Spring Arrives Early!!

Spring came early at Mount Rainier and elsewhere in the Cascade Mountains this year. Normally spring arrives weeks after the date circled on the calendar. During this mild winter, only 10 to 15 feet of snow blankets higher elevations of Paradise and Sunrise, while at lower elevations of Longmire and Ohanapecosh there was almost no snow on the ground. As we anticipate the summer hiking season, we expect an early snow meltout on most park trails. Elevations below 4500 feet will likely be snow free by late May, while higher elevations retain snowpack into July. Because of the factors of weather and snowpack the best hiking occurs in August and September. Normally peak flower bloom occurs in the sub-alpine meadows in late July or early August, months after spring has become summer at lower elevations. This year the peak bloom could come as early as mid-July. Spring is a good time to enjoy the lush vegetation of the lower old-growth forest around Longmire, Carbon River and Ohanapecosh. There are self-guiding nature trails in each of these locations to help you to explore and understand the natural and human history of the park.

Orphans? Let 'Em Be!

Spring heralds the arrival of new born animals at Mount Rainier National Park. You may see many of these young animals without their parents. Being good samaritans, we may feel compelled to help these "orphans" by picking them up and taking them to a ranger station. However, our well intentioned actions will most probably hinder a young animal's chances of surviving in their natural life forever. Animals picked up by humans must be hand raised, and consequently lose their natural fear of humans which prevents them from being returned to the wild. These animals often die or are placed in zoos, fenced game preserves, or rehabilitation centers, situations that are not conducive to their survival. Being left to their own, these animals instinctively become protected from the unwary visitor, a lone bear cub may appear to be lost or orphaned, but is not. When you see a young animal alone and appear to be lost or orphaned, but be aware. Mount Rainier National Park was established in part to preserve the natural processes occurring within its boundaries. When you see a young animal alone and feel the urge to assist it, remember that you may alter its life forever. For an animal to truly "wild" it must live its life free from human assistance. Please consider the cost to the young animal you are trying to save.

Mountain Named For Peter Rainier In 1792

This year as we celebrate the finding of the North American continent by Europeans five hundred years ago, Mount Rainier National Park remembers the two-hundredth anniversary of the naming of the Mount. On May 7, 1792, Captain George Vancouver of the British Royal Navy mentioned a "remarkably high, round mountain covered with snow". The next day he named the mountain for his friend, Rear Admiral Peter Rainier (pictured above).
Information & Services

Longmire Museum: 9 a.m.-4:30 p.m., daily. Enjoy historic exhibits on geology, natural history, early park exploration and Northwest Native American culture. The Northwest Interpretive Association offers books, maps and slides for sale.

Longmire Hiker Information Center: Opens June 19. 8 a.m.-6 p.m., Sunday - Thursday; 8 a.m.-7 p.m., Friday; 7 a.m.-7 p.m., Saturday. Back-packers can obtain permits for overnight trips and hiking information. The Center is located in the lobby of the large log and stone building next to the flagpole.

"Trail of the Shadows" Self-guiding Trail: 30 minutes, .7 mile. Walk around the Longmire meadow, and see the former site of the Longmire Springs Hotel.

Paradise

So where are all those spectacular sub-alpine wildflowers? Most are still sleeping under the remnants of last winter's snowfall. Paradise, on Mount Rainier's south slope, averages 630 inches of snow each winter and often receives much more than that. The meadows may still be covered with drifts of white or yellow lilies. Towhead baby, mouse-on-a-stick, old man of the mountain, baby, and many more in flower alongside the lilies. Look for this early blooming buttercup shaped flower but to its distinctive seed head. Look for this early blooming flower alongside the lilies.

Naturalist Programs

Campfire Program: 45 minutes. Discover Mount Rainier through a slide program presented by a Park Naturalist at the Paradise Rock Campground Amphitheater.

