registration:** Deadline: 9/17. Register at https://activities.outdoors.org/search/index.cfm/action/details/id/105889

**Fee:** Cabin: $245 member, $305 non-member. Camping: $205 member, $265 non-member. Day students: $120 member, $160 non-member.

**Not suitable for children under:** 18

**Portion wheelchair accessible:** AMC Harriman Outdoor Center is partially ADA accessible, including the camp office, rec hall, bathroom, family cabins, some paths. Most cabins, shelters, and tent platforms are not ADA accessible

**Additional activities:** Course may be taken as day student or overnight student. Overnight stay includes 2 nights accommodation in cabin or tent, Saturday breakfast, Saturday dinner, and Sunday breakfast. Camp is accessible by public transportation and van shuttle.

47. Wilderness First Aid Instruction

Wilderness First Aid Emergency medicine for those who travel where ambulances can’t. This is a 2-day, 16-hour course taught by volunteer AMC instructors. Come as a day student or stay overnight in a cabin or tent. No prior first aid experience is necessary. The course is a mix of classroom lecture and practical exercises. You must attend both days to obtain certification.

**Registration:** Deadline: 9/17. Register at https://activities.outdoors.org/search/index.cfm/action/details/id/105899

**Fee:** Cabin: $245 member, $305 non-member. Camping: $205 member, $265 non-member. Day students: $120 member, $160 non-member.

**Not suitable for children under:** 18

**Portion wheelchair accessible:** AMC Harriman Outdoor Center is partially ADA accessible, including the camp office, rec hall, bathroom, family cabins, some paths. Most cabins, shelters, and tent platforms are not ADA accessible

**Additional activities:** Course may be taken as day student or overnight student. Overnight stay includes 2 nights accommodation in cabin or tent, Saturday breakfast, Saturday dinner, and Sunday breakfast. Camp is accessible by public transportation and van shuttle.

48. National Public Lands Day - Invasive Plant and Trash Cleanup

**Fee:**

Bear Mountain State Park
3020 Seven Lakes Drive, Tappan 07430
(201) 512-9348
lrohleder@nynjtc.org

Come help us clean up the trail and remove invasive plants on Bear Mountain! Give back on National Public Lands Day by joining the New York-New Jersey Trail Conference's Habitat Helpers crew to remove trash from the trail and weeds from our native plant habitat around the Trails for People Exhibit. We will meet in the parking lot of the Bear Mountain
Inn and divide into two groups. After we’re done we’ll enjoy lunch by the water.

**Registration:** 9/28 at this link: https://www.nynjtc.org/civicrm/event/info?reset=1&id=8643

**Additional equipment:** Bring work gloves, work goggles, a bagged lunch, and your favorite gardening tools (if you have them!)

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**49. Westchester Wilderness Walk / Zofnass Family Preserve with Westchester Land Trust**

**Time:** 10:00AM

**Location:** 259 Upper Shad Road, Pound Ridge 10536

**Contact:** (914) 234-6992 x15

kat@westchesterlandtrust.org

Join Westchester Land Trust Staff and Directors for an inspiring walk on the nature trails that wend their way through WLT’s flagship preserve: The Westchester Wilderness Walk / Zofnass Family Preserve. This land boasts extensive wetland systems and majestic woodlands with rare wildlife, plants, dramatic rock formations, soaring trees, and dozens of bird species. Meet at the trailhead at 259 Upper Shad Road. The outing will begin promptly at 10:00AM with a brief overview by a member of the Zofnass family, who founded the preserve and led efforts to protect multiple parcels of land in this region. Hikers will split into smaller groups according to distance and pace.

**Notes:** The short hike is mostly easy and flat through a wetland trail that includes a few stepping stones. Stepping stones may be difficult for individuals with severe balance issues. The longer hike requires travel up some moderate ascents and over rock outcrops. Sturdy footwear is strongly encouraged.

**Registration:** Suggested by 9/25, by phone or email.

**Difficulty:** Moderate

**Length:** Hikers can choose between 1.5 miles or a 3.5-4.0 mile walk

**Duration:** 2-2 1/2 hours

**Not suitable for children under:** 5

**Additional equipment:** Sturdy walking shoes. Participants may wish to bring water, snack, camera, insect repellent, sunscreen, etc. There are no restroom facilities.

**Additional activities:** Meals before or after the hike are available in nearby Pound Ridge or Bedford Village.

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**50. Bird Walk at Hessian Lake**

**Time:** 9:00AM

**Location:** Bear Mountain State Park

**Bear Mountain Inn, 99 Service Road,**

**Bear Mountain 10928**

**Contact:** (845) 786-2701 x293

emily.enoch@parks.ny.gov

Come join us for a morning walk around Hessian Lake as we look for birds and wildlife along the way. Walk is about 1.3 miles long on gentle, paved hills and will take about 1.5-2 hours. Sturdy hiking shoes recommended. Please bring water and binoculars. Starting point of the walk is in front of the historic Bear Mountain Inn. Maximum number of registrations is 20.

**Registration:** 9/28 by email or phone.

**Difficulty:** Easy

**Length:** 1.3 miles

**Duration:** 2 hours

**Not suitable for children under:** 9

**Additional equipment:** Boots
MIDDLE HUDSON VALLEY EVENTS

[Image -1x474 to 303x710]

[Image 305x475 to 591x710]

[Image 212x371 to 223x378]

[Image 225x369 to 233x380]

[Image 235x370 to 244x379]

[Image 213x177 to 220x187]

[Image 222x175 to 231x186]

[Image 232x176 to 240x186]

[Image 399x297 to 407x307]

[Image 409x298 to 418x307]

[Image 389x32 to 399x39]

[Image 401x30 to 410x41]

[Image 412x31 to 420x41]

[Image 82x723]MIDDLE HUDSON VALLEY EVENTS

[515x479]Bannerman Castle.

[36x199]51. Revolutionary War Headquarters Site
All Ramble Weekends 1:00PM
Van Wyck Homestead Museum
504 Route 9, Fishkill 12524
(845) 896-9560
fhsinfo@yahoo.com
The Van Wyck Homestead was built in 1732, and is the oldest homes in Dutchess County. During the American Revolution, the home was used as an officers headquarters for the Fishkill Supply Depot soldiers’ encampment (Oct. 1776 - Oct. 1783). Dozens of notable Revolutionary War heroes visited the Homestead. For more information visit: www.fishkillhistoricalsociety.org. Fee: Donations are appreciated. Additional activities: Guided tours (about one hour long) will be given from 1-4PM Saturday and Sunday. Last Tour is at 3PM. Revolutionary War-era documents and artifacts are on display. No fee. Donations appreciated. Self-guided bicycle tour brochures for Fishkill will be available 24/7 in the display case of the Van Wyck Homestead Museum located at the jct. of I-84 exit 13 off Route 9 in Fishkill. Driveway entrance is off Snook Road. D

52. Wilderstein House Tours
All Ramble Weekends 12:00PM
Wilderstein Historic Site
330 Morton Road, Rhinebeck 12572
(845) 876-4818
wilderstein@wilderstein.org
Hudson Valley Victoriana at its best. Home of Margaret (Daisy) Suckley, cousin and confidante of President Franklin Delano Roosevelt. Queen Ann-style mansion with 1888 interiors, grounds designed by Calvert Vaux, walking trails, and spectacular Hudson River views. Last tours of the day begin at 3:30PM. Fee: Adults $11. Students/seniors $10. Children under 12 free. Not suitable for children under 8 Additional activities: Self-guided hiking on Wilderstein’s network of trails. D

53. Hurd’s Family Farm Cornmaze
All Ramble Weekends 10:00AM
Hurd’s Family Farm (Historic Dutch Barn)
2187 State Route 32, Modena 12548
(845) 883-7825
information@hurdsfamilyfarm.com
Join us for a family outing through our new, themed cornfield maze “Family, Friends & Fun”! Meet the Maze Master, who will hand you a maze map designed to help brush up on those map-reading skills...lots of fun, with a bit of learning, too!! Challenge your group to discover the 6 stations hidden along the pathways playing a farm-themed, Clue-type game. See the new Animal Track game for the little guys. We will not lose wee lads and lassies as they discover, by track rubbings, the 6 animals who devoured the farmer’s apple pie! 30-plus outdoor activities. Notes: Clear pathways wide enough for wheelchair and people walking side by side through a 10 ft. high cornfield! However, you must wander through varied terrain and along boardwalks to get to location. Fee: Email or call for details. Difficulty: Easy Length: 1 mile Duration: 1.5 hours

54. West Point Museum
All Ramble Weekends 10:30AM
West Point Museum
2110 New South Post Road, USMA, West Point 10996
(845) 938-3590
museum@usma.edu
All visitors to the United States Military Academy are encouraged to tour the museum to view the oldest and largest diversified public collection of militaria in the Western Hemisphere. Based upon captured British materials brought to West Point after the British defeat at Saratoga in 1777, the museum collections actually predate the founding of the United States Military Academy. In 1854, the first public museum was opened, and today it represents the culmination of more than two centuries of preserving our military heritage. Additional equipment: Photo ID required for tour on-post at West Point. On-post tour has fee involved. Museum admission is free. D

KEY TO RAMBLE EVENTS

- Hudson River Estuary
- Greenway Trail
- Great Estates
- Hudson River Artists Trail
- Revolutionary War Trail
- Family Friendly
- Walk/Hike
- Bicycle
- Paddle
- Wheelchair Accessible (for details, contact the trip leader)
- Public Transportation

Note: We make every effort to ensure accuracy of event listings. However, due to weather and other factors, information may change between the time of publication and the time of each event. We encourage all participants to verify dates and times with the listed Ramble leader for each event.

51. Revolutionary War Headquarters Site
All Ramble Weekends 1:00PM
Van Wyck Homestead Museum
504 Route 9, Fishkill 12524
(845) 896-9560
fhsinfo@yahoo.com
The Van Wyck Homestead was built in 1732, and is the oldest homes in Dutchess County. During the American Revolution, the home was used as an officers headquarters for the Fishkill Supply Depot soldiers’ encampment (Oct. 1776 - Oct. 1783). Dozens of notable Revolutionary War heroes visited the Homestead. For more information visit: www.fishkillhistoricalsociety.org. Fee: Donations are appreciated. Additional activities: Guided tours (about one hour long) will be given from 1-4PM Saturday and Sunday. Last Tour is at 3PM. Revolutionary War-era documents and artifacts are on display. No fee. Donations appreciated. Self-guided bicycle tour brochures for Fishkill will be available 24/7 in the display case of the Van Wyck Homestead Museum located at the jct. of I-84 exit 13 off Route 9 in Fishkill. Driveway entrance is off Snook Road. D

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All Ramble Weekends 12:00PM
Wilderstein Historic Site
330 Morton Road, Rhinebeck 12572
(845) 876-4818
wilderstein@wilderstein.org
Hudson Valley Victoriana at its best. Home of Margaret (Daisy) Suckley, cousin and confidante of President Franklin Delano Roosevelt. Queen Ann-style mansion with 1888 interiors, grounds designed by Calvert Vaux, walking trails, and spectacular Hudson River views. Last tours of the day begin at 3:30PM. Fee: Adults $11. Students/seniors $10. Children under 12 free. Not suitable for children under 8 Additional activities: Self-guided hiking on Wilderstein’s network of trails. D

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All Ramble Weekends 10:00AM
Hurd’s Family Farm (Historic Dutch Barn)
2187 State Route 32, Modena 12548
(845) 883-7825
information@hurdsfamilyfarm.com
Join us for a family outing through our new, themed cornfield maze “Family, Friends & Fun”! Meet the Maze Master, who will hand you a maze map designed to help brush up on those map-reading skills...lots of fun, with a bit of learning, too!! Challenge your group to discover the 6 stations hidden along the pathways playing a farm-themed, Clue-type game. See the new Animal Track game for the little guys. We will not lose wee lads and lassies as they discover, by track rubbings, the 6 animals who devoured the farmer’s apple pie! 30-plus outdoor activities. Notes: Clear pathways wide enough for wheelchair and people walking side by side through a 10 ft. high cornfield! However, you must wander through varied terrain and along boardwalks to get to location. Fee: Email or call for details. Difficulty: Easy Length: 1 mile Duration: 1.5 hours

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All Ramble Weekends 10:30AM
West Point Museum
2110 New South Post Road, USMA, West Point 10996
(845) 938-3590
museum@usma.edu
All visitors to the United States Military Academy are encouraged to tour the museum to view the oldest and largest diversified public collection of militaria in the Western Hemisphere. Based upon captured British materials brought to West Point after the British defeat at Saratoga in 1777, the museum collections actually predate the founding of the United States Military Academy. In 1854, the first public museum was opened, and today it represents the culmination of more than two centuries of preserving our military heritage. Additional equipment: Photo ID required for tour on-post at West Point. On-post tour has fee involved. Museum admission is free. D

APPALACHIAN TRAIL HIKER.
55. Highland Falls ArtWalk - Revving Up the River 2018

Throughout September
Main Street, Highland Falls 10928
info@HighlandFallsArtWalk.org
Highland Falls ArtWalk 2018 / Revving Up the River features large sculptures created by artists from the Hudson Valley and NYC and will be on display along Main Street now through October 2018. People of all ages can come and enjoy a leisurely stroll through our village, enjoy shopping, food, and drink. And if West Point is your destination, The ArtWalk is right on the way! For info, visit highlandfallsartwalk.org

Notes: This is a self-guided Summer Sculpture Walk in the Village of Highland Falls along Main Street and Ladycliff Park. Sculptures will be on display till October, 2018.

Difficulty: Easy
Length: 0.25 miles

56. Pride of the Hudson Narrated Sightseeing Cruise

Throughout September Various dates/times
Blu Pointe Landing Dock
120 Front Street, Newburgh 12550
(845) 220-2120
info@prideofthehudson.com

Join us aboard the Pride of the Hudson for a cruise through the majestic Hudson Highlands! Bask in the open air on the spacious sundeck or enjoy the comfort of our climate-controlled main salon featuring huge wrap-around windows. Our friendly and professional crew will respond to all of your needs. Your captain will narrate the sights along the way. Remaining tickets will be sold at the dock 1 hour prior on a first-come, first-serve basis.

Registration: Purchase tickets at www.prideofthehudson.com or through ticketing service at (845) 363-4550.
Fee: Adults $22. Seniors (65+) $20. Children (4-11) $18. 3 & under free.
Additional activities: During sightseeing cruises, we provide narration aboard giving information and history of sites being passed. Snack bar/bar/souvenirs available for purchase aboard.

57. Montgomery Place Historic House Tour

Saturdays in September Various times
Montgomery Place, Bard College
26 Gardener Way, Red Hook 12571
(845) 752-5000
montgomeryplace@bard.edu

Come take a historic house tour of Montgomery Place, a 380-acre estate adjacent to the main Bard College campus. Montgomery Place overlooks the Hudson River and is a designated National Historic Landmark set amid rolling lawns, woodlands, and gardens. Learn about the renowned architects, landscape designers, and horticulturists who worked to create an elegant and inspiring country estate.
Fee: $10
Not suitable for children under 5

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Ferncliff Forest
Rhinebeck's number one free attraction, offering an amazing view of Hudson Valley from our Observation Tower. Enjoy hiking, picnics, camping or just walk your dog in our wonderful 200 acre Forest Preserve.

