Millions of years of uplift, erosion, and glacial activity gave us a landscape marked by hemlock- and rhododendron-laced ravines, rumbling waterfalls, fertile floodplains, and the renowned Delaware Water Gap. Archeological evidence suggests people have lived in this valley for 13,000 years. Europeans began settling and farming the area in the mid-1600s and by the early 1900s, the valley had become a popular resort area, offering a summer respite for city-dwellers.

Today the river and its valley remain a major vacation destination. Many who remember family trips, summer camp, or their honeymoon return to reminisce at their favorite site in the park.

If this is your first visit, we invite you to discover the middle Delaware River valley and start your own traditions in Delaware Water Gap National Recreation Area.

4-11 Trails

From ridgetop to riverside, vistas to ravines, and from easy to extreme, more than 100 miles of trail offer something for everyone.

Choose a trail for hiking, biking, horseback riding, cross-country skiing, or boating to enjoy the natural beauty and the historic landscape of the river valley.

14-15 River Activities

Delaware Water Gap National Recreation Area includes nearly 40 miles of the free-flowing Middle Delaware River Scenic and Recreational River.

River-related activities, like swimming and paddling, are some of the popular pastimes on warm summer days.

17-18 Auto Tours

Although the park is close to major cities, tranquil drives invite exploration. More than 100 miles of road lead to wonderful scenic places.

Explore the varied landscapes in the valley: forests and fields, ridges and ravines, historic houses and hamlets.
Delaware Water Gap National Recreation Area

Fees and Passes

The Delaware Water Gap National Recreation Area collects Expanded Amenity Fees spring, summer, and fall at select locations in the park. Fees collected are used to enhance visitor services, maintain park facilities, and to manage cultural and natural resources in the park.

The America the Beautiful Annual Pass and America the Beautiful Annual Pass for Active Military are not accepted because the park does not collect a Standard Amenity Fee or an entrance fee. Holders of the America the Beautiful Senior Pass or America the Beautiful Access Pass receive a 50% discount on Expanded Amenity Fees.

2017 Expanded Amenity Fee Schedule

- **Private Vehicle**: $10.00 per vehicle (1-7 occupants)
- **Private Vehicle**: $1.00 per person (8+ occupants)
- **Seasonal Park Pass**: $45.00 per vehicle / year *
- **Seasonal Park Pass**: $22.50 per vehicle / day *
- **Walk-in**: $1.00 per person / day

*Discount available for multiple passes purchased for the same address.

Fees are not charged for persons 15 or younger. Seasonal park passes and America the Beautiful passes are available for purchase at park headquarters.

Sites where fees are collected:
- Smithfield Beach (PA)
- Bushkill Access (PA)
- Dingmans Access (PA)
- Milford Beach (PA)
- Turtle Beach (NJ)
- Watergate (NJ)

The National Park Service cares for the special places saved by the American people so that all may experience our heritage.

America the Beautiful: The National Parks and Federal Recreational Lands Pass Series

A pass is your ticket to more than 2,000 federal recreation sites. Each pass covers entrance fees at national parks and national wildlife refuges as well as standard amenity fees at national forests and grasslands, and at lands managed by the Bureau of Land Management and Bureau of Reclamation. A pass covers entrance and standard amenity fees for a driver and all passengers in a personal vehicle at per vehicle fee areas or up to four adults at sites that charge per person. Children age 15 or under are admitted free. The pass does not cover expanded amenity fees. The following passes make up the series:

**Annual Pass**: $80 annual pass available to everyone

**Annual Pass for U.S. Military**: Free annual pass available to current U.S. military members and dependents in the Army, Navy, Air Force, Marines and Coast Guard and also, Reserve and National Guard members; must be obtained in person by showing a Common Access Card (CAC) or Military ID (Form 1173)

**Annual 4th Grade Pass**: Free annual pass available to U.S. 4th graders with a valid Every Kid in a Park paper pass; obtain paper pass at www.everykidinapark.gov; digital version of the paper pass (such as on smart phones or tablets) are not accepted to exchange for an Annual 4th Grade Pass. See page 24 for more information.

**Senior Pass**: $10 lifetime pass available to U.S. citizen or permanent residents age 62 or over (Note: the cost of this pass is expected to increase by October 1, 2017)

**Access Pass**: Free lifetime pass available to U.S. citizens or permanent residents with permanent disabilities

**Volunteer Pass**: Free annual pass available to volunteers with 250 service hours with federal agencies that participate in the Interagency Pass Program

The six agencies that participate in the Interagency Pass Program are:
- National Park Service
- U.S. Forest Service
- U.S. Fish and Wildlife Service
- Bureau of Land Management
- Bureau of Reclamation
- U.S. Army Corps of Engineers

The National Park Service cares for the special places saved by the American people so that all may experience our heritage.


[Contact Information: 570 426-2452, DEWA_ Interpretation@nps.gov]

[Website and Social Media: Delaware River, the Valley, and You]

[Smithfield Beach, Slateford Farm, Mt. Tammany Overlook]
Delaware Water Gap National Recreation Area offers endless opportunities for exploration and discovery. Depending on how much time you have to spend and your interests, the following are some itineraries to consider.

### If you have a few hours:

- **Stop by a park visitor center**, where park rangers can help you plan your adventure. Visitor center parking lots fill quickly on summer weekends. To avoid the crowds, visit the area before 10:00 am or after 4:00 pm on weekends or visit on a weekday. Page 12
- **Hike the 1.1-mile George W. Childs Park Trail** that follows a creek with three rushing waterfalls. The first 0.4 mile of the trail is accessible. To avoid the crowds, visit the area before 10:00 am or after 4:00 pm on weekends or visit on a weekday. Page 8
- **View Silverthread and Dingmans waterfalls** via the 0.3-mile accessible Dingmans Creek Trail. To avoid the crowds, visit the area before 10:00 am or after 4:00 pm on weekends or visit on a weekday. Page 20
- **Stop at Toms Creek** for a picnic and a short hike along a peaceful mountain stream. This area is generally a good place to avoid crowds on summer weekends. Page 9
- **Walk a section of the McDade Recreational Trail**, which extends most the length of the park in Pennsylvania and presents some of the best views of the Delaware River, as well as views of charming streams, open farm fields, forests, and historic landscapes. Page 8
- **View Raymondskill Falls** by hiking a short, but steep, trail. To avoid the crowds, visit the area before 10:00 am or after 4:00 pm on weekends or visit on a weekday. Page 20
- **Wander the quiet streets of Millbrook Village** and learn about life in the 1800s. This area is generally a good place to avoid crowds on summer weekends. Page 19
- **Tour the Nelden-Roberts Stonehouse** and the Foster-Armstrong House in Montague, NJ, on a summer Sunday afternoon. This area is generally a good place to avoid crowds on summer weekends. Page 13
- **Tour the Rosencrans House** and the Van Campen Inn in Walpack Center, NJ, on a summer Sunday afternoon. This area is generally a good place to avoid crowds on summer weekends. Page 13
- **Stop at the three overlooks along PA 611** for stunning views of the Delaware Water Gap. Page 17

### If you have half a day:

- **Take a bike ride** along the McDade Recreational Trail. Bring your own or rent a bike from a local outfitter. Page 8
- **Enjoy a picnic at Hidden Lake** and then take a stroll around the lake. This area is generally a good place to avoid crowds on summer weekends. Page 11
- **Enjoy a view of the Delaware River valley from several overlooks along the Cliff Trail**. Page 6
- **Enjoy a scenic drive** along US 209. Page 5
- **Choose a trail and enjoy a hike**. Page 5

### If you have all day:

- **Drive the scenic Old Mine Road**, stopping along the way to explore various historic and natural features. This area is generally a good place to avoid crowds on summer weekends. Page 18
- **Hike a stretch of the Appalachian National Scenic Trail**. Page 10
- **Canoe or kayak on the Delaware River**. Page 14
- **Enjoy a swim** at one of the park’s lifeguarded beaches. Parking at the beaches generally fills to capacity by 11:00 am on weekends. Consider visiting during the week to avoid crowds. Page 14

Consider signing up for an in-park workshop offered by one of our partners.

- **Peters Valley School of Craft** offers 2-day to 5-day fine craft workshops. For more information, visit petersvalley.org.
- **Appalachian Mountain Club’s Mohican Outdoor Center** offers weekend outdoor getaways focusing on various outdoor skills. For more information, visit outdoors.org/lodging-camping/Lodges/Mohican.
- **Pocono Environmental Education Center** offers weekend getaways and workshops for youth, families and adults. For more information, visit peec.org.

### Weather in the Poconos

Spring tends to have more breezy days and less humidity than other times of the year. During the summer, humidity levels can be high, even near 100%, and afternoon thunderstorms are common. In the fall, humidity can still be high, but temperatures are generally pleasant. Winter days tend to be cloudy and the most snow falls in January and February, particularly along the higher elevations of the Kittatinny Ridge.

<table>
<thead>
<tr>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
</tr>
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<tr>
<td>0 in</td>
<td>0 mm</td>
<td>0 mm</td>
<td>0 mm</td>
<td>0 mm</td>
<td>25 mm</td>
<td>50 mm</td>
<td>76 mm</td>
<td>102 mm</td>
<td>127 mm</td>
<td>5 in</td>
<td>4 in</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
</tr>
</thead>
<tbody>
<tr>
<td>10°F</td>
<td>12°F</td>
<td>14°F</td>
<td>16°F</td>
<td>18°F</td>
<td>20°F</td>
<td>22°F</td>
<td>24°F</td>
<td>26°F</td>
<td>28°F</td>
<td>30°F</td>
<td>32°F</td>
</tr>
</tbody>
</table>

- **High**
- **Low**

3 Guide to the Gap
Hiking Trails

More than 100 miles of trails meander through the park, including nearly 26 miles of the Appalachian National Scenic Trail. Hikers can enjoy the trails year-round; with each season offering its own special reward. During winter, the absence of deciduous leaves opens new vistas along trails and reveals stone walls, foundations, and other reminders of past residents. Spring provides a weekly parade of wildflowers and flowering trees. In summer, hikers can seek out cool retreats among the hemlock forests and follow rolling streams to picturesque falls and cascades. Autumn hikers have crisp air to sharpen the senses and a palette of fall colors to enjoy.

Choosing a trail can be a daunting task. What to see: Waterfalls? Historic landscapes? Inspiring views? The following pages offer a simple guide to the many routes available.

Be Prepared for Your Visit

- Cell phone service is limited within the park.
- Carry (and drink) plenty of water; a leading cause of injuries on the trail is dehydration.
- Protect yourself from the sun; wear a hat, sunglasses and sunscreen.
- Wear sturdy shoes.
- Protect yourself from ticks and insects; use insect repellent, check and remove ticks when you return, and wear light-colored clothing to spot ticks more easily.
- Stay alert for snakes; do not put your hands and feet into places you can’t see.
- Be bear-aware; do not run if a bear approaches; make noise, wave your arms, and look large.
- Trails are not regularly maintained or patrolled; travel carefully and at your own risk.
- Wear bright orange (shirt, vest, or hat) during hunting season.

Key Regulations

- Stay on trails; taking shortcuts causes trail erosion, damages native plants, and can be dangerous.
- Leave what you find; digging, collecting, or removing artifacts or plants is prohibited.
- Do not feed or approach wildlife.
- Pets must be leashed at all times; additionally, pets are not permitted at Milford, Turtle and Smithfield beaches and on the McDade Recreational Trail between Hulaeh and Smithfield Beach from late spring to early fall.
- Pets are not permitted anytime along the Dingmans Creek, Childs Park, and Raymondskill Creek trails, at Watergate Recreational Site, and at Kittatinny Point and Hackah picnic areas.
- Pack out what you pack in; do not leave trash behind.
- Bicycles are only permitted on the McDade Recreational Trail and roadways that are open to vehicle traffic.
- Horses are only permitted on the Conashaugh View Trail and Upper Ridge Road trails. Hikers should be alert to riders and must yield to riders. If horses approach, hikers should stop off the trail.
- The use of drones is prohibited.

