Guide to the Gap

Your National Park Celebrates 50 Years!

The Delaware Water Gap National Recreation Area was established by Congress on September 1, 1965, to preserve the natural, culture, and scenic resources of the Delaware River Valley and provide opportunities for recreation, education, and enjoyment to the most densely populated region of the nation. Sprung out of the Tocks Island Dam controversy, the last 50 years has solidified Delaware Water Gap National Recreation Area as a park for the people. Today, visitors roam a landscape carved by uplift, erosion, and glacial activity that is marked by hemlock and rhododendron-laced ravines, rumbling waterfalls, fertile floodplains and is rich with archaeological evidence and historic narratives. This haven for natural and cultural stories is your place, your park, and we invite you to celebrate with us in 2015.

Events . . . . . . 4

Are you curious about the natural and cultural history of the area? Would you like to see artisans at work? Want to experience what it might have been like to live in another era?

Numerous programs, events, and activities are offered throughout the year that showcase what makes this place special.

Delaware River . . 6

Delaware Water Gap National Recreation Area includes nearly 40 miles of the free-flowing Middle Delaware River Scenic and Recreational River.

River-related activities, like swimming and paddling, are some of the popular pastimes on warm summer days.

Park Trails . . . . 8

From ridgetop to riverside, vistas to ravines, from easy to extreme, more than 100 miles of trail offer something for every mood.

Choose a trail for hiking, biking, horseback riding, cross-country skiing, and even boating to enjoy the natural beauty and the historic landscape of the middle Delaware River valley.
The River, the Valley, and You

Paddlers slip down the river between low forested mountains; anglers wade the streams; hikers scan the valley from the ridge or peer into the deep Water Gap.

The valley has known human hand and voice for over 10,000 years. Abundant plant and wildlife attracted American Indians; floodplains nourished early farmer’s crops; waterfalls drew Victorian vacationers.

Today, a 70,000-acre park welcomes you to the enticing Delaware Water Gap National Recreation Area and Middle Delaware National Scenic and Recreational River.

Millions of years of uplift, erosion, and glacial activity gave us the ridges, Delaware Water Gap, lakes, and streams that flow through hemlock and rhododendron-laced ravines, and the waterfalls that pour off the Pocono Plateau. The crisp, cool air around those waterfalls refreshes the body and the spirit.

Steeped in rich history, trails, roads, and traces reveal reminders of times gone scattered throughout the park. The Minsi Path and Minisink Trail converged on a Delaware River island that was once the centerpieces of a large American Indian settlement. Agricultural fields still in cultivation help preserve the rural landscape predominant in the 18th century.

In the 1800s resorts flourished throughout the region where city dwellers arrived by carriage or rail, often spending the entire summer away from the urban heat. The Water Gap became a scenic wonder for fashionable travelers.

Today the natural and cultural wonders provide abundant recreational opportunities. Enjoy this rural vacationland.

The park includes 40 miles of the Middle Delaware National Scenic and Recreational River.

Events held throughout the year provide glimpses into the past.

Over 100 miles of trails lead to special places.

2015 Expanded Amenity Fee Schedule

<table>
<thead>
<tr>
<th>Fee Type</th>
<th>Cost</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private Vehicle (1-7 Occupants)</td>
<td>$7 per day</td>
<td>Weekdays, $10 weekends and holidays</td>
</tr>
<tr>
<td>Private Vehicle (8+ Occupants)</td>
<td>$1 per person</td>
<td></td>
</tr>
<tr>
<td>Seasonal Park Pass</td>
<td>$45 per vehicle/year</td>
<td></td>
</tr>
<tr>
<td>Seasonal Walk-in Pass</td>
<td>$10 per person/day</td>
<td></td>
</tr>
<tr>
<td>Pedestrian/Bicycle</td>
<td>$10 per person/year</td>
<td></td>
</tr>
</tbody>
</table>

Fees are not charged for persons 15 or younger. Seasonal park passes and America the Beautiful, Senior, and Access passes are available for purchase at Park Headquarters, Kittatinny Point Visitor Center or Dingmans Falls Visitor Center.

