The Tahöna News

May - June, 2003

Welcome...
...to Mount Rainier National Park, the nation's fifth-oldest national park and one of 388 national treasures cared for and held in trust for the American people by the National Park Service. National Parks are preserved and protected for the enjoyment of present and future generations. Many special people work here at Mount Rainier, caring for the park so that visitors from both near and far may enjoy it. The ranger staff, road crew, food services, and many others are here to help make your visit enjoyable.

During your visit you will find limitless opportunities for recreation, exploration, and discovery. The base of the mountain covers about 100 square miles with the summit towering 14,410 feet above. The snow and ice covered volcano supports 26 major glaciers, the largest single mountain glacial system in the lower 48 states. You won't be able to experience our amazing wildflower meadows in May or June, but take time to visit the lowland old growth forests and come back in mid-summer to view the spectacular sub-alpine wildflower meadows. The wildlife, historic buildings, cultural history, 260 miles of trails, and natural resources are all here for you to enjoy.

John Muir wrote, "Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and cheer and give strength to body and soul. Our magnificent National Parks offer safe havens from the often disturbing events of modern life. As you drive the historic roads, hike the trails, climb the mountain, or contemplate the view, find comfort and solace in the beauty and peace of nature.

Dave Uberuaga, Park Superintendent

In Case of Emergency Dial 911
From any phone located in the park.

Mount Rainier National Park
National Park Service
U.S. Department of the Interior

Mount Rainier Visitor Facilities

ON A RIDGE NEAR PARADISE INN, THE PARADISE GUIDE HOUSE HAS served as a climbing center and a dormitory since its construction in 1920. The Guide House is listed on the National Register of Historic Places as part of the Paradise Historic District and as part of the Mount Rainier National Historic Landmark District. This historic building is an important part of the park's history and the early history of the National Park Service.

While visiting Paradise, you'll see evidence of the extensive repairs needed to maintain this historic building, including replacing the existing masonry stone foundation. Last fall and earlier this spring, we installed temporary water treatment plant (replacing the existing plant in the basement of the Guide House), completed associated trenching and piping work, and salvaged all viable plants from the construction area. This spring, the contractor will begin work on the foundation. This work involves lifting the building and excavating underneath. The construction will affect your visit to Paradise because part of the upper parking lot is cordoned off for construction use and the traffic pattern is altered. Please drive with extra caution.

70th Anniversary of the Civilian Conservation Corps

2003 marks the 70th anniversary of the founding of the Civilian Conservation Corps (CCC), a Depression-era program that was designed to put economically disadvantaged young men from across the United States to work on infrastructure projects, including the construction and repair of trails, roads and campgrounds here at Mount Rainier National Park.

There were six CCC camps within the park boundaries, and a total of almost 1000 enrollees. Some of the projects completed by the CCC in the park include the reconstruction of the Wonderland Trail; landscape restoration at Lake Tipsoo, Paradise and Sunrise; and construction of the White River and Ohanapecosh campgrounds.

All of the enrollees were young men aged 18-25 and each received full room and board plus $30 per month salary. The $30 was automatically sent home to the enrollee’s relatives, stocked many empty pantries and helped stimulate local economies across America. The once skeptical supervisor of the CCC at Ohanapecosh was so impressed by the young men’s work that he suggested: “I hope they make the CCC permanent, even if they have to discontinue the Army and Navy. It is a great character building institution.”

More than sixty years after it was disbanded, we continue to enjoy the labors of “Roosevelt’s Tree Army”. The excellent campgrounds and trails and the restoration of fragile subalpine meadows and lakeshores during this era might not have been possible without the work of the Civilian Conservation Corps.

Road Construction

If you are traveling on Stevens Canyon Road you may encounter minimal traffic delays east of Backbone Ridge. Construction crews are repairing the substructure under the bridge located approximately 1/4 mile east of the viewpoint and approximately 4.5 miles west of Stevens Canyon Entrance (east entrance).

We appreciate your patience as we continue to improve visitor facilities throughout the park. Please drive carefully. Buckle up, obey speed limits, and please slow down in construction zones!

2 Animal Encounters

What would you do if you came face to face with a black bear or mountain lion? Find out how to prepare for an encounter with the wilder side of Mount Rainier.

3 Hiking or Climbing?

Do you need a backcountry camping permit? How do you get one? Do you have the 10 Essentials with you? Are you prepared to Leave No Trace of your visit in the backcountry?

4 Park Information

Where are the visitor centers? When are they open? Where can I get something to eat? Are the campgrounds open? How do I buy a National Park or Mount Rainier Annual Pass? It’s all on the back page!