Friday - 9 PM
Starts May 22
Saturday - 9 PM
Starts May 23

Naturalist Programs

Evening Program: 45 minutes. Discover Mount Rainier through a slide program presented by a Park Naturalist at the Paradise Inn.

Friday - 9 PM
Starts May 22
Saturday - 9 PM
Starts May 23
Sunday - 9 PM
May 24 Only

Special Programs: Offered at various times during the spring season. See the Jackson Visitor Center and Paradise Inn Bulletin Boards.

Information & Services

Food Services, Showers and Gifts: Available in the Henry M. Jackson Memorial Visitor Center, 11 a.m.-6 p.m., Saturday, Sunday and holidays, April 6-May 1; Then 9 a.m.-7 p.m., daily. Exhibits on animals, glaciers, geology, wildflowers and mountain climbing. A half-hour program is shown on the hour and half-hour. The slide program "Is the Mountain a Museum" rotates schedules with the movie "Fire and Ice." The Northwest Interpretive Association provides books, maps and slides for sale across the lobby from the information desk.

Food Services, Showers and Gifts: Available in the Henry M. Jackson Memorial Visitor Center, 11 a.m.-6 p.m., Saturday, Sunday and holidays, April 6-May 1; Then 9 a.m.-7 p.m., daily. Exhibits on animals, glaciers, geology, wildflowers and mountain climbing. A half-hour program is shown on the hour and half-hour. The slide program "Is the Mountain a Museum" rotates schedules with the movie "Fire and Ice." The Northwest Interpretive Association provides books, maps and slides for sale across the lobby from the information desk.

Food Services, Showers and Gifts: Available in the Henry M. Jackson Memorial Visitor Center, 11 a.m.-6 p.m., Saturday, Sunday and holidays, April 6-May 1; Then 9 a.m.-7 p.m., daily. Exhibits on animals, glaciers, geology, wildflowers and mountain climbing. A half-hour program is shown on the hour and half-hour. The slide program "Is the Mountain a Museum" rotates schedules with the movie "Fire and Ice." The Northwest Interpretive Association provides books, maps and slides for sale across the lobby from the information desk.

Food Services, Showers and Gifts: Available in the Henry M. Jackson Memorial Visitor Center, 11 a.m.-6 p.m., Saturday, Sunday and holidays, April 6-May 1; Then 9 a.m.-7 p.m., daily. Exhibits on animals, glaciers, geology, wildflowers and mountain climbing. A half-hour program is shown on the hour and half-hour. The slide program "Is the Mountain a Museum" rotates schedules with the movie "Fire and Ice." The Northwest Interpretive Association provides books, maps and slides for sale across the lobby from the information desk.

Rainier Mountaineering, Inc.: Operates the Guide House at Paradise. 8 a.m.-5 p.m., daily. Guides for climbs, including 2-day summit climb. For more information call (360) 569-2275.

Rainier Mountaineering, Inc.: Operates the Guide House at Paradise. 8 a.m.-5 p.m., daily. Guides for climbs, including 2-day summit climb. For more information call (360) 569-2275.

Rainier Mountaineering, Inc.: Operates the Guide House at Paradise. 8 a.m.-5 p.m., daily. Guides for climbs, including 2-day summit climb. For more information call (360) 569-2275.

Rainier Mountaineering, Inc.: Operates the Guide House at Paradise. 8 a.m.-5 p.m., daily. Guides for climbs, including 2-day summit climb. For more information call (360) 569-2275.
Examples of old-growth forest seen by settlers in the Pacific Northwest are few in number today. The Ohanapecosh River Valley is one place where old-growth forest remains. Here you can walk back in time among stately Douglas-fir, western hemlock and western redcedar, 500 to 1,000 years old. The self-guiding nature trail in the Grove of the Patriarchs is an excellent place to experience the sublime qualities of the old forests. The sparkling clear water of the Ohanapecosh River stands in stark contrast to the brown, milky streams originating from active glaciers. Flowing from an inactive glacier and snowfields, the Ohanapecosh River reflects the green of the forest and the blue of the sky. Only a mile from Ohanapecosh Campground, the river cascades as beautiful Silver Falls.