Biking

Cycling is a popular form of recreation in the park. The McDade Recreational Trail (page 8), a packed gravel path, parallels the Delaware River on the Pennsylvania side of the park for 32 miles and is perfect for mountain and hybrid bikes. A section between White Pines and Pritman Orchard trailheads is closed to biking. Motorized vehicles are not permitted on the McDade Recreational Trail.

For those who enjoy road biking, Old Mine Road parallels the Delaware River on the New Jersey side for 34 miles in the park (page 18). The route passes through lush forests, past agricultural fields, and through historic landscapes. Numerous opportunities exist to stop and explore scenic and historic areas.

Road biking on US 209 in Pennsylvania is not recommended due to heavy traffic. Road biking on River Road in Pennsylvania is strongly discouraged due to sharp, steep turns, blind curves, and the lack of shoulders.

Riding

The Conashaugh View Trail in Pennsylvania and the Upper Ridge Trail in New Jersey are open to horse riding for those who have their own horses. There are no horse rental liverys in the park. These two trails are also open to hiking.

Hikers should be alert to riders and must yield to riders by stepping off the trail and standing quietly until they pass. Please protect the environment by riding only on the marked trails, and crossing streams only on bridges.

The Conashaugh View Trail (page 6) near Milford, Pennsylvania, offers nine miles of trail for horseback riders. The trail meanders through forests in the lowland and upland areas and passes by streams providing a serene setting for a ride. Parking for trailers is along Conashaugh View Road.

The Upper Ridge Trail (page 7) near Layton, New Jersey, winds approximately five miles (in and back) through quiet woods, open fields and past isolated ponds. This trail is not heavily used and can become overgrown in the summer. Parking for trailers is along Jager Road.
Park Trails

<table>
<thead>
<tr>
<th>Map #</th>
<th>Trail Name</th>
<th>Distance</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Buchanan</td>
<td>1.1mi / 1.8km</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Cliff</td>
<td>2.8mi / 4.5km</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Hackers</td>
<td>1.4mi / 2.3km</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Milford Knob</td>
<td>1.3mi / 2.0km</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Pond Loop</td>
<td>0.7mi / 1.1km</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Quarry Path</td>
<td>0.5 mi / 0.8km</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Raymondskill Creek</td>
<td>0.3mi / 0.4km</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Conashaugh View</td>
<td>8.7mi / 14km</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>George W. Childs Park</td>
<td>1.1mi / 1.8km</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Dingmans Creek</td>
<td>0.4mi / 0.6km</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Upper Ridge Road</td>
<td>2.5mi / 4.0km</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Hornbecks Creek</td>
<td>1.9mi / 3.0km</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Fossil</td>
<td>1.0mi / 1.6km</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Ridge Lake</td>
<td>3.0mi / 4.8km</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Scenic Gorge</td>
<td>2.0mi / 3.2km</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Tumbling Waters</td>
<td>2.8mi / 4.5km</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Two Fords</td>
<td>1.5mi / 2.4km</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Military Road</td>
<td>1.0mi / 1.6km</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Walpack Ridge</td>
<td>3.0mi / 4.8km</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Buttermilk Falls</td>
<td>1.4mi / 2.3km</td>
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</tr>
<tr>
<td>21</td>
<td>Toms Creek</td>
<td>0.8mi / 1.3km</td>
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</tr>
<tr>
<td>22</td>
<td>Blue Mountain Lakes</td>
<td>4.6mi / 7.4km</td>
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</tr>
<tr>
<td>23</td>
<td>Crater Lake</td>
<td>1.6mi / 2.6km</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Hemlock Pond</td>
<td>1.0mi / 1.6km</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Coventry Pond</td>
<td>0.9mi / 1.5km</td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Donkey’s Corner</td>
<td>1.8mi / 2.9km</td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>Hamilton Ridge</td>
<td>2.8mi / 4.5km</td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>Orchard</td>
<td>0.5mi / 0.8km</td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Pioneer</td>
<td>2.5mi / 4.0km</td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>Van Campe Glen</td>
<td>1.5mi / 2.4km</td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Appalachian National Scenic</td>
<td>27.7mi / 44.6km</td>
<td></td>
</tr>
<tr>
<td>32</td>
<td>Coppermine</td>
<td>2.0mi / 3.2mi</td>
<td></td>
</tr>
<tr>
<td>33</td>
<td>Kaiser</td>
<td>2.0mi / 3.2mi</td>
<td></td>
</tr>
<tr>
<td>34</td>
<td>Rattlesnake Swamp</td>
<td>2.6mi / 4.2mi</td>
<td></td>
</tr>
<tr>
<td>35</td>
<td>Hidden Lake</td>
<td>1.9mi / 3.0mi</td>
<td></td>
</tr>
<tr>
<td>36</td>
<td>Beulahland *</td>
<td>1.3mi / 2.0km</td>
<td></td>
</tr>
<tr>
<td>37</td>
<td>Blue Blaze *</td>
<td>1.7mi / 2.7km</td>
<td></td>
</tr>
<tr>
<td>38</td>
<td>Douglas *</td>
<td>1.6mi / 2.6km</td>
<td></td>
</tr>
<tr>
<td>39</td>
<td>Dunnfield Creek *</td>
<td>3.5mi / 5.6km</td>
<td></td>
</tr>
<tr>
<td>40</td>
<td>Garvey Springs *</td>
<td>1.2mi / 1.9km</td>
<td></td>
</tr>
<tr>
<td>41</td>
<td>Red Dot *</td>
<td>1.2mi / 1.9km</td>
<td></td>
</tr>
<tr>
<td>42</td>
<td>Rockcoros *</td>
<td>2.7mi / 4.3km</td>
<td></td>
</tr>
<tr>
<td>43</td>
<td>Arrow Island</td>
<td>0.9mi / 1.5mi</td>
<td></td>
</tr>
<tr>
<td>44</td>
<td>Slateford Loop</td>
<td>2.5mi / 4.1km</td>
<td></td>
</tr>
</tbody>
</table>

Key:
- Blue numbered circles indicate trail is located in New Jersey;
- Red numbered circles indicate trail is located in Pennsylvania
- Corresponds with map location

For map tables on following pages:
- Leashed pets permitted on trail
- Trail is accessible or partially accessible

For additional information, please refer to the Worthington State Forest visitors guide.
### Trails at Cliff Park, PA

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buchanan</td>
<td>1.1 mi</td>
<td>one-way</td>
<td>Orange</td>
<td>124 feet</td>
<td>Follows an old road trace through the forest</td>
</tr>
<tr>
<td>Cliff</td>
<td>2.8 mi</td>
<td>one-way</td>
<td>White</td>
<td>390 feet</td>
<td>Forested path along the ridge top with several overlooks into the Delaware Valley below</td>
</tr>
<tr>
<td>Hackers</td>
<td>1.4 mi</td>
<td>one-way</td>
<td>Yellow</td>
<td>330 feet</td>
<td>Shaded trail with a small waterfall in a hemlock ravine</td>
</tr>
<tr>
<td>Milford Knob</td>
<td>1.3 mi</td>
<td>one-way</td>
<td>Green</td>
<td>390 feet</td>
<td>Steep climb to a vista overlooking the town of Milford</td>
</tr>
<tr>
<td>Pend Loop</td>
<td>0.8 mi</td>
<td>loop</td>
<td>Blue</td>
<td>51 feet</td>
<td>Shaded loop around a pond with opportunities to view wildlife</td>
</tr>
<tr>
<td>Quarry Path</td>
<td>0.5 mi</td>
<td>one-way</td>
<td>Green-white</td>
<td>250 feet</td>
<td>Connector trail featuring a vernal pool (seasonal wetland)</td>
</tr>
<tr>
<td>Raymondskill Creek</td>
<td>0.3 mi</td>
<td>loop</td>
<td>none</td>
<td>178 feet</td>
<td>Uneven path through hemlock forest to a three-tiered waterfall; spur trail to creek; dogs not permitted on trail</td>
</tr>
</tbody>
</table>

### Conashaugh View Trail, PA

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conashaugh View</td>
<td>8.7 mi</td>
<td>loop</td>
<td>--</td>
<td>515 feet</td>
<td>Meanders through upland and lowland forests, horses permitted on trail (horses not permitted at the Marie Zimmermann house and farm)</td>
</tr>
</tbody>
</table>

### George W. Childs Park Trail, PA

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>George W. Childs Park</td>
<td>1.1 mi</td>
<td>loop</td>
<td>--</td>
<td>193 feet</td>
<td>Follows creek to three waterfalls; ruins of a woolen mill that operated in the early 1800s; several Civilian Conservation Corps structures; dogs not permitted on trail</td>
</tr>
</tbody>
</table>
### Dingmans Creek Trail, PA

**Length**: 0.4 mi (0.6 km)  
**Rating**: one-way  
**Blaze**: Blue  
**Elevation**: 59 feet  
**Highlights**: Easy boardwalk trail that passes through a pristine hemlock forest, leading to two waterfalls; trail accessible to lower Dingmans Falls; dogs not permitted on trail.

### Upper Ridge Road Trail, NJ

**Length**: 2.5 mi (4.5 km)  
**Rating**: one-way  
**Blaze**: -  
**Elevation**: 197 feet  
**Highlights**: Follows an old road trace through the forest; horses permitted.

### Hornbecks Creek Trail, PA

**Length**: 1.9 mi (3.0 km)  
**Rating**: one-way  
**Blaze**: -  
**Elevation**: 442 feet  
**Highlights**: Shaded trail along side a stream, leading to two waterfalls.

### Trails at Pocono Environmental Education Center, PA

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fossil</strong></td>
<td>1.1 mi (1.8 km)</td>
<td>Purple</td>
<td>Blue</td>
<td>237 feet</td>
<td>Fossils of ancient marine life; collection of fossils and other objects prohibited.</td>
</tr>
<tr>
<td><strong>Ridgeline</strong></td>
<td>3.0 mi (4.8 km)</td>
<td>Purple</td>
<td>Yellow</td>
<td>220 feet</td>
<td>Hilly terrain, featuring wetlands and forest.</td>
</tr>
<tr>
<td><strong>Scenic Gorge</strong></td>
<td>2.0 mi (3.2 km)</td>
<td>Purple</td>
<td>Red</td>
<td>220 feet</td>
<td>Shaded trail through the forest, passing a small stream; can be muddy after a rain.</td>
</tr>
<tr>
<td><strong>Sensory Awareness</strong></td>
<td>-</td>
<td>Purple</td>
<td>-</td>
<td>-</td>
<td>To increase sensory awareness, a rope guides blindfolded users around a short loop trail.</td>
</tr>
<tr>
<td><strong>Trail for Everyone</strong></td>
<td>0.3 mi (0.5 km)</td>
<td>Purple</td>
<td>-</td>
<td>-</td>
<td>Several benches provide observation points for wildlife and field, forest, and pond ecosystems.</td>
</tr>
<tr>
<td><strong>Tumbling Waters</strong></td>
<td>2.8 mi (4.5 km)</td>
<td>Orange</td>
<td>-</td>
<td>254 feet</td>
<td>Trail winds along a ridge, past a pond and wetland and into a ravine with a cascading waterfall.</td>
</tr>
<tr>
<td><strong>Two Ponds</strong></td>
<td>1.5 mi (2.4 km)</td>
<td>White</td>
<td>-</td>
<td>67 feet</td>
<td>Mostly shaded trail that passes two ponds and a wetland, offering excellent opportunities for wildlife viewing.</td>
</tr>
</tbody>
</table>
The McDade Recreational Trail extends most the length of the park in Pennsylvania and presents some of the best views of the Delaware River, as well as views of charming streams, open farmland fields, forests, and historic landscapes. The trail is wide, packed gravel path without blazes and offers hikers, bikers, and cross-country skiers areas of varied difficulty, from easy to moderately strenuous. With trailheads located one half to five miles apart, this trail offers a section for just about any visitor. Most trailheads are along the park’s free bus route that operates on Saturdays and Sundays from Memorial Day Weekend to Labor Day Weekend.

From the southern-most trailhead at Hialeah to Owens trailhead, the trail is mostly flat as it traverses former settlements and farms. North from the Owens trailhead on Freeman Tract Road, the trail switchbacks sharply up the side of the ridge to the park’s headquarters. Observation decks on the side of the headquarters facility provide wildlife viewing areas.