Open all year
68 Mount Rutzen Rd., Rhinebeck, NY
845-876-3196 for additional information
ferncliffforest.org

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Bannerman Island Tours and Events
Tours on the Estuary Steward
AND
Third Sunday Self Guided Music Tours
Adults $35, Kids 11 & Under $30
Weekly Charters Available
www.bannermancastle.org

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Boutique hotel
Waterfront dining
Great food
Great cocktails
Great hospitality
Serving dinner Wednesday - Sunday
435 Main Street
Rosendale, NY 12472
845 658-7800
the1850house.com
## 58. Bannerman Castle Kayak and Walking Tour

**Price:** $120  
**Difficulty:** Moderate  
**Length:** 2.5 miles  
**Duration:** 4 hours  
**Not suitable for children under:** 12  
**Additional equipment:** Paddlers should wear comfortable, quick-drying (non-cotton) clothes, and shoes that can get wet. Bring sunglasses, sunscreen, camera, a light lunch, and plenty of drinking water. Boats provided.

#### Note:
- Water is usually calm, but, wind, waves, and boat wakes are possible.
- Registration: Online at least 2 days prior at www.atlantickayaktours.com.
- Fee: $60
- Difficulty: Moderate
- Length: 4 miles
- Duration: 3 hours
- Not suitable for children under: 12
- Additional equipment: Bring water, sunscreen, and a hat. It’s best to wear non-cotton clothing like poly or nylon. Boats provided.

### Registration:
- Call prior to event.
- Fee: $120
- Difficulty: Moderate
- Length: 2.5 miles
- Duration: 4 hours
- Not suitable for children under: 12
- Additional equipment: Paddlers should wear comfortable, quick-drying (non-cotton) clothes, and shoes that can get wet. Bring sunglasses, sunscreen, camera, a light lunch, and plenty of drinking water. Boats provided.

### Notes:
- The terrain is uneven, surfaces are unpaved, and there are some moderate slopes, but this is a walk, not a technical hike.
- Fee: $15. $10 Innisfree members. Kids 3 and under free.
- Difficulty: Moderate
- Length: 1.25 miles
- Duration: 1 hour
- Not suitable for children under: 10

### 60. Norrie Point Kayak Tour

**Price:** $60  
**Difficulty:** Moderate  
**Length:** 2 miles  
**Duration:** 3 hours  
**Not suitable for children under:** 12  
**Additional equipment:** Additional equipment:

### Registration:
- Call prior to event.
- Fee: $120
- Difficulty: Moderate
- Length: 2.5 miles
- Duration: 4 hours
- Not suitable for children under: 12
- Additional equipment: Paddlers should wear comfortable, quick-drying (non-cotton) clothes, and shoes that can get wet. Bring sunglasses, sunscreen, camera, a light lunch, and plenty of drinking water. Boats provided.

### Notes:
- The terrain is uneven, surfaces are unpaved, and there are some moderate slopes, but this is a walk, not a technical hike.
- Fee: $15. $10 Innisfree members. Kids 3 and under free.
- Difficulty: Moderate
- Length: 1.25 miles
- Duration: 1 hour
- Not suitable for children under: 10

### 61. Farm Project 2018

**Price:** $60  
**Difficulty:** Moderate  
**Length:** 4 miles
- Duration: 3 hours
- Not suitable for children under: 12
- Additional equipment: Bring water, sunscreen, and a hat. It’s best to wear non-cotton clothing like poly or nylon. Boats provided.

### Registration:
- Call prior to event.
- Fee: $120
- Difficulty: Moderate
- Length: 2.5 miles
- Duration: 4 hours
- Not suitable for children under: 12
- Additional equipment: Paddlers should wear comfortable, quick-drying (non-cotton) clothes, and shoes that can get wet. Bring sunglasses, sunscreen, camera, a light lunch, and plenty of drinking water. Boats provided.
island. Then enjoy a leisurely paddle around our region’s most prominent landmarks while hearing the history behind the castle.

Registration: Call prior to event.

Fee: $60

Difficulty: Moderate

Length: 4.5 miles

Duration: 3 hours

Not suitable for children under: 12

Additional equipment: Paddlers should wear comfortable, quick-drying (non-cotton) clothes, and shoes that can get wet. Bring sunglasses, sunscreen, camera, and plenty of drinking water. Boats provided.

63. Moodna Marsh Kayak Tour

9/1 2:30PM 9/9 10:00AM 9/15 2:30PM
9/22 10:00AM 9/23 10:00AM 9/30 1:30PM

Storm King Adventure Tours

178 Hudson Street, Cornwall-on-Hudson 12520
(845) 534-7800
info@stormkingadventurertours.com

Experience real Hudson River back country! Moodna Creek Marsh provides beautiful calm waters, great scenery, wildlife, and a sense of remoteness. This is the perfect trip for beginners or seasoned paddlers.

Registration: Call prior to event.

Fee: $60

Difficulty: Moderate

Length: 4 or 5 miles

Duration: 3 hours

Not suitable for children under: 12

Additional equipment: Paddlers should wear comfortable, quick-drying (non-cotton) clothes and shoes that can get wet. Bring sunglasses, sunscreen, camera, and plenty of drinking water. Boats provided.

64. Sunset Kayak Tour

9/1 9/15 9/16 5:00PM
9/21 9/22 9/23 9/28 9/29 9/30 4:30PM

Storm King Adventure Tours

178 Hudson Street, Cornwall-on-Hudson 12520
(845) 534-7800
info@stormkingadventurertours.com

There are few better ways to end your day than out on the river enjoying a spectacular Hudson Valley sunset. This tour is a stress-free outing for all abilities. These trips are one of our most popular and usually sell out quickly, so call to reserve now.

Registration: Call prior to event.

Fee: $60

Difficulty: Easy

Length: 3 or 4 miles

Duration: 3 hours

Not suitable for children under: 12

Additional equipment: Paddlers should wear comfortable, quick-drying (non-cotton) clothes and shoes that can get wet. Bring sunglasses, sunscreen, camera, and plenty of drinking water. Boats provided.

65. Hudson Valley Sunset Kayak Tour

9/1 1/8 5:30PM
9/15 9/22 9/29 5:00PM
1 Paddle New York
61 South Partition Street, Saugerties 12477
(845) 532-7797
ipaddlenewyork@aol.com

We start with a quick lesson before launching into the calm waters of the Esopus Creek. We’ll talk about some of the rich history as we paddle down to take a quick peek at the Cantine Falls before heading out by the Saugerties Lighthouse and into the Hudson River, where we'll enjoy a snack as the sun sets behind the Catskill Mountains! We'll enjoy the birds, beaver, and all of nature as we return by twilight.

Registration: Call or email.

Fee: $45

Difficulty: Easy

Length: 2 miles

Duration: 2 hours

Not suitable for children under: 12

Additional equipment: Participant should wear shoes that they don’t mind getting wet. Boats provided.

66. Hike at Fuller Mountain Preserve

9/18 10:00AM

Fuller Mountain Preserve

70 Bowen Road, Warwick 10990
(845) 534-3690 x18
jeremy@oclt.org

Join the Orange County Land Trust for a hike at one of Orange County’s best kept secrets, Fuller Mountain Preserve. Enjoy spectacular views of the Warwick Valley, as well as the Shawangunk Ridge and Catskill Mountains.

Notes: Some uneven rocky terrain.

Registration: Call or email by 9/7.

Difficulty: Moderate

Length: 1.8 miles

Duration: 2 hours

Not suitable for children under: 10

67. StoryWalk™ Opening Day

9/8 10:00AM-4:00PM

Outdoor Discovery Center at the Hudson Highlands Nature Museum
120 Muser Drive (across from 174 Angola Road), Cornwall 12518
(845) 534-5506 x206
jbrinker@hhnm.org

The Hudson Highlands Nature Museum, in partnership with the Cornwall Public Library, invites you to StoryWalk™ 2018. Read an illustrated children’s story, “Teeny Tiny Toady” by Jill Esbaum, and look for clues about these special animals as you stroll along our meadow trail. 11AM and 1PM guided walk along our StoryWalk™ Trail and meet one of the animals from the book!

Fee: Members: free. Non-members: $3.

Difficulty: Easy

Length: 0.3 miles

Duration: 30 minutes

Additional activities: Nature play in Grasshopper Grove included with fee for StoryWalk™

US SENATOR
Charles E. Schumer

“As summer comes to a close and we begin to revel in the autumn colors, foliage and overall majesty that amplify the beauty of the Hudson Valley, we are also reminded of the history and heritage that have brought us here today. We are so lucky to have an immense amount of natural beauty and cultural significance surrounding us here in the Hudson River Valley, and it must be celebrated. Over the years, I have worked to develop new opportunities along the Hudson River for residents and tourists alike. Whether it be the Walkway Over the Hudson, a bike path from Cold Spring to Beacon, or sustainable waterfront development, the time is now to harness the power of the Hudson River. The Hudson River Valley Ramble is yet another opportunity to bring tourists to the region, offer exciting events for our neighbors, and showcase everything the river and region have to offer. I will continue to work on preserving and promoting this event and the Hudson River. Thank you to everyone at the Hudson River Valley Greenway who worked so hard to put this together and to all of those who attended the events.”

68. Old New Paltz Stone House Day

9/8 11:00AM

Historic Huguenot Street
81 Huguenot Street, New Paltz 12561
(845) 255-1660
info@huguenotstreet.org

Historic Huguenot Street is pleased to announce a special revival of Stone House Day, a formerly annual tradition, which will be hosted in partnership with the Town of New Paltz. Old New Paltz Stone House Day is a day for people from all backgrounds to come together to celebrate our vibrant and diverse community in the very location where so much history unfolded.

Fee: Adults $20. Seniors, students, veterans, and members of Historic Huguenot Street $15. Children 6-12 years of age $10. Free admission for children under 6 years of age

Portion wheelchair accessible: Historic Huguenot Street strives to make its grounds and programs accessible to everyone, wherever possible, with understandable limitations given the historic nature of the buildings and grounds. If you have any questions or concerns about accessibility at this event, please contact us.
69. Honey Bee, Pollinator and Insect Walk and Lesson
9/8 11:00AM Rain Date 9/9 11:00AM
Stony Kill Farm
79 Farmstead Lane, Wappingers Falls 12590
(845) 831-3800
foundation@stonykill.org
Learn about our friends the honey bees and their other pollinating friends. We will take a walk to our hives and through our fields to observe and collect insects then head back to the classroom for a lesson on honey bees and insects while we examine our finds.
Notes: The group will be walking along the paved lane and through our haying fields. We may encounter some groundhog holes.
Registration: Call or email by 9/3.
Difficulty: Easy
Length: .5 miles
Duration: 1 hour
Not suitable for children under: 1

70. Citizen Science Phenology Hike
9/8 2:00PM
Sam's Point Area of Minnewaska State Park Preserve
400 Sam's Point Road, Cragsmoor 12420
(845) 647-7989
laura.davis@parks.ny.gov
When do the flowers bloom? When do the leaves fall? We are very curious to find out! In this program, you will learn all about phenology, the study of how plants and animals change throughout the seasons, while working as a citizen scientist to collect information about the plants in our park. We will be offering this hike once a month at Sam's Point to monitor seasonal changes in plants along the Loop Road. Children must be accompanied by a parent or guardian over the age of 18. Meet at the Sam's Point Visitor Center. Event is free.
Registration: Call prior to event.
Fee: $10 parking fee
Difficulty: Moderate
Length: 2 miles
Duration: 2.5 hours

71. Esopus Meadows Walk and Wade
9/8 3:00PM
Esopus Meadows Preserve
257 River Road, Ulster Park 12487
(845) 797-2847
eli@clearwater.org
Come to Esopus Meadows and follow the Kline-Esopus Kill from its mouth to near its source. Become part of an exciting new citizen science movement by studying eight plant species on Scenic Hudson’s Phenology Trail at Esopus Meadows Preserve. Data we collect while enjoying a pleasant hike through a dense forest will help scientists gauge the impacts of a changing climate. Afterwards, go seining (fishing with a net) with a Clearwater educator to collect and identify fish. Native and invasive species will be discussed, and we will shed light on the present challenges facing the wildlife of the Hudson River Estuary.
Not suitable for children under: 4
Additional activities: Citizen science

72. Migrating Birds at John Burroughs's Slabsides
9/8 8:00AM
John Burroughs Nature Sanctuary at Slabsides
West Park 12493
(845) 384-6556
info@johnburroughssassociation.org
Birds were the first love of literary naturalist John Burroughs when he was writing at the turn of the 20th century. Discover the richness of tree-top bird life through sight and song with Mark DeDea, president of our sister organization, the John Burroughs Natural History Society. Beginning through advanced birders are welcome. Burroughs Drive off Floyd Ackert. Follow Path Through History signs. Meet on Burroughs Drive at Slabsides entrance.
Notes: Generally even terrain on well-developed trails, many with stone pathways and steps.
Registration: Call at least 2 days prior.
Fee: $10 parking fee
Difficulty: Difficult
Length: 4 miles
Duration: 3.5 hours
Not suitable for children under: 12
Additional equipment: Bring plenty of drinking water and boots. Bring your own lunch.

73. What You See and What You Don’t See
9/9 9:30AM
Staatsburg State Historic Site (Mills Mansion)
Old Post Road, Staatsburg 12580
(845) 889-8851 x338
donald.fraser@parks.ny.gov
In 1895, Staatsburgh’s landscape architect designed glorious grounds that showcased the good life in the Gilded Age. But the landscape was also designed to hide from the turn-of-the-century technology and labor that made the estate run. Enjoy a leisurely guided stroll through the historic grounds as we explore what you see...and what you don’t see.
Not suitable for children under: 8
Additional activities: House tours available, $8 adults, $6 seniors, children under 12 are free.

74. Bear Mountain Loop via Major Welch Trail and Appalachian Trail
9/10 10:00AM
Bear Mountain State Park Appalachian Trail and Suffer-Bear Mountain Trail Junction near Hessian Lake, Bear Mountain 10911
(845) 786-2701 x293
chris.osullivan@parks.ny.gov
We’ll meet at the junction of the Appalachian Trail and the Suffer-Bear Mountain Trail near the southern end of Hessian Lake. We’ll get to explore Perkins Memorial Tower and enjoy the all-encompassing views of the Hudson Valley. After a rest and lunch, we’ll continue to the Appalachian Trail and begin our descent. After crossing and then joining parts of Perkins Drive, the trail descends over 800 magnificent, hand-hewn stone steps. We’ll pass a seasonal waterfall, cross a wooden bridge, and enjoy views of Iona Island and the Hudson River. At the end of the giant steps, we’ll be right back where we started.
Notes: Steep ascents and descents, uneven rocky surfaces, rock scrambling
Registration: Call at least 2 days prior.
Fee: $10 parking fee
Difficulty: Difficult
Length: 2.5 miles
Duration: 3 hours
Not suitable for children under: 3
Additional activities: Bring plenty of drinking water and boots. Bring your own lunch.