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Mount Rainier National Park

Superintendent: Dave Uberuaga

Contact Information

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Ashford, WA 98304

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MORAInfo@nps.gov

Park Headquarters
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(360) 569-2177 TDD

Website
www.nps.gov/mora

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Contributors: Alicia Beale, Todd Erickson, Rick Karchner, Michael Larion, Alisa Lynch, Ruth Rhodes, Todd Smith, and Ted Stout.

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EXPERIENCE YOUR AMERICA

Mount Rainier is a place of great beauty and inspiration.

You may be inspired to take a picture or to get a close-up look at a wildflower. But stop and consider your actions before you step off the trail. With each step you take onto a meadow, an average of 20 plants are crushed! Supalpine vegetation survives in a harsh environment. With a short growing season, plants take longer to recover from damage. Much of the plant's energy is spent on rapid flowering. Even if a plant survives the weight of your footstep, it may be stunted for years.

Please remember this when exploring Mount Rainier's fragile meadows and...

Please hike only on maintained trails or thick patches of snow.

Please Recycle!

Mount Rainier National Park has been involved in recycling since the late 1960's. We reduce our consumption of resources by reusing and recycling. We recycle aluminum cans, plastic (no. 1 and 2), glass, office paper, mixed paper, cardboard, scrap metal, used oil, batteries, and a number of other items.

We also purchase recycled plastic products such as plastic bags, picnic tables, and plastic lumber; paper products made of pre- and post- consumer recycled paper; automobile products, and other products.

Be part of the effort! Please deposit aluminum cans, plastic bottles and glass in the recycle cans provided.

Mount Rainier: An Active Volcano

Recent research has improved our understanding of Mount Rainier, an active volcano. Active steam vents, periodic earth tremors, and reported historical eruptions provide evidence that Mount Rainier is sleeping, not dead. Seismic monitoring stations around the mountain should provide days or weeks of advance warning of impending eruptions. However, other geologic hazards like debris flows and rockfall can occur with little warning.

Needless to say, the longer you stay in an area where there are geologic hazards, the greater the chance that you could be involved in an emergency event. While most people consider the danger to be relatively low, you must decide if you will assume the personal risk of visiting these potentially dangerous locations. If you are near a river and notice a rapid rise in water level, feel a prolonged shaking of the ground, and/or hear a roaring sound coming from upavalley — often described as the sound made by a fast-moving freight train — move quickly to higher ground! A location 160 feet or more above river level should be safe. Detailed information is available at park visitor centers and from scientists at the U.S.G. Cascades Volcano Observatory, 1930 S.E. Cardinal Court, Building 20, Suite 100, Vancouver, WA 98661, www.volcanic.ars.usgs.gov.

Animal Encounters

The beauty and wonder of Mount Rainier National Park doesn't just come from the scenic grandeur of a single, towering mountain. The presence of wild creatures remains an essential part of the experience of wilderness. Being in the home of large creatures like black bear and mountain lion (cougar) can make Mount Rainier an exciting — and sometimes scary — place to visit. Though you are not likely to see them, if you do meet one of these larger mammals, learning more about them serves as your best defense — and theirs!

Black Bear Sense

• Never feed a black bear, either intentionally or by leaving food unsecured
• Do NOT approach bears or cubs
• If a black bear approaches you, try to scare it away by shouting and making noise
• If attacked, fight back aggressively
• Report all sightings to the nearest ranger station or call (360) 569-2211 ext. 3371 or ext. 2334

Avoiding Mountain Lions

• Hike in a group rather than alone. Avoid running — don't look like prey
• Keep children close to you — preferably in view just ahead of you
• Never approach cougar kittens — leave the area immediately
• Follow the rules regarding pets in the park — don't take your pet on trails or in the backcountry and never leave it unattended at the campground — you could lose it!

If You Meet A Mountain Lion

• DON'T RUN! Stand still and face the lion with your companions
• Immediately pick up and hold small children
• Stand upright, open your jacket and try to make yourself appear larger
• Shout and make noise
• If attacked, fight back aggressively
• Report all sightings at the nearest ranger station or call (360) 569-2211 ext. 3371 or ext. 2334

Accessibility

Most comfort stations, visitor centers, picnic areas, and designated campsites are accessible or accessible with help for wheelchair users. Accessible lodging is available inside the park and in local communities. In the Jackson Visitor Center at Paradise, written information, exhibits, and scripts for uncaptioned audiovisual programs are available. An accessible boardwalk at Kautz Creek (3 miles west of Longmire) overlooks the 1947 debris flow and a view of the mountain. TDD: (360) 569-2777

Visitors Like You

Just by paying the entrance fee, you make a difference. Eighty percent of the fees collected at Mount Rainier are kept in the park, while twenty percent are made available to other parks in need. Your money is helping several projects right now:

• Planning for a new Education Center
• Rehabilitating park trails
• Meadow restoration at Sunrise and Reflection Lakes
• Upgrading exhibits and media
• Rehabilitation projects

As you explore the park, look for signs of your fees at work!

