How Can We Help Plan Your Trip?

**Need Information?**

Bring this Guide and your questions to a visitor center. Talk to park rangers, view exhibits, and learn about the park. Grand Canyon Association Park Stores and a stamp for your Passport To Your National Parks® are available at these facilities, except for the Backcountry Information Center.

**Grand Canyon Village**

GRAND CANYON VISITOR CENTER
8 am–5 pm

BACKCOUNTRY INFORMATION CENTER
8 am–noon; 1–5 pm

KOLB STUDIO
8 am–7 pm

VERKAMP’S VISITOR CENTER
8 am–7 pm

YAVAPAI GEOLOGY MUSEUM
8 am–7 pm

**Desert View**

DESERT VIEW VISITOR CENTER
9 am–5 pm

TUSAYAN MUSEUM AND RUIN
9 am–5 pm

If parking is full at Grand Canyon Visitor Center, use lots A, B, C, or D in Grand Canyon Village. See map pages 4–5.

**How Can We Help Plan Your Trip?**

**Hello, we are not interested in hiking but want to see great views from the free shuttle bus or our own car.**

*Park rangers suggest:*
- **Mather Point:** start with a five-minute walk from Grand Canyon Visitor Center to Mather Point.
- **Shuttle bus:** ride the free shuttle buses to see Grand Canyon views. Allow 2 hours to visit overlooks on the Kaibab/Rim Route (orange).
- **Car:** drive 25 miles (40 km) along Desert View Drive. Stop at viewpoints, learn about ancestral Puebloan people at Tusayan Museum, and visit the historic Desert View Watchtower.

**Hi, I have children in my group but would like to see great views of the canyon.**

*Park rangers suggest:*
- **Junior Ranger:** stop by a visitor center to pick up a Junior Ranger booklet. Children four and older attend a free ranger program and complete activities to become Junior Rangers.
- **Park ranger program:** attend a fossil walk, geo-glimpse, or condor talk and have your kids get their Junior Ranger booklet signed.
- **Stroll the village:** walk with your family along the canyon rim through historic Grand Canyon Village. Take in the view, grab a bite to eat, and learn about early visitors to the canyon.
- **Sunrise/sunset:** view by car from Lipan Point on Desert View Drive or ride the Kaibab/Rim Route shuttle bus to Yaki Point.

**Good day, I’m excited to explore the canyon on foot or by bike.**

*Park rangers suggest:*
- **On the rim:** 13 miles (20 km) of rim trail let you see lots of great views from the top. Use the free shuttle bus to get back to where you started.
- **In the canyon:** two inner-canyon trails offer great options. The scenic South Kaibab Trail is ideal for shorter day hikes. The Bright Angel Trail offers longer hikes.
- **Biking:** travel the Greenway Trail to South Kaibab Trailhead or ride Hermit Road to Hermits Rest.
- **Sunrise/sunset:** view from Ooh Ahh Point in the canyon or bike along any Greenway Trail during sunset to see the light changing.

**Hello, we are not interested in hiking but want to see great views from the free shuttle bus or our own car.**

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Archaeology Day
March 22
10 am–4 pm
Grand Canyon Visitor Center
Learn about the native people who called Grand Canyon home over the past 10,000 years.

Earth Day
April 20
10 am–2 pm
Grand Canyon Visitor Center
Join Grand Canyon National Park for unique and interactive activities to celebrate the environment and all nature has to offer.

The Amazing Kolb Brothers: A Grand Life at Grand Canyon
Daily
8 am–7 pm
Kolb Studio
See Grand Canyon through the eyes of photographers Emery and Ellsworth Kolb in this exhibit. Be amazed and inspired by their stories, and view the movie that remains a box office hit.

Discover the Canyon by Phone
Enjoy two-minute park ranger talks at 30 locations throughout the park. Wherever you see a cell phone tour sign, dial 928-225-2907 and enter the stop number. There is no additional charge; standard calling rates apply. Funded by the Grand Canyon Association.