Early settlers to the Cowlitz Valley were attracted to Ohanapecosh by the hot springs that bubble from the ground. A complete resort with cabins, bathhouses and other facilities was developed around the springs. Today the buildings and baths are gone, but the shallow springs remain. The self-guiding trail, "Life Systems: the Forest and Hot Springs of Ohanapecosh," describes the beauty and history of this interesting area.

Information & Services

**Ohanapecosh Visitor Center:** Opens July 3rd. 9 a.m. - 6 p.m. Exhibits feature the ecology of the park’s subalpine environments. The Northwest Interpretive Association provides books, maps and slides for sale.

**Ohanapecosh Campground:** Opens May 22 for the season. 205 campsites for tents, trailers and/or recreational vehicles, but no group sites are available. Camping fee is $8 per site per night on a first-come, first-served basis.

**"Life Systems" Self-guiding Trail:** 30 minutes. .5 mile. Explore the forest and hot springs of Ohanapecosh on this walk starting at the visitor center.

**Box Canyon Picnic Area:** Between Ohanapecosh and Paradise on Stevens Canyon Road.

Naturalist Walks & Programs

<table>
<thead>
<tr>
<th>Guided Walks to: Grove of the Patriarchs and Silver Falls. Check campground and visitor center bulletin boards for details.</th>
<th>Saturday, June 27 10 AM</th>
<th>Sunday, June 28 10 AM</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>History Walk:</strong> 1 hour, .5 mile. Naturalist led walk through Ohanapecosh Campground. Discover CCC Camp, Hot Springs Resort, Forest Museum, etc. Meet at Ohanapecosh Visitor Center.</td>
<td>Monday, May 25 10 AM</td>
<td>Sunday, June 28 10 AM</td>
</tr>
<tr>
<td><strong>Campfire Program:</strong> 45 minutes. Discover Mount Rainier through a slide program presented by a Park Naturalist at the Ohanapecosh Campground Amphitheater.</td>
<td>Saturday May 23 &amp; June 6, 13, 20, 27 9 PM</td>
<td>Sunday May 24 &amp; June 28 9 PM</td>
</tr>
</tbody>
</table>

**Sunrise Visitor Center:** Opens July 3rd. 9 a.m. - 6 p.m. Exhibits feature the ecology of the park’s subalpine environments. The Northwest Interpretive Association provides books, maps and slides for sale.

**Sunrise Lodge:** Opens June 27. 10 a.m. - 7 p.m. Food service and gift shop. Provided by Mount Rainier Guest Services.

**White River Campground:** Opens June 12. 111 sites, no group sites. Camping fee $6 per site per night, on a first-come, first-served basis.

**White River Hiker Information Center:** Opens May 22, 8 a.m. - 4:30 p.m., Monday through Thursday; 8 a.m. - 9 p.m., Friday; 7 a.m. - 7 p.m., Saturday and Sunday. Obtain backcountry permits for overnight trips and hiking information in the ranger station at White River Entrance.

**"Sourdough Ridge" Self-guiding Trail:** 1 hour, .5 mile. A moderate walk through flower fields rich in color to a panoramic viewpoint of four high volcanic peaks - Mount Baker, Glacier Peak, Mount Adams and of course, Mount Rainier.

Naturalist Programs

| Campfire Program: 45 minutes. Explore the geology and history of Mount Rainier with a Park Naturalist at the campfire circle in White River Campground. | Saturday, July 4 8 PM | Sunday, July 5 8 PM |
Don't Be A Meadow Stomper!