User Fee improves this park

Washington's National Park Fund

The Washington's National Park Fund was created to restore, enhance, and preserve Washington's national parks. The Fund is a private, independent, not-for-profit organization that works with individuals, businesses, foundations, and others to secure financial and volunteer support for projects to improve the parks. In 2002 the Fund contributed to projects like the emergency roadside assistance program, geology webpage development, community outreach programs, and monitoring marbled murrelets. If you'd like to help, look for donation boxes at park visitor centers, or contact Executive Director, Washington's National Park Fund, 133 Third Avenue, Suite 501, Seattle, WA 98121, (206) 770-0627, www.wnpfund.org.

Volunteers

Each year more than 85,000 volunteers donate over 3,000,000 hours of service in the national parks. They come from every state and nearly every country in the world to help preserve and protect America's natural and cultural heritage for the enjoyment of this and future generations. At Mount Rainier National Park, 856 volunteers contributed a total of 33,992 hours in 2002. We express our deep appreciation to them and to all who are volunteering in 2003! If you are thinking about volunteering, contact Volunteer Coordinator, Lahoma Woods, Star Route, Ashford, WA 98304, (360) 569-2211 ext. 3385.
The Secret to a Great Visit...  
Mount Rainier National Park offers excellent opportunities for adventure, exploration, learning, and just plain having fun! The secret to a great visit? Staying safe! Reduce your risk of spoiling your trip by following these guidelines:

Carry the “10 Essentials” and know how to use them!
- map of the area  
- compass  
- extra food & water  
- extra clothing (waterproof!) & rain gear  
- emergency shelter  
- first aid kit  
- flashlight or headlamp  
- sunglasses & sunscreen  
- pocketknife  
- matches (waterproof!)*

Pay Attention to the Weather
Think about all the ways the weather can outsmart you. It’s easy to get lost or injured when the weather deteriorates, the trail is covered with snow, and you don’t know where you are. You might be in an avalanche zone and not even know it.

Eyes on the Trail
You may be hiking before trail crews have a chance to clear away fallen trees or replace missing foot logs at river crossings. Be especially careful at river crossings. Many people underestimate the power of the water and are unaware of the large, rolling boulders it carries. If you must cross, go in the morning when rivers are generally lower. Beware of snow-covered trails and steep, icy slopes; thin snowbridges over streams and crevasses; snow moats; wet, slippery rocks, especially near rivers and waterfalls; and snow cornices.

Prepare and Take Care
Bring the “10 Essentials” with you and know how to use them! Tell someone your travel plans so they can notify the park if you fail to return. Do not travel alone. If visibility is poor, do not travel at all. Taking these few precautions could save your day... and your life!

Protect Yourself and Your Park
Mount Rainier National Park was established in 1899 to preserve its resources and to provide for public benefit and enjoyment. By observing the rules, you protect your park and yourself:
- Pets must be on leashes no longer than six feet and are not allowed in buildings, on trails, or on snow.  
- Do not feed or disturb the wildlife  
- Stay on designated trails  
- Make fires only in a fire grill. Collecting firewood is prohibited  
- Weapons are prohibited in the park. Firearms transported through the park must be unloaded, broken down, and stored to prevent use  
- Bicycle only on roads, not on trails  
- Camp in designated campsites only. Sleeping in vehicles outside of campgrounds is not permitted.

Hiking the Muir Snowfield?
The Muir Snowfield, a permanent field of snow, ice, and rock outcrops, is located north of Paradise between 3,700 and 10,000 feet in elevation. Thousands of people hike on the Muir Snowfield each year en route to Camp Muir. On a clear day, the hike is spectacular. But when the weather deteriorates, as it often and unpredictably does, crossing the Muir Snowfield can be disastrous. More hikers, skiers, climbers, and snowboarders get lost on the Muir Snowfield each year than in the rest of the park combined. While many find their way out, searches must be initiated for others, and some are never found.

What makes the Muir Snowfield such a dangerous place? The snowfield is made up of snow and rocks. In whiteout visibility — you could become quickly lost! Without a compass, map, and altimeter, it is extremely difficult to find your way to the trailhead in a whiteout. Carry these items and know how to use them!