Explore Virtual Caches
Grand Canyon National Park offers a different way to explore the park. These EarthCaches are specifically tailored to geology, educational experiences, modern technology, and outdoor adventures. Stop by Grand Canyon Visitor Center or visit www.nps.gov/grca/planyourvisit/virtual-caching.htm to get your EarthCache information and start your adventure today. You will need your own GPS-enabled device to participate.

New Trails Forever Endowment
In February, Arizona Public Service donated $1 million to the Grand Canyon Association establishing the Grand Canyon Trails Forever Endowment to preserve and protect Grand Canyon’s trails. This is one of the most significant private, philanthropic gifts in Grand Canyon’s history. The endowment provides ongoing funding vital to help maintain the 350 miles of established trails, including the popular corridor trails like the Bright Angel, South Kaibab and North Kaibab trails. A portion of this generous gift was also used to help renovate the Bright Angel Trailhead.

As the National Park Service approaches its 100th anniversary in 2016, this donation establishes a path that ensures those generations to come enjoy one of our nation’s most precious gifts—Grand Canyon, for the next 100 years and beyond. Visit www.grandcanyon.org for information.

The Sun and Moon

Date
March 1
March 15
April 1
April 15
May 1
May 15
June 1
Full Moon Date
March 16
April 15
May 14

Sunrise
6:59 am
6:40 am
6:16 am
5:56 am
5:36 am
5:23 am
5:13 am
6:57 pm
7:46 pm
7:38 pm

Sunset
6:23 pm
6:35 pm
6:50 pm
7:01 pm
7:15 pm
7:27 pm
7:39 pm
6:57 pm
7:46 pm
7:38 pm

The North Rim
Grand Canyon’s North Rim provides visitors with a tranquil experience. Open mid-May through the end of October, the North Rim is a five-hour, 215-mile (346 km) drive from Grand Canyon Village. Accommodations fill in advance; reservations strongly recommended.

Grand Canyon Lodge
877-386-4383 or www.foreverresorts.com

North Rim Campground
877-444-6777 or www.recreation.gov

September 3, 2014 is the 50th Anniversary of the Wilderness Act, which provides the highest level of public land protection in the United States. Ninety-four percent of Grand Canyon National Park qualifies for wilderness designation and is currently protected as such. Is there a designated wilderness area where you live? Wilderness belongs to everyone—this year let’s honor it together. www.wilderness.net

Artist-in-Residence
Few places have inspired as much wonder and creativity as Grand Canyon. Grand Canyon National Park hosts two Artist-in-Residence programs—a seasonal program on the North Rim and a year-round program on the South Rim. Ask in visitor centers about a limited number of free, family-friendly programs with the artists or call 928-638-7616 for recorded information. For program information and artist opportunities visit www.nps.gov/grca/supportyourpark/air.htm

SOUTH RIM SPRING SCHEDULE
March 1–15
Playwright and performer Scott Bradley from Chicago, Illinois www.scootyjojo.com

March 16 to April 11
Sculptor and mixed media artist Brack Morrow from Las Cruces, New Mexico www.brackmorrow.com

Bike the Park Week
May 19–24
Daily in various locations
Join the Grand Canyon community for an hour, a day, or the entire week. In an effort to reduce automobile traffic in Grand Canyon Village, the park and its partners offer Bike to Work Day, special bicycle tours, and a parade. Bring your own or rent a bicycle.

EART Remote Control by Brack Morrow; musical instrument parts, electronics; remotely controls a sound machine rover; EART and monitors weather via apps and gauges; 18” x 9”; 2012

The National Park Service cares for the Colorado River and adjacent uplands. It encompasses 277 miles (446 km) of the river, and river trips. Call 866-471-4435 or visit www.grandcanyon.org/fieldinstitute and river trips. Call 866-471-4435 or visit www.grandcanyon.org/fieldinstitute to learn about geology, archaeology, photography, yoga, and more, during daily outdoor adventures. Stop by Grand Canyon Field Institute or visit www.grandcanyon.org for information.