Visitors with permanent disabilities at no cost to the recipient. Applicants must provide documentation of permanent disability and Residence or citizenship. The pass may provide a 50% discount on some amenities services.

The America the Beautiful Access Pass

Available to US citizens or permanent residents with permanent disabilities at no cost to the recipient. Applicants must provide documentation of permanent disability and Residence or citizenship. The pass may provide a 50% discount on some amenity fees charged for facilities and services such as camping, swimming, boat launch, and specialized interpretive services.

Volunteers

The America the Beautiful Annual Pass is available to volunteer with 250 service hours with federal agencies that participate in the Interagency Pass Program. The five agencies that participate in the Interagency Pass Program are:

- National Park Service
- US Forest Service
- US Fish and Wildlife Service
- Bureau of Land Management
- Bureau of Reclamation

Contact your local federal recreation site for more information about volunteer opportunities or visit Volunteer.gov.

NOTE: Golden Access and Golden Age Passports are no longer sold. However, these passes will continue to be honored according to the provisions of the pass.

Sites where fees are collected are:

- Smithfield Beach . . . . . . . . PA
- Bushkill Beach . . . . . . . . PA
- Dingmans Access . . . . . . . . PA
- Milford Beach . . . . . . . . PA
- Turtle Beach . . . . . . . . NJ
- Watauga Recreational Park . . . . NJ

America the Beautiful: The National Parks and Federal Recreational Lands Pass Series

A pass is your ticket to more than 2,000 federal recreation sites. Each pass covers entrance fees at national parks and national wildlife refuges as well as standard amenity fees at national forests and grasslands, and at lands managed by the Bureau of Land Management and Bureau of Reclamation. A pass covers entrance and standard amenity fees for a driver and all passengers in a personal vehicle at per vehicle fee areas (or up to four adults at sites that charge per person). Children age 15 or under are admitted free. The pass does not cover Expanded Amenity fees. The following passes make up the series:

The America the Beautiful Annual Pass

This pass is available to anyone and costs $80. In addition to being available for purchase at park headquarters, this pass can be obtained by calling 1-888-ASK USGS (1-888-275-8747), Ext. 3 (between 8:00 am to 4:00 pm Mountain time), or online at store.usgs.gov. Additionally, US military members and dependents are eligible for the free Annual Military Pass. The Annual Military Pass must be obtained in person.

The America the Beautiful Senior Pass

Available to US citizens or permanent residents age 62 or over for a one-time $10 fee. Applicants must provide documentation of age and residency or citizenship. This pass may provide a 50% discount on some amenity fees charged for facilities and services such as camping, swimming, boat launch, and specialized interpretive services.

The America the Beautiful Access Pass

Available to US citizens or permanent residents with permanent disabilities at no cost to the recipient. Applicants must provide documentation of permanent disability and Residence or citizenship. This pass may provide a 50% discount on some amenity fees charged for facilities and services such as camping, swimming, boat launch, and specialized interpretive services.

Golden Access and Golden Age Passports are no longer sold. However, these passes will continue to be honored according to the provisions of the pass.

The America the Beautiful Annual Pass is available to volunteer with 250 service hours with federal agencies that participate in the Interagency Pass Program. The five agencies that participate in the Interagency Pass Program are:

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NOTE: Golden Access and Golden Age Passports are no longer sold. However, these passes will continue to be honored according to the provisions of the pass.

The park includes 40 miles of the Middle Delaware National Scenic and Recreational River.

The park does not collect an entrance fee.

The America the Beautiful Pass Annual Pass, America the Beautiful Senior Pass, and America the Beautiful Access Pass make up the series:

- America the Beautiful Annual Pass
- America the Beautiful Senior Pass
- America the Beautiful Access Pass

The National Park Service cares for the nation’s national parklands to provide a natural, cultural, and scenic educational experience for all people so that all may experience our heritage.

The National Park Service collected Expanded Amenity Fees spring, summer, and fall at select locations in the park. Fees collected are used to enhance visitor services, maintain and repair park facilities, and to manage cultural and natural resources in the park.