Don’t Become a Muir Snowfield Statistic!
- Avoid the snowfield in questionable weather, especially if you are alone or unprepared. Weather conditions can change suddenly and drastically.  
- If you’re ascending and clouds or fog start rolling in, turn around and head back to Paradise. If that’s not possible, stop moving, dig in, and wait for better weather.  
- Without a compass, map, and altimeter, it is extremely difficult to find your way to the trailhead in a whiteout. Carry these items and know how to use them!  
- Do not attempt to descend from Camp Muir in poor weather. Do not descend on skis or a snowboard in limited visibility — you could become quickly lost!  
- When hiking to Camp Muir, be sure to carry emergency bivouac gear so that you can spend the night out if you have to.  
- While it may be disappointing to abandon your hike to Camp Muir, remember that the snowfield will be there for you next time, in better weather.

Ask a ranger for tips on other areas to explore during your visit.

Hiking to Summierland from Frying Pan Creek.

Climbing Mount Rainier
Over 100,000 people attempt to climb Mount Rainier each year. About half actually make it to the 14,410 foot summit. Climbing information is available at ranger stations and on the park’s web site at www.nps.gov/mora/climbing.htm. For pre-registered route conditions, call (360) 569-2121 ext. 2514. Climbers pay a Cost Recovery Fee of $50 per person, per calendar year.

Rainier Mountaineering, Inc. (RMI) conducts guided climbs and related seminars. Call (360) 969-2227. Guides for the Emmons Glacier Route include Alpine Ascents International (206) 378-1927, American Alpine Institute (360) 571-1295, Cascade Alpine Guides (800) 988-1918, and Mount Rainier Alpine Guides (360) 569-2154.

A Window to the Past
### Visitor Centers

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Longmire Museum</td>
<td>(360) 569-2211 ext. 3314</td>
<td>Information, exhibits, book sales, hiking permits.</td>
</tr>
<tr>
<td>Jackson Visitor Center</td>
<td>(360) 569-6036</td>
<td>Information, exhibits, movies, book sales, food service, gifts, showers.</td>
</tr>
<tr>
<td>Paradise Ranger Station</td>
<td>(360) 569-2211 ext. 2314</td>
<td>Information, exhibits, book sales</td>
</tr>
<tr>
<td>Sunrise Visitor Center</td>
<td>(360) 663-2425</td>
<td>Information, exhibits, book sales</td>
</tr>
<tr>
<td>Longmire WIC</td>
<td>(360) 569-6046</td>
<td>Information, exhibits, book sales</td>
</tr>
<tr>
<td>Paradise WIC</td>
<td>(360) 569-2211 ext. 2314</td>
<td>Information, exhibits, book sales</td>
</tr>
<tr>
<td>White River WIC</td>
<td>(360) 663-2273 ext. 222</td>
<td>Wilderness camping &amp; eastside climbing permits</td>
</tr>
<tr>
<td>Wilkeson WIC</td>
<td>(360) 829-5127</td>
<td>Wilderness camping &amp; northside climbing permits</td>
</tr>
</tbody>
</table>

### Food & Lodging

For lodging reservations in the park call Mount Rainier Guest Services at (360) 569-2215 or go to www.guestservices.com/rainier

#### National Park Inn - Longmire
- Lodging, post office, and dining room serving breakfast, lunch, and dinner. **Open year-round.**
- General Store - Longmire
  - Groceries, gifts, firewood. **Open year-round.**
  - May 1 - June 13: 10:00 a.m. - 5:00 p.m. daily
  - June 14 - Aug. 31: 8:00 a.m. - 8:00 p.m. daily
- Paradise Inn
  - Lodging, lounge, gifts, and dining room serving breakfast, lunch, and dinner. **Open May 16th.**
- Sunrise Lodge
  - Food and gifts. **Day use only/no overnight lodging.**
  - June 28 - Aug. 31: 10:00 a.m. - 7:00 p.m. daily