Be a Part of Something Grand
You can make a difference at Grand Canyon National Park!

With your help, the Grand Canyon Association (GCA) supports an impressive variety of projects and programs that ensure all visitors enjoy the awe-inspiring wonder of Grand Canyon.

As the park’s official nonprofit partner, GCA cooperates with the National Park Service to operate Park Stores in seven locations in the park. GCA Park Store purchases help fund new exhibits, scientific research, trail restoration, wildlife monitoring, ecological restoration, support for the arts, Junior Ranger, education programs, and historic building preservation.

Explore the Canyon’s Wonders with the Grand Canyon Field Institute
Learn about geology, archaeology, photography, yoga, and more, during fun and informative education classes. Activities include rim walks, backpacks, and river trips. Call 866-471-4435 or visit www.grandcanyon.org/fieldinstitute to take Grand Canyon Home with You.

Join the Grand Canyon Association today. Members receive exclusive benefits and discounts. For information, visit a GCA bookstore, call toll-free 800-858-2808, or visit www.grandcanyon.org. Check at visitor centers and hotels for information about free, family-friendly programs.

Grand Canyon National Park
Located in northern Arizona, the park encompasses 277 miles (446 km) of the Colorado River and adjacent uplands. One of the most spectacular examples of erosion anywhere in the world, Grand Canyon is unmatched in the incomparable vistas it offers to visitors on the rim. Grand Canyon National Park is a World Heritage Site.

Superintendent David V. Uberuaga
Grand Canyon National Park PO Box 129 Grand Canyon, AZ 86023-0129 USA

Park Headquarters
928-638-7888

Website
www.nps.gov/grca/
**Park Ranger Programs**

Discover Grand Canyon with free programs given by park rangers and volunteers in or near Grand Canyon Village; see page 8 for Desert View programs. Parking is limited. Park rangers recommend you ride the free shuttle buses to program locations.

Children under age 16 must be accompanied by an adult. All program times are Mountain Standard; Arizona does not recognize daylight-saving time. Check at visitor centers and hotels for additional information and special programs.

<table>
<thead>
<tr>
<th>Time</th>
<th>Programs</th>
<th>Meeting Location</th>
<th>Duration</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 am</td>
<td>Cedar Ridge Hike</td>
<td>South Kaibab Trailhead</td>
<td>3–3.5 hours; offered in May only</td>
<td>No program May 12</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Trailhead closed to vehicles; ride the free Kaibab/Rim Route shuttle bus.</td>
<td></td>
</tr>
<tr>
<td>9 am</td>
<td>Fossil Walk</td>
<td>Bright Angel Lodge (rim side patio)</td>
<td>60 minutes; offered in March and April only</td>
<td>Parking is limited; ride the Village Route shuttle bus.</td>
</tr>
<tr>
<td>10 am</td>
<td>Geology Walk</td>
<td>Yavapai Geology Museum</td>
<td>60 minutes No program May 12</td>
<td>Accessible</td>
</tr>
<tr>
<td>1:30 pm</td>
<td>History Walk</td>
<td>Verkamp’s Visitor Center</td>
<td>60 minutes No program May 12</td>
<td>Parking is limited; ride the Village Route shuttle bus.</td>
</tr>
<tr>
<td>2:30 pm</td>
<td>Mother Point Talk</td>
<td>Mother Point</td>
<td>30 minutes No program May 12</td>
<td>Accessible</td>
</tr>
<tr>
<td>3:30 pm</td>
<td>Geo-glimpse</td>
<td>Yavapai Geology Museum</td>
<td>30 minutes No program May 12</td>
<td>Accessible</td>
</tr>
<tr>
<td>4 pm</td>
<td>Condor Talk</td>
<td>Lookout Studio</td>
<td>60 minutes No program May 12</td>
<td>Parking is limited; ride the Village Route shuttle bus.</td>
</tr>
<tr>
<td>7:30 pm</td>
<td>Evening Program</td>
<td>Shrine of the Ages</td>
<td>60 minutes Sat, Sun, Tues, Thurs</td>
<td>Accessible</td>
</tr>
</tbody>
</table>

**Inside the Canyon**

Programs begin early March

- Going to Phantom Ranch or Indian Garden? Join a park ranger to discover the many wonders of the inner canyon. Programs vary and cover a wide range of natural and cultural history topics. 
- In Grand Canyon’s backcountry, these programs are only accessible by a long, strenuous hike or mule ride.