Between park headquarters and Bushkill Access, the terrain becomes rolling hills. Numerous structures, foundations, and other traces remain from the once thriving community of Bushkill.

North of Bushkill Access, the trail follows a narrow ribbon of land between US 209 and the river and then continues through nearly level agricultural fields and forests to the Schneider Farm trailhead.

Continuing north, the next several miles are dominated by the river to the east and the cliffs to the west, with the trail and US 209 squeezed between in places. From Raymondskill Creek to Milford Beach, the Raymondskill Cliff parallels the nearly flat trail.

Note: A section of the trail between White Pines and Conashaugh and another section of trail between Conashaugh and Pittman Orchard are hiking only and closed to bike riding due to stairs and steep grade.

The northern terminus of the McDade Trail is Milford Beach, a popular recreation site for local residents since 1945. Whether you start from Milford Beach, Hialeah, or a point in between, you are sure to find something to enjoy.

**Trailhead Name**
- Pittman Orchard
- Conashaugh
- White Pines
- Schneider Farm
- Jerry Lees
- Eshback Access
- Egypt Mills
- Bushkill Access
- Bushkill Village
- Park Headquarters
- Schneider Farm
- Jerry Lees
- Eshback Access
- Egypt Mills
- Bushkill Access
- Bushkill Village
- Park Headquarters
- Owens
- Turn Farm
- Riverview
- Smithfield Beach
- Hialeah

**Mileage between McDade Trailheads**

**Trail Section**
- Pittman Orchard to Conashaugh
- Conashaugh to White Pines
- White Pines to Schneider Farm
- Schneider Farm to Jerry Lees
- Jerry Lees to Eshback Access
- Eshback Access to Egypt Mills
- Egypt Mills to Bushkill Access
- Bushkill Access to Bushkill Village
- Bushkill Village to Park Headquarters
- Park Headquarters to Owens
- Owens to Turn Farm
- Turn Farm to Riverview
- Riverview to Smithfield Beach
- Smithfield Beach to Hialeah

**Length**
- Pittman Orchard to Conashaugh: 2.4 mi
- Conashaugh to White Pines: 1.8 mi
- White Pines to Schneider Farm: 4.1 mi
- Schneider Farm to Jerry Lees: 4.9 mi
- Jerry Lees to Eshback Access: 1.8 mi
- Eshback Access to Egypt Mills: 2.9 km
- Egypt Mills to Bushkill Access: 2.4 mi
- Bushkill Access to Bushkill Village: 1.7 mi
- Bushkill Village to Park Headquarters: 2.0 mi
- Park Headquarters to Owens: 0.7 mi
- Owens to Turn Farm: 1.2 mi
- Turn Farm to Riverview: 0.5 mi
- Riverview to Smithfield Beach: 2.2 mi
- Smithfield Beach to Hialeah: 3.8 mi

**Rating**
- Easy
- Moderate
- Difficult

**Elevation**
- Pittman Orchard to Conashaugh: 83 feet
- Conashaugh to White Pines: 71 feet
- White Pines to Schneider Farm: 77 feet
- Schneider Farm to Jerry Lees: 50 feet
- Jerry Lees to Eshback Access: 25 feet
- Eshback Access to Egypt Mills: 30 feet
- Egypt Mills to Bushkill Access: 39 feet
- Bushkill Access to Bushkill Village: 45 feet
- Bushkill Village to Park Headquarters: 231 feet
- Park Headquarters to Owens: 320 feet
- Owens to Turn Farm: 91 feet
- Turn Farm to Riverview: 17 feet
- Riverview to Smithfield Beach: 34 feet
- Smithfield Beach to Hialeah: 97 feet

**Biking Safely**
- Wear a helmet.
- Be predictable; ride in a straight line and signal.
- Look for traffic.
- Be pedestrian in low traffic areas.
- Ride single file in high traffic areas.
- Obey traffic laws.
- Yield to pedestrians.
- Be alert and look out for cyclists.
- Give respect to hikers, bikers, and cross-country skiers.

**Things to Know**
- Speed limit is 15 mph.
- Bikers must yield to hikers.
- No motorized vehicles.
- Leashed pets are permitted along the trail except at Milford and Smithfield beaches and between Smithfield Beach and Hialeah late spring to early fall.

**Bike Rentals and Tours**
- Edge of the Woods Outdoor Outfitters
  - 110 Main Street
  - Delaware Water Gap, PA 18327
  - 570 421-6681

- Shawnee River Trips at the Shawnee Inn Drive
  - 100 Shawnee Inn Drive
  - Shawnee on Delaware, PA 18356
  - 800 742-9633 or 570 424-4000
### Trails at Walpack Center, NJ

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation Δ</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Military Road</td>
<td>1.0 mi</td>
<td>one-way</td>
<td>--</td>
<td>226 feet</td>
<td>Former road used by soldiers during the French and Indian War and American Revolution; shaded trail passing remnants of old farmsteads.</td>
</tr>
<tr>
<td>Walpack Ridge</td>
<td>3.0 mi</td>
<td>loop</td>
<td>Red</td>
<td>137 feet</td>
<td>Trail follows the ridge, offering scenic mountaintop ponds and mixed woodlands and opportunities for wildlife viewing.</td>
</tr>
<tr>
<td>Buttermilk Falls</td>
<td>1.4 mi</td>
<td>one-way</td>
<td>Blue</td>
<td>1114 feet</td>
<td>Forested trail climbs to the top of the Kittatinny Ridge, passes a steep, cascading waterfall at the trailhead.</td>
</tr>
<tr>
<td>Toms Creek</td>
<td>0.8 mi</td>
<td>one-way</td>
<td>--</td>
<td>96 feet</td>
<td>An easy path following a cool, clear-flowing stream through a shaded hemlock ravine.</td>
</tr>
</tbody>
</table>

### Trails at Blue Mountain Lake, NJ

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation Δ</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Mountain Lakes</td>
<td>4.6 mi</td>
<td>loop</td>
<td>Blue</td>
<td>259 feet</td>
<td>Trail follows road traces from a former housing community, passing a clear lake; ideal for cross-country skiing and snowshoeing.</td>
</tr>
<tr>
<td>Crater Lake</td>
<td>1.6 mi</td>
<td>loop</td>
<td>Orange</td>
<td>111 feet</td>
<td>Shaded ridgetop trail loops around a natural glacial lake; a short, steep trail connects to the Hemlock Pond Trail.</td>
</tr>
<tr>
<td>Hemlock Pond</td>
<td>1.0 mi</td>
<td>one-way</td>
<td>--</td>
<td>68 feet</td>
<td>An easy and shaded trail around a clear pond; accessed via the Crater Lake or Blue Mountain Lake trails.</td>
</tr>
<tr>
<td>Coventry Pond</td>
<td>0.9 mi</td>
<td>one-way</td>
<td>--</td>
<td>164 feet</td>
<td>Trail follows a road trace that once led to the Coventry Gun Club; pond with evidence of beaver activity.</td>
</tr>
<tr>
<td>Donkeys Corner</td>
<td>1.8 mi</td>
<td>one-way</td>
<td>--</td>
<td>380 feet</td>
<td>Trail follows the former Donkey Hollow Road that connects Millbrook Village to the former site of Donkeys Corner.</td>
</tr>
<tr>
<td>Hamilton Ridge</td>
<td>2.8 mi</td>
<td>one-way</td>
<td>Blue</td>
<td>523 feet</td>
<td>Trail follows a former road along a forested ridge.</td>
</tr>
<tr>
<td>Orchard</td>
<td>0.5 mi</td>
<td>one-way</td>
<td>--</td>
<td>491 feet</td>
<td>A short, but steep trail connects Millbrook Village to the Hamilton Ridge Trail.</td>
</tr>
<tr>
<td>Pioneer</td>
<td>2.5 mi</td>
<td>one-way</td>
<td>Orange</td>
<td>454 feet</td>
<td>Trail passes an old farmstead, overgrown fields, stone fences, and an old lime kiln.</td>
</tr>
<tr>
<td>Van Campen Glen</td>
<td>1.5 mi</td>
<td>one-way</td>
<td>--</td>
<td>195 feet</td>
<td>Trail follows a clear trout stream in a hemlock ravine and passes a small waterfall.</td>
</tr>
</tbody>
</table>
The Appalachian National Scenic Trail (AT) traverses the wild Appalachian Mountain chain from central Maine to northern Georgia, for a distance of approximately 2,180 miles. Nearly 26 miles of the trail straddle the Kittatinny Ridge through New Jersey and Pennsylvania within Delaware Water Gap National Recreation Area. Numerous other trails connect with the AT and are described on page 9 and 11.

The AT is marked with white blazes. Side trails to water, scenic viewpoints, or shelters are marked with blue blazes. Appalachian Mountain Club’s Mohican Outdoor Center at NJ mile 10.3 offers several self-service cabins, individual and group campsites, and simple dining options. Numerous weekend hiking activities are offered throughout the year. For more information, contact Mohican Outdoor Center at 908 362-5670 or visit their website at outdoors.org/lodging/lodges/mohican.

**Things to know**

- Carry sufficient water for the entire hike. Water along the trail may not be suitable for consumption. All water should be chemically treated or boiled for five minutes.
- All human waste must be buried at least six inches deep and 100 feet or more from any stream, trail, unpaved road, or park facility.
- Carry out all trash.
- Self-contained stoves are permitted; ground fires, charcoal stoves and grills are prohibited.
- Cutting, defacing, or removing any natural feature is prohibited.
- Pets must be on a 6-foot leash at all times.
- Horseback riding, biking, and all types of motorized vehicles (except authorized vehicles) are prohibited on the trail within Delaware Water Gap National Recreation Area.

**Camping Regulations**

- Camping is restricted to through-hikers who are hiking for two or more consecutive days.
- Camping is limited to one night and ten persons per campsite.
- Self-contained stoves are permitted; ground fires, charcoal stoves and grills are prohibited.
- Hikers may not camp:
  - Within 100 feet of any stream or water source;
  - Within 0.5 mile of an established roadway;
  - Within 200 feet of another camping party; or
  - From 0.5 mile south of Blue Mountain Lakes Road to a point one mile north of Crater Lake.

No trail shelters exist within the Delaware Water Gap National Recreation Area. The nearest shelters are Kirkridge Shelter in Pennsylvania, 6.4 miles south of the Interstate 80 bridge, and Brink Road Shelter in New Jersey, 4 miles north of the Buttermilk Trail spur. Mohican Outdoor Center offers lodging and camping at NJ mile 10.3 and the Worthington State Forest campground can be reached via the 1.6-mile Douglas Trail at NJ mile 4.6.