75. Long Mountain Loop Hike
9/10 10:00AM
Long Mountain in Harriman State Park
Turkey Hill Parking, Tomkins Cove 10986
(845) 786-2701 x293
chris.osullivan@parks.ny.gov
Meeting at the Turkey Hill/Long Mountain parking area, this trek along the Long Path and woods road makes gradual then steeper ascents to the Raymond H. Torrey Memorial atop Long Mountain. You will enjoy east-facing views of Bear Mountain, Popolopen Torne, and Anthony’s Nose, with Turkey Hill Lake below. The rapid descent is along a rocky...
section of trail to Deep Hollow Brook at the base of the mountain and return to the parking area is by woods road.

Notes: Steep ascents and descents, uneven rocky terrain, and loose rocks.

Registration: Call at least 2 days prior.

Difficulty: Moderate

Length: 2 miles

Duration: 2 hours

Not suitable for children under: 12

Additional equipment: Bring plenty of drinking water and boots.

76. The Garden Conservancy Open Days Program Tour - Putnam/Westchester County

10:00AM

Eastward

28 Reynwood Drive, Brewster 10509

(845) 424-6500

opendays@gardenconservancy.org

Explore three private gardens in Brewster, South Salem, and Waccabuc, open for self-guided tours to benefit the Garden Conservancy. Highlights include perennial gardens, edibles, ponds, and other water features, a vineyard, views of the Pound Ridge Reservation, and a 200-foot-long garden in the shade of a horse training arena. Begin at Eastward or see website for additional locations. Rain or shine. For more info: www.opendaysprogram.org or call the Garden Conservancy toll-free weekdays, 9AM to 5PM EST, 1-888-842-2442.

Fee: $7 per garden. Children 12 and under free.

Additional activities: At Eastward, there is a walking tour through the entire garden at 11:30AM and again at 1:30PM for anyone interested in detailed information about the plants and their culture.

77. Heroes’ Day

11:00AM

Hudson River Maritime Museum

50 Rondout Landing, Kingston 12401-6092

(845) 338-0071

education@hrmm.org

Join us as we celebrate the emergency services personnel who served on September 11 and who keep us safe today.

78. Norrie Point Fish and Canoe

12:00PM

Norrie Point Environmental Center

256 Norrie Point Way, Staatsburg 12580

(845) 889-4745 x109

james.herrington@dec.ny.gov

Join Research Reserve staff on a short, guided tidal marsh paddle (numbers limited, all equipment provided). You can also angle for fish off our wheelchair-accessible patio. All equipment provided by “1 Fish NY.”

Portion wheelchair accessible: Canoe trips will be offered
79. Guided Tour of the D&H Canal Five Lock Walk
9/16 2:00PM
23 Mohonk Road, High Falls 12440
(845) 687-2000
info@canalmuseum.org
Come to the D&H Canal Museum in High Falls and take a free guided tour of the national historic landmark Five Lock Walk. See five restored locks from the final 1852 enlargement of the D&H Canal, the first million dollar private enterprise in US history. The canal fueled the Industrial Revolution in America and helped make NYC the world’s largest city. It informed the 19th century history of all the towns along its route.

80. Hawk Watch Drop-In Program at Minnewaska
9/16 9:30AM
Minnewaska State Park Preserve
5281 Route 44/55, Kerhonkson 12446
(845) 255-0752
nicholas.martin@parks.ny.gov
Each fall, thousands of raptors, including eagles, hawks, and falcons, migrate over the Shawangunk Mountains on the way to their wintering grounds. Join Nick Martin, park educator, at the Beacon Hill picnic area, for a drop-in program to watch for migrating raptors. There will be a raptor information table set up for those who want to learn more about these amazing animals. And, for those wanting a closer view of these stunning birds, we’ll have a spotting scope to look through and binoculars to borrow. This program will be canceled in the event of rain.
Not suitable for children under: 6
Additional equipment: Bring a lunch. Drinks and snacks will be provided by committee and trail sponsors. Wear appropriate clothing (work boots and work gloves). Bring a bug spray with DEET.

81. Annual Hyde Park Trails Seth Lyon Volunteer Trail Workday
9/16 10:00AM
Hyde Park Recreation
59 East Market Street, Hyde Park 12538
(845) 229-8086 x5
redirector@hydeparkny.us
Volunteers will be performing trail work under the guidance of trail leaders. Tools will be provided by the trail committee. However, if you have a pair of loppers, please bring your them. If you would like to register your group, please call. Not suitable for children under: 6
Additional equipment: Bring a lunch. Drinks and snacks will be provided by committee and trail sponsors. Wear appropriate clothing (work boots and work gloves). Bring a bug spray with DEET.

82. Hudson River Seining & Aquatic Life
9/16 10:00AM
Kawawese Unique Area
90 Plum Point Lane, New Windsor 12553
(845) 297-8935
tlake7@aol.com
In the shadow of Storm King Mountain, we will sample the inshore shallows at Kawawese with a beach seine to see “who” (fish & shellfish) is home today. We may see a bald eagle from time-to-time, Osprey, and perhaps the start of the autumn Monarch butterfly migration. Bring swimwear to participate. Portion wheelchair accessible: There is a ramp to the beach to within 100 feet of the event.

83. Secrets Under The Soil
9/16 10:00AM
Outdoor Discovery Center at the Hudson Highlands Nature Museum
120 Muser Drive (entrance across from 174 Angola Road), Cornwall 12518
(845) 534-5506 x202
kohara@hhnm.org
Dig into the land down under your feet! In this fun filled family program we will learn about all of the animals, big and small, that reside under the ground. Explore the subterranean habitats through experimentation and fun activities. We can’t wait to delve deep into the underground world with you!
Fee: $8 adults. $6 children. $5 adult members. $3 children members.
Not suitable for children under: 5

84. D&H Canal Car Tour
9/16 10:00AM
Hudson River Maritime Museum
50 Rondout Landing, Kingston 12401-6092
(845) 338-0071
info@hrmm.org
Join HRMM and the D&H Canal Museum for a joint tour of the D&H Canal, from High Falls to Rondout. Participants drive from place to place as tour the D&H Canal Museum, 5 Lock Walk and the historic Rondout Waterfront.
Registration: Online by 9/7 at hrmm.org.
Fee: $40 HRMM members. $50 non-members.
Not suitable for children under: 10

85. Make Your Own Mushroom Log
9/16 10:00AM-1:00PM
Sam’s Point Area of Minnewaska State Park Preserve
400 Sam’s Point Road, Cragsmoor 12420
(845) 647-7989
laura.davis@parks.ny.gov
Join us for this hands-on workshop, during which we will debunk the mysteries of mushrooms and you will learn how to grow your own. During the program, we will take a walk to look for fungi along the trail and discuss how native fungi function in the ecosystem. Then we will learn about and experience the process of growing mushrooms via log inoculation. Once completed, the logs are yours to take home and enjoy! Meet at the Sam’s Point Visitor Center. Children must be accompanied by a parent or guardian over the age of 18.
Event is free.
Registration: Call prior to event.
Fee: $10 per vehicle
86. Innisfree Garden Curator’s Tour
9/15 11:00AM
Innisfree Garden
362 Tyrrell Road, Millbrook 12545
(845) 677-8000
office@innisfreegarden.org
Join landscape curator Kate Kerin for a lively tour exploring Innisfree, a powerful icon of mid-twentieth century design now recognized as one of the world’s ten best gardens. Discuss the people, the inspirations, and the natural and designed features that make Innisfree such a memorable and moving place. Investigate the innovative and sustainable landscape design and management techniques that are central to Innisfree’s unique aesthetic and astonishing ability to maintain a 185-acre public garden with only a tiny seasonal maintenance staff. Learn simple yet powerful ideas that home and professional gardeners can adopt.
Fee: $15. $10 Innisfree members. Kids 3 and under free.
Not suitable for children under: 10

87. Biodiversity Celebration
9/15 11:00AM
Trailside Museums & Zoo at Bear Mountain State Park
Bear Mountain State Park, Bear Mountain 10911
(845) 786-2701 x293
emily.enoch@parks.ny.gov
Come to Trailside Museums & Zoo and learn about Biodiversity & Local Habitats! Visit our Pond, River, Forest, Woodland Pool, Grassland and Rocky Summit habitat stations to complete your Habitat Passport. When you complete the activity at each station, you get a stamp. Collect all stamps and win a prize, while discovering ways you can help protect and provide habitat for wildlife.
Fee: $10 parking fee

88. Cunneen-Hackett Murder Mystery Masquerade Dinner
9/15 6:00PM
Cunneen-Hackett Arts Center
9 Vassar Street, Poughkeepsie 12601
(845) 486-4571
cunneenexec@hotmail.com
This is the second Murder Mystery fundraiser dinner for the Cunneen-Hackett Arts Center, an arts organization dedicated to meeting the cultural needs of the community. Guests will be asked to help solve a murder mystery while dining and drinking in the historic grand parlor of the event’s venue, the Andrew Carnegie Library. The evening will feature masks, music, and more! Tickets are $75 per person.
Registration: Online at www.cunneen-hackett.org or by phone by 9/10.
Fee: $75
Not suitable for children under: 10
Additional equipment: Masks or disguises.
There will be some simple black masks provided for guests who don’t bring their own.
Metro North station: Poughkeepsie

89. Gathering on the Banks—A Performance Series at Montgomery Place
9/15 6:00PM Rain Date: 9/16
9/22 3:00PM Rain Date: 9/23
9/29 6:00PM Rain Date: 9/30
Montgomery Place, Bard College
26 Gardener Way, Red Hook 12571
(845) 758-7900
fishercenter@bard.edu
The Richard B. Fisher Center for the Performing Arts at Bard College presents an inaugural season of free outdoor events on the grounds of Montgomery Place, a National Historic Landmark overlooking the Hudson River. This three-event series will highlight the vibrant cultural heritage of the Hudson River Valley and the region’s impression on film, music, and more. Outdoor film screening is 9/15, scheduled rain date is 9/16. Hudson River Jamboree is 9/22, scheduled rain date is 9/23. Outdoor dance performance is 9/29, scheduled rain date is 9/30.
Registration: Online at fishercenter.bard.edu.
Additional equipment: Some seating provided, blankets and lawn chairs permitted.
Additional activities: Food and drink available for purchase from local vendors. Additional activities to be announced.

90. Fall Into Rowing with Mid Hudson Rowing Association
9/15 9:00AM
Hudson River at Poughkeepsie
270-272 N Water Street,
Poughkeepsie 12601
lhr@midhudsonrowing.org
Experience first-hand the joys of recreational rowing on our magnificent Hudson River. This two-session learn-to-row class is perfect for the beginning rower. The first session is an indoor tank session where you will learn the basics of rowing from our certified coaches. In the second session, weather permitting, you will row on the river with support from our club members and coaches. Event will be held rain or shine. Price is inclusive of both days, equipment, and instruction. Children between 14 and 18 must be accompanied by a participating adult.
Notes: Not suitable for non-swimmers.
Registration: Email by 9/8.
Fee: $60
Difficulty: Moderate
Length: Varies
Duration: 2-2.5 hours
Not suitable for children under: 14
Additional equipment: Bring water bottle, sunscreen, and hat. Wear comfortable non-cotton clothing that will keep you warm if wet. Avoid loose-fitting clothing that could interfere with rowing equipment. Boats provided.
Metro North station: Poughkeepsie

91. Nature Awareness Walk led by Steven Michael Pague
9/16 9:00AM
Winnakee Nature Preserve in Hyde Park
3 Van Dam Road, Hyde Park 12538
(845) 876-4213
ellen@winnakee.org
Join Winnakee Land Trust on a community nature awareness walk made possible with generosity from AT&T. Follow Guest Naturalist Steven Michael Pague as he leads you through the Winnakee Nature Preserve. Google Address is: 4204 Albany Post Road (Route 9), Hyde Park, NY 12538 Parking for the event will be to the rear of the Hyde Park Florist shop (at the address above).
Notes: This easy-to-moderate hike takes you on dirt-surfaced woods roads with rolling hills. You'll enjoy babbling brooks and a chorus of forest birds as you meander through upland hardwood forests and hemlock groves.
Registration: Call or email by 5PM 9/4.
Difficulty: Easy
Length: 1.2 miles
Duration: 1.5-2.5 hours
Additional equipment: Sturdy shoes or hiking boots. Light colored, long-sleeved shirts and pants with socks (to tuck pants into) — great tick barrier. Insect repellent. Water bottle (light refreshment provided). No pets. Please arrive a few minutes early for all events, to park and get your bearings.
92. **John Burroughs Slabsides Geology Ramble**
   9/15 9:00AM
   John Burroughs Nature Sanctuary at Slabsides
   West Park 12493
   (845) 384-6556
   info@johnburroughsassociation.org
   Join Vassar College geology professor Jeff Walker for a hike to read the many stories in the rocks of the John Burroughs Nature Sanctuary. The newly developed trails are part of the Hudson River Valley Greenway Trail System. Meet at Slabsides. Burroughs Drive, off Floyd Ackert Road Follow Path Through History signs.
   **Notes:** Tallus piles and some moderately rough terrain on new, well-developed trails, many with stone pathways and steps.
   **Registration:** By email by 9/13.
   **Difficulty:** Moderate
   **Length:** 1.5 miles
   **Duration:** 2 hours
   **Not suitable for children under:** 10
   **Additional equipment:** Wear hiking boots or sturdy shoes and bring water.
   **Additional activities:** Tour John Burroughs’s rustic cabin retreat “Slabsides,” a National Historic Landmark and a Hudson Valley National Heritage Site of Special Interest, where he wrote about nature close at hand. Cabin will be open until 4:00PM.

93. **Fall Foliage Paddle**
   9/16 9:30AM
   Kingston Point Beach
   50 Delaware Avenue, Kingston 12401
   (845) 481-7336
   kckeegan@kingston-ny.gov
   Paddle the Hudson River during one of the most scenic times of the year. This paddle launches from Kingston Point Beach. The trip includes instruction, equipment, and guide.
   **Notes:** Launch from a sheltered cove off beach, paddle is mainly along shoreline in shallow calm waters.
   **Registration:** Online at www.kingstonparksandrec.org or call by 9/14.
   **Fee:** Adults $40. Kingston residents, children, and those who provide their own kayak equipment $30.
   **Difficulty:** Easy
   **Length:** 2.5 miles
   **Duration:** 2 hours
   **Not suitable for children under:** 5
   **Additional equipment:** Boats provided.