**Indian Garden, times vary, Saturday to Tuesday**

- Check the bulletin board for program topics, locations and times. 
- Hospitality Explorer Junior Ranger booklet available. Accessible only by hiking 4.5 miles (7.2 km) down Bright Angel Trail.

**Fun for Kids: Junior Rangers**

Children ages four and older can pick up a free Junior Ranger booklet from a visitor center. Have fun learning about Grand Canyon by completing at least four activities and attending a park ranger program. Turn in the completed booklet at any visitor center and earn a badge and certificate. Special patches are also available for purchase at Grand Canyon Association Park Stores. Unique Junior Ranger programs are available on the North Rim (May to October) and at more than 250 national parks, seashores, and monuments nationwide. The Junior Ranger program is generously supported by the Grand Canyon Association.

**Junior Ranger Day**

April 20

- Location Varies
- Attend a park ranger program and receive special recognition as part of this national event. 
- Look for signs at visitor centers.

**Grand Canyon Semester**

Grand Canyon National Park is proud to partner with Northern Arizona University and Prescott College to offer a unique, semester-long program: Grand Canyon Semester. This interdisciplinary program engages students through a progressive, place-based learning experience that uses the greater Grand Canyon ecoregion as its classroom and laboratory. Classroom-based academics combine with extended field opportunities to develop a learning environment unparalleled in academics.

- [www.nps.gov/grca/forteachers/](http://www.nps.gov/grca/forteachers/)
- [www.nps.gov/grca/forkids/camp.htm](http://www.nps.gov/grca/forkids/camp.htm)
- [www.nps.gov/grca/forteachers/expeditionsforteens](http://www.nps.gov/grca/forteachers/expeditionsforteens)

**Learn in an Outdoor Classroom**

- **Teachers:** Field Trips, Workshops, Ranger Classroom Visits, and Distance Learning 928-638-7531
- [www.rgs.org/geraforteachers](http://www.rgs.org/geraforteachers)
- [www.rgs.org/gera/kids/camp.htm](http://www.rgs.org/gera/kids/camp.htm)

**The Guide • Spring 2014**
Getting Around Grand Canyon

Ride the Free Shuttle Buses
Reducing air pollution and taking nearly a half-million vehicles off park roads each year, shuttle buses offer hassle-free transportation.

1. No eating or open drink containers.
2. No pets. Service animals permitted.
3. Collapse strollers before entering the bus. No oversized or jogging strollers.
4. Shuttle buses can accommodate two or three bicycles, but not tag alongs, baby trailers, or children’s bicycles with wheels less than 16 inches (41 cm). Riders must load and unload their bicycles.
5. Shuttle buses only stop at designated bus stops.

Shuttle Bus FAQ
Are the shuttle buses free? Yes, park entrance fees include shuttle bus transportation.
How do the shuttle buses work? Running like a city bus system, three shuttle bus routes stop at shops, visitor centers, and popular viewpoints around the South Rim. Just wait at any bus stop and enjoy the ride.
Will my wheelchair fit on the bus? Buses are equipped with ramps to accommodate passengers in wheelchairs smaller than 30 inches wide by 48 inches long (76 by 122 cm). Most motorized scooters will not fit on buses.

How can I tell the difference between shuttle bus routes?
All National Park Service shuttle buses are white and green, but the front of the bus will show the route color and name.

What are the shuttle bus rules?
1. No eating or open drink containers.
2. No pets. Service animals permitted.
3. Collapse strollers before entering the bus. No oversized or jogging strollers.
4. Remove baby-back carriers when seated.
5. Shuttle buses only stop at designated bus stops.