Welcome to Mount Rainier National Park. We value the meadows of Paradise and Sunrise. The flower fields melt out in July and early August and beautiful displays of blossoms spring up as the snow disappears. These lush meadows are very fragile and need special care. Please walk only on the constructed pathways. Do not pick any flowers or trample any plants. Stay on pathways when taking photographs. Picnic only in designated areas - not on the meadows. We want the meadows to remain beautiful for all the world to see.

Mount Rainier

Willkommen Im Mount Rainier


Bienvenue Au Mount Rainier

Les prairies de Paradise et de Sunrise déserrent en un spécial esprit. Les champs de fleurs se dessèchent en juin et commencent d'août, et, après que les fleurs ont disparu dans les zones des pique-nique indiquées. Seul vous pouvez planter ces fleurs. La photographie est permise dans les zones des pique-nique indiquées. Nous voulons vous assurer un plaisir pour tout le monde et non une destruction de propriété.

People who have witnessed jokulhlaups at Mount Rainier say that the flood waves arrive with local winds and the smell of freshly killed vegetation. The floods sound like freight trains as they travel downhill at speeds of 9 feet per second or more. Mount Jokulhlaups occur during summer or fall, and in late afternoon or evening. If you intend to observe flood damage at Tahoma Creek or Kautz Creek, be alert. If you hear the onrush of the flow, see the dust cloud upvalley, or feel a sudden change in valley winds, move up hill away from the stream instead of up or down stream. Don't be caught near the streambed. Please heed park regulations regarding travel near flood-prone areas.

SAFETY...... is more than a Word to the Wise!

Mount Rainier National Park presents some special challenges for people seeking an enjoyable visit.

What is Falling on Your Head?

Beware of rocks, snow avalanches, and debris falling on trails and rolling onto roadways. Climbers wear hardhats for protection of park animals and trees - please slow down and park in pullouts to enjoy the scenery. At a slower pace, you just might enjoy the park more. Now, isn't that what you came for?

While Driving - remember that mountain roads are narrow and winding, with short sight distances. Rocks and trees seem to "jump out" onto roadway ways every curve. Snow and rain can cause slippery road conditions at any time of year. Drivers sometimes pay closer attention to the scenery than to road conditions. For your safety and the protection of park animals and trees please slow down and park in pullouts to enjoy the scenery. At a slower pace, you just might enjoy the park more.

Watch your step! Park trails are steep and full of rocks and other hazards. Slip, fall from glaciers and race down valleys moving trees, boulders and other objects in their path. At Mount Rainier, jokulhlaups leave us a legacy of twisted trails and highway bridges amid boulder-strewn streambeds. They can affect human activity where trails or roads cross the stream valleys. This happened at Kautz Creek where a flood buried the roadway under twenty feet of mud and rock in 1947. Several jokulhlaups obliterated the Tahoma Creek Trail in 1988 and closed the Westside Road until a suitable alternate route can be constructed.

Protect Your Valuables - "Don't be a victim," says Park Ranger John Jensen. Vacationers generally are in a relaxed frame of mind, and don't practice the same precautions against thievery as they might if at home. Unfortunately, thieves visit Mount Rainier along with the good folks. Rangers urge locking everything of value in the car's trunk, or putting it out of sight, and locking all doors and windows.-Paint the hood of your car some other color than the local color to make it appear to the thieves that you have nothing valuable in your car.

Mount Rainier

Mount Rainier (アラウト・レニヤー) National Park へようこそ！

Paradise (パラダイス)及びSunrise (サンライズ)のžitumは私を私とタッチの良いで

あるものを見つけるために北1947年1月に雪を踏むとき、

いて、気候の良いと良い光が光るときに雪を踏む

ところです。このころの私にとってこの問題を

って、特に重要です。この山で、人々の歩行の往

ているようです。とおりに、生命を犠牲にし

的なものです。自然の中で、この特別な場を

いやすように、私たちのここに対するさまざまな

に、幸せを！

Bienvenue Mount Rainier (ビュプリン ランジェ) (ヴィニャ山国家公園)

Les sentiers de Paradise et de Sunrise sont très précieux. La fonte des neiges, en juin et début juillet, expose le lieu à des chocs de tempêtes de neige. Ces riches prairies sont pourtant très fragiles et requièrent des soins particuliers. Veillez donc à ne pas marcher sur les sentiers, ne cueillez aucune fleur et n'en écrasez aucune. Faites bien sur limiter les actes pour prendre vos photographies et ne regretter que dans les zones de pique-nique indiquées. Nous vous invitons à préserver leur beauté pour tout le monde et non une destruction de propriété.