94. **Apple Cider Ramble & Fall Festival**
   9/16 1:00PM
   Rain date 9/23 1:00PM
   Peach Hill Park
   32 Edgewood Drive, Poughkeepsie 12603
   (845) 485-3628
   tmeyering@townofpoughkeepsie-ny.gov
   Participants will take a walking tour of our orchard. During the tour you will pick apples and help press them into apple cider at the end of the trip. We will also have kids’ games, horse-drawn hayride, a maze, crafts, and food available.
   **Notes:** Your walk could include steep ascents/descent and muddy trails
   **Fee:** $5 per person. $10 per family donation. Please call (845) 485-3628 to reserve a starting time
   **Difficulty:** Moderate
   **Length:** 1 mile
   **Duration:** 1 hour
   **Not suitable for children under:** 10
   **Additional equipment:** Wear hiking boots or sturdy walking shoes are best. No sandals.
   **Additional activities:** Tour John Burroughs’s rustic cabin retreat “Slabsides,” a National Historic Landmark and a Hudson Valley National Heritage Site of Special Interest, where he wrote about nature close at hand. Cabin will be open until 4:00PM.

95. **Taste of New Paltz**
   9/16 11:00AM-5:00PM
   Ulster County Fairgrounds
   249 Libertyville Road, New Paltz 12561
   (845) 255-0243
   info@newpaltzchamber.org
   Held rain or shine, the Taste of New Paltz is the most unique business showcase of its kind! More than just food, the Taste of New Paltz includes beautiful art. Carefully crafted jewelry, health, and wellness, stroll the business showcase, enjoy live music, and demonstrations. Bring the family for a fun day outdoors featuring many children’s events. Pony rides, magicians, petting zoo, and face painting.
   **Registration:** Purchase tickets online at www.tasteofnewpaltz.com.
   **Fee:** Advance tickets $3. Tickets at gate $5.
   **Additional activities:** Kids’ events include story time, face painting, petting zoo, crafts, hay rides, and more! Live music all day! Craft beer served all day!

96. **History Walk at Carnwath Farms**
   9/16 2:00PM
   Carnwath Farm
   Wheeler Hill Road, Wappingers Falls 12590
   (914) 456-8529
   dicklahey@aol.com
   The walk will begin at the Carnwath Farm Carriage House with a brief talk on Reginald Rives, who had horses and carriages there at the turn of the last century. The group will then walk down the old carriage road to the home of Dick Lahey, who will give a barn tour of his collection of 19th-century Hudson Valley carriages and sleighs. Returns to Carnwath Farm Carriage House.
   **Registration:** Call or email by 9/14.
   **Difficulty:** Easy
   **Length:** 1 mile
   **Duration:** 2 hours
   **Not suitable for children under:** 6
   **Additional equipment:** General sun and bug (tick) protections such as: sunscreen, hats, sunglasses, and bug spray suggested.
Hike, bike and discover the beauty of Westchester

Westchester is the ideal location for outdoor adventure with a unique trail system that offers scenic views, terrain for every fitness level and plenty of spots to rest and reflect on the county’s natural beauty. And with a vibrant art scene, irresistible shopping, authentic farm to table dining and accommodations for every taste and budget, it’s easy to turn a walk in the woods into a memorable getaway.

To meet in Westchester County in the Hudson Valley, go to VisitWestchesterNY.com.
98. Remote and Outback Hike at Minnewaska: Roughin’ It with an Interpretive Guide
9/22 9:30AM-6:00PM
Minnewaska State Park Preserve
5281 Route 44/55, Kerhonkson 12446
(845) 255-0752
stefan.ramirez@parks.ny.gov
Itching for an epic, all-day, ten-mile hike? Join Stefan Ramirez, Student Conservation Association/AmeriCorps intern, for the hike of your life, as we trek along multiple trails at Minnewaska State Park Preserve. This is an all-day hike and guests should come prepared by bringing plenty of food, water, and proper hiking gear.
Notes: There are narrow footpaths, steep ascents/descents, uneven rocky surfaces, some slippery surfaces, and a few steep climbs.
Registration: Call by 9/15.
Fee: $10 per vehicle or a valid Empire Pass Card.
Difficulty: Difficult
Length: 10 miles
Not suitable for children under: 12
Additional equipment: Plenty of food, water, and proper hiking gear, including but not limited to: proper footwear (boots), rain jackets, snacks, bug spray, suntan lotion, and more water.

99. Appalachian Trail Hike to the Iconic Dover Oak
9/22 10:00AM
MetroNorth RR Appalachian Trail Stop
991 Route 22, Pawling 12564
(845) 832-3032
harlemvalleyat@gmail.com
The hike starts at the Appalachian Trail Boardwalk, west of the MetroNorth RR AT station stop, which is just south of Native Landscapes, 991 Route 22. We will hike west (southbound,) across the 1600’ boardwalk. It spans the x. A bridge at the end takes you over the Swamp River and you’ll head up through a forested hillside. At the top of Corbin Hill, the path opens onto farmlands and follows along the perimeter of one of the fields. Heading off the hill, you will arrive at the Dover Oak on West Dover Road in Pawling. For more information: harlemvalleyat@gmail.com.
Notes: Moderate ascent/descent
Difficulty: Moderate
Length: 4 miles
Duration: 3 hours
Not suitable for children under: 6
Additional equipment: Water, bug spray, sun screen, and snacks
Metro North station: Appalachian Trail

100. In Their Own Words - The Battle for Fort Montgomery!
9/22 10:00AM
Fort Montgomery State Historic Site
690 Route 9W, Fort Montgomery 10922
(845) 446-2134
peter.cutul@parks.ny.gov
Come for a unique, extended tour of one of the Hudson Valley’s most dramatic battle sites! Drawing mainly on first hand accounts and archaeological data, this ramble will bring to life the Revolutionary War attack on Fort Montgomery using the words of the soldiers who were there and what they left behind. Program will include rarely visited spots of the battlefield and conclude with a musket firing demonstration. *Rambler welcome to bring a bagged lunch.
Notes: Part of walk will be off trail. Small hill climb.
Registration: Call or email by 5PM 9/21.
Difficulty: Moderate
Length: 1 mile
Duration: 2 hours
Not suitable for children under: 12

101. Trail Love Day at Sterling Forest
9/22 10:00AM
Sterling Forest State Park
South Gate Lot – Intersection of South Gate Road and Butterwood Road, Tuxedo Park 10987
(845) 913-3948
giof@nynjtc.org
The Trail Conference is working hard to build the new, multi-use Munsee Eagle Trail in Sterling Forest State Park, but we need your help! Trail Love Days celebrate all good things about the trail community—connecting with nature, meeting great people, and creating a little trail magic. If you aren’t afraid to get a little dirty, come on out and help us keep your trails great. We’ll teach you everything you need to know about what we do, plus you’ll get snacks and a T-shirt. No experience is necessary, but space is limited.
Registration: Online at www.nynjtc.org/civicrm/event/info%3Fid%3D94986%26amp%3Breset%3D1 by 9/21.
Not suitable for children under: 14

102. Trail Love Day at Breakneck Ridge
9/22 10:00AM
Hudson Highlands State Park
Brook Trailhead Parking Area,
Cold Spring 10516
(201) 512-9348
giof@nynjtc.org
It’s the summer of Trail Love at Breakneck Ridge! The Trail Conference is working hard to improve trails at Breakneck Ridge, but we need your help! If you aren’t afraid to get a little dirty, come on out and help us keep your trails great. We’ll teach you everything you need to know about what we do, plus you’ll get snacks and a T-shirt. No experience is necessary, but space is limited. Give a few hours of your time, and you’ll get: A friendly welcome from our Taconic Trail Crew at the Breakneck Ridge Metro-North train station. No car needed since this train station drops you off right at the Breakneck trailhead! Snacks. Giveaways. Build Your Next Adventure!
Registration: Online at www.nynjtc.org/civicrm/event/info%3Fid%3D94791%26amp%3Breset%3D1 by 9/21.
Not suitable for children under: 14

103. The Garden Conservancy Open Days Program Tour - Dutchess County
9/22 10:00AM-4:00PM
Clove Brook Farm
857 North Clove Road, Millbrook 12545
(845) 424-6500
opendays@gardenconservancy.org
Explore five private and public gardens in Dover Plains, Millbrook, and Stanfordville, open for self-guided tours to benefit the Garden Conservancy. Highlights include perennial gardens, edibles, ponds, and other water features, woodland gardens, topiaries, extensive dahlia collections, and views of the Berkshire Foothills. Begin at Clove Brook Farm or see website for additional locations.
No reservations required; rain or shine. For more information: www.opendaysprogram.org or call the Garden Conservancy toll-free weekdays, 9AM to 5PM EST, 1-888-842-2442.
Fee: $7 per garden. Children 12 and under free.
104. **Kites Over The Hudson**

**Date:** 9/22 2:00PM

**Location:** Washington's Headquarters State Historic Site, 84 Liberty Street, Newburgh 12550, (845) 562-1195; elyse.goldberg@parks.ny.gov

All are invited to come and enjoy the outdoor fun at this annual event when color fills the sky overlooking the Hudson River. Free kites are given to the first 150 children 15 years and under. Free refreshments. Event, museum, and tours, are free on this day, compliments of Central Hudson and Friends of the State Historic Sites of the Hudson Highlands. For more info, please call.

**Portion wheelchair accessible:** Park with various levels of accessible paths. Museum 1st floor accessible. Hasbrouck House accessible. No accessible rest rooms.

**Additional activities:** Washington's Headquarters will be open from 11AM until 5PM. Take a tour of the historic Hasbrouck House and explore the museum including the multi-award winning exhibit, “Unpacked & Rediscovered: Selections from the Washington’s Headquarters Collection.”

105. **Goshen Village Volkswalk for Everyone!**

**Date:** 9/22 9:00AM-2:00PM

**Location:** Harness Racing Museum & Hall of Fame, 240 Main Street, Goshen 10924, (845) 462-7539; vcwpava@gmail.com

Registration either in front of, or in back of, the Harness Museum. The walk route passes numerous historical places in Goshen as well as part of the Goshen Heritage rail-trail. All participants receive a self-guided set of directions with a map and text.

**Notes:** Both the 5k (3.1 miles) and 10k (6.2 miles) trails are all on village streets and rail-trail path.

**Registration:** Email by 9/19.

**Difficulty:** Moderate

**Length:** 3 or 6 miles

**Duration:** 1.5-3 hours

**Not suitable for children under:** 6

**Additional activities:** No fee for walking; those walkers participating in the American Volkssport Association walking program pay $3 for the usual credit fee. After your walk, we recommend visiting the Harness Racing Museum. The museum has many interesting exhibits on the history of trotting horse racing, race and horse auction simulators, and the Hall of Fame.

**Additional equipment:** Boots. Hikers and especially parked cars must have a free DEP permit, available here: https://a826-web01.nyc.gov/recpermitapp/

Plan to carpool: Parking is limited at the trail-head. Bring bug spray. Bring your own lunch.

106. **The Stone Chambers of Mead Farm**

**Date:** 9/22 9:30AM

**Location:** 1090 Route 52, Carmel 10512, (914) 274-0449; theroad2ruins@gmail.com

Colonial constructions, ancient sacred sites, or UFO bases? We will seek out three mysterious stone chambers of unknown origin or date of construction, located on NYC watershed lands. We’ll also visit a balanced rock and the enigmatic Hawk Rock glacial erratic.

Led by David A. Steinberg, author of “Hiking the Road to Ruins”. Meet at Carmel (Dunkin Donuts), then we will carpool to the trail.

**Notes:** Foot trails and eroded abandoned roads, some bushwhacking, no major elevation changes.

**Difficulty:** Moderate

**Length:** 4 miles

**Duration:** 4 hours

**Additional equipment:** Boots. Hikers and especially parked cars must have a free DEP permit, available here: https://a826-web01.nyc.gov/recpermitapp/

Plan to carpool: Parking is limited at the trail-head.

**HUDSON RIVER VALLEY RAMBLE 2018**
107. 200+ Years of Landscape History at Hyde Park

Vanderbilt Mansion National Historic Site
119 Vanderbilt Park Road, Hyde Park 12538
Allan_Dailey@nps.gov

During this ninety minute hike a ranger will chronicle 200 hundred years of landscape history at the Vanderbilt’s Hyde Park country place. Learn about earlier estate owners, the Vanderbilt’s care of the property and the National Park Service’s ongoing plans for the very important American landscape. This year the tour will highlight the recently concluded exteriors of the Vanderbilt’s Hyde Park home and discuss the archaeological finds that were unearthed during the project.

Notes: Hike will be taken on flat, grassy landscape and some paved areas.

Difficulty: Easy
Length: 1.8 miles
Duration: 1.5 hours
Portion wheelchair accessible: The formal gardens are accessible to cars with handicap registration with a pass obtained at the visitor center.

Additional equipment: Participants may wish to bring water.

Additional activities: Tours of the Vanderbilt Mansion will be available before and after the hike. Regular admission will apply. There is no fee for the hike.

108. The Garden Conservancy Open Days Program Tour - Ulster County

Hortus Conclusus
76 Mill Road, Stone Ridge 12484
(845) 424-6500
opendays@gardenconservancy.org

Explore four private and public gardens in Accord, Olivebridge, and Stone Ridge, open for self-guided tours to benefit the Garden Conservancy. Highlights include a Buddha garden with a teahouse, organic farms with vegetables, herbs, and flowers, woodland gardens, and a young botanical/arboretum of Hudson Valley plant diversity. Begin at Hortus Conclusus or see website for additional locations. No reservations required; rain or shine.

For more information: see www.opendaysprogram.org or call the Garden Conservancy toll-free weekdays, 9AM-5PM EST, 1-888-842-2442.
Fee: $7 per garden. Children 12 & under free.

109. Tales from the Ancient Documents of Dutchess County

Brinckerhoff House Historic Site
68 North Kensington Drive, Hopewell Junction 12533
(845) 227-4136
rjsodler@gmail.com

Dutchess County Historian William P. Tatum III, PhD will present a program of Tales from the Ancient Documents of Dutchess County. Light refreshments will be provided.

Additional activities: Costumed interpreters will offer free tours of the historic house before and after the program. We encourage visitors to explore the grounds and outbuildings including our one room school house, carriage barn, ice house, and working blacksmith shop. A picnic area is available.

110. Cary Institute Forest Ecology Walk

Cary East (Gifford House) Parking Area
2917 Sharon Turnpike, Millbrook 12545
(845) 677-7600 x121
freeman@caryinstitute.org

Join Cary Institute forest ecologist Dr. Charles Canham for an interpretive walk along the Wappinger Creek Trail. While exploring our forests, fields, and wetlands, Dr. Canham will discuss how land use has transformed Hudson Valley landscapes. Discover how current forest composition is a reflection of past farming practices, and how the future forest will be influenced by climate change, pests and pathogens, and air pollution. The walk will begin at the Cary East (Gifford House) parking area.

Notes: Hiking trails with some uneven rocky surface.

Registration: Online at www.caryinstitute.org/events.

Difficulty: Moderate
Length: 2 miles
Duration: 2 hours
Additional equipment: Participants should bring drinking water and wear hiking shoes or boots.

111. Rondout National Historic District Walking Tour

Ulster County Heritage Area Visitors Center
20 Broadway, Kingston 12401
(845) 339-0720
fohk@verizon.net

Hear how Kingston’s historic waterfront district mushroomed from farmland into a prosperous maritime village and major Hudson River port during the heydays of the Delaware and Hudson Canal (1828-1898). View the legacy of residential, commercial and ecclesiastical architecture built by the “melting pot” of nationalities that emigrated to the Rondout in the nineteenth century.