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Elevation</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>US 206 to Blue Mtn Lakes Road</td>
<td>10.1 mi</td>
<td>16.5 km</td>
<td>650 feet</td>
<td>Forested ridgetop through Stokes State Forest and the park</td>
</tr>
<tr>
<td>Blue Mtn Lakes Road to Route 602</td>
<td>3.6 mi</td>
<td>5.6 km</td>
<td>290 feet</td>
<td>Forested ridgetop</td>
</tr>
<tr>
<td>Route 602 to Mohican Outdoor Center</td>
<td>3.5 mi</td>
<td>5.6 km</td>
<td>390 feet</td>
<td>Forested ridgetop, passes Catfish Fire Tower</td>
</tr>
<tr>
<td>Mohican Outdoor Center to Kittatinny Point</td>
<td>9.1 mi</td>
<td>14.6 km</td>
<td>1220 feet</td>
<td>Forested ridgetop, descending into the Delaware Water Gap, passes Sunfish Pond</td>
</tr>
<tr>
<td>Kittatinny Point to Lake Lenape</td>
<td>1.8 mi</td>
<td>2.9 km</td>
<td>200 feet</td>
<td>Through the Borough of Delaware Water Gap, climbing to forested ridgetop</td>
</tr>
<tr>
<td>Lake Lenape to PA 191</td>
<td>7.2 mi</td>
<td>11.6 km</td>
<td>934 feet</td>
<td>Forested ridgetop</td>
</tr>
</tbody>
</table>

**Mileage between Appalachian Trailheads**

<table>
<thead>
<tr>
<th>Trailhead Name</th>
<th>US 206</th>
<th>Blue Mtn Lakes Road</th>
<th>Route 602</th>
<th>Mohican Outdoor Center</th>
<th>Kittatinny Point</th>
<th>Lake Lenape</th>
<th>PA 191</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Mtn Lakes Road</td>
<td>10.1</td>
<td>13.7</td>
<td>3.6</td>
<td>17.2</td>
<td>26.3</td>
<td>16.2</td>
<td>9.1</td>
</tr>
<tr>
<td>Route 602</td>
<td>13.7</td>
<td>7.1</td>
<td>3.5</td>
<td>26.3</td>
<td>16.2</td>
<td>12.6</td>
<td>9.1</td>
</tr>
<tr>
<td>Mohican Outdoor Center</td>
<td>17.2</td>
<td>7.1</td>
<td>3.5</td>
<td>26.3</td>
<td>16.2</td>
<td>12.6</td>
<td>9.1</td>
</tr>
<tr>
<td>Kittatinny Point</td>
<td>26.3</td>
<td>16.2</td>
<td>12.6</td>
<td>26.3</td>
<td>16.2</td>
<td>12.6</td>
<td>9.1</td>
</tr>
<tr>
<td>Lake Lenape</td>
<td>28.1</td>
<td>18.0</td>
<td>14.4</td>
<td>26.3</td>
<td>16.2</td>
<td>12.6</td>
<td>9.1</td>
</tr>
<tr>
<td>PA 191</td>
<td>35.3</td>
<td>25.2</td>
<td>21.6</td>
<td>28.1</td>
<td>18.0</td>
<td>14.4</td>
<td>9.0</td>
</tr>
</tbody>
</table>

View from Raccoon Ridge along the Appalachian National Scenic Trail
### Trails at Mohican Outdoor Center and Turtle Beach, NJ

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rattlesnake Swamp</td>
<td>2.6 mi</td>
<td>one-way</td>
<td>Orange</td>
<td>312 feet</td>
<td>Trail meanders through a swampy area with a plethora of plant life and an interesting contrast to the dry rocky environment seen elsewhere along the ridge.</td>
</tr>
<tr>
<td>Coppermine</td>
<td>3.2 km</td>
<td>one-way</td>
<td>Red</td>
<td>846 feet</td>
<td>Trail passes through a hemlock ravine and mixed hardwood forest, past two old copper mines; trail also parallels a stream with a number of modest cascades.</td>
</tr>
<tr>
<td>Beulahland</td>
<td>3.2 km</td>
<td>one-way</td>
<td>Blue</td>
<td>1040 feet</td>
<td>Trail follows an old roadbed through a mixed hardwood forest as it climbs to the top of the ridge.</td>
</tr>
<tr>
<td>Hidden Lake</td>
<td>3.0 mi loop</td>
<td></td>
<td></td>
<td>80 feet</td>
<td>Trail loops through the forest around Hidden Lake, a peaceful area popular with anglers.</td>
</tr>
</tbody>
</table>

### Trails at Slateford, PA

<table>
<thead>
<tr>
<th>Trail</th>
<th>Length</th>
<th>Rating</th>
<th>Blaze</th>
<th>Elevation</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Slateford Loop</td>
<td>2.5 miles</td>
<td>loop</td>
<td></td>
<td>144 feet</td>
<td>Several short inner-connected trails make up the Slateford Loop Trail; trail meanders past a former slate quarry and farm; good for cross-country skiing.</td>
</tr>
</tbody>
</table>

---

* located within Worthington State Forest
### Visitor Contact Facilities

#### National Park Service-Operated Facilities

<table>
<thead>
<tr>
<th>Facility</th>
<th>Operating Hours</th>
<th>What's Available</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Park Headquarters</strong></td>
<td>Year-round</td>
<td>Park information, wildlife viewing platform; accessible reception area</td>
</tr>
<tr>
<td>Buskirk, PA</td>
<td>Mon-Fri 8:30a-4:30p</td>
<td></td>
</tr>
<tr>
<td>GPS: 41.070196,-75.017518</td>
<td>Closed Federal holidays</td>
<td></td>
</tr>
<tr>
<td>570 436-2452</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Dingmans Falls Visitor Center</strong></td>
<td>May 26 - Sep 4, 2017</td>
<td>Park information, exhibits related to Dingmans Ravine, book store, ranger-led</td>
</tr>
<tr>
<td>Dingmans Ferry PA</td>
<td>West - Sun 9a-9p</td>
<td>programs, Dingmans Creek trailhead; accessible visitor center and accessible</td>
</tr>
<tr>
<td>GPS: 41.229431,-74.887667</td>
<td>Closed Mon - Tue</td>
<td>trail to waterfalls</td>
</tr>
<tr>
<td>570 828-6125</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Kittatinny Point Visitor Center</strong></td>
<td>May 26 - Sep 4, 2017</td>
<td>Park information, exhibits, bookstore, Red Dot and Blue Blaze trailhead,</td>
</tr>
<tr>
<td>Near Columbia, NJ</td>
<td>Fri - Tue 9a-9p</td>
<td>Appalachian National Scenic Trail access, canoe and boat launch, accessible</td>
</tr>
<tr>
<td>GPS: 40.970202,-75.128278</td>
<td>Closed Wed - Thu</td>
<td>visitor center</td>
</tr>
<tr>
<td>908 496-4458</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Millbrook Village</strong></td>
<td>May 27 - Sep 3, 2017</td>
<td>Park information, exhibits and demonstrations related to 1800s lifeways, self-</td>
</tr>
<tr>
<td>Millbrook, NJ</td>
<td>Sat &amp; Sun 10a-4p</td>
<td>guided tour of select village buildings, several trailheads; grounds open daily</td>
</tr>
<tr>
<td>GPS: 41.073524,-74.963349</td>
<td></td>
<td>dawn to dusk</td>
</tr>
<tr>
<td>908 841-9531</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Partner-Operated Facilities

<table>
<thead>
<tr>
<th>Facility</th>
<th>Operating Hours</th>
<th>What's Available</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Foster-Armstrong House</strong></td>
<td>Jun 25 - Aug 26, 2017</td>
<td>Park information, exhibits related to the Montague area; public programs; and</td>
</tr>
<tr>
<td>Montague, NJ</td>
<td>Sun 1p-4p depending on</td>
<td>tours; first floor of house partially accessible</td>
</tr>
<tr>
<td>GPS: 41.309053,-74.78919</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The Delaware River is the longest undammed United States river east of the Mississippi, extending 330 miles from Hancock, New York to the Atlantic Ocean. The Delaware River Water Trail extends nearly 200 miles from Hancock, New York to Trenton, New Jersey. Like a conventional trail, a water trail is a recreational corridor, but instead of hiking, it is traveled by boat, such as canoe, kayak or small-motorized watercraft.

The outstanding natural, cultural, recreational and scenic resources of the Delaware River within Delaware Water Gap National Recreation Area led it to be designated as the Middle Delaware River National Scenic and Recreational River in 1978. Within the park, the river is a series of shallow riffles and quiet pools, making this section particularly good for canoeing. Access points every eight to ten miles allow for easy day trips. Numerous primitive campsites allow for longer trips.

While the Delaware River is easy for boaters, do not be misled by its calm appearance. Always follow proper water safety precautions to ensure you have a safe and enjoyable experience.

Summer River Facts
Average Daily Temp. 68° F / 18° C
Average High Temp. 79° F / 26° C
Average Water Temp. 80° F / 27° C
Average Rainfall 13 in / 32 cm
Average Water Flow 2 mph / 3 kph
Average Depth 5 ft / 1 m
Maximum Depth 45 ft / 14 m

Swimming
Pack a swimsuit and a picnic and head to the beach - the river beach, that is. Unlike the sandy beaches along the ocean, the beaches here have soft grass on which to stretch out and enjoy the day.

Milford, Smithfield, and Turtle Beaches are designated swim areas. Lifeguards monitor the beaches daily mid-June through Labor Day. Swimming in other areas of the river is not recommended. This summer, enjoy a day at the beach!

Stop the Transport of Invasive Species:
• CLEAN boots, gear, boat & vehicle of plants, fish, animals & mud.
• DRAIN bilge, ballast, wells, and buckets before you leave the area.
• DRY equipment before launching watercraft into another body of water.

Key Regulations
• Camping is limited to boaters on trips at least 14 miles for one night, 26 miles for two nights and 34 miles for three nights.
• Camping along the river is permitted in designated sites only.
• Camping is limited to one night at each location.
• Campsites are limited to five tents per campsite.
• Tents must be erected within 50 feet of the campsite fire grate.
• Fires permitted in existing fire grates only.
• Self-contained stoves are permitted.
• Use dead and down wood only. Do not cut standing trees.
• Pack out what you pack in, including food scraps.
• Use soaps sparingly; even biodegradable soap is a pollutant.
• Do not urinate or defecate within 100 feet of any river or stream. Bury fecal material, including pet waste, at least six inches deep and at least 100 feet away from water.
• Leave what you find; digging, collecting, or removing objects is prohibited.
• Do not feed or approach wildlife.
• The use of drones is prohibited.

For extended boat trips (14 miles or more), free primitive campsites along the river are available first-come, first-served. Additionally, six sites at the Alosa Campsite are available first-come, first-serve. Additionally, six sites at the Alosa Campsite are available first-come, first-serve. For Alosa Campsite reservations call 877 444-6777 or go online to recreation.gov and search for Alosa. Service charges will apply when making reservations either by phone or the recreation.gov website.
Water Safety

Planning a safe day at the river begins well before you get near the water and does not end until you return home. Even though the Delaware River appears calm in some areas, DO NOT BE MISTAKEN! Moving water must be respected. The information below will help you better understand how to safely and comfortably enjoy the river.

In General:
• Always wear your life jacket.
• Alcoholic beverages are prohibited at Milford Beach, Smithfield Beach, and Hialeah Picnic Area in Pennsylvania, and Turtle Beach, Worthington State Forest, and Tocks Island in New Jersey. Alcoholic beverages are also prohibited between Depew Island on the north and Depue Island in New Jersey. Alcoholic beverages are prohibited at the Delaware Water Gap as well.
• Always wear your life jacket.

When Swimming:
• Do not jump or dive from cliffs, rocks, or bridges into the river; the water may be shallow and objects can be submerged. Rivers are constantly changing, especially with high water. Rocks can show up in places they never were before.
• Do not swim alone — always stay with your group.
• Practice your swimming skills. Even the strongest of swimmers should be extremely cautious. Swimming becomes more difficult with increased current and water depth. Even when swimming; don’t
• Do not jump or dive from cliffs, rocks, or bridges into the river; the water may be shallow and objects can be submerged. Rivers are constantly changing, especially with high water. Rocks can show up in places they never were before.

When Boating:
• Always wear your life jacket.
• Children 12 years of age and younger must WEAR a life jacket on board a vessel.
• Life jackets must be worn in vessels less than 16 feet between November 1 and April 30.
• Never stand in a canoe. For better balance, kneel in a canoe when going through rapids.
• If you capsize, don’t panic. Stay with your boat; even an overturned boat can support you. Keep upstream of your boat to avoid being pinned against a rock or obstacle. Float on your back with your feet pointed downstream. Use your paddle to push away from rocks and other obstacles.

When Boating:
• Bring a spare paddle, a throw line, and a first aid kit.
• Always tell someone where you are going and when you expect to return. Arrange drop off and pick up points before you leave. Leave emergency phone numbers and vehicle description and license numbers with someone who can report that you are overdue.
• Bring a spare paddle, a throw line, and a first aid kit.