The America the Beautiful Annual Pass and America the Beautiful Pass Annual Pass for Active Military are not accepted because the park does not collect an entrance fee. Holders of the America the Beautiful Senior Pass or America the Beautiful Access Pass receive a 50% discount on Expanded Amenity Fees.

Delaware Water Gap National Recreation Area

Located between the Pocono Plateau and Kittatinny Ridge in close proximity to the most densely populated region of the nation, Delaware Water Gap National Recreation Area and the Middle Delaware National Scenic and Recreational River preserve the natural, cultural, and scenic resources and values of the Delaware River valley and provide opportunities for resource-based recreation, education, and enjoyment.

Superintendent

John J. Donahue

Deputy Superintendent

William Leonard

Mailing Address

1978 River Road
Bushkill, Pennsylvania 18324

Website

www.nps.gov/dewa

Facebook

Facebook/DelWaterGapNPS
# Activities and Events in 2015

**As We Celebrate Our 50th Anniversary, We Invite You to Learn, Discover, Be Inspired, or Simply Have Fun. Make Us Your Park this Year.**

## Recurring Activities and Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Time</th>
<th>Location</th>
<th>Brief Description</th>
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<tbody>
<tr>
<td>May 22 – Sep 6</td>
<td>Waterfall Walks</td>
<td>10:00am – 11:00am</td>
<td>Dingmans Falls Visitor Center</td>
<td>Stroll along a ¼-mile boardwalk trail through a cool, shaded hemlock ravine to Silverthread and Dingmans Falls.</td>
</tr>
<tr>
<td>May 22</td>
<td>Waterfall Walks</td>
<td>2:00pm – 3:00pm</td>
<td>Dingmans Falls Visitor Center</td>
<td></td>
</tr>
<tr>
<td>May 23 – Sep 5</td>
<td>Evening Campground Program</td>
<td>7:00pm – 8:00pm</td>
<td>Dingmans Campground</td>
<td>Rangers provide insight into the many facets of Delaware Water Gap National Recreation Area</td>
</tr>
<tr>
<td>May 23 – Sep 5</td>
<td>Evening Campground Program</td>
<td>7:00pm – 8:00pm</td>
<td>Worthington State Forest</td>
<td>Rangers provide insight into the many facets of Delaware Water Gap National Recreation Area</td>
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<tr>
<td>Apr 26</td>
<td>Junior Ranger Family Day</td>
<td>10:00am – 2:00pm</td>
<td>Smithfield Beach</td>
<td>Work through various hands-on activities to learn about the park and the National Park Service to earn the rank of Junior Ranger.</td>
</tr>
<tr>
<td>May 22</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over Delaware Water Gap National Recreation Area.</td>
</tr>
<tr>
<td>May 23</td>
<td>Summer Lecture Series: Fly Fishing in the Poconos</td>
<td>7:00pm – 8:00pm</td>
<td>Bushkill Meeting Center</td>
<td>Expert fisherman Don Baylor will present a lecture on fly fishing in the Poconos.</td>
</tr>
<tr>
<td>May 24</td>
<td>Kids Fishing Clinic &amp; Casting Contest</td>
<td>8:30am – 12:30pm</td>
<td>Hidden Lake Picnic Area</td>
<td>Learn basic fishing skills and participate in a casting contest in three different age groups.</td>
</tr>
<tr>
<td>May 24</td>
<td>Citizen Science Fishing Contest</td>
<td>2:00pm – 6:00pm</td>
<td>Hidden Lake Picnic Area</td>
<td>Help the park monitor fish populations and their health through a fun contest. Call 570-426-2430 for information.</td>
</tr>
<tr>
<td>May 29</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over Delaware Water Gap National Recreation Area.</td>
</tr>
<tr>
<td>May 30</td>
<td>Spring Fling</td>
<td>10:00am – 3:00pm</td>
<td>Millbrook Village</td>
<td>Celebrate the season opening day with craft demonstrations and hands-on activities.</td>
</tr>
<tr>
<td>Jun 5</td>