Notes: Sidewalks with one gravel surface path. Some uphill walking.
Fee: $10 adult. $5 child under 16.
Difficulty: Moderate
Length: 1 mile
Duration: 1.5 hours
Portion wheelchair accessible: Gravel uphill path is not wheelchair accessible.

112. Mandeville House Tour

122 Lower Station Road, Garrison 10524
(845) 424-3626
p2kath@aol.com

Built in 1737, the oldest house in Garrison was built by Jacob Mandeville, a young man of Dutch origin. The house was a strategic point during the American Revolution and was headquarters for General Putnam and other notable commanders. Many revolutionary war heroes were quartered at the house—most notable being George Washington and other revolutionary war heroes. Be sure to see the old Revolutionary era road in front of the house. Tours are given until 4PM.

113. National Public Lands Day Volunteer Event

Sam’s Point Area of Minnewaska State Park Preserve
400 Sam’s Point Road, Cragsmoor 12420
(845) 647-7989
laura.davis@parks.ny.gov

Come join us at Sam’s Point to celebrate National Public Lands Day! We will be working on pulling invasive plants from along the sides of our trails. Removal of these species is a very important step in protecting the globally rare ecosystem found here. All necessary training and tools will be provided. After the work day is over, please feel free to continue to celebrate by hiking our wonderful trails! All National Public Lands Day volunteers will receive a free day pass to participating federal public lands, including most National Parks. Meet at the Sam’s Point Visitor Center.

Registration: Call prior to event.

Additional equipment: All necessary training and tools will be provided. If you have your own work gloves, which you prefer to use, please bring them. Please make sure to bring enough water to last the day (at least 2 liters), snacks, and a lunch.

Additional activities: All National Public Lands Day volunteers will receive a free day pass to participating federal public lands, including most National Parks.

114. Sterling Forest Fire Tower Ramble

Sterling Forest State Park
116 Old Forge Road, Tuxedo 10987
(845) 351-5907
barbara.kohberger@parks.ny.gov

The Fire Tower Ramble is a moderate 4 mile loop highlighted by scenic views of Sterling...
Forest. Hikers are able to observe the surrounding Hudson Highlands from a 60 foot fire tower built in 1922.

Notes: Trails can be steep and rocky, so please wear sturdy hiking shoes.

Registration: Call by 9/23.

Difficulty: Moderate

Length: 4 miles

Duration: 4 hours

Not suitable for children under: 10

Additional equipment: Bring water, a snack, and boots.

115. Newburgh Open Studios
9/29 9/30 12:00PM-6:00PM
5 Grand Street, Newburgh 12550
(845) 561-5552
michael@newburghartsupply.com
The 8th Annual Newburgh Open Studios tour offers a unique opportunity to see the work of and meet many of the artists in the City of Newburgh’s burgeoning arts community. The studios are located in some amazing historic buildings, most of which are rarely open to the public. This is a self-guided tour, much of it walkable from Newburgh Art Supply. Maps will be available on both days starting at 10AM at Newburgh Art Supply.

Portion wheelchair accessible: Some locations are at street level, others are up stairs.

116. Pine Swamp Loop Hike
9/30 10:00AM
Lake Skannatati Parking Area in Harriman State Park
Southfields 10975
(845) 786-2701 x293
chris.osullivan@parks.ny.gov
This hike begins with an easy walk on the Long Path through open woodlands along the shores of Lake Skannatati and crossing Pine Swamp Brook. Gradually climbing, it takes you past huge rock ledges and through hilly blueberry patches, until it intersects with the Dunning Trail. Following this old mine road, you ascend to Pine Swamp, home to pitcher plants, sundews, beaver, and historic mines. Intersecting with the Arden-Surebridge trail, you bend around the shoulder of Pine Swamp Mountain and rapidly descend through open forest to the parking area.

Notes: Uneven rocky surfaces, wet areas, Portion wheelchair accessible: Some portions may be wet.

Registration: Call by noon 9/27.

Difficulty: Difficult

Length: 2.8 miles

Duration: 2.5 hours

Not suitable for children under: 12

Additional equipment: Bring plenty of drinking water and boots. Bring your own lunch.

117. Storm King Mountain Loop Hike
9/30 10:00AM
Storm King State Park Parking Area
Cornwall-On-Hudson 12520
(845) 786-2701 x293
chris.osullivan@parks.ny.gov
Beginning and ending with some fairly steep stretches and some rock scrambling, this 2.5 mile loop meanders from stunning view to stunning view, summiting both Butter Hill and Storm King Mountain. (If you are traveling from the north, then please be aware that the parking area is on the northbound side of the divided highway, Route 9W. You will need to continue on Route 9W South, past the parking area, to the exit for Route 293/218. Here you will follow signs for Route 9W North, which will bring you to the parking area.)

Notes: steep ascents and descents, uneven rocky surfaces, rock scrambling

Registration: Call by noon 9/27.

Difficulty: Difficult

Length: 2.5 miles

Duration: 3 hours

Not suitable for children under: 12

Additional equipment: Bring plenty of drinking water and boots. Bring your own lunch.

118. National Public Lands Day
Roosevelt Farm Lane Hike
9/30 11:00AM
Roosevelt Farm Lane Route 9 Side
4086 Albany Post Road, Hyde Park 12538
(845) 229-7770
allan_dailey@nps.gov
Farm lane is a trail that follows the internal road through Franklin Roosevelt’s tree plantations connecting the “big house,” Springwood to the cottage at Val-Kill. This guided hike celebrates Public Land Day and will explore a few of the president’s tree plantations and discuss tenant farmer Moses Smith, who continued to operate a farm on much of the acreage even after the president purchased it. It begins at the Farm Lane trailhead and continues to the parking lot on Route 9G opposite the entrance to Val-Kill. Participants may return to Route 9 or make arrangements to be picked up on Route 9G.

Notes: A well manicured and wide trail shared by pedestrians, bicycles, and trams. Some portions may be wet.

Difficulty: Moderate

Length: 2.5 miles

Duration: 2.5 hours

Additional equipment: Binoculars, water, snack(s), bug spray, sun screen, and/or a hat for protection from the sun.

119. Warwick Children's Book Festival
10/6 11:00AM-4:00PM
Railroad Avenue & Railroad Green
28 Railroad Avenue, Warwick 10990
(845) 986-1047
warbookfest@rcls.org
Seventy distinguished authors and illustrators of books for children and teens will gather to meet readers and autograph their books, which will be available for purchase on-site. Admission is free and all are welcome. The Uncle Brothers will perform a free concert for children on Railroad Green at noon. There will also be activities for children such as crafts, storytime, and the opportunity to read to a trained therapy dog. Visit warwickchildrensbookfestival.org.

Additional activities: In the event of rain, the festival will be held instead at Warwick Valley Middle School: 225 West Street, Warwick, from 11AM-4PM, and an announcement posted on the festival’s website.
120. **USS Slater Open for Tours**

Throughout September  
Broadway & Quay Street, Albany 12202  
(518) 431-1943  
info@ussslater.org  

Tour the last World War II Destroyer Escort afloat in America. USS SLATER is open for tours Wednesday through Sunday, 10AM-4PM. Admission is charged.  

Fee: $9 per adult. $8 per senior citizen 65 and older. $7 per child ages 6-14.  

Not suitable for children under: 4  
Additional equipment: Comfortable walking shoes and raingear, as needed.

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121. **Copake Iron Works Tours**

All Ramble Weekends  2:00PM  
Taconic State Park (Copake Falls)  
33 Valley View Road, Copake Falls 12517  
(518) 329-3993  
info@friendsoftsp.org  

The Copake Iron Works historic site is one of the most intact examples of 19th century industrial ironmaking in the Northeast. Components of this extraordinarily intact 19th century industrial complex include the rare blast furnace, the blowing engine house, a machine shop museum with original equipment and artifacts, an original condition ironworkers’ residence, a Carpenter-Gothic-style office building, and the elegant residence of Isaac Chesbrough, one of the first ironmasters for the site. Museum displays a large number of artifacts from the charcoal-fired Copake Ironworks that operated from 1845 to 1903. The museum and guided tours are free.

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122. **Tour of Historic Cherry Hill**

9/1 1:00PM  9/15 9/22 1:00PM  
Historic Cherry Hill  
523 1/2 S. Pearl Street, Albany 12202  
(518) 434-4791  
deborah@historiccherryhill.org  

Tour the five-generation home of the Van Rensselaer family. Learn about the Cherry Hill family’s experience during World War I and about the mansion’s final phase of restoration. Tours will be held every hour from 1-3PM.  

Fee: $5 adults. $4 students & seniors.  
$2 children.  

Portion wheelchair accessible: Only the orientation gallery and historic south kitchen are accessible.

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123. **Guided Nature Walk**

9/1 1:00PM  9/15 9/22 10:00AM  
Schodack Island State Park  
1 Schodack Island Way,  
Schodack Landing 12156  
(518) 732-0187  
asheal.drum@parks.ny.gov  

Meet at the Main Comfort Station. Join a park naturalist for a leisurely walk on the Park’s trails. Dress for the weather and wear appropriate footwear.  

Fee: $6 fee to enter the park.  
Difficulty: Moderate  
Length: 2.5 miles  
Duration: 2 hours  
Not suitable for children under: 4

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124. **Museum Storytelling: Family Tours Inside Olana**

9/1 10:00AM  
Olana State Historic Site  
5720 NY-9G, Hudson 12534  
(518) 828-1872  
visitorservices@olana.org  

Master storyteller Tom Lee has spent the winter writing and tracking the adventurous travels of Frederic Church through the Middle East to prepare stories for inside the main house at Olana. Lee uses art, objects, history, and interactivity to help young people (and grown-ups!) fall in love with museums. This is a program designed to introduce youth to the magic of a historic house museum.  

Registration: Night before reservation (by 11:59PM)  
Not suitable for children under: 5
125. Olana Historic Landscape Tours
911 912 914 917 918 919 921 914 915 916 918 921 922 923 925 928 929 930
10:30AM
Olana State Historic Site
5720 NY-9G, Hudson 12534
(518) 828-1872
visitorservices@olana.org
Topics include art and design, the native woodlands and meadows, the farm, the constructed lake, Church’s original painting studio, architectural elements, views, and Olana’s ongoing preservation story. Options for our Walking Tour, or our Electric Carriage Tour!
Registration: Night before deadline, 11:59PM
Fee: Varying from $10 - $35.

126. Family Fun Hike
911 11:00AM
Albany Pine Bush Preserve
Blueberry Hill West Trailhead #5, Pitch Pine Road, Albany 12203
(518) 456-0655
info@albanypinebush.org
Join us for an end-of-summer family hike. We will meet at Blueberry Hill West trailhead (#5) and hike over rolling terrain. Children under 18 must be accompanied by an adult. Reservations required.
Notes: Rolling sand dunes with occasional tree roots.
Registration: Make reservations by phone or visit www.albanypinebush.org/events.
Difficulty: Moderate
Length: 1.4 miles
Duration: 1.5 hours
Not suitable for children under: 6

127. Artist on Art Tour
911 922 5:00PM
Olana State Historic Site
5720 NY-9G, Hudson 12534
(518) 828-1872
visitorservices@olana.org
Artists offer a unique lens with which to “read” an artist’s home and landscape. This season TOP partners with the Institute for Arab and Islamic Art in NYC to bring a dynamic mix of contemporary artists to Olana to layer their perceptions of Middle Eastern influences in Church’s home of American landscape painting. During this series, artists use many disciplines and “poetic license” to talk about Olana and the exhibition “Costumes & Customs” with concepts and connections that are unique to the guide. This is not a traditional house tour! Artist-led tours are accompanied by TOP’s director of education and end with a glass of wine and a snack on the piazza near sunset.
Registration: Night before deadline, 11:59PM
Fee: Member $10. Non-Member $15.
Not suitable for children under: 10
Portion wheelchair accessible: No lift to the second floor of the estate.

128. A Stroll Back in Time
911 9:00AM
Greenport Conservation Area
319 Joslen Boulevard, Greenport 12534
(518) 392-5252 x207
heidii.bock@clctrut.org
Join us on a stroll back in time, as we visit a portion of the Greenport Conservation Area that was the site of a brickyard more than 75 years ago. Hear about the local brick-making history and how it shaped the land we see today.
Notes: Some uneven terrain in woods and along clay bluffs.
Registration: Register at clctrut.org/events, or by email or phone.
Difficulty: Moderate
Length: 3 miles
Duration: 2 hours

129. Paspacannoe Island Nature Preserve Walk
912 9:00AM
Paspacannoe Island Nature Preserve
Staats Island Road, Castleton 12033
(518) 270-2888
ashaughnessy@renesco.com
Led by David Chinery from the Cornell Cooperative Extension, enjoy a 1-hour walk through the Paspacannoe Island Nature Preserve and discover the various species of plants and animals that make the 156-acre Preserve and Hudson River shoreline their home. This riparian setting is a pristine example of nature reinventing itself. Over 30 acres of the preserve are still farmed today, giving the land the distinction of being under active agriculture (corn) longer than any other lands in the U.S. Over six miles of hiking trails offer public access to over 2 miles of Hudson River shoreline. From 9J, turn Right at Preserve South Entrance Sign onto Staats Island Road; go .25 mi. cross Amtrak tracks, right into preserve parking lot.
Notes: Trails are relatively flat with some uneven surface and slight ascents/descents, exposed tree roots and limbs.
Registration: Registration appreciated by phone before 830.
Difficulty: Moderate
Length: 1 mile
Duration: 1 hour

130. Gray Matters: Connecting Dementia & Alzheimer’s to Olana
915 3:30PM
Olana Historic Site (Visitors Center)
5720 NY-9G, Hudson 12534
(518) 828-1872
visitorservices@olana.org
Join us for Olana’s bimonthly program designed for individuals with early stages Alzheimer’s and dementia and their family or caregivers. This program invites all participants to take part in conversation and create art around specific Olana-related themes. Once a month the program will be outside in Frederic Church’s artist-designed landscape; participants will be driven on the historic carriage roads in an electric carriage. The other program of each month will take place inside the Persian-style Main House. Participants are welcome to join us at 3:30 for tea and cake in the Visitor Center before the program begins. Please make advanced reservations as this program is limited to 10 people.
Registration: Night before deadline, 11:59PM

131. We Can Pickle That!
916 1:00PM
Clermont State Historic Site
Clermont Cottage
87 Clermont Avenue, Germantown 12526
(518) 537-6622
jhemmerlein@friendsofclermont.org
How did Victorians extend their summer harvest into the cold winter months? Let us show you how to safely ferment garden-fresh produce you can take home. Part of our Harvesting History Family Workshop Series. Join Leslie Reed (Clermont’s Garden Educator) in educational and fun nature- and garden-based activities open to ages 8 to 108!
Registration: Register at www.friendsofclermont.org or by email or phone.
Fee: $10 for adults. Children are free.
Not suitable for children under: 8
Additional equipment: None. All supplies are included

132. Codfish Point Quary
916 10:00AM Rain Date 916
Platte Clove Preserve
Platte Clove Road, County Route 16, Elka Park 12427
(315) 853-1070
ccswhite@juno.com
Hike the Overlook Trail through the Platte Clove Preserve, with nature signs, to an interesting large quarry overlooking the Hudson Valley known as Codfish Point, where workers were stranded for days during a snowstorm and subsisted on canned codfish!
Notes: Moderate ascent on typical Catskills rocky trail.
Registration: Call or email by 9/6.
Difficulty: Moderate
Length: 3.9 miles
Duration: 5 hours
Not suitable for children under: 10
Additional equipment: Hiking boots highly recommended. Bring your own lunch.
Additional activities: After returning, join an optional short hike to Platte Clove Falls.