LEGEND
- Drivable park roads
- Drinking water
- Kaibab/Rim Route and bus stop
- Foot aid
- Hermits Rest Route and bus stop
- Information
- Parking
- Arrows indicate direction of travel
- Picnic area
- Shuttle bus gate
- Restrooms
- Theater
- Paved Rim Trail
- Shuttle bus operates
- Paved Greenway Trail
- Shuttle bus stops.
- Unpaved Rim Trail
- South Kaibab Trailhead.

HERMITS REST ROUTE—RED ON MAP ABOVE
- 80 minutes round-trip
- Nine overlooks
- Toilets at Hopi Point
- Water, snack bar, toilets, and gift shop at Hermits Rest
- Buses run every:
  • 30 minutes 4:30-6:30 am
  • 15 minutes 6:30 am to sunset
  • 30 minutes sunset to an hour after sunset
  • Visitors should be at a bus stop no later than 30 minutes after sunset.

VILLAGE ROUTE—BLUE ON MAP ABOVE
- 30-minute round-trip
- Scenic canyon views are a short walk from some stops.
- Grand Canyon Visitor Center, hotels, restaurants, campgrounds
- Buses run every:
  • 30 minutes 4:30-6 am
  • 15 minutes 6 am-8:30 pm
  • 30 minutes 8:30-10 pm; visitors should be at a bus stop no later than 9:30 pm.

KAIBAB/RIM ROUTE—ORANGE ON MAP ABOVE
- 30-minute round-trip
- Five viewpoints
- Grand Canyon Visitor Center and Yavapai Geology Museum.
- Buses run every:
  • 30 minutes 4:30-6 am
  • 15 minutes 6 am to one hour after sunset; visitors should be at a bus stop no later than 30 minutes after sunset.

HIKER’S EXPRESS NOT SHOWN ON MAP ABOVE
Service to South Kaibab Trailhead. Bus begins at Bright Angel Lodge, then stops at Backcountry Information Center, Grand Canyon Visitor Center, and South Kaibab Trailhead.

Bus leaves Bright Angel Lodge at:
• 7 am, 8 am, and 9 am in March
• 6 am, 7 am, and 8 am in April
• 5 am, 6 am, and 7 am in May
Driving and Parking FAQ

Where can I drive my car?
You can drive anywhere there is a solid black line on the maps in this Guide. Yaki Point Road and Hermit Road are closed to private vehicles; ride the free shuttle bus to access.

The Scenic Drive Accessibility Permit allows visitors with mobility issues entry to some areas closed to public traffic. This permit is available at entrance gates, visitor centers, and hotel lobbies.

Where can I park?
All parking lots in Grand Canyon Village are located near free shuttle bus stops.
- Parking lots 1–4 Grand Canyon Visitor Center. Lot 1 includes auto, RV, and trailer parking.
- Parking Lot A Park Headquarters
- Parking Lot B Market Plaza
- Parking Lot C near Center Road in Grand Canyon Village
- Parking Lot D Backcountry Information Center. Includes auto parking in the north end and RV and trailer parking in the south end.

What else do I need to know about driving?
- Do not stop or park along the roadside, except where signs or lines on the road indicate it is permissible. Use pull-outs and overlooks to take pictures and view wildlife. Please do not block other people’s enjoyment of the park by stopping in the road or blocking traffic.
- Check at visitor centers or call 928-638-7496. Even during spring, snow and ice present potentially hazardous driving conditions and can temporarily close park roads. Please slow down and drive carefully while exploring Grand Canyon.