First-Come/First-Serve River Campsites

<table>
<thead>
<tr>
<th># on Map</th>
<th>River Campsite Name</th>
<th>State</th>
<th>GPS</th>
<th># Sit # of Location</th>
<th># People / Site</th>
<th>Site #</th>
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<tbody>
<tr>
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<td>Marshpacong Island</td>
<td>NJ</td>
<td>41.334419,-74.761520</td>
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<td>2</td>
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<td>Sandyston</td>
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<td>9</td>
<td>Rutcliffs</td>
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<td>41.093276,-74.967570</td>
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River Miles between River Accesses

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<tr>
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<th>Location</th>
<th>GPS</th>
<th># River Accesses</th>
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<tbody>
<tr>
<td>Milford Beach, PA</td>
<td>PA 41.210694,-74.873154</td>
<td>1</td>
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<tr>
<td>Smithfield Beach, PA</td>
<td>PA 41.115366,-74.963398</td>
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<td>Tocks Island, NJ</td>
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<td></td>
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<tr>
<td>Kittatinny Point, NJ</td>
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Reservable Campsites along the River

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<thead>
<tr>
<th>Name</th>
<th>ST</th>
<th>GPS</th>
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</thead>
<tbody>
<tr>
<td>Dingmans Campground³</td>
<td>PA</td>
<td>41.210694,-74.873154</td>
</tr>
<tr>
<td>Valley View Group Campsites³</td>
<td>PA</td>
<td>41.115366,-74.963398</td>
</tr>
<tr>
<td>Rivers Bend Group Campsites³</td>
<td>PA</td>
<td>41.096118,-74.966362</td>
</tr>
<tr>
<td>Aloha River Campsite³</td>
<td>PA</td>
<td>41.083544,-74.97629</td>
</tr>
</tbody>
</table>


1. Kilometer
2. Mile
People of the Delaware River Valley

Human occupation in the Delaware River valley dates back over 12,000 years when small family bands moved across the landscape, hunting game, fishing the rivers and lakes and gathering food from the forests and grasslands. About 8,000 years ago, groups began to travel less and relied on a variety of foods found locally, such as acorns, nuts, fish, deer and turkey. Families began farming about 2,000 years ago, leading to a more settled lifestyle.

The Lenape (len-AH-pay or Delaware) lived in an area they called "Lenapehoking," which means "Land of the Lenape." Lenapehoking included eastern Pennsylvania, all of New Jersey, southeastern New York, northern Delaware, and a small section of southeastern Connecticut. While some Lenape lived in large villages of about 200 people, most lived in groups of 50 to 75.

Left: Painting depicting William Penn entering into 1683 peace treaty. Right: Tish-Co-Han, Lenape Chief in the 1700s

Today, most Lenape decedents still live Canada, Wisconsin, and Oklahoma. Their arts and oral traditions reflect their culture and they continue to stay connected to their ancestral homeland. Additionally, the Lenape legacy remains through various place names in the park.

River Runner Shuttle Bus

The National Park Service has partnered with Monroe County Transit Authority (MCTA) to provide free public bus service along the Pennsylvania side of the river to Kittatinny Point in NJ. MCTA provides a bus service on Saturdays and Sundays between Memorial Day and Labor Day weekends between Stroudsburg, PA and Milford, PA, with a stop at Kittatinny Point. Additionally, bus service is provided on May 29 (Memorial Day), July 3, July 4 (Independence Day), and September 4 (Labor Day).

Loading and securing equipment takes some time, so please be aware that there may be times when the bus is late. For groups of ten or more people, please contact MCTA in advance to ensure they are properly prepared for your large group.

Programs like the River Runner Shuttle are just one way the park is working to lessen the footprint we all leave on the planet. For more information about the shuttle visit MCTA’s website at gomcta.com.

River Runner Schedule

SATURDAYS AND SUNDAYS, MEMORIAL DAY WEEKEND TO LABOR DAY WEEKEND
ALSO: MAY 29 (MEMORIAL DAY), JULY 3, JULY 4 (INDEPENDENCE DAY), AND SEPTEMBER 4 (LABOR DAY)

<table>
<thead>
<tr>
<th>NORTHBOUND SCHEDULE</th>
<th>Kittatinny Point to Milford</th>
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<tbody>
<tr>
<td>Kittatinny Point Visitor Center</td>
<td>7:00</td>
</tr>
<tr>
<td>Delaware Water Gap Park and Ride</td>
<td>7:02</td>
</tr>
<tr>
<td>Shawnee Inn</td>
<td>7:08</td>
</tr>
<tr>
<td>Smithfield Beach</td>
<td>7:23</td>
</tr>
<tr>
<td>Fernwood</td>
<td>7:38</td>
</tr>
<tr>
<td>Bushkill Access</td>
<td>7:45</td>
</tr>
<tr>
<td>Toms Creek Picnic Area</td>
<td>7:50</td>
</tr>
<tr>
<td>Pocono Environmental Education Center</td>
<td>10:10</td>
</tr>
<tr>
<td>Dingmans Access</td>
<td>8:05</td>
</tr>
<tr>
<td>Milford Beach</td>
<td>8:25</td>
</tr>
<tr>
<td>Downtown Milford</td>
<td>8:35</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOUTHBOUND SCHEDULE</th>
<th>Milford to Kittatinny Point</th>
</tr>
</thead>
<tbody>
<tr>
<td>Downtown Milford</td>
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<tr>
<td>Milford Beach</td>
<td>9:05</td>
</tr>
<tr>
<td>Dingmans Access</td>
<td>9:25</td>
</tr>
<tr>
<td>Pocono Environmental Education Center</td>
<td>9:35</td>
</tr>
<tr>
<td>Toms Creek Picnic Area</td>
<td>9:50</td>
</tr>
<tr>
<td>Smithfield Beach</td>
<td>10:20</td>
</tr>
<tr>
<td>Fernwood</td>
<td>10:00</td>
</tr>
<tr>
<td>Shownee Inn</td>
<td>10:35</td>
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<tr>
<td>Milford Beach</td>
<td>10:42</td>
</tr>
<tr>
<td>Downtown Milford</td>
<td>10:47</td>
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</tbody>
</table>

Black Numbers = AM  Green Numbers = PM

Places with Lenape Names

Kittatinny: from the Lenape word Kitahtëne, which means “endless hill” Minisink – “from the rocky land”

Pahaquarry: from the Lenape word Pahaquarolling, which means “the place between the mountains beside the waters”

Pocono: from the Lenape word Poco-hanne, which means “a stream between mountains”

Mount Tammany: named after the Len’s Lenape Chief Tamamend
The Delaware Water Gap

A water gap is formed when water carves its way through a mountain range. The Delaware Water Gap is known for its depth, width, and scenic beauty. It is more than 1,200 feet from mountaintop to the river surface, nearly a quarter mile wide at river level and about a mile wide from the top of Mt. Tammany to the top of Mt. Minsi. Sand and rock move with the river flow, continuing to scour out the riverbed and making the water gap larger over time.

Stage 1: Collision
About 300 million years ago, the ancient continents of North America and Africa collided. The impact caused the Earth’s crust to fold and lift up, forming the Appalachian Mountains including Kittatinny Ridge.

Stage 2: Erosion
Streams flowed on both sides of Kittatinny Ridge by the Delaware River. In the early 1820s, visitors rented rooms with local families in order to enjoy the area’s beauty. In 1932, a 25-guest hotel overlooking the Delaware River opened in the Delaware Water Gap. By 1860, the Kittatinny Hotel had expanded to accommodate 250 guests.

Stage 3: Capture
When the streams met, the one with the stronger current captured the flow of the other. The second stream changed course to flow through the water gap.

Overlooks in the Gap

Tourist attractions of all sorts once lined River Drive through the Delaware Water Gap, today’s PA 611. Other than the stone guardrail lining the road, little remains of that historic past. The stunning beauty of the water gap makes this short (2-mile) drive a must-do during your vacation.

Resort Point Overlook
The best known part of the recreation area is the water gap, a distinct notch, more than a mile wide, cut through Kittatinny Ridge by the Delaware River. In the early 1820s, visitors rented rooms with local families in order to enjoy the area’s beauty. In 1932, a 25-guest hotel overlooking the Delaware River opened in the Delaware Water Gap. By 1860, the Kittatinny Hotel had expanded to accommodate 250 guests.

Point of Gap Overlook
This overlook is in the heart of the Delaware Water Gap, between Mt. Minsi in Pennsylvania and Mt. Tammany in New Jersey. Just as it is a popular place for viewing today, this was also a popular stop for the Victorian vacationer. A tourist attraction called the “Indian Head Lunch,” so called for its view of the cliff across the river, offered meals and souvenirs and the Myrtle William’s Gap Inn provided a place for picnicking and camping.

Arrow Island Overlook
Today, this overlook provides a wonderful view of the water gap and the trailhead for Arrow Island Trail. However, in the early 1900s, this was a bustling tourist stop. Minsi Mountain Park encompassed about 200 acres. A hotel was located on the hill overlooking the river, with a few outlying cottages. Inventive owners marketed a nearby slate quarry as “the Grotto,” a romantic enticement for guests, and clear waters from the “Minsi Health Spring.” In the location of today’s parking area, the Bear Stop roadside attraction featured caged bears and deer for the tourists’ amusement.

By the early 1900s, many people had private automobiles. Magazines and newspapers extensively advertised various appealing destinations for city dwellers. At the same time improved roads gave people a greater choice of holiday areas. Weekend excursions began replacing summer-long holidays. The traditional resort business of the Delaware Water Gap began to decline. The economic depression of the 1930s changed the nation’s way of life, and grand hotels could not compete with the new, popularly-priced, year-round weekend resorts in the nearby Pocono Mountains. A fire claimed the Kittatinny Hotel in 1931 and today, Resort Point Overlook preserves the view from the location of the once grand hotel.
Touring Old Mine Road

Conceived in the mid-1600s, Old Mine Road connected the Hudson River and Philadelphia to the Pahaquarry Mines and provided an important conduit for New Jersey farmers taking crops to area markets, making it one of the oldest commercial roads in the country. Today, Old Mine Road stitches together sections of several roads into the park’s main passage in New Jersey and still retains much of the flavor of 100 years ago, making it a popular driving and biking route.

Montague Grange
The National Grange, founded in 1867, is an organization that advocates for rural America and agriculture. The local Montague Grange was founded in 1904 and this hall was built in 1906. The local group remains active and continues to use the building.

Foster-Armstrong House
Owners of this home operated a ferry, sawmill, and gristmill. The house was used as a tavern and inn for river travelers. The house reflects the standard of living of a prosperous family in the early 19th Century. The Montague Association for the Restoration of Community History (MARCH) operates this historic house museum for tours weekends and during special events. Page 13

Minisink Dutch Reformed Church
The Minisink Church was the heart, both spiritually and geographically, of four original Dutch Reformed congregations established in the Upper Delaware Valley in 1733. The present structure was built in 1899, and tombstones in the cemetery date to 1805. Though it remains small, the vibrant congregation is one of the oldest in the country.

Nelden-Roberts Stonehouse
Built around 1820, this house’s construction is attributed to George Nelden, who acquired the property in 1816. The Roberts Family was the last owners of the house, along with the farmstead located across US 206. Page 13

Westbrook-Bell House
Built by Johannis Westbrook, this is the oldest house located in Delaware Water Gap National Recreation Area, possibly predating 1730, and was lived in by nine generations of the family until the acquisition of the property by the federal government.

Westbrook-Bell House
Built by Johannis Westbrook, this is the oldest house located in Delaware Water Gap National Recreation Area, possibly predating 1730, and was lived in by nine generations of the family until the acquisition of the property by the federal government.

Van Campen Inn
While it is called an "inn," it is more accurately a "yaugh house"—a rural residence in a remote area that was licensed under colonial law to provide food and shelter to travelers. During the French & Indian War (1754-1763), the Van Campen Inn "provided a safe haven when settler fled for protection from Indian attack" and in November 1763, 150 settlers sought shelter in the "stout walls" of the house. The Walpack Historical Society offers tours of the house on most Sundays during the summer.

Delaware View House
Conceived in the early 1800s, numerous changes over the years enlarged this once small house. As the house expanded, it also changed uses, including serving as the Flattock Hotel hosting lodge, the Losey Boarding House, and Salamovka— a summer retreat for Russian emigrants.