133. Cornell Hill Fire Tower Tours
916 10/6 912 9/29 9/30 10:00AM
Clermont State Historic Site
Clermont Cottage
87 Clermont Avenue, Germantown 12526
(518) 537-6622
jhemmerlein@friendsofclermont.org
Climb an authentic fire tower and view a replica fire observer’s cabin without having to climb a mountain! Get a treetop view of Wilton Wildlife Preserve & Park. The schedule is subject to weather conditions and availability of Volunteer Fire Tower Interpreters. Hours of operation are 10AM to 3PM. To confirm that it is open, contact Larry Gordon (Town of Wilton Fire Tower Coordinator) by phone. Children under 18 must be accompanied by an adult.
Not suitable for children under: 5
Troy Historic District Food Tour
3-12. Includes a progressive brunch/lunch

Put on your walking shoes for an entertaining and delicious way to learn about Troy and the role food is playing in bringing this architectural gem back. Taste of Troy Food Tours provides a unique opportunity to explore this beautiful downtown riverfront while sampling foods and beverages from establishments that are helping to revitalize this historic city. Our walking tour allows you to experience the vibrant culinary scene that surrounds Troy’s amazing all-year-round farmers’ market and ends in time for you to shop the market and meet the local farmers and vendors. Arrive by 9:45AM. Rain or shine.

Registration: Book tickets at www.tasteoftroyfoodtours.com or by phone by 9/6.

Fee: $49 per person. $29 for children between 3-12. Includes a progressive brunch/lunch. Works for regular wheelchairs but not for electric wheelchairs. Refreshments will be available at the Overlook concession stand. On Sunday, September 9, raptor viewing and counting continues with Will Aubrey. Please call for additional information.

136. Uncle Sam: The Man & The Legend
9/8 10:30AM
Troy Waterfront Farmer’s Market Information Booth
Monument Square, River Street, Troy 12180
(518) 272-7232
ksheehan@rchonline.org
Explore the sites associated with Samuel Wilson, aka Uncle Sam. In 1961 President John F. Kennedy declared that Troy was the official home of Uncle Sam, and that Samuel Wilson was the progenitor of our nation’s symbol. As we explore the historic district we will explore this fascinating story of the man and the legend. Sites include Samuel Wilson’s home and site of the meat packing plant that made him famous during the War of 1812, as well as the Uncle Sam statue and related sites associated with Uncle Sam!

Notes: Uneven sidewalks, there are cutaway curbs for wheelchairs.

137. Wild Tails of Albany Animals
9/6 11:00AM
Discover Albany Visitors Center
25 Quackenbush Square, Albany 12207
(518) 434-0405
accvb@albany.org
The City of Albany is WILD! Wild Tails of Albany Animals is a first-of-its-kind guided walking tour that leads your family on a safari through downtown Albany. Together with your guide, you will uncover many creatures in the form of carvings and statues hidden in plain sight. Your guide will regale you with historic tails of Albany’s long-time love of furry friends, including Owney the Railway Mail Dog and our beloved Nipper!

Notes: City sidewalks

Fee: Adults $3. Children are free.

Difficulty: Easy

Length: 5 miles

Duration: 1 hour

Not suitable for children under: 3

138. Monarch Butterfly Walk
9/8 11:00AM
Wilton Wildlife Preserve & Park Camp
Saratoga, Wilton, NY
80 Scout Road, Gansevoort 12831
(518) 450-0321
mbolson@wiltonpreserve.org
Join us for a nature walk to learn about the amazing lifecycle of the Monarch butterflies. The walk covers about a mile of gently rolling terrain. We will be looking for the butterflies during their peak season just before they start to migrate to Mexico for the winter. The monarch butterflies love the preserve and park for its many nectar species and its open pine/oak savannah. The walk will not take place if there is rain.

Notes: Gently rolling terrain, wide sandy trails.

Difficulty: Easy

Length: 1 mile

Duration: 1 hour

Not suitable for children under: 3

Additional activities: Each pub on the tour will offer specials exclusive to tour attendees.

134. Taste of Troy Food Tours’ Central Troy Historic District Food Tour
9/8 9:29AM-1:00PM
275 River Street, Troy 12180
(518) 495-2277
info@tasteoftroyfoodtours.com
Put on your walking shoes for an entertaining and delicious way to learn about Troy and the role food is playing in bringing this architectural gem back. Taste of Troy Food Tours provides a unique opportunity to explore this beautiful downtown riverfront while sampling foods and beverages from establishments that are helping to revitalize this historic city. Our walking tour allows you to experience the vibrant culinary scene that surrounds Troy’s amazing all-year-round farmers’ market and ends in time for you to shop the market and meet the local farmers and vendors. Arrive by 9:45AM. Rain or shine.

Registration: Book tickets at www.tasteoftroyfoodtours.com or by phone by 9/6.

Fee: $49 per person. $29 for children between 3-12. Includes a progressive brunch/lunch. Portion wheelchair accessible: One of the stops works for regular wheelchairs but not for electric wheelchairs.

Additional equipment: Comfortable walking shoes.

135. Hawk Migration Watch at Thacher Park
9/8 10:00AM-2:00PM
Thacher State Park Overlook
830 Thacher Park Road, Voorheesville 12186
(518) 872-0800
nancy.engel@parks.ny.gov
Thacher Park Overlook is a great place to watch for hawks flying south during their fall migration. Hawk watch leader Will Aubrey will be on hand to answer questions, provide background material, compile statistics, and assist with hawk identification. Come see live raptors and learn about wildlife rehabilitation. Refreshments will be available at the Overlook concession stand. On Sunday, September 9, raptor viewing and counting continues with Will Aubrey. Please call for additional information.

139. Historic Neighborhood Brew Tour - Downtown Albany
9/8 12:00PM
Olde English Pub
683 Broadway, Albany 12207
(518) 434-0405
accvb@albany.org
Did you know Albany was once at the center of the North American beer industry? Albany beer historian Craig Gravina is an author and co-founder of the Albany Ale Project. Craig will be leading tours through Albany’s former brewing districts, discussing the impact beer and ale had on Albany. The Downtown Albany tour will meet at the Olde English Pub, known to locals as the Quackenbush House.

Notes: City sidewalks, moderate climb

Registration: Purchase tickets on Eventbrite by 9/1 at www.eventbrite.com/e/historic-neighborhood-brew-tours-downtown-tickets-45698532541

Fee: $10

Difficulty: Easy

Length: 1.5 miles

Duration: 2 hours

Not suitable for children under: 21

Additional activities: Each pub on the tour will offer specials exclusive to tour attendees.
140. Geology, The Ice Age, and Hudson River School Hike
4:00PM
Olana State Historic Site
5720 NY-9G, Hudson 12534
(518) 828-1872
events@olana.org
Join us for a tour of Olana’s geological landscape with Hartwick College geology professor Robert Titus. This program will start from Olana’s Visitor Center. Participants will learn about the geological history of Olana and the forces that shaped the 19th-century Hudson River School artist Frederic Church’s artist-designed landscape. Experience Olana’s landscape with new eyes—the eyes of a geologist who sees where science meets storytelling and time travel is possible. The hike will be followed by apples and ice water. Wear smart shoes and sunscreen.
Registration: Night before deadline, 11:59PM
Fee: Member: $5. Non-Member: $10.
Difficulty: Easy
Length: 1.5 miles
Not suitable for children under: 8
Additional equipment: Boots.

141. Troy’s Walk With A Doc
8:00AM
Troy Waterfront Farmer’s Market/
Riverfront Park
River and Fulton Streets, Troy 12180
(518) 833-6479
collarcityramble@gmail.com
The Walk With A Doc program is geared toward helping people improve their health and get active. Walking for as little as 30 minutes a day can reduce the risk of coronary heart disease, improve blood pressure and blood sugar levels, elevate mood, and reduce the risk of osteoporosis, cancer, and diabetes. Proceed at your own pace while walking with local doctors from Capital Cardiology Associates, Troy Associates of Cardiology, Samaritan Hospital, and Street Mary’s Hospital in a fun, free walking program. Upon conclusion of the walk, nurses will be on hand to take blood pressure and physicians will be available for questions. Troy’s Walk With A Doc occurs on the second Saturday of every month, moving indoors during the winter. Registration starts at 7:30AM.
Notes: The route loops around Riverfront Park which has slight elevations.
Difficulty: Easy
Length: Based on individual capacity
Duration: 1 or 2 hours
Additional activities: This month’s walk is offered as part of the Collar City Ramble.
142. 8th Annual Kayaking 4 Meso
9/8 9:30AM
Halfmoon Lighthouse Park
589 Hudson River Road, Waterford 12188
(518) 495-6099
markwells@kayaking4meso.org
This is a paddle to raise awareness and donations for Mesothelioma research. All proceeds are donated to the Mesothelioma Applied Research Foundation.
Notes: We launch from the Flight Lock Road boat launch in Waterford, NY. This is about a 7.5 mile paddle as we go through 6 locks. We paddle together in a group and are escorted by the NYS Police. PFD's are required.
Registration: Register at www.kayaking4meso.org or by email by 8/18.
Fee: $30 registration fee. $40 after August 18th.
Difficulty: Easy
Length: 0.2 miles
Duration: 1.5 hours
Not suitable for children under: 8
Additional equipment: Participants will need a kayak, paddle, and PFD.
Additional activities: Festivities from 1:00 - 4:00PM at the Halfmoon Lighthouse Park. Food and refreshments will be available. Shuttle buses available in the morning.

143. Family Nature Journaling
9/9 1:00PM
Albany Pine Bush Preserve Discovery Center
195 New Karner Road Suite 1, Albany 12205
(518) 456-0655
info@albanypinebush.org
Come spend part of your day with us as we draw inspiration from nature and pause to observe life in the Pine Bush. We will combine drawing, scientific observation, poetry, and more as we each record a visit to the Pine Bush in our own creative way. This program will include a short hike. Children under 18 must be accompanied by an adult. Reservations required.
Notes: The trail is paved in some areas and gravel in others. The terrain is not flat, but the slopes are gentle to moderate.
Registration: Make reservations by phone or visit www.albanypinebush.org/events.
Difficulty: Easy
Length: 0.2 miles
Duration: 1.5 hours
Not suitable for children under: 6
Additional activities: Festivities from 1:00 - 4:00PM at the Halfmoon Lighthouse Park. Food and refreshments will be available. Shuttle buses available in the morning.

144. Tours of the Historic Van Schaick Mansion
9/9 10:00AM, 4:00PM
Van Schaick Mansion
1 Van Schaick Avenue, Cohoes 12047
(518) 439-0814
johannashogan@earthlink.net
The historic Van Schaick Mansion was built around 1735 and is where the Battles of Saratoga were planned. This English house with a Dutch flair is an amazing venue for considering the lives of the people who were here at the time of the American Revolution. Fee: $5 suggested donation. No charge for children.
Not suitable for children under: 6

145. Sundays Along the River: Icy Endeavors
9/9 2:00PM
Bronck Museum
90 County Route 42, Coxsackie 12051-
(518) 731-6490
operations@gchistory.org
Join Historian Richard Muggeo for the history of Greene County's commercial ice industry from the river to the ice box.
Fee: Adults $8. GCHS members/children $4.
Portion wheelchair accessible: Historic house so only portions are wheelchair accessible

146. Barry Hopkins Run
9/9 8:30AM
Olana State Historic Site
5720 NY-9G, Hudson 12534
(518) 828-1872
visitorservices@olana.org
Spend the morning on this course traversing the historic carriage roads at Frederic Church’s Olana. This event is a collaboration with the Onteora Running Club and supports arts education in the Catskill School District and at the Olana Partnership. Please register online or on race day. Rain or shine. Free T-shirt to the first 75 people who register.
Registration: Night before deadline, 11:59PM.
Fee: Member: $15. Non-Member: $20.

147. Tiffany Windows, Waterfalls and a 100 Mile View
9/9 1:00PM
Oakwood Cemetery
186 Oakwood Avenue, Troy 12182
(518) 272-7520
oakwood_cemetery@yahoo.com
Join Ned Pratt and Michael Barrett as they introduce you to the amazing beauty and history of Oakwood Cemetery. See the Earl Chapel’s Tiffany windows, Uncle Sam’s grave, and a 100-mile view, as well as ponds, waterfalls, striking gravestones, markers, and more. Meet at the Earl Chapel.
Registration: Register by phone. Fee: $15

148. Dutch Heritage Day
9/9 10:00AM
Albany Rural Cemetery
Cemetery Avenue, Albany 12204
(518) 463-7017
albanyrural1@gmail.com
Founded in 1841 and covering 467 acres, the Albany Rural Cemetery has many unique ties to the Capital Region’s Dutch heritage. A walking tour will explore these historic connections from 18th century headstones to Van Rensselaer patroons and beyond. The Cemetery’s 1884 Chapel will also be open with refreshments, displays, and more.
Registration: Call or email by 9/8.
Fee: $15
Not suitable for children under: 10
Additional equipment: Proper walking shoes are a must, as tours will include unpaved and hilly areas. Bug spray is also recommended.

149. Discover the Hilltowns: Farms, Artisans and More Tour
9/9 10:00AM
Berne, Knox, Rensselaerville and Westerlo
(518) 872-1390
hhapublicity@gmail.com
Experience the scenic hilltowns of Albany County on this self-guided driving tour of farms, artisan studios, markets, historical museums, and other places of interest. Choose from dozens of destinations. Maps with details, schedules, wheelchair accessibility, and locations for gas and food are
available free at all venues or can be downloaded from our website www.hilltowns.org. Our 2018 map will be finalized in September. **Portion wheelchair accessible:** Tour is by car. Each site’s accessibility will vary; see printed guide or contact Helderberg Hilltowns Association for details at www.hilltowns.org.

**Additional equipment:** Comfortable shoes; boots recommended for farm tours. Dress for the weather.

**Additional activities:** Family-friendly tours, pasture walks, and demonstrations are available, and some venues offer sales of their produce and wares. See website and printed guide for details. There is no charge for tours or printed guide with map.

### 150. Palenville Overlook
**9/15 10:00AM Rain Date 9/16**
Outside North South Lake Public Campground
Schutt Road, Haines Falls 12436
(315) 853-1070
ccswite@juno.com

Hike the Escarpment Trail and Sleepy Hollow Horse Trail to fantastic views east over the Hudson Valley and Palenville and a view straight down to NY Route 23A from rock thrones next to an old boardhouse foundation.