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\[\text{The Guide} \] • Spring 2014 5
**South Rim Services and Facilities**

### Food and Beverage

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<thead>
<tr>
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<th>Hours</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bright Angel Lodge</td>
<td>6 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Yavapai Lodge</td>
<td>6 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Yavapai Point</td>
<td>4:30–10 pm, lounge 11 am–11 pm</td>
<td></td>
</tr>
<tr>
<td>Kaibab Lodge</td>
<td>6 pm, Apr 1 to May 21, 10 am–7 pm</td>
<td></td>
</tr>
<tr>
<td>Yavapai Coffee House</td>
<td>6 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Bright Angel Lodge</td>
<td>6 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>El Tovar Hotel</td>
<td>6 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>El Tovar Dining Room</td>
<td>6 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Kachina Lodge</td>
<td>6 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Maswik Lodge</td>
<td>7 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Yavapai Lodge</td>
<td>7 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Books and Gifts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bright Angel Lodge</td>
<td>7 am–10 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>El Tovar Hotel</td>
<td>7 am–10 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Grand Canyon Association Park Sites</td>
<td>8 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Kaibab Lodge</td>
<td>8 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Visitor Center Plaza</td>
<td>8 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td>Yavapai Lodge</td>
<td>8 am–6 pm, Apr 1 to May 31, 7 am–6 pm</td>
<td>928-638-2631</td>
</tr>
<tr>
<td><strong>Services</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mather Point</td>
<td>0.7 miles (1.1 km)</td>
<td>View the Colorado River and Phantom Ranch</td>
</tr>
<tr>
<td>Yavapai Point</td>
<td>1.5 miles (2.1 km)</td>
<td>See and touch canyon rocks</td>
</tr>
<tr>
<td>Valley of Geology Museum</td>
<td>2.1 miles (3.3 km)</td>
<td>Great views of an inner-canyon trail, paved</td>
</tr>
<tr>
<td>Verkamp's Visitor Center</td>
<td>2.8 miles (4.5 km)</td>
<td>Quiet and uncrowded with forest and canyon views</td>
</tr>
<tr>
<td>Kolb Studio</td>
<td>0.3 miles (0.5 km)</td>
<td>Expansive east and west views of the canyon, unopened</td>
</tr>
<tr>
<td>Monument</td>
<td>2.0 miles (3.2 km)</td>
<td>Unpaved trail with great views</td>
</tr>
<tr>
<td>Hermit's Rest</td>
<td>0.7 miles (1.1 km)</td>
<td>Overlooks Grand Canyon Village and Bright Angel Trail, paved, grade 5*</td>
</tr>
</tbody>
</table>

### Lodging

<table>
<thead>
<tr>
<th>Location</th>
<th>Distance</th>
<th>Attraction</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mather Point</td>
<td>0.7 miles (1.1 km)</td>
<td>View the Colorado River and Phantom Ranch</td>
</tr>
<tr>
<td>Yavapai Point</td>
<td>1.5 miles (2.1 km)</td>
<td>See and touch canyon rocks</td>
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</tr>
</tbody>
</table>

### Camping

- **Mather Campground**
  - **Grand Canyon National Park Service**
  - **Campsites** fill up daily during peak season, weekends, and holidays. Advance reservations highly recommended and can be made up to six months in advance using [www.recreation.gov](http://www.recreation.gov) or [888-297-2757](tel:888-297-2757)
  - Same-day reservations: [828-638-2631](tel:828-638-2631)

### Additional Resources

- **Arizona Highway Information Call 511 or 888-411-ROAD; www.511.gov**
- **Grand Canyon Chamber of Commerce** [888-472-2696](tel:888-472-2696)
- **Xanterra Tours: Mule Trips** [888-411-ROAD; www.511.gov](http://www.511.gov)

**Tusayan, Arizona**

Located seven miles (11 km) south of Grand Canyon Visitor Center on Highway 64.

- **Logding**
  - **Best Western Premier Grand Canyon Squire Inn** [928-638-2861](tel:928-638-2861)
  - **Canyon Plaza Resort** [888-638-2631](tel:888-638-2631), [877-726-2757](tel:877-726-2757)

- **Laundry and Showers at Camper Services**
  - **Sunrise** to **Sunset**: [928-638-2437](tel:928-638-2437)

- **Camping**
  - **Camper Village (Private)**
    - **Campground:** Hookups, con- opirate showers, laundry, propane, dump station, and store. 928-638-2887 or [www.campercanyon.com](http://www.campercanyon.com)
  - **Ten-X Campground (Kaibab National Forest)**
    - **Overlooks Grand Canyon Village** and **Bright Angel Trail**, paved, grade 5*

### Biking Explorations

- **Pedal the Greenway Trail**
  - **Bicycle** along the canyon rim and through peaceful forest scenery by following the green dashed lines on the map. Bicycles are only permitted on the Greenway Trail, paved roads, and dirt roads open to the public. Bicycles are prohibited on the Rim Trail and trails down in to Grand Canyon.