<td>Dingmans After Dark: Night Hike</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Walk along Dingmans Creek and use all five senses to experience the park in a whole new way.</td>
</tr>
<tr>
<td>Jun 6</td>
<td>Celebrate National Trails Day: Hialeah to Smithfield Beach Hike</td>
<td>9:30am – 12:00pm</td>
<td>Meet at Hialeah Picnic Area</td>
<td>Hike with a Ranger along the McDade Trail. Bring swim wear and a lunch to enjoy upon arrival at Smithfield Beach.</td>
</tr>
<tr>
<td>Jun 12</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over Delaware Water Gap National Recreation Area.</td>
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<tr>
<td>Jun 13</td>
<td>Celebrate National Get Outdoors Day: Rattlesnake Swamp Hike</td>
<td>9:30am – 12:30pm</td>
<td>Mohican Outdoor Center* Main Office</td>
<td>Celebrate National Get Outdoors Day with an easy to moderate hike along Kittatinny Ridge.</td>
</tr>
<tr>
<td>Jun 13</td>
<td>Citizen Science Fishing Contest</td>
<td>2:00pm – 6:00pm</td>
<td>Blue Mountain Lake</td>
<td>Help the park monitor fish populations and their health through a fun contest. Call 570-426-2430 for information.</td>
</tr>
<tr>
<td>Jun 14</td>
<td>Nature Photography Workshop</td>
<td>9:00am – 12:00pm</td>
<td>Porcono Environmental Education Center*</td>
<td>Park Ranger Michael Cuff shares tips and tricks of nature photography while introducing participants to the natural and cultural sites of the park.</td>
</tr>
<tr>
<td>Jun 19</td>
<td>Dingmans After Dark: Lantern Stroll</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Experience Dingmans Ravine and waterfalls by the soft glow of lantern-light.</td>
</tr>
<tr>
<td>Jun 20</td>
<td>Zimmermann Open House</td>
<td>10:00am – 2:00pm</td>
<td>Zimmermann House</td>
<td>Tour the home and learn more about Marie Zimmermann, the artist who called this place home.</td>
</tr>
<tr>
<td>Jun 20</td>
<td>Summer Lecture Series</td>
<td>7:00pm – 8:00pm</td>
<td>Bushkill Meeting Center</td>
<td>Subject matter experts share their knowledge on specific topics applicable to the park.</td>
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<td>Jun 26</td>
<td>Dingmans After Dark: Night Sky</td>
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<tr>
<td>Jun 27</td>
<td>An Old Fashioned Independence Day Celebration</td>
<td>10:00am – 3:00pm</td>
<td>Millbrook Village</td>
<td>Celebrate independence in a 19th century small rural community. The event includes hands-on activities, craft demonstrations, and a watermelon eating contest.</td>
</tr>
<tr>
<td>Jul 3</td>
<td>Dingmans After Dark: Night Hike</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Walk along Dingmans Creek and use all five senses to experience the park in a whole new way.</td>
</tr>
<tr>
<td>Jul 10</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over the Delaware Water Gap National Recreation Area.</td>
</tr>
<tr>
<td>Jul 11</td>
<td>Take a Hike, in the Park or Online!</td>
<td>10:00am</td>
<td>Call 570.426.2430 for details</td>
<td>Join staff for a hike on one of the park trails. Can’t make the trip to the park? Join us on-line! This hike will be simultaneously presented in person and virtually.</td>
</tr>
<tr>
<td>Jul 18</td>
<td>Summer Lecture Series: Insect Pollinators</td>
<td>7:00pm – 8:00pm</td>
<td>Bushkill Meeting Center</td>
<td>Learn more about insect pollinators found in the park.</td>
</tr>
<tr>
<td>Jul 24</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over Delaware Water Gap National Recreation Area.</td>
</tr>
<tr>
<td>Jul 26</td>
<td>Hike to Sunfish Pond (strenuous)</td>
<td>9:30am – 3:30pm</td>
<td>Worthington State Forest</td>