Millbrook Village
In 1832, Abram Garis built a grist mill along the Van Campen Brook. The mill soon attracted other businesses and by 1875, Millbrook was a thriving farm village. By 1910, most businesses had closed their doors. Today, only a handful of original Millbrook buildings remain. Other buildings have been moved from other sites or are newly built to help depict village life in the valley during the late 19th and early 20th century. On summer weekends and during special events, several buildings are open and park staff and Millbrook Village Society volunteers demonstrate folk ways of the 1800s. Page 19

Calno School
In the 19th century, schools were located in places that would allow students to walk no more than four or five miles to attend. In 1881, the Calno School District counted 48 school-age youths, but only 30 were on the school’s register and the average daily attendance was only 15. The poorly paid teachers boarded with local families and seldom stayed more than a year or two. When this school was in operation, there was also a school in Millbrook Village, only five miles north.

Pahaquarry
The Coppermine Trail passes by the foundation of the Pahaquarry Copper Mine processing mill and mineshafts. Brief periods of mining attempted during the past three centuries were never successful, despite improved technology and mineral extraction methods. In 1925, this area became the Pahaquarry Boys Scout Camp and operated until 1971. It was just one of numerous scout and church camps that once existed within the park boundaries.

NOTE: Mineshafts are closed to protect critical bat habitat.
Today’s Millbrook Village does not replicate the Millbrook of 1832 or 1875. Rather, it evokes the feeling of countryside hamlets where most of this nation’s people lived until the end of the 19th century, and provides a landscape for the demonstration of the folkways of that era.

**Village History**

In 1832, local farmer Abram Garis built a grist (grain) mill along the newly-finished Columbia-Walpack Turnpike where the road crossed a stream known as “Van Campens Mill Brook.” Since the nearest mill was in Flatbrookville, the Garis mill was a welcome site for local farmers. Soon, a community began to develop near the mill. A Methodist congregation organized and built a small church in 1840 that included a school in the basement. That same year, a store opened and a blacksmith set up shop. Within a few decades, the village included a post office, a boarding house that catered to farm workers and served “spirits,” a cider mill for the less spirited, and a much-expanded Methodist church. In time, the stream name was changed to Van Campen Brook, and about 19 major buildings. Visitors passed through miles of cultivated fields as they approached the village via the Columbia-Walpack Turnpike.

By 1875, Millbrook had reached a peak of 75 inhabitants and about 19 major buildings. Visitors passed through miles of cultivated fields as they approached the village via the Columbia-Walpack Turnpike.

From 1880 onward, Millbrook suffered the decline of rural villages experienced throughout the country. Land values dropped steeply after the Civil War. Industrialization of farming made competition difficult for the independent small farmer and isolation from railroad lines made produce from farming made competition difficult for the independent small farmer. The Garis mill closed just after 1900, the store and hotel closed 1910, and by 1950, only the blacksmith was doing business in town. In the 1950s, the Columbia-Walpack Turnpike was realigned to accommodate a series of ponds constructed at Watergate, and the crossroads in the heart of the village was lost. Auto traffic bypassed the village, following the paved route of today’s Old Mine Road. Millbrook had become the quiet home for summer residents and retirees.

In the mid-1900s, a large dam was proposed in the Delaware River valley to provide hydropower, flood control, and lake-based recreation. This project, known as the Tocks Island Dam, would have covered numerous historic structures located throughout the valley. In the 1970s, the National Park Service, with assistance from the Millbrook Village Society, moved some structures threatened by the Tocks Island Dam project to higher ground at Millbrook. Other buildings were constructed from lumber reclaimed from demolished local buildings. The buildings moved and constructed in Millbrook help create the look of villages once common in the valley.

**Visiting Today**

Wander the quiet streets for an opportunity to immerse yourself in a replicated landscape. On summer weekends between Memorial Day and Labor Day weekends, park staff and volunteers open select buildings for self-guided tours and demonstrate various skills necessary for village life in the 1800s. Additionally, special events throughout the year provide family fun and insight into village life during the seasons. For more information, visit the park website at nps.gov/dewa, stop by a park visitor center, or call 908-841-9531.

**Guide to the Gap**

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### 2017 Events in Millbrook Village

**Spring Fling** May 27, 10am to 3pm: Celebrate spring with crafts and demonstrations.

**Old-Fashioned Independence Day** June 24, 10am to 3pm: Celebrate a 19th-century style Independence Day; includes hands-on activities, crafts demonstrations and a watermelon eating contest.

**Millbrook Days** September 16-17, 10am to 4pm: Celebrate late 19th century rural America; the village comes alive with music, hands-on-activities, and numerous demonstrations of agricultural and domestic skills and crafts.

**Activities**
- October 28, 2 to 5pm & 6:30 to 8:30pm: Celebrate the bounties of fall with hands-on-activities during the afternoon, and then see the darker side of Millbrook Village through special lantern tours during the evening.
- **Victorian Christmas** December 2, 11am to 4pm: Experience the village decorated in mid to late 19th century holiday style and enjoy playing with period toys and creating Victorian crafts.
- **Christmas Carol Service** December 3, 5 to 6pm: All are welcome to join in singing traditional caroling songs.

---

### Major Structures Added After 1790

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<tr>
<th>Number</th>
<th>Name</th>
<th>Built Date</th>
<th>Description</th>
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<tbody>
<tr>
<td>1</td>
<td>Lester Spangenburg Cabin: c. 1900, built from pieces of an earlier cabin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>George Trauger House: c. 1860</td>
<td></td>
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<tr>
<td>3</td>
<td>Trauger Barn: c. 1860, currently undergoing significant restoration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Hotel (boarding house): c. 1850</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Sylvester Hill House: c. 1850</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Elias Garis House: c. 1850</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>George Garis House: c. 1850</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Wagon Shop moved here in 1980s</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Wagon Storage Shed: built in 2004</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Blacksmith Shop moved here in 1970</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Sugar Shack: built in 1970</td>
<td></td>
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</tr>
<tr>
<td>12</td>
<td>General Store/Post Office: moved here in 1973 to the site of the original store</td>
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<td></td>
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<tr>
<td>13</td>
<td>Grist Mill: an 1848 mill moved here in 1990s close to the site of the original mill</td>
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<tr>
<td>14</td>
<td>Methodist Episcopal Church: built in 1973 based on the plans of 1860 church</td>
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</tr>
<tr>
<td>15</td>
<td>Depue Cabin: moved here in 1980s; structure originally built prior to 1830</td>
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<td></td>
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<tr>
<td>16</td>
<td>Van Campen Farmhouse: moved here in 1974; structure originally built in 1800</td>
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<tr>
<td>17</td>
<td>Van Campen Barn: moved here in 1985; structure originally built in the late 1800s</td>
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<tr>
<td>18</td>
<td>Woodworking Shop: moved here in 1986</td>
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### Waterfalls

#### Factory, Fulmer, and Deer Leap Falls

George W. Childs Park Trail, Pennsylvania  
GPS 41.23733 -74.91916

The 1.1-mile George W. Childs Park Trail follows Dingmans Creek as it flows through a lush ravine, over three rushing waterfalls, and adjacent to the ruins of a mill and several structures built by the Civilian Conservation Corps. The trail is accessible to the Factory Falls overlooks, about 0.4 mile. Fulmer Falls is the second waterfall along the trail, and the tallest at about 55 feet. Deer Leap is the third waterfall along the trail. Here, the water squeezes through a narrow cleft in the rocks before plunging over the rocks. The trail winds through the hemlock ravine on both sides of the creek, offering several views of the waterfalls. Trail map on page 8.

**Things to Know:**
- Pets are not permitted on the trail.
- Swimming and wading is not permitted in the creek and waterfalls.
- Stay on the designated trail.
- Several waterfalls are located along the trail.
- The parking lot at George W. Childs Park fills quickly on summer weekends. To avoid the crowds, visit the area before 10:00 am or after 4:00 pm on weekends or visit on a weekday.

#### Raymondskill Falls

Raymondskill Creek Trail, Pennsylvania  
GPS 41.290231 -74.840853

The loop trail that leads to the waterfall is only 0.3 mile, but is steep. The three tiers of Raymondskill Falls have a combined height of approximately 150 feet, making it the tallest waterfall in Pennsylvania. If the drops from each tier are added together, the waterfall is only a few feet shorter than Niagara Falls. The upper viewing area overlooks the upper pool and the narrow chute of the first drop. The lower viewing area provides an outstanding view and photo opportunity of the falls. A spur trail leads to the creek, but not to the bottom of the waterfall. Trail map on page 8.

**Things to Know:**
- Pets are not permitted on the trail.
- Swimming and wading is not permitted in the creek and waterfalls.
- Stay on the designated trail.
- Restrooms are located at the parking lot.
- The parking lot at the trailhead fills quickly on summer weekends. To avoid the crowds, visit the area before 10:00 am or after 4:00 pm on weekends or visit on a weekday.

#### Dingmans and Silverthread Falls

Dingmans Creek Trail, Pennsylvania  
GPS 41.229294 -74.887212

An accessible boardwalk trail meanders 0.3 mile through a pristine hemlock ravine. Shortly after starting the trail, Silverthread Falls gracefully drops 80 feet in a thin ribbon of water through a narrow geometric chute. The boardwalk continues through dense rhododendron shrubs and ends at the base of Dingmans Falls, the second highest waterfall in Pennsylvania at 130 feet. A wide rock ledge provides the backdrop for this cascading waterfall. The final tenth of a mile is a staircase that leads to a bird's-eye view from the top of the waterfall. Trail map on page 9.

**Things to Know:**
- Pets are not permitted on the trail.
- Swimming and wading is not permitted in the creek and waterfalls.
- Stay on the designated trail.
- Several waterfalls are located along the trail.
- The parking lot fills quickly on summer weekends. To avoid the crowds, visit the area before 10:00 am or after 4:00 pm on weekends or visit on a weekday.

#### Buttermilk Falls

Buttermilk Falls Trail, New Jersey  
GPS 41.137164 -74.888793

The waterfall is located at the trailhead for the Buttermilk Falls Trail, and, therefore, requires no hiking to view. The cascading Buttermilk Falls is considered the highest waterfall in New Jersey at approximately 200 feet. A set of stairs climbs the heavily forested hillside to a viewing platform at the top of the waterfall. Trail map on page 11.

**Things to Know:**
- Swimming and wading is not permitted in the waterfall and the pool above and below the waterfall.
- Stay on the designated trail.
- The drive to the waterfall is via a rural gravel road. Driving Mountain Road from Walpack Center is the recommended route, since Mountain Road south of the Buttermilk Falls is very rough.

<table>
<thead>
<tr>
<th>Factory Falls</th>
<th>Fulmer Falls</th>
<th>Deer Leap Falls</th>
<th>Raymondskill Falls</th>
</tr>
</thead>
<tbody>
<tr>
<td>George W. Childs Park Trail, Pennsylvania</td>
<td>GPS 41.23733 -74.91916</td>
<td>GPS 41.290231 -74.840853</td>
<td>Dingmans Creek Trail, Pennsylvania</td>
</tr>
<tr>
<td>GPS 41.229294 -74.887212</td>
<td>GPS 41.137164 -74.888793</td>
<td></td>
<td>Buttermilk Falls Trail, New Jersey</td>
</tr>
</tbody>
</table>

### Guide to the Gap
**Camping**

What better way to immerse yourself in an environment of solitude, tranquil natural landscapes, striking river valley scenery, and a substantially undeveloped river corridor than to go camping? Camping is a relatively inexpensive way to create lasting memories. Whether you enjoy the services available at a campground or enjoy the solitude of hiking a ways to pitch a tent away from people, the park offers a campsite for you. The place you park your RV or set up your tent becomes your home away from home—make it a safe one.

- Make sure there are no dead limbs or trees in the vicinity of your campsite that might come down during a strong wind.
- Avoid drinking untreated water. Even clear, spring water can contain harmful bacteria.
- If in a campground, look food in your vehicle. Beans and other wildlife have a great sense of smell.
- Keep your pet on a leash and never leave a pet unattended.
- Be sure you can identify poison ivy and avoid it.
- Bring a flashlight for when nature calls after sunset.