### Tusayan Points of Interest

- **Imax Theater**
  - **888-387-2891**

- **Grand Canyon Apaches Stables**
  - **Horseback riding reservations:** [928-638-2891](tel:928-638-2891)

- **River Rafting**
  - **SMOOTH-WATER RAFT TRIPS**
    - **OUTSIDE THE PARK**
      - **Colorado River Discovery** [888-522-6444](tel:888-522-6444)
      - **www.rathtacinera.com**

- **WHITewater RAFFT TRIPS**
  - **INSIDE THE PARK**
    - **See our nps.gov/grca/planyourvisit/whitewater- rafting.htm for information about reserving multi-day whitewater raft trips.**
Day Hiking Below the Rim

Day hiking into the canyon affords an unparalleled experience. For an enjoyable hike you must prepare for extreme conditions. Gauge your fitness level, be honest about your health, and don’t compare yourself to five years ago. Know your limits and average walking distance and time—Grand Canyon is an extreme environment!

Consider purchasing a trail guide at Park Stores before venturing down the trail. Park rangers like to say “going down is optional, but coming up is mandatory.” It takes twice as long to hike up as it does to hike down. For additional information about day and overnight hiking, visit the Backcountry Information Center or www.nps.gov/grca/planyourvisit/backcountry.htm.

Prepare a Day Pack With:
- Water At least two liters or more depending on hike intensity and duration. Drink to thirst. Know your water sources—some water stations are seasonal.
- Food Bring salty snacks and a full meal. Eat often, even if you are not hungry. Snack every time you hydrate.
- First Aid Kit and Survival Tools Also include medications, blister care, and duct tape.
- Map Many trails are well marked, but some are not. Know your route.
- Flashlight or Headlamp You may end up hiking in the dark unexpectedly; cell phones do not provide adequate light.
- Sun Protection Sunscreen, hat, sunglasses, and a sun umbrella.
- Communication Whistle or signal mirror; while cell phones are not reliable, they may be helpful.
- Simple Shelters Emergency tarp with reflective side.
- Weather-appropriate Clothing and Footwear Layer for the weather and wear hiking boots with good soles, a hat, and gloves. Over-the-shoe traction devices recommended for ice and snow.

Backcountry Camping Permits
To camp anywhere in the park, other than in a developed campground on the South Rim, North Rim, or Tuweep, you must obtain a permit from the Backcountry Information Center, which offers a limited number of last minute walk-up permits.

Hike Smart
Knowledge, being prepared, and a good plan are all keys to success. This is not the place for spontaneity. Eat and drink often and take a break once per hour. Stay together, follow your plan, and know where and how to seek help.

Health Risks
- Common Challenges Any activity at high elevation and in a dry environment can bring your body to its limits and exacerbate pre-existing medical conditions, current illnesses, or lack of proper fitness when attempting to hike into this steep canyon. Spring conditions vary from extreme cold to very hot temperatures. Watch the weather forecast and prepare for both.
- Heat-related illnesses In spring, beware of over-exposure to hot, dry weather. Rest in the shade, hydrate, and eat high-energy foods.
- Hyponatremia Common hiking illness that occurs from improper over-hydration and low salt ingestion during a strenuous hike; a deadly condition if ignored. Balance hydration with salty snack intake, eat a well-rounded lunch, and rest frequently while hiking. Drink to thirst and eat regularly.