<td>Follow in the steps of the 1967 hike to Sunfish Pond to protest the Tocks Island Dam project.</td>
</tr>
<tr>
<td>Jul 31</td>
<td>Dingmans After Dark: Night Hike</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Walk along Dingmans Creek and use all five senses to experience the park in a whole new way.</td>
</tr>
<tr>
<td>Aug 7</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over Delaware Water Gap National Recreation Area.</td>
</tr>
<tr>
<td>Aug 9</td>
<td>Family Fun Day</td>
<td>10:00am – 12:00pm</td>
<td>Toms Creek Picnic Area</td>
<td>Bring the entire family to learn more about nature through fun activities for all.</td>
</tr>
<tr>
<td>Aug 12</td>
<td>Perseids Meteor Shower</td>
<td>8:30pm – 10:30pm</td>
<td>Milford Beach</td>
<td>Join us to watch the Perseids Meteor shower.</td>
</tr>
<tr>
<td>Aug 14</td>
<td>Dingmans After Dark: Lantern Stroll</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Experience Dingmans Ravine and waterfalls by the soft glow of lantern-light.</td>
</tr>
<tr>
<td>Aug 21</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over the Delaware Water Gap National Recreation Area.</td>
</tr>
<tr>
<td>Aug 28</td>
<td>Dingmans After Dark: Night Hike</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Walk along Dingmans Creek and use all five senses to experience the park in a whole new way.</td>
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<tr>
<td>Aug 29</td>
<td>Summer Lecture Series: Insect Pollinators</td>
<td>7:00pm – 8:00pm</td>
<td>Bushkill Meeting Center</td>
<td>Subject matter experts share their knowledge on specific topics applicable to the park.</td>
</tr>
<tr>
<td>Sep 4</td>
<td>Dingmans After Dark: Night Sky</td>
<td>8:30pm – 9:30pm</td>
<td>Dingmans Falls Visitor Center</td>
<td>Learn about our place in space as we discover the night sky over the Delaware Water Gap National Recreation Area.</td>
</tr>
<tr>
<td>Sep 12</td>
<td>Summer Lecture Series: Climate Change in the Park</td>
<td>7:00pm – 8:00pm</td>
<td>Bushkill Meeting Center</td>
<td>Park Ecologist Richard Evans will discuss climate change in the park and its effects on Brook Trout populations.</td>
</tr>
<tr>
<td>Sep 19</td>
<td>Millbrook Days</td>
<td>10:00am – 4:00pm</td>
<td>Millbrook Village</td>
<td>A fall festival celebrating the lifestyles and activities common in all rural communities of the late 19th century.</td>
</tr>
<tr>
<td>Sep 20</td>
<td>Millbrook Days</td>
<td>10:00am – 4:00pm</td>
<td>Millbrook Village</td>
<td>A fall festival celebrating the lifestyles and activities common in all rural communities of the late 19th century.</td>
</tr>
<tr>
<td>Oct 11</td>
<td>Fossil Trail Hike</td>
<td>10:00am – 12:00pm</td>
<td>Pocono Environmental* Education Center</td>
<td>Step way back in geologic time to learn more about the creatures that once inhabited the area along this easy to moderate hike.</td>
</tr>
<tr>
<td>Oct 17</td>
<td>International Archaeology Day</td>
<td>10:00am – 3:00pm</td>
<td>Smithfield Beach</td>
<td>Learn more about the park's precious archeology resources through presentations and hands-on activities conducted throughout the day.</td>
</tr>
<tr>
<td>Oct 17</td>
<td>Summer Lecture Series</td>
<td>7:00pm – 8:00pm</td>
<td>Bushkill Meeting Center</td>
<td>Subject matter experts share their knowledge on specific topics applicable to the park.</td>
</tr>
<tr>
<td>Oct 24</td>
<td>Activities</td>
<td>3:00pm – 8:00pm</td>
<td>Millbrook Village</td>
<td>Activities will include evening hours this year. Hands-on activities in the afternoon and special lantern tours will let you explore village-life at night.</td>
</tr>
</tbody>
</table>