**Notes:** Hike involves a steep pitch, rocky terrain, and ledges at the viewpoint.

**Registration:** Call or email by 9/13.

**Difficulty:** Difficult

**Length:** 5.3 miles

**Duration:** 6 hours

**Not suitable for children under:** 10

**Additional equipment:** Hiking boots recommended. Bring your own lunch.

**Additional activities:** If shuttle used, carpooling may be required and shared park entrance fee.

### 151. Battle of Saratoga Anniversary Encampment
**9/15 10:00AM-4:00PM**
**9/16 10:00AM-3:00PM**
Saratoga National Historical Park
648 Route 32, Stillwater 12170
(518) 670-2981
eric_schnitzer@nps.gov

Come help us commemorate the 241st anniversary of the Battle of Saratoga! This year’s event theme will be “Civilians in the Camp.” Our focus will be on the non-combatants, such as the camp followers (wives and whole families of the soldiers) and the sutlers (army-approved merchants) in both American and British armies, as well as the “Albanians,” British loyalist refugees from Albany, and on boatmen, pioneers, and carters (wagon and cart drivers) with the British army. There will of course also be soldiers in both camps: Colonel Thomas Marshall’s Continental Regiment for the American side, and the 62nd Regiment of Foot for the British side.

**Fee:** Battlefield entrance fees apply: $5 per car. $3 per adult (hike, bike, horseback). $10 for annual pass.

**Not suitable for children under:** 3

**Additional equipment:** No food services are available, though bookstore has snacks and bottled water. Dress for the weather. Bring sunscreen and insect repellent. Bicyclists must wear helmets.

**Additional activities:** While there will be American and British soldiers, musket firing will be at a minimum, and there is no cannon firing scheduled. Programming will offer a special “behind the scenes” view of life within the American and British camps here at the Battle of Saratoga: cooking, laundry, sutlery, boatmen (British navy forces here), pioneers (wilderness travel), and carters (transporting equipment).

### 152. Capital Region Apple and Wine Festival
**9/16 10:00AM-6:00PM**
Altamont Fairgrounds
6654 Dunnsville Road, Altamont 12009
(518) 861-6515
info@altamontorchards.com

Our 26th annual festival, includes a craft fair, local foods, apple, ciders, baked goods, NYS wineries, family entertainment, and music.

**Fee:** Admission charge $8. Children under 15 free. Wine tasting charge $8. Includes wine glass.

**Additional activities:** Haunted House, bounce houses, and pony rides 12PM to 4PM.

### 153. Crailo Harvest Faire
**9/16 11:00AM Rain Date 9/17 11:00AM**
Crailo State Historic Site
9 1/2 Riverside Avenue, Rensselaer 12144
(518) 463-8738
sam.huntington@parks.ny.gov

An old-fashioned agricultural festival devoted to all aspects of harvest time in the Colonial-era Hudson Valley. Harvest Faire offers seventeenth and eighteenth century music, Colonial Dutch re-enactors, vendors, Native American and colonial demonstrations, games, and activities.

**Fee:** Harvest Faire is a free outdoor event. A nominal fee is charged for entry to the museum exhibit inside Crailo State Historic Site.

**Portion wheelchair accessible:** Our grounds are largely accessible as is the first floor of the museum. Please contact Crailo at (518) 463-8738 about available accommodations.

### 154. The Enchanted City
**9/16 11:00AM-6:00PM**
Junction of River and First Streets
1 First Street, Troy 12180
(518) 892-2933
suedunkel@gmail.com

The Enchanted City is the Steampunk Tale of Troy NY. The fairytale of our future and past revealed for a day in our historic streets. It is an urban spectacle of invention, imagination, theater and magic dressed in Cogs and Corsets. A Victorian faire with Maker Flair. Join Queen Mab and her entourage for our fourth year which promises to be a pageant étonnante! The Enchanted City is a free event, and open to the public. Our event draws upon the unique aspects of Troy which honors our Victorian/Industrial heritage, while highlighting our emerging creative economy and technology sector. It has a rich history with a walkable historic district. We are on the cutting edge of the tech sector, and are creative and visual.

**Additional activities:** Food, historical tours, panel discussions, costume competition, and Troy Mini Maker Faire. See more details at www.enchantedtroy.com

### 155. Five Rivers Fall Festival
**9/15 12:00PM-4:00PM**
Five Rivers Environmental Education Center
56 Game Farm Road, Delmar 12054
(518) 475-0295
friends@fiverivers.org

A cooperative effort of the Friends of Five Rivers and the NYS Department of Environmental Conservation, the Fall Festival draws over 2,000 visitors annually. This family festival is held at the center’s 450-acre nature center and wildlife preserve, with free on-site parking. The festival is known for its “kid appeal.” Return favorites include eco-crafts, live animals (with experienced animal rehabilitators), juggling, astronomy, games, and fly casting. “The Incredible Journey” of a water droplet, and the “Insect Safari” with trained naturalists. There are also naturalist-led family hikes at regular intervals, featuring geology, botany, and wildlife. Live music adds to the festival atmosphere. Hot dogs, cider, popcorn, and bake sale goodies are available until they run out!
156. Paddle in the Park
915 3:00PM
Lake Taghkanic State Park
1528 Route 82, Ancram 12502
(518) 392-5252
heidi.bock@clctrust.org
Join CLC staff, for an early evening paddle at Lake Taghkanic State Park.
Notes: Calm open lake, good for all levels of paddlers.
Registration: Register at clctrut.org/events, or by email or phone.
Difficulty: Easy
Duration: 2 hours
Not suitable for children under: 5
Additional equipment: Please bring own personal flotation device.

157. Plateau Panorama
916 10:00AM
Hidley Farm
287 Hidley Road, Wynantskill 12198
(518) 283-0155
sdgibbs66@gmail.com
Rensselaer Plateau Board members Shari and Dick Gibbs invite you to share in their treasured view of the Rensselaer Plateau. Bring your own picnic to their Hidley Farm; walk, hike, or bike to the hilltop family cemetery; and enjoy the panoramic vista of the Rensselaer Plateau landscape. Families and folks of all ages and abilities welcome to fun on a Sunday in the sun! (Rain cancels.) Come anytime from 10AM to 4PM.
Registration: Call or email by 9/12.
Fee: Suggested donation of $10.
Portion wheelchair accessible: Cellar is not wheelchair accessible.
Additional activities: Debbie Bailey will give her acclaimed performance of Baroness Riedesel, showing the terror of a European aristocrat trapped in some of the worst battles of history, but also the bravery of a woman making life-and-death decisions under extreme conditions.

158. The Marshall House Open House
916 4:00PM
The Marshall House
136 Route 4 North, Schuylerville 12871
(518) 695-3765
info@themarshallhouse.org
As the wife of a general fighting alongside the British during the Revolutionary War, Baroness Riedesel was a member of the enemy camp. But her chronicle of the ordeal she endured at the Marshall House during the terrible fighting that culminated in the Loyalist army’s surrender at Saratoga has fascinated historians for generations. Now, the Marshall House, a private residence, will open its doors to the public. Visitors are asked to park either on the grass on the east side of the road (200 feet) below the Marshall House or in the adjacent parking lot at Lock 5.
Registration: Call or email.
Fee: Suggested donation of $10.
Portion wheelchair accessible: Cellar is not wheelchair accessible.
Additional activities: Debbie Bailey will give her acclaimed performance of Baroness Riedesel, showing the terror of a European aristocrat trapped in some of the worst battles of history, but also the bravery of a woman making life-and-death decisions under extreme conditions.

159. Bethlehem’s Magical History Bicycle Tour
918 9:30AM
Municipal Parking Lot
407 Kenwood Avenue, Delmar 12054
(518) 225-4209
hardworkinjohn@aol.com
South of Albany, bicycling opportunities and history abound. The tour will start in downtown Delmar with a ride on the newly opened Helderberg Hudson Rail Trail to Slingerlands. We’ll ride the open back roads to the Hudson River waterfront, visit an 18th century mansion and cemetery, and stop at a museum. The last leg of our tour includes a stop at the site of a Native American settlement before riding through the spectacular Normans Kill gorge and back to our starting spot.
Notes: The route is on and off road, rolling with small hills and a couple of long climbs.
Registration: Call or email by 9/14.
Fee: $10
Difficulty: Moderate
Length: 22 miles
Duration: 4-5 hours
Not suitable for children under: 16
Additional equipment: Participants should be in good physical condition, able to ride a bicycle safely in moderate traffic, and be prepared to handle adverse road conditions. A bicycle helmet is required and must be worn while on the ride. It is strongly recommended that participants bring extra water, a patch kit in case of a flat tire, and suitable clothing for riding in all weather. Bring your own lunch.
Additional activities: There will be a lunch break and historical commentary at selected stops.
160. Autumn Equinox Hike
09/22 1:00PM
Albany Pine Bush Preserve
Discovery Center
195 New Kamer Road Suite 1, Albany 12205
(518) 456-0655
info@albanypinebush.org
Equinox comes from the Latin words for “equal night.” As autumn begins, the temperatures drop and daylight wanes further. Join us for a hike to learn about the effects of this yearly change on the unique ecology of the Albany Pine Bush Preserve. Children under 18 must be accompanied by an adult. Reservations required.
Notes: The trail passes over rolling sand dunes with occasional tree roots.
Registration: Make reservations by phone or visit www.albanypinebush.org/events.
Difficulty: Moderate
Length: 0.9 miles
Duration: 1.5 hours

161. Poetry in Motion
09/22 1:00PM
Collar City Ramble Table at the Troy Waterfront Farmer’s Market
Second Street between Broadway and State Street, Troy 12180
(518) 274-3050
collarcityramble@gmail.com
Visit Troy’s many PARK(ing) DAY parks, designed and installed by artists and sponsors throughout Troy’s historic downtown. The parks are temporary, created by repurposing parking spaces for public enjoyment. At each location enjoy a spoken word performance by local poets and authors on the topics of motion, movement, and transportation. A shuttle will also be available to move among the “parks.” This is a self-guided tour.
Difficulty: Easy
Length: 1 mile
Duration: 1.5 hours

162. Hiking Through History Along Troy’s Wynantskill
09/22 1:00PM
Burden Pond Environmental Park: Wynantskill Trail
Corner Route 4, Mill Street and Campbell Avenue, Troy 12180
(518) 274-3050
collarcityramble@gmail.com
Come learn about the local history and changing landscape of south Troy shaped by the Wynants Kill from Colonial-time mills to the Industrial-Era Burden Iron Works. Hike through an urban nature preserve with a deep gorge, a water fall, and remnants of dams and infrastructure that supplied water power. We will stand in an area that had once been a mill pond. We will finish at a historic church and vantage point to see where the Burden Iron Works once stood and imagine what it all looked like in the past. At 12:15PM, before the event, a Burden Museum talk on industrial history of the Wynantskill will be held.
Notes: Some short hill climbs and dirt paths.
Difficulty: Moderate
Length: 2.5 miles
Duration: 2 hours
Additional activities: Reconvene a short drive upstream at the parking area of the Burden Pond Environmental Park for the hike. The tour is offered as part of the Collar City Ramble.

163. Explore Troy’s Gateway to the Hudson River Water Trail
09/22 10:00AM
Inglis Avenue Boat Launch
Inglis Avenue and Presidents Street, Troy 12180
(518) 274-3050
collarcityramble@gmail.com
This intermediate Water Trail Paddle is a 2 hour paddle round trip in conjunction with the Adirondack Mountain Club. The paddle will proceed downstream to around the Congress Street Bridge along the Troy waterfront and return. This is recommended for paddlers who have had experience on the river.
Notes: Weather and tide dependent.
Difficulty: Moderate
Length: 3 miles
Duration: 2 hours
Additional equipment: Kayaks will be available for rental or participants may bring their own.
Additional activities: The tour is offered as part of the Collar City Ramble.

164. North Point and North Mountain
09/22 10:00AM Rain Date 09/23
Outside North-South Lakes Campground
Schutt Road, Haines Falls 12436
(315) 853-1070
cwshite@juno.com
Hike the Rock Shelter Trail and Mary’s Glen Trail to North Point, with spectacular views to the Hudson Valley and nearby lakes and mountains, then continue on the Escarpment Trail to North Mountain. Possible loop extension.
Notes: Hike involves occasional very steep ascents, uneven rocky surface, rock scrambling, slippery rocks.
Registration: Call or email by 9/20.
Difficulty: Difficult
Length: 4.8 miles
Duration: 5.5 hours
Not suitable for children under: 10
Additional equipment: Hiking boots highly recommended. Bring your own lunch.
Additional activities: If loop used, car pooling and shared park entrance fee

165. Ornamental Ironwork in the Historic District of Troy
09/22 10:30AM
Troy Waterfront Farmer’s Market Information Booth
Monument Square, River Street, Troy 12180
(518) 272-7232
ksheahan@rchonline.org
You pass it all the time, now take a closer look, at the beautiful wrought and cast iron railings, facades and decorative elements that grace the townhouses and commercial buildings in the historic district.
Notes: Uneven sidewalks, cutaway curbs, wheelchair accessible.
Fee: $10 adults. $5 RCHMS members. Children under 12 free.
Difficulty: Easy
Length: 1.5 miles
Duration: 1.5 hours

166. Troy Public Library and Second Street’s Historic Architecture
09/22 10:45AM
Collar City Ramble Table at the Troy Waterfront Farmer’s Market
Second Street between Broadway and State Streets, Troy 12180
(518) 274-3050
collarcityramble@gmail.com
The tour will be led by Suzanne Spellen, a renowned architectural historian, who blogs as Spellen of Troy. She’ll highlight the prominent architecture passed along Second Street on the way to the Troy Public Library. The exterior, interior, and history of the building will be the focal points of the building tour.
Learn about the recently located documentation of the purchase of the priceless Aldus stained glass window from Tiffany. The beautiful setting enhances the experience of library users. Tour begins at the Collar City Ramble Table at the Troy Farmers Market.
Additional activities: The tour is offered as part of the Collar City Ramble.
“Always wanted to do this! It was beautiful – a LOT of fun and now we’ll definitely do it again!”
— Kathleen E.

167. Geocaching Introduction and Tour
9/22 11:00AM
Starts at the Collar City Ramble table on Second Street between Broadway and State at the Troy Farmers Market
(518) 274-3050
collarcityramble@gmail.com
Geocaching is a real-world treasure hunting game in which the goal is to navigate to a set of GPS coordinates and seek out the geocache container hidden there. The Capital District is fortunate to have an active geocaching community and Troy is no exception! There will be an introduction to geocaching followed by a hunt led by an experienced geocacher for some nearby downtown Troy caches.
Additional activities: A GPS unit or GPS-enabled device, including most cellphones.
Additional activities: If you have geocached before, we invite you to try to find Troy’s geocaches. We’ll give you a list of nearby geocaches that we particularly like; some are child friendly, others are more challenging, and a few will be set up exclusively for the Ramble to highlight some of Troy’s treasures.