Danger! Hiking to the river and back in one day is not recommended due to long distances, extreme temperature changes, and a near 5,000-foot (1,500 m) elevation change each way. If you think you have the fitness and experience to attempt this extremely strenuous hike, please seek the advice of a professional at the Backcountry Information Center.

No Swimming The Colorado River is fast, wide, and a cold 46°F (8°C) year-round. Do not swim in the river—you will perish!

Simple Shelters
- Emergency Shelter in case of last minute walk-up permits.

South Kaibab Trail, Bright Angel Trail Profiles

<table>
<thead>
<tr>
<th>Trailhead</th>
<th>Distance</th>
<th>Elevation Change</th>
<th>Time</th>
<th>Facilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ooh Aah Point</td>
<td>1.8 miles</td>
<td>760 feet (230 m)</td>
<td>1–2 hours</td>
<td>none</td>
</tr>
<tr>
<td>Cedar Ridge</td>
<td>3 miles</td>
<td>1,120 feet (340 m)</td>
<td>2–4 hours</td>
<td>toilets, seasonal water emergency phone</td>
</tr>
<tr>
<td>Skeleton Point</td>
<td>6 miles</td>
<td>2,040 feet (620 m)</td>
<td>4–6 hours</td>
<td>none</td>
</tr>
<tr>
<td>Indian Garden</td>
<td>9 miles</td>
<td>3,040 feet (925 m)</td>
<td>6–9 hours</td>
<td>water, toilets, ranger station, camping, emergency phone</td>
</tr>
<tr>
<td>Plateau Point</td>
<td>12 miles</td>
<td>3,080 feet (940 m)</td>
<td>9–12 hours</td>
<td>seasonal water</td>
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What Do I Need to Know About Elevation and Weather?

At 7,000 feet (2,135 m) elevation, you may feel short of breath, nauseous, or tire easily. Direct sun can cause dehydration and sunburn. Use sunblock and stay hydrated.

Spring weather varies greatly and can change suddenly. Be prepared with layered clothing for cold, rain, wind, sun, and snow.

Never Throw Anything Over the Edge

Never throw rocks, coins, trash, or anything else over the edge. Objects tossed over the edge or dislodged by taking shortcuts can injure hikers and wildlife below.

How Can I Watch Wildlife Safely?

Never approach or feed any animal. It is dangerous—both to you and the animal—and illegal to do so.

Deer and elk: Stay at least 100 feet (30 m), or about six car lengths, away.

Squirrels: Do not feed; they will bite and carry fleas with the plague.

California condor: Stay 75 feet (23 m) away from these endangered birds.

Emergencies

Dial 911 or from hotel rooms dial 9-911

North Country Grand Canyon Clinic
Urgent care available. Mar 1 to Apr 15, 8 am–5 pm; Monday to Friday, Apr 16 to May 21, 8 am–6 pm daily. 928-638-2551

How Can I View Grand Canyon Safely?

Plastic water bottles can take 1,000 years to biodegrade. In an effort to reduce litter along hiking trails, plastics in the waste stream, and greenhouse gas emissions, the park eliminated the sale of water packaged in individual disposable containers.

Free Grand Canyon spring water is available from bottle filling stations at major trailheads, visitor centers, grocery stores, and lodges. Bring your own or buy a reusable water bottle at Park Stores or gift shops. Stay hydrated and reduce your environmental footprint!

Please note: During spring runoff, Grand Canyon’s drinking water may appear turbid or cloudy. This annual turbidity has been exhaustively researched and is not harmful to health. Grand Canyon National Park regularly tests the water to ensure it is safe to drink.

How Do You Reduce, Reuse, and Refill?

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How Can I View Grand Canyon Safely?

Stay at least 6 feet (2 m) from the edge and hold on to children. Always be aware of your surroundings. Do not back up without first looking where you are going.

Where Can I Take My Pet?

Leashed pets are allowed on rim trails, but not below the rim, in buildings, or on shuttle buses. These limits do not apply to service animals. Anyone wishing to take a service animal below the rim must check in at the Backcountry Information Center. For kennel information see page 6.