*Mohican Outdoor Center and the Pocono Environmental Education Center (PEEC), offer a variety of single and multi-day programs. For more info visit Mohican Outdoor Center at outdoors.org/hiking/raftsmohican and Pocono Environmental Education Center at peec.org.*
Delaware River Water Trail

The Delaware River is the longest undammed United States river east of the Mississippi, extending 330 miles from Hancock, New York, to the Atlantic Ocean. The Delaware River Water Trail extends nearly 200 miles from Hancock, New York, to Trenton, New Jersey. Like a conventional trail, a water trail is a recreational corridor, but instead of hiking, the water trail is for boats, such as canoes, kayaks and small-motorized watercraft.

Be Safe Around Water

Planning a safe day at the river begins well before you get near the water and does not end until you return home. Even though the Delaware River appears calm in some areas, DO NOT be misled! Moving water must be respected. The information below will help you better understand how to safely and comfortably enjoy the river.

General Information:

• Wear your life jacket even when swimming and don’t overestimate your swimming ability. Do not attempt to swim or wade across the river. The Delaware River has strong currents and steep drop-offs. Swimming becomes more difficult with increased current and water depth. Even the strongest of swimmers should become trapped between submerged rocks.

• Always stay with your group.

• Do not jump or dive from cliffs, rocks, or bridges into the river; the water may be shallow and objects can be submerged. Rivers are constantly changing, especially with high water. Rocks can show up in places they never were before.

• Do not urinate or defecate within 100 feet of any river or stream. Do not cut standing trees.

• Do not attempt to swim or wade across the river. Don’t overestimate your swimming ability.

• Do not cut standing trees.

• Do not attempt to swim or wade across the river.

• Do not jump or dive from cliffs, rocks, or bridges into the river; the water may be shallow and objects can be submerged. Rivers are constantly changing, especially with high water. Rocks can show up in places they never were before.

• Do not urinate or defecate within 100 feet of any river or stream. Do not cut standing trees.

• Do not attempt to swim or wade across the river. Don’t overestimate your swimming ability.

• Do not cut standing trees.

Additionally:

• Fires permitted in existing fire grates only.

• Self-contained stoves are permitted.

• Use dead and down wood only. Do not cut standing trees.

• Pack out what you pack in, including food scraps.

• Use soaps sparingly; even biodegradable soap is a pollutant.

• Do not urinate or defecate within 100 feet of any river or stream. Bury fecal material, including pet waste, at least six inches deep and at least 100 feet away from water.

A Day at the Beach

Pack a swimsuit and a picnic and head to the beach - the river beach, that is. Unlike the sandy beaches along the ocean, the beaches here have soft grass to stretch out and enjoy the day.

Perhaps the greatest thing about the river beaches is that their uses are as varied as the people who enjoy them. For some, a day at the beach means doing nothing more than laying in the sun and cooling off in the water every now and then. Some like to spend the day with family playing games and enjoying each other’s company. And there are those who spend all the time in the water - splashing, wading, and swimming.

Milford, Smithfield, and Turtle Beaches are designated swim areas. Lifeguards monitor the beaches daily mid-June through Labor Day. Swimming in other areas of the river is not recommended. This summer, indulge with a day at the beach!
Boating and Canoeing

Area within the authorized National Recreation Area boundary also contains wildlife management areas and private land. Respect private property.

The outstanding natural, cultural, recreational and scenic resources of this part of the Delaware River led it to be designated the Middle Delaware River National Scenic and Recreational River. The Delaware River within this park is mostly flat and calm, perfect for family outings and for the canoeist and kayaker of any skill level.

River Safety

- Always wear your life jacket.
- Children 12 years of age and younger MUST WEAR a life jacket on board a vessel.
- Life jackets must be worn in vessels less than 16 feet between November 1 and April 30.
- Never stand in a canoe. For better balance, kneel in a canoe when going through rapids.
- Wear shoes to protect your feet from sharp stones and from glass.
- Protect yourself from the sun: wear sun screen, a hat, light clothing, and sunglasses.
- Bring enough water. Don’t drink river water unless it is boiled at least 10 minutes.
- The river has sharp drop-offs and strong currents. Do not try to swim or wade across the river, and never swim alone.
- Plan to be off the river before dark.
- Alcoholic beverages are prohibited at Milford Beach, Smithfield Beach, and Hialeah Picnic Area in Pennsylvania, and Turtle Beach, Worthington State Forest, and Tocks and Labar Islands in New Jersey. Alcoholic beverages are also prohibited between Depew Island on the north and Depue Island on the south. Do not drink during river activities.