168. Industrial History Along the Troy’s Wynantskill
9/22 12:15PM
The Burden Iron Works Museum
1 East Industrial Parkway, Troy 12180
(518) 274-3165
collarcityramble@gmail.com
Come learn about the local history and the changing landscape of south Troy shaped by the Wynantskill from Colonial-time mills to the Industrial-Era Burden Iron Works. Michael Barrett of the Hudson Mohawk Industrial Gateway describes what led to the historical industrial development along this waterway.
Additional activities: This talk may be attended as background for the following hike, Hiking Through History Along Troy’s Wynantskill, or separately. The talk is offered as part of the Collar City Ramble.

169. Hiking Frear Park Trails
9/22 4:00PM
Frear Park Tennis Courts Parking Lot
Frear Park Road, Troy 12180
(518) 274-3050
collarcityramble@gmail.com
Discover Frear Park’s hiking trails, enjoy natural scenery, and learn some history on this guided hike. We will hike along the old Troy water reservoirs, pass by a beaver dam and pond and the waterfalls in the Piscawen Creek. Enjoy the view over the Hudson Valley: on a clear day you can see downtown Albany and the Catskills from the top of the trails. Interesting native wildflowers can be found along the trails, and a stop will be made to enjoy the educational wildflower and butterfly gardens near the Frear Park pagoda and fountain.
Notes: Easy to moderate, as the trails are off road.
Difficulty: Moderate
Length: 2 miles
Duration: 2 hours
Additional activities: Join us for our after-rider party with free music entertainment, and food and drink for purchase beginning at 12:30PM. Participants are also welcome to bring a picnic lunch, paddle ball, Frisbee, etc., and spend the afternoon post-ride in the park with your fellow Ramblers!

170. Full Moon Harvest Walk
9/22 6:30PM
Greenport Conservation Area
54 Daisy Hill Road, Lorenz Park 12534
(518) 392-5252
heidi.bock@clctrut.org
Join us at our Greenport Conservation Area to enjoy the harvest moon and watch for hawks and other migrating birds heading to their southern wintering grounds.
Notes: Easy walk on an accessible trail.
Registration: Register at clctrut.org/events, or by email or phone.
Difficulty: Easy
Length: 2 miles
Duration: 2 hours
Not suitable for children under: 8

171. Autumn Bird Walk
9/22 7:30AM
Albany Rural Cemetery
Cemetery Avenue, Albany 12204
(518) 463-7017
albanyrural1@gmail.com
Join the Audubon Society of the Capital Region and the Friends of the Albany Rural Cemetery for an autumn morning bird walk. Previous bird walks have been a popular event for bird lovers with almost thirty species of birds being seen, from brown creepers to ruffed hawks.
Registration: Call or email.
Fee: $10
Not suitable for children under: 10
Additional equipment: Sensible walking shoes required, as terrain is hilly and, in places, unpaved. Binoculars recommended.

172. Roe Jan Ramble Bike Tour
9/22 8:00AM
305 Mountain View Road, Copake 12516
(347) 952-5764
roejanramble@gmail.com
This popular annual cycling event is a must for both casual and experienced cyclists. A non-competitive ride through the picturesque country hills of the Roe Jan-area towns of Copake, Hillsdale, and Ancram, NY, along the Taconic Mountains bordering Massachusetts. Choose from 5 routes of 10, 8, 25, 35 & 50 miles (from easy to challenging) on lightly traveled country roads and portions of the Harlem Valley Rail Trail. More information is available at www.roejanramble.org. Check-ins open 7:30AM.
Registration: Online at www.roejanramble.org or by email.
Difficulty: Easy
Length: 10-50 miles
Duration: 4 hours
Not suitable for children under: 6
Additional equipment: All bicyclists must wear a helmet.

173. Pathways to Prevention, Holiday Nutrition Tips
9/22 6:30PM
Olana State Historic Site
5720 NY-9G, Hudson 12534
(518) 828-1872
visitorservices@olana.org
Nature and health are intrinsically linked and the partnership between TOP and CMH brings innovative education programs to Olana to aid you in your wellness. Join Columbia Memorial Health nutritionist and dietician gives you tips for eating healthy with holiday season approaching and will give you an easy and nutritious recipe to make at home. Participants will experience a 20-minute talk, followed by a short walk with the expert on Olana’s carriage roads. Snacks will be served.
Registration: Night before deadline, 11:59PM.
Difficulty: Easy
Duration: 1 hour

174. Dibble’s Quarry
9/22 10:00AM Rain Date 9/30
Roaring Kill Parking Area
Elka Park 12427
(315) 853-1070
ccswhite@juno.com
Hike the Pecoy Notch Trail to the Magical Quarry on Sugarloaf as described in ADK’s Catskill Day Hikes for All Seasons. See the ever changing throne and stairways, “cave” and hike beyond, to where beavers built a dam. Roaring Kill Road off Dale Lane off Platte Clove Road, County Route. 16.
Notes: Moderate ascent on typical Catskill rocky trail.
Registration: Call or email by 9/27.
Difficulty: Moderate
Length: 3 miles
Duration: 3 hours
Not suitable for children under: 10
Additional equipment: Hiking boots highly recommended. Bring your own lunch.

175. They Clapped With Their Feet Not Their Hands: A Tour of Troy’s Theaters & Recitation Halls
929 10:30AM
Troy Waterfront Farmer’s Market Information Booth
Monument Square, River Street, Troy 12180
(518) 272-7232
ksheean@rchsonline.org
Troy had many theaters and halls in the 19th and 20th century. It was the site of the first United States performance of “Uncle Tom’s Cabin” in 1847. Among the sites we will see include the Troy Savings Bank Music Hall, Kennedy Hall, Rand’s Opera House, and Proctor’s Theater. Hear about the many famous people who have graced the stages of Troy’s famous theaters.
Notes: Uneven sidewalks, cutaway curbs. Fee: $10 adults. $5 RCHS members. Children under 12 free.
Difficulty: Easy
Length: 1.5 miles
Duration: 1.5 hours

176. Story Harvest
929 3:00PM
Freedom Square
Troy 12180
(518) 272-2390
info@mediasanctuary.org
Story Harvest is a celebration of art and food from seed to table! The Sanctuary for Independent Media’s 8th annual outdoor fall festival cultivates community through art, food, stories, and music. The occasion recognizes the journey of a growing community network dedicated to sustainability. Music creates bridges, and breaks down the walls of culture, religion and language. The featured band, Rootbrew (rootbrewmusic.com), sprouted from the fertile Hudson Valley. Together, this group can write, play, sing, and create a sound that will make the audience want to sing, dance, shout, jump, listen, discuss, and dream. Freedom Square can be found at 101st Street where 6th Avenue becomes 5th Avenue.
Additional equipment: Participants may bring blankets and lawn chairs.
Additional activities: The location in case of rain is the Sanctuary for Independent Media at 3361 6th Avenue in north Troy.

177. Tom Lee Question Tour Inside Olana
929 5:30PM
Olana State Historic Site
5720 NY-9G, Hudson 12534
(518) 828-1872
visitor.services@olana.org
The Question Tour inverts the traditional house tour model and seeks to layer historic fact with audience perceptions. What happens when your questions about Olana get layered with personal experience, myths, stories, and more questions? Deep, inspired observation and learning! Master storyteller and museum educator Tom Lee has twenty years’ experience performing in museums and libraries; and his tours are the perfect blend of entertainment and information.
Registration: Night before deadline, 11:59PM.
Fee: Member: $10. Non-member: $15.
Not suitable for children under: 10
Portion wheelchair accessible: No lift to the second floor

178. Birds Take Flight
929 7:00AM
Albany Pine Bush Preserve Discovery Center
195 New Karner Road Suite 1, Albany 12205
(518) 456-0655
info@albanypinebush.org
It’s that time of year, when birds are on the move. Come along on an early morning adventure to observe some of the amazing birds here and see our science team in action as they capture and band birds! They are working together to learn more about birds migrating through the Pine Bush. There will be a short inside presentation followed by an outside observation period, and then back indoors for hands-on activities. The indoor portion will occur rain or shine. Children under 18 must be accompanied by an adult. Reservations required.
Notes: The trail passes over rolling sand dunes with occasional tree roots.
Registration: Make reservations by phone or visit www.albanypinebush.org/events.
Difficulty: Moderate
Length: 1 mile
Duration: 3 hours
Not suitable for children under: 10

179. Brilliant and Bristly Buckmoths
929 1:00PM
Albany Pine Bush Preserve Discovery Center
195 New Karner Road, Albany 12205
(518) 456-0655
info@albanypinebush.org
Join us for a hike to discover the amazing world of buckmoths. The inland barrens buckmoth is a large, beautiful moth with bold black and white wings that flies for only a short window of time each year. It’s a highlight of the early fall. A species of special concern for New York State, our local buckmoths depend on scrub oaks that thrive in this sandy, fire-dependent ecosystem. Children under 18 must be accompanied by an adult. Reservations required.
Notes: The trail passes over rolling sand dunes with occasional tree roots.
Registration: Make reservations by phone or visit www.albanypinebush.org/events.
Difficulty: Moderate
Length: 0.9 miles
Duration: 1.5 hours
Not suitable for children under: 6

180. Canines Crossing at the Park
929 11:00AM
Hudson Crossing Park
County Road 42, Schuylerville 12871
(518) 350-7275
kmorse@hudsoncrossingpark.org
Join Hudson Crossing Park in celebrating the working dog and all things canine at Canines Crossing at the Park! A fun day out in the sun with local canine search and rescue groups, Guiding Eye service dogs, the Saratoga County K-9 unit, agility dogs, therapy dogs, animal story telling, and much more!

181. 2nd Annual Skywalk Festival
929 11:00AM
Olana State Historic Site
5720 NY-9G, Hudson 12534
(518) 828-1872
visitor.services@olana.org
Explore Olana’s activities and Thomas Cole’s home and studios during their Community Day and trek between the two, high above the Hudson on the pedestrian path of the Rip Van Winkle Bridge. Exploring both museums and walking between Olana and TCNHS will certainly be a fun and a unique Hudson River Valley afternoon. Join in, rain or shine.

182. Bronc Museum’s Heritage Craft Fair
929 12:00PM
Bronc Museum
90 County Route 42, Coxsackie 12051
(518) 731-6490
operations@gchistory.org
Exhibit and sale of traditional American crafts, live music, food, silent auction, and wagon rides.
Portion wheelchair accessible: Historic house so only portions are wheelchair accessible.

183. Skywalk Arts Festival
929 12:00PM to 4:00PM
Rip Van Winkle Bridge
99 NY-23, Catskill 12414
(518) 943-2360
csbeber@nysba.ny.gov
Celebrate the art of the Hudson Valley and the Hudson River Skywalk pedestrian crossing, which will eventually connect the homes of master painters Thomas Cole and Frederic Church. Come to the park next to the Rip Van Winkle Bridge’s toll plaza in Catskill to view and buy artwork, observe plein air painters along the Skywalk, participate in hands-on art lessons, and hear live music, all in a beautiful setting overlooking the Hudson. This event will be taking place at the same time as other events at the Thomas Cole National Historic Site and Olana State Historic Site. Signs will be set up to direct pedestrians between the bridge and the Thomas Cole site, which is a short walk away. Motorists have to pass through Toll Lane 1 (full service lane) in order to enter the parking lot.
Portion wheelchair accessible: Overall, the event is wheelchair accessible. Doors to the restrooms are heavy and need to be pushed open. A gallery will be open to view which requires going up stairs. Other than that, the event is flat and accessible.
SPONSORING SITES & ORGANIZATIONS

ADK Catskill Day Hikes guidebook authors
Albany Pine Bush Preserve Commission
Albany Rural Cemetery
Albert Wisner Public Library
Altamont Orchards
Appalachian Mountain Club
Artrider Productions Inc
Atlantic Kayak Tours
The Audubon Society of the Capital Region
Bard College
Bedford Audubon Society
Cary Institute of Ecosystem Studies
Collaborative Concepts
Columbia Land Conservancy
Crailo State Historic Site
Cunneen-Hackett Arts Center
D&H Canal Historical Society
David Steinberg
Destroyer Escort Historical Museum
Discover Albany Visitors Center
Down to Earth Markets
Down to Earth Ossining Farmers Market
East Fishkill Historical Society
The Environmental Cooperative
Ferry Sloops, Inc.
Fisher Center for the Performing Arts
Fishkill Historical Society
Fort Montgomery State Historic Site
Friends of Clermont
Friends of Five Rivers
Friends of Fort Crailo
Friends of Harmony Hall – Jacob Sloat House
Friends of Historic Kingston
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Friends of Taconic State Park
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Hardworkjohns Magical History
Bicycle Tours
Harlem Valley Appalachian
Trail Community
Haverstraw RiverArts
Helderberg Hilltowns Association
Highland Falls Chamber of Commerce
Hiking the Road to Ruins
Historic Bridges of the Hudson Valley
Historic Cherry Hill
Historic Huguenot Street
The Historical Society of the Nyacks
Hudson Crossing Park
Hudson Highlands Nature Museum
Hudson Mohawk Industrial Gateway
Hudson River Adventures
Hudson River Maritime Museum
Hudson River National Estuarine Research Reserve
Hudson River Sloop Clearwater
Hurd’s Family Farm
Hyde Park Trail Committee
I Paddle New York
Innisfree Garden
Jay Heritage Center
John Burroughs Association
John Jay Homestead State Historic Site
Kingston Parks and Recreation
Lewisboro Land Trust
Lyndhurst
The Marshall House, Inc.
Mesothelioma Applied Research Foundation
Mid Hudson Rowing Association
National Park Service
New Castle Historical Society
New Paltz Regional Chamber of Commerce
New York State Department of Environmental Conservation
New York State Department of Environmental Conservation Hudson River Estuary Program
New York State Office of Parks, Recreation & Historic Preservation
New York-New Jersey Trail Conference
Newburgh Art Supply
The Olana Partnership
The Old Van Cortlandtville Cemetery Association
Orange County Land Trust
Palisades Interstate Park Commission
Palisades Parks Conservancy
Perry-Gething Foundation
Philipse Manor Hall State Historic Site
Piermont Historical Society
Piermont Straus Foundation
Rensselaer County Historical Society
Rensselaer County Legislature
Rensselaer Plateau Alliance
Richard B. Fisher Center for the Performing Arts at Bard College
Rockland Audubon Society
Rockland Center for the Arts
Sam’s Point Area - Minnewaska State Park
Sanctuary for Independent Media
Saratoga National Historical Park
Saw Mill River Audubon
SCA Excelsior Conservation Corps
Schodack Island State Park
Senator David Carlucci
Sierra Club Atlantic Chapter
Sleepy Hollow Cemetery
St. Peter’s Health Partners Troy
Sterling Forest State Park
Stony Kill Foundation
Storm King Adventure Tours
Tappan Historical Society
Taste of Troy Food Tours
Teatown Lake Reservation
Town of Ancram
Town of Clarkstown/Suez Water New York
Town of Copake
Town of Hillsdale
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Westchester Land Trust
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