### Road Opening Schedule

<table>
<thead>
<tr>
<th>Road</th>
<th>Estimated Dates (subject to change)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nisqually to Paradise</td>
<td>Open all year</td>
</tr>
<tr>
<td>Paradise Valley Road</td>
<td>May 23</td>
</tr>
<tr>
<td>Stevens Canyon Road</td>
<td>July 3</td>
</tr>
<tr>
<td>Chinook Pass (SR 410)</td>
<td>TBD</td>
</tr>
<tr>
<td>WASDOT Tel. (800) 695-ROAD</td>
<td>By WASDOT</td>
</tr>
<tr>
<td>Cayuse Pass (SR 123/SS 410)</td>
<td>April 25</td>
</tr>
<tr>
<td>White River Road to White River</td>
<td>May 23</td>
</tr>
<tr>
<td>Campground Parking Lot</td>
<td>June 27</td>
</tr>
<tr>
<td>Sunrise Road</td>
<td></td>
</tr>
<tr>
<td>Carbon River Road</td>
<td>May 1</td>
</tr>
<tr>
<td>Mowich Lake Road to Mowich Lake</td>
<td>June 27</td>
</tr>
</tbody>
</table>

### Drive-in Campgrounds

<table>
<thead>
<tr>
<th>Name</th>
<th>Elev.</th>
<th>Fee</th>
<th># of sites</th>
<th>Toilets &amp; Dump Stations</th>
<th>Pit</th>
<th>Location/Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunshine Point</td>
<td>Open All Year</td>
<td>2000'</td>
<td>$10</td>
<td>18</td>
<td>Pit</td>
<td>SW corner of park, 0.25 miles E of the Nisqually Entrance</td>
</tr>
<tr>
<td>Cougar Rock*</td>
<td>Open May 23-Oct. 13</td>
<td>3180'</td>
<td>$12</td>
<td>173+</td>
<td>Flush/Dump Station</td>
<td>SW corner of park, 2.3 miles NE of Longmire</td>
</tr>
<tr>
<td>Ohanapescosh*</td>
<td>Open May 23-Oct. 13</td>
<td>1914'</td>
<td>$12</td>
<td>188+</td>
<td>Flush/Dump Station</td>
<td>SE corner of park, 11 miles NE of Packwood on SR123</td>
</tr>
<tr>
<td>White River</td>
<td>Open June 27-Sep. 15</td>
<td>4400'</td>
<td>$10</td>
<td>112</td>
<td>Flush</td>
<td>E side of park, 5 miles W of White River Entrance</td>
</tr>
<tr>
<td>Ipsut Creek</td>
<td>Currently open to walk-in camping only</td>
<td>2300'</td>
<td>None</td>
<td>28+</td>
<td>Pit</td>
<td>NW corner of park, 5 miles E of Carbon River Entrance</td>
</tr>
<tr>
<td>Mowich Lake</td>
<td>Open June 27-Oct. 19</td>
<td>4950'</td>
<td>None</td>
<td>30</td>
<td>No Potable Water</td>
<td>NW corner of park, at the end of SR165. Unpaved road. No fires.</td>
</tr>
</tbody>
</table>

* Advance reservations are required for Cougar Rock and Ohanapescosh Campgrounds from the last Friday in May through Labor Day (group sites only from May 23 - October 12). Call 1-888-365-CAMP up to 5 months in advance or reserve your site online at http://reservations.nps.gov. The nightly fee during the reservation period is $15 per site. All other campgrounds are operated on a first-come, first-served basis.

### Interpretive Activities

Stop by a visitor center for information on interpretive activities offered during your visit. Park rangers and volunteers may be presenting talks, guided walks, or evening slide programs. These free programs explore the park's natural and cultural history.

**Hey Kids!** Ask for a Junior Ranger Activity Book. It's FREE and available at visitor centers. Complete it and you'll earn a badge and certificate. You'll also learn lots of cool stuff about your park!

### Doing Our Part!

We all share the responsibilities of caring for our environment and conserving scarce natural resources. You probably do your part at home by carpooling and by turning down your thermostat and switching off your lights. Staff at Mount Rainier National Park do these things and many more out of concern for the environment.

At Mount Rainier National Park we focus on using new "green" products as they are developed. Many of our park vehicles and one of our generators run on emissions-reducing fuel. Recently we added 8 new vehicles to the park fleet with a propane fuel option.

As an ENERGY STAR Partner organization we are committed to lowering our energy consumption by purchasing ENERGY STAR rated devices including refrigerators, furnaces, and computers.

### To Experience Your America

#### 365 Days - 388 Ways

Visit any Mount Rainier National Park Entrance Station, or by calling 1-888-GD-PARKS. Just $50 (plus shipping and handling if you buy on-line or by phone).

If you only plan to visit Mount Rainier National Park, consider the Mount Rainier Annual Pass. It costs $30 and, like the National Parks Pass, is good for one full year.

To purchase your National Parks Pass at any Mount Rainier Entrance Station, on-line at www.nationalparks.org, or by calling 1-888-GD-PARKS.