NOTE: Hand launch only at Cadoo Access, Namanock Access, Eshbeck Access, and Kittatinny Point

Authorized Canoe, Kayak, and Tube Liveries

- Adventure Sports, Inc.
  800.487.2628
  PO Box 175
  Marshalls Creek, PA 18335

- Chamberlain Canoes
  800.422.6631
  PO Box 555
  Shawnee on Delaware, PA 18356

- Delaware Family Campground
  njcamping.com/delaware
  908.475.4517
  Delaware, NJ 07833

- Edge of the Woods Outfitters*
  hik4WVG.com
  570.421.6681
  110 Main Street
  Delaware Water Gap, PA 18327

- Kayaks East
  kayakeseast.com
  866.529.2532
  PO Box 77
  Columbia, NJ 07832-0077

- Kittatinny Canoes
  kittertyn.com
  800.356.2852
  2130 Route 739
  Dingmans Ferry, PA 18328

- Mauka Nalu Paddleboarding†
  maukanalu.com
  570.420.1905
  100 Shawnee Inn Drive
  Shawnee on Delaware, PA 18356

- River Rat Outfitters, Inc.
  facebook.com/RiverRatInc
  800.356.2852
  2130 Route 739
  Dingmans Ferry, PA 18328

- Shawnee River Trips
  shawneein.com
  800.742.9633 x1120
  100 Shawnee Inn Drive
  Shawnee on Delaware, PA 18356

- *Bicycle rental also available
- †Standup paddle board rental

* NOTE: Hand launch only at Cadoo Access, Namanock Access, Eshbeck Access, and Kittatinny Point

2015 Guide to the Gap 7
Park Trails

More than 100 miles of trails meander through the park, including nearly 26 miles of the Appalachian National Scenic Trail. Choosing a trail can be a daunting task. What to see: Waterfalls? Historic landscapes? Inspiring views? The following pages offer a glimpse of the many routes available. For more information and trail maps, stop by one of the visitor contact areas.

Be Prepared for a Safe and Enjoyable Trip

- Stay on trails: taking shortcuts causes trail erosion, damages native plants, and can be dangerous.
- Protect yourself from the sun: wear a hat, sunglasses and sunscreen.
- Carry (and drink) plenty of water: a leading cause of injuries on the trail is dehydration.
- Stay alert in snake habitat: don’t put your hands and feet into places you can’t see.
- Be bear-aware: do not run if a bear approaches; make noise, wave your arms, and look large.
- Safeguard pets: pets must be leashed at all times; additionally, pets are not permitted at Milford, Turtle and Smithfield beaches and on the McDade Recreational Trail between Hialeah and Smithfield Beach from late spring to early fall; pets are not permitted anytime along the Dingmans Creek, Hackers, Childs Park, and Raymondskill Creek trails, at Watergate Recreation Site, and at Hialeah Picnic Area.
- Trails are not regularly maintained or patrolled: travel carefully and at your own risk.
- Pack out what you pack in.
- Bicycles are only permitted on the McDade Recreational Trail and roadways that are open to vehicle traffic.
- Do not feed or approach wildlife.
- Horses are only permitted on the Conashaugh View and Upper Ridge Road trails.
- Digging, collecting, or removing artifacts or plants is prohibited.

<table>
<thead>
<tr>
<th>Mid-Park Trails</th>
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<table>
<thead>
<tr>
<th>Trail Name</th>
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<th>Blaze</th>
<th>Rating</th>
<th>Highlights</th>
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<tr>
<td>McDade Recreation</td>
<td>32mi/51.5km</td>
<td>None</td>
<td>Easy-difficult</td>
<td>See page 10</td>
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<tr>
<td>Fossil</td>
<td>1.3mi/2.0km</td>
<td>Blue</td>
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<td>Scenic Gorge</td>
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<tr>
<td>Ridgeline</td>
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<tr>
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<td>Two Ponds</td>
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<tr>
<td>Tumbling Waters</td>
<td>2.8mi/4.5km</td>
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<tr>
<td>Hidden Lake</td>
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<td>Easy</td>
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</table>
Hikers enjoy the Delaware Water Gap National Recreation Area during all months of the year; every season offers a special reward. During winter, the absence of deciduous leaves opens new vistas along trails and reveals stone walls, foundations, and other reminders of past residents. Spring provides a weekly parade of wildflowers and flowering trees. In summer, hikers can seek out cool retreats among the hemlock forests follow rolling streams to beautify falls and cascades. Autumn hikers have crisp air to sharpen the senses and a varied palette of fall colors to enjoy.
McDade Trail is a 31-mile trail along the Pennsylvania side of the park. The trail passes through forested areas and farm fields and past views of the river and cliffs. Terrain varies from rugged foot trail to wide gravel paths. Trailheads provide access every 0.5 to 5.3 miles.