**Bring a flashlight for when nature calls**

**KEEP YOUR PET ON A LEASH**

- Avoid drinking untreated water. Even clear, spring water can contain harmful bacteria.
- If in a campground, look food in your vehicle. Beans and other wildlife have a great sense of smell.
- Keep your pet on a leash and never leave a pet unattended.
- Be sure you can identify poison ivy and avoid it.
- Bring a flashlight for when nature calls after sunset.

**Dingmans Campground**
- Located near Dingmans Ferry, PA
- Sites for tent and RV (some with water and electric hook-ups)
- Individual and group campsites
- Camp store
- Weekly activities
- More information: 877 828-1551 or dingmanscampground.com

**Valley View Group Campsites**
- Located near Bushkill, PA
- Reservations required
- Primitive tent sites along the river
- River access for canoes and kayaks
- More information: 877 828-1551 or dingmanscampground.com

**Rivers Bend Group Campsites**
- Located near Milbrook Village, NJ
- Reservations required
- Primitive tent sites along the river
- River access for canoes and kayaks
- More information: 570 426-2452 or nps.gov/duw

**River Camping**
- Available for extended boat trips (14 miles or more)
- One night only per site
- Free primitive river sites
- First-come, first-serve
- EXCEPTION: Allora river campsite located below the Walpack Bend in PA are by reservation only; reservations can be made at recreation.gov; see pages 4 and 5 or nps.gov/duw for more information

**Mohican Outdoor Center**
- Located along the Appalachian National Scenic Trail near Blairstown, NJ
- Individual and group tent sites
- Self-service, bunk-style cabins
- Camp store
- Food service
- Weekly activities
- More information: 908 362-5670 or outdoors.org/lodging/lodges/mohican

**Backpacking**
- Only permitted along the Appalachian National Scenic Trail
- Restricted to through-hikers who are hiking for two or more consecutive days
- More information on page 10 or nps.gov/duw

**Additional Activities**

- Bring a flashlight for when nature calls after sunset.
- Keep your pet on a leash and never leave a pet unattended.
- Be sure you can identify poison ivy and avoid it.

**Montague Association for the Restoration of Community History** (MARCH) offers lectures about Montague area history in the summer and fall. For more information, visit montaguehistory.org.

- Peters Valley School of Craft offers fine craft workshops and artist lectures in the spring, summer, and fall. For more information, visit petersvalley.org.

- Walpack Historical Society offers lectures and guided walks about the Walpack Valley in the spring, summer, and fall. For more information, visit walpackhistory.org.

**Activities and Events**

<table>
<thead>
<tr>
<th>DATE(S)</th>
<th>TIME</th>
<th>EVENT/ACTIVITY</th>
<th>LOCATION</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every Fri, Sat, Sun May 26-Sept 3</td>
<td>11 am &amp; 2 pm</td>
<td>Waterfall Walk</td>
<td>Dingmans Falls Visitor Center</td>
<td>Join a ranger for an easy stroll to two spectacular waterfalls and learn about the natural and cultural history of the area. (1 hour, 1/2 mile round-trip)</td>
</tr>
<tr>
<td>Every Sat May 27-Sep 2</td>
<td>7 pm</td>
<td>Campground Talk</td>
<td>Dingmans Campground</td>
<td>Learn about the varied natural, cultural and recreational resources of the Delaware River valley. (1 hour)</td>
</tr>
<tr>
<td>May 27</td>
<td>10 am to 3 pm</td>
<td>Spring Fling</td>
<td>Milbrook Village</td>
<td>Celebrate spring in Milbrook Village with historic crafts and demonstrations.</td>
</tr>
<tr>
<td>Every Sat, Sun May 27-Sep 3</td>
<td>10 am to 4 pm</td>
<td>1800s Village Life</td>
<td>Milbrook Village</td>
<td>Stroll at your leisure through Milbrook Village. Several buildings are open and staffed with rangers and volunteers demonstrating traditional skills and reminiscing about 1800s life in the village.</td>
</tr>
<tr>
<td>May 26</td>
<td>1 pm to 4 pm</td>
<td>Dingmans After Dark: Night Hike</td>
<td>Dingmans Falls Visitor Center</td>
<td>Walk along Dingmans Creek and use multiple senses to explore the park in a new way. (Reservations required, 1 hour, 1/2 mile round-trip)</td>
</tr>
<tr>
<td>Jun 2</td>
<td>8:30 pm</td>
<td>Dingmans After Dark: Lantenn Stroll</td>
<td>Dingmans Falls Visitor Center</td>
<td>Experience Dingmans Ravine and waterfalls by the soft glow of lantern light. (Reservations required, 1 hour, 1/2 mile round-trip)</td>
</tr>
<tr>
<td>Jun 17</td>
<td>10 am to 2 pm</td>
<td>Marie Zimmermann Open House</td>
<td>Marie Zimmermann House</td>
<td>Stop in for a tour of the home and learn more about Marie Zimmermann, the artist who called this place home.</td>
</tr>
<tr>
<td>Jun 24</td>
<td>10 am to 3 pm</td>
<td>Old-Fashioned Independence Day</td>
<td>Milbrook Village</td>
<td>Celebrate a 19th-century style Independence Day, including hands-on activities, craft demonstrations and a watermelon eating contest.</td>
</tr>
<tr>
<td>Aug 13</td>
<td>8:30 to 10:30 pm</td>
<td>Watchet meteor Shower</td>
<td>Smithfield Beach</td>
<td>Watch meteor streaks across the sky and learn more about the night sky. Bring chairs or blankets, insect repellent, and a flashlight.</td>
</tr>
<tr>
<td>Sep 16 &amp; 17</td>
<td>10 am to 4 pm</td>
<td>Milbrook Days</td>
<td>Milbrook Village</td>
<td>Celebrate late 19th-century rural America. Enjoy music, hands-on activities, and demonstrations of agricultural and domestic skills and crafts.</td>
</tr>
<tr>
<td>Oct 15</td>
<td>12 to 4 pm</td>
<td>Van Campen Day</td>
<td>Van Campen Inn</td>
<td>Experience frontier life in the mid-1700s. Event includes military reenactors, house tours, guided cemetery walks, and a variety of demonstrations.</td>
</tr>
<tr>
<td>Oct 21</td>
<td>2 to 5 pm &amp; 6:30 to 8:30 pm</td>
<td>Activities</td>
<td>Milbrook Village</td>
<td>Celebrate the bounties of fall with hands-on activities during the afternoon, and experience the darker side of Milbrook Village through special lantern tours during the evening. (Reservations required for evening lantern tours)</td>
</tr>
<tr>
<td>Dec 2</td>
<td>11 am to 4 pm</td>
<td>Victorian Christmas</td>
<td>Milbrook Village</td>
<td>Experience the village decorated in mid to late 19th-century holiday style and enjoy playing with period toys and creating Victorian crafts.</td>
</tr>
<tr>
<td>Dec 2</td>
<td>Dec 9 Dec 10</td>
<td>1 to 4 pm</td>
<td>A Walpack Christmas Rosenkrans House, Walpack Center</td>
<td>Celebrate and experience the Christmas traditions and displays of a 19th-century farming community.</td>
</tr>
<tr>
<td>Dec 3</td>
<td>5 to 6 pm</td>
<td>Christmas Carol Service</td>
<td>Milbrook Village</td>
<td>Gather in the Millbrook Church to sing traditional Christmas songs. All are welcome.</td>
</tr>
</tbody>
</table>
Fishing

The area is home to both warm- and cold-water fish species. In the spring, the Delaware River offers a chance to catch American shad, a fish whose Latin name means “most savory herring.”

Huge numbers of American shad once migrated upstream in the Delaware River, so many shad that the river was described as “black” and “boiling.” Industrial pollution and overfishing drastically reduced shad numbers in the Delaware River in the early 1900s. In the 1980s, pollution control programs were put in place and shad numbers began to rise again. American shad remain a favorite for anglers, putting up a fight and showing multiple jumps when caught.

Numerous lakes and ponds are home to species like pickerel, catfish, and panfish. Native and stocked trout inhabit the cold streams, offering fly fishermen a challenge. All waters within Delaware Water Gap National Recreation Area are open to sport fishing unless otherwise noted.

Regulations

• A state fishing license is required for those 16 and older; regulations are enforced.
• Holders of either a New Jersey or Pennsylvania license may fish on the Delaware River and either of its banks. This does not apply to the river’s tributaries.
• Special fishing regulations apply within the park. Refer to the appropriate state regulations for waters within the park.

Fishing is not permitted at:
• Dingmans Creek within George W. Childs Park area, including foot bridges and observation platforms
• Dingmans Creek from the top of the Dingmans Falls to the east end of the Dingmans Falls Visitor Center parking lot from 8:00 am to 5:00 pm daily
• Silverthread Falls in the pool at the base of the falls

Fishing is prohibited within 200 feet of designated boat launches and swim areas.

• The only time to catch adult American shad is from April to June, when the adults are migrating from the Atlantic Ocean.

The following are prohibited:
• Trapping
• Spawning
• Hunting on Sundays
• Hunting in closed area
• Hunting in plowed and planted fields or in fields with unharvested crops
• Hunting from, along, or across roads, or from any kind of motorized vehicle
• Using artificial or natural bait
• Driving or pursuing an animal through closed areas with intention of killing it
• Screw-in foot pegs or attaching a stand to a tree with nails, spikes, lag bolts, screws, or similar devices; tree stands must be free-standing and removable
• Reloading any animal or bird into the recreation area for the purpose of hunting or dog training
• Target practice
• Off-road driving
• Parking that blocks gates or access roads
• Back-country camping and campfires
• Rifles, handguns, and shotguns with shot larger than #4 shot in PA
• Camp Ken-Etiwa-Pec are
• Back-country and campfires
• Parking that blocks gates or access roads
• Off-road driving
• Toms Creek, Hidden Lake, Loch Lomond, and Hialeah picnic areas

Camping

• Backcountry camping and campfires
• Parking that blocks gates or access roads
• Off-road driving
• Rifes, handguns, and shotguns with shot larger than #4 shot in PA

For New Jersey state information, refer to the New Jersey Fish and Wildlife Digest, available at sporting goods stores, or visit state.nj.us/dep/fgw/hunting.htm for New Jersey state information, refer to the Pennsylvania Fish and Wildlife Digest, available at sporting goods stores, or visit pgc.state.pa.us 908 735-8240 Ranger Office •  Watergate Recreation Site •  PA Game Commission

Hunting

Hunting is permitted in most parts of the park. In addition to all applicable state regulations, park-specific regulations are provided below. Please note that you are in a national park; other outdoor enthusiasts are using the same area in which you are hunting. Respect private property located within the park boundaries.

Hunting Regulations

The possession of firearms on federally-owned land within Delaware Water Gap National Recreation Area is permissible consistent with state and federal laws, as outlined in the Digest of Pennsylvania Hunting Regulations, New Jersey Fish and Wildlife Digest, the Delaware Water Gap National Recreation Area Compendium of Regulations, and Title 36 of the Code of Federal Regulations. The Compendium of Regulations for Delaware Water Gap National Recreation Area is available at park headquarters in Bushkill, PA. All firearms must be unloaded and cased or broken-down while in motor vehicles on roadways or shoulders; bows must be cased. Wear fluorescent orange in compliance with state regulations.