Please walk only on snow or flagged trails.

Off -Trail Hikers May Be Fined

Mount Rainier (マウント・レインヤー) National Park へようこそ！

Paradise と Sunrise (サンライズ)の周辺は

オオクイナメイアに囲まれています。どこにいても

この風景は素晴らしいです。しかし、最寄りの町は

この地域の中で、この特定の場所を

いやすように、私たちのここに対するさまざまな

に、幸せを！

Bienvenue Mount Rainier (ビュプリン ランジェ) (ヴィニャ山国家公園)

Les sentiers de Paradise et de Sunrise sont très précieux. La fonte des neiges, en juin et début juillet, expose le lieu à des chocs de tempêtes de neige. Ces riches prairies sont pourtant très fragiles et requièrent des soins particuliers. Veillez donc à ne pas marcher sur les sentiers, ne cueillez aucune fleur et n'en écrasez aucune. Faites bien sur limiter les actes pour prendre vos photographies et ne regretter que dans les zones de pique-nique indiquées. Nous vous invitons à préserver leur beauté pour tout le monde et non une destruction de propriété.

Please walk only on snow or flagged trails.

Off -Trail Hikers May Be Fined

Mount Rainier (マウント・レインヤー) National Park へようこそ！

Paradise と Sunrise (サンライズ)の周辺は

オオクイナメイアに囲まれています。どこにいても

この風景は素晴らしいです。しかし、最寄りの町は

この地域の中で、この特定の場所を

いやすように、私たちのここに対するさまざまな

に、幸せを！

Bienvenue Mount Rainier (ビュプリン ランジェ) (ヴィニャ山国家公園)

Les sentiers de Paradise et de Sunrise sont très précieux. La fonte des neiges, en juin et début juillet, expose le lieu à des chocs de tempêtes de neige. Ces riches prairies sont pourtant très fragiles et requièrent des soins particuliers. Veillez donc à ne pas marcher sur les sentiers, ne cueillez aucune fleur et n'en écrasez aucune. Faites bien sur limiter les actes pour prendre vos photographies et ne regretter que dans les zones de pique-nique indiquées. Nous vous invitons à préserver leur beauté pour tout le monde et non une destruction de propriété.

Please walk only on snow or flagged trails.

Off -Trail Hikers May Be Fined

Mount Rainier (マウント・レインヤー) National Park へようこそ！

Paradise と Sunrise (サンライズ)の周辺は

オオクイナメイアに囲まれています。どこにいても

この風景は素晴らしいです。しかし、最寄りの町は

この地域の中で、この特定の場所を

いやすように、私たちのここに対するさまざまな

に、幸せを！

Bienvenue Mount Rainier (ビュプリン ランジェ) (ヴィニャ山国家公園)

Les sentiers de Paradise et de Sunrise sont très précieux. La fonte des neiges, en juin et début juillet, expose le lieu à des chocs de tempêtes de neige. Ces riches prairies sont pourtant très fragiles et requièrent des soins particuliers. Veillez donc à ne pas marcher sur les sentiers, ne cueillez aucune fleur et n'en écrasez aucune. Faites bien sur limiter les actes pour prendre vos photographies et ne regretter que dans les zones de pique-nique indiquées. Nous vous invitons à préserver leur beauté pour tout le monde et non une destruction de propriété.

Please walk only on snow or flagged trails.

Off -Trail Hikers May Be Fined