The McDade Recreational Trail extends most the length of the park and presents views of the river, charming streams, open farm fields, forests, and historic landscapes. The trail offers hikers, bikers, and cross-country skiers areas of varied difficulty, from easy to strenuous.

With trailheads distributed between ½ and 5 miles apart, this trail offers a section for just about any visitor. Additionally, most trailheads are along the park’s free bus route that operates summer weekends.

From Hialeah to Owens trailheads, the trail is mostly flat as it traverses former settlements and farms. From the Owens Trailhead on Freeman Tract Road, the trail switchbacks sharply up the side of the Hogback, or ridge, to the park’s headquarters. Observation decks on the side of the headquarters facility provide wildlife viewing areas.

Between park headquarters and Bushkill Access, the terrain becomes rolling hills. Numerous structures, foundations, and other traces remain from the once thriving community of Bushkill.

North of Bushkill Access, the trail follows a narrow ribbon of land between US 209 and the river and then continues nearly level through agricultural fields and forests to Schneider Farm.

The next several miles of the trail are dominated by the river to the east and the cliffs to the west, with the trail and US 209 squeezed between in places. From Raymondskirk Creek to Milford Beach, the Raymondskill Cliff parallels the nearly flat trail.

**Things to Know**
- The trail is open to hiking, biking, cross-country skiing, and restricted pet-walking. No motorized vehicles are permitted.
- Speed limit is 15 mph.
- Bikers must yield to hikers.
- No motorized vehicles.
- Leashed pets are permitted along the trail except at Milford and Smithfield beaches and between Smithfield Beach and Hialeah late spring to early fall.

**Seasonal Restrictions**
The trail between Pittman Orchard and White Pines Trailhead is closed from December 1st to August 15th yearly for resource protection; whether you start from this end, Hialeah, or a point in between, you are sure to find something to fit any mood.

The northern terminus of the McDade Trail is Milford Beach, a popular recreation site for local residents since 1945. Whether you start from this end, Hialeah, or a point in between, you are sure to find something to fit any mood.

**SERVICES LEGEND**
- Information
- Drinking Water
- Lodging
- Fees
- Store
- Restrooms
- Picnic Area
- Campground

Maps are not in scale to each other; see the mileage bar located at bottom of each map for distances.
The Appalachian National Scenic Trail (AT) traverses the wild Appalachian Mountain chain from central Maine to northern Georgia, for a distance of approximately 2,180 miles. About 28 miles of the trail straddles the Kittatiny Ridge through New Jersey and Pennsylvania within Delaware Water Gap National Recreation Area. Numerous other trails connect with the AT and are described on previous pages.

Camping along the AT within the Delaware Water Gap National Recreation Area is restricted to through-hikers who are hiking for two or more consecutive days. Camping is limited to one night per campsite and no more than ten persons per campsite. Charcoal stoves/grills and ground fires are prohibited; self-contained stoves are permitted. No trail shelters exist within the recreation area.

Appalachian Mountain Club’s Mohican Outdoor Center (MOC) offers several self-service cabin options, individual and group campsites, and simple dining options. Numerous weekend hiking activities are offered throughout the year. For more information, contact MOC at (908) 362-5670 or visit their website at www.outdoors.org/lodging/lodges/mohican.

At NJ mile 4.6, the Douglas Trail leads from the AT to the Worthington State Forest campground. Individual and group sites are offered along