The following are prohibited:

• Trapping
• Spot hunting during established seasons
• Hunting in closed area
• Hunting in plowed and planted fields or in fields with unharvested crops
• Hunting from, along, or across roads, or from any kind of motorized vehicle
• Using artificial or natural bait
• Driving or pursuing an animal through closed areas with intention of killing it
• Screw-in foot pegs or attaching a stand to a tree with nails, spikes, lag bolts, screws, or similar devices; tree stands must be free-standing and removable
• Reloading any animal or bird into the recreation area for the purpose of hunting or dog training
• Target practice
• Off-road driving
• Parking that blocks gates or access roads
• Back-country camping and campfires
• Rifles, handguns, and shotguns with shot larger than #4 shot in PA between River Road and the Delaware River and from Shavano to six miles north of Shavano, except during the PA big game hunting season when the use of rifles, handguns, shotguns, filmtricks, and muzzleloaders is allowed (the use of a shotgun using steel or other approved nontoxic shot larger than #4 shot is permitted while hunting waterfowl during established seasons)

More Information

PA Game Commission
570 875-1143/5065
pgr.state.pa.us

NJ Division of Fish & Wildlife
908 735-8240
state.nj.us/dep/fw/hunting.htm

Delaware Water Gap
Natl’ Recreation Area
Ranger Office
570 828-2321
nps.gov/dewa

For Pennsylvania state information, refer to the Pennsylvania Fish and Wildlife Digest, available at sporting goods stores, or visit pgc.state.pa.us 908 735-8240 Ranger Office •  Watergate Recreation Site

For New Jersey state information, refer to the New Jersey Fish and Wildlife Digest, available at sporting goods stores, or visit state.nj.us/dep/fgw/hunting.htm

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For Pennsylvania state information, refer to the Pennsylvania Fish and Wildlife Digest, available at sporting goods stores, or visit pgc.state.pa.us 908 735-8240 Ranger Office •  Watergate Recreation Site

Modify the document to include the following:

1. Add a new section for Fishing Regulations, including prohibitions on certain areas and fishing regulations.

2. Add a new section for Hunting Regulations, including prohibitions on certain areas and hunting regulations.

3. Add a new section for More Information, including contact information for the PA Game Commission and the NJ Division of Fish & Wildlife.

4. Add a new section for Places to Fish, including a table listing common game fish that can be caught from places that are relatively easy to access.

5. Add a new section for Closed to Hunting, including a table listing all areas within 450 feet of any regularly used or occupied structure, including Pennsylvania, New Jersey, and Delaware Water Gap National Recreation Area.

6. Add a new section for Fishing Places, including a list of places to fish, such as Silverthread Falls, Dingmans Creek, and George W. Childs Park area.

7. Add a new section for Hunting Places, including a list of places to hunt, such as Rifes, handguns, and shotguns with shot larger than #4 shot in PA.

8. Add a new section for Camp Sites, including a list of camp sites within the park, such as Camp Ken-Etiwa-Pec.

9. Add a new section for Plan Your Visit, including contact information for the PA Game Commission and the NJ Division of Fish & Wildlife.

10. Add a new section for Safety Information, including tips for survival in case of emergency, such as how to prevent hypothermia.

11. Add a new section for Special Notes, including information on special events and activities, such as bird watching tours.

12. Add a new section for Visitor Information, including hours of operation for park facilities, such as Ranger Stations and Campgrounds.

13. Add a new section for Directions, including maps and directions to the park.

14. Add a new section for Frequently Asked Questions, including answers to common questions about the park, such as what to bring and what to expect.

15. Add a new section for Visitor Services, including information on visitor services, such as lodging and camping.

16. Add a new section for Volunteer Opportunities, including information on how to volunteer for park activities, such as park guides or trail crew.

17. Add a new section for Park History, including information on the history of the park and its significance.

18. Add a new section for Park Program, including information on park programs, such as guided hikes and educational programs.

19. Add a new section for Park Facilities, including information on park facilities, such as picnic areas and restrooms.

20. Add a new section for Park Rules, including information on park rules and regulations, such as no pets or no alcohol.

21. Add a new section for Park Regulations, including information on park regulations, such as no fires or no hunting.

22. Add a new section for Park Education, including information on park education programs, such as nature walks and bird watching tours.

23. Add a new section for Park Programs, including information on park programs, such as guided hikes and educational programs.

24. Add a new section for Park Visitors, including information on park visitors, such as age limit and size limit for pets.

25. Add a new section for Park Regulations, including information on park regulations, such as no fires or no hunting.

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38. Add a new section for Park Education, including information on park education programs, such as nature walks and bird watching tours.

39. Add a new section for Park Programs, including information on park programs, such as guided hikes and educational programs.

40. Add a new section for Park Visitors, including information on park visitors, such as age limit and size limit for pets.
Free Passes for Fourth Graders

Delaware Water Gap National Recreation Area is inviting all fourth graders to visit National Park Service sites for free this year as part of the Every Kid in a Park program. The program gives fourth grade students, and those accompanying them, free access to more than 2,000 federally managed lands and waters that charge entrance fees. While Delaware Water Gap National Recreation Area charges only expanded amenity fees and does not change entrance fees, the Every Kid in a Park pass provides free access to places like Steamtown National Historic Site in Scranton, Pennsylvania, and Morristown National Historical Park in New Jersey.

Every Kid in a Park is part of the National Park Service’s commitment to protect the nation’s unique outdoor spaces and ensure that every American has the opportunity to visit and enjoy them. The program is a call to action for children to experience America’s spectacular outdoors, rich history and culture. The Every Kid in a Park pass is valid September 1 to August 30 of the following year.

The Every Kid in a Park website, EveryKidInPark.gov, has links to educational activities, trip planning, field trip options, the downloadable pass and additional information in both English and Spanish. After completing an educational activity, the child can download and print a pass. The paper pass can be traded for a more durable pass at the park.

Nifty Names! Some place names in the park are named for people who once lived in the area or describe the natural features of the area. The Lenape people lived here when European settlers moved in to the area. Use the code breaker below to find out what the Lenape names mean in English.

1. The Appalachian National Scenic Trail passes along the top of the Kittatinny Ridge within the park. “Kittatinny” comes from the Lenape word “Kitahtëne,” which means:

   | 1 | 2 | 3 | 4 | 5 |
---|---|---|---|---|---|
| 1 | A | B | C | D | E |
| 2 | F | G | H | I | J |
| 3 | K | L | M | N | O |
| 4 | P | Q | R | S | T |
| 5 | U | V | W | X | Y |

Example:

H  A  V  E

The code is 23 11 52 15.

2. Pahaquarry is the name of a New Jersey township that once existed in the park. The word “Pahaquarry” comes from the Lenape word “Pahaqualong,” which means:

   | 1 | 2 | 3 | 4 | 5 |
---|---|---|---|---|---|
| 1 | A | B | C | D | E |
| 2 | F | G | H | I | J |
| 3 | K | L | M | N | O |
| 4 | P | Q | R | S | T |
| 5 | U | V | W | X | Y |

Example:

F  U  N

The code is 21 15 34.

Sensational Search! Find the words in green in the puzzle below.

Delaware Water Gap National Recreation Area is your park to explore! You can hike to the top of Mt. Tammany, camp on the river, bike on McDade Trail, see lots of waterfalls, swim at a river beach, and so much more! You can also learn how people lived and about the things they made at Millbrook Village. Stop by a visitor center to get a map and find out more about the things to see and do in the park. Don’t forget to ask how you can be a Junior Ranger!
Accessibility

Service Animals
Service animals are allowed in all facilities, trails, and the River Runner shuttle, but must always be leashed.

Visitor Centers and Park Stores
Kittatinny Point and Dingmans Falls visitor centers and park headquarters are wheelchair accessible.

Trails
Dingmans Creek Trail (page 7) is a flat, quarter-mile boardwalk to the base of Silverthread and Dingmans Falls that is wheelchair accessible. George W. Childs Park Trail (page 6) is wheelchair accessible to the first waterfall overlook, approximately a third of a mile, one-way. Trail for Everyone (page 7) is wheelchair accessible and has several benches along the one-way, third of a mile route. The Sensory Trail (page 7) is a quarter-mile, rope-lined trail.

Historical Sites
Milbrook Village (page 19) has accessible restrooms and the path through the village is wheelchair accessible. However, most buildings in the village are not accessible due to the narrow doorways in historic structures. Peters Valley (Bevans Village) is operated by the Peters Valley School of Craft (page 13). The restrooms and first floor of the store are wheelchair accessible. The Foster-Armstrong House and the Nelden-Roberts Stonehouse (page 15) are each wheelchair accessible on the first floor.

Picnic Areas
Accessible restrooms and picnic sites are located at George W. Childs Park, Milford Beach, Toms Creek, Smithfield Beach, Hualash, Watergate, and Kittatinny Point.

Swim Beaches
Accessible restrooms and bathhouses are located at Milford and Smithfield beaches. Assistance is needed to the swimming area at these sites.

River Runner Bus
On Saturdays, Sundays, and holidays between Memorial Day and Labor Day weekends, a free accessible shuttle bus provides service between Kittatinny Point, NJ, and Milford, PA, stopping at numerous places along the way (page 16).

Overlooks
Resort Point, Point of Gap, and Arrow Island overlooks along PA 611 offer wheelchair accessible views of the Delaware Water Gap.

Boat Launch
A boat launching ramp is available at Smithfield Beach. The ramp provides access to trailer-mounted boats. Assistance is then needed to lower the boat into the water.

Fishing Pier
A pier at Loch Lomond is wheelchair accessible.

Campgrounds
Dingmans Campground has wheelchair accessible sites. The Dingmans Campground store and bathhouse are accessible. Valley View Group Campsite #1 is wheelchair accessible.

Audio Described Exhibits
Audio files for the Dingmans Falls Visitor Center exhibits and many wayside exhibits throughout the park are available for download at the park’s website: nps.gov/dewa/planyourvisit/accessibility.htm

Picnicking
Numerous idyllic spots in the park await you and a red-checked blanket. Grills are not provided anywhere in the park, but you are welcome to bring your own, except to Kittatinny Point and George W. Childs Park. Ground fires are prohibited throughout the park. Do welcome to bring your own, except to Kittatinny Point, NJ, and Milford, PA, stopping at numerous places along the way (page 16).

Picnic Areas in Pennsylvania
- Halsah Picnic Area (pets not permitted from Memorial Day to Labor Day weekends)
- Smithfield Beach (fee area; alcohol not permitted; pets not permitted from Memorial Day to Labor Day weekends)
- Milford Beach (fee area; alcohol not permitted; pets not permitted from Memorial Day to Labor Day weekends; group picnic area available - call 570-426-2440 to reserve)
- George W. Childs Park (grills and pets not permitted)
- Toms Creek
- Bushkill Village
- Hidden Lake
- Loch-Lomond

Picnic Areas in New Jersey
- Kittatinny Point picnic and visitor center areas

Solutions to Kid’s Corner Activities

Nifty Names
1. The Appalachian National Scenic Trail passes along the top of the Kittatinny Ridge within the park. The Lenape word “Kittatinny” means “endless hill.”
2. Pahaquarry is the name of a New Jersey township that once existed in the park. The word “Pahaquarry” comes from the Lenape word “Pahaqualling,” which means “the place between the mountains beside the waters.”

Parks and Other Public Facilities

Park Store
Looking for more information about the park’s history? Need a comprehensive map of park trails? Want to purchase a souvenir to remind you of your visit to the park? A wide range of books, maps, guides, souvenirs, and other items is available from the park bookstores. Eastern National operates these stores at Dingmans Falls Visitor Center, Kittatinny Point Visitor Center, and park headquarters.

- Outwear
- Nature-themed Jewelry
- Children’s Games and Toys
- Books
- Maps
- Pins, Magnets, Ornaments
- And more!

Eastern National
Purchases support the educational programs at Delaware Water Gap National Recreation Area

Pets
Pets are permitted in most areas of the park and must be on a 6-foot leash at all times. Pets may not be tied to an object and left unattended or left in a vehicle. Please clean up after your pet. Report lost pets to the park communication center at 570-426-2457.

Pets are NOT permitted at the following sites:

In Pennsylvania:
- Smithfield Beach and Milford Beach between Memorial Day weekend and Labor Day weekend
- Raymondskill Falls and Dingmans Falls
- George W. Childs Park (including parking lot, picnic area, and trail)
- Valley View Group Campsites
- Halsah Picnic Area
- McGuire Trail between milepost 1.0 and milepost 2.5 (from June 1 to September 8)
- Adams Creek

In New Jersey:
- Turtle Beach
- River Bend Group Campsites
- Watergate Recreation Site
- Kittatinny Point picnic and visitor center areas

To purchase maps, books, and other items, please visit the Park Store in the Kittatinny Point Visitor Center or the River Runner Shuttle. For information on Delaware Water Gap National Recreation Area, contact us by phone at 570-426-2457 or by email at delwater@nps.gov. To report lost pets, call 570-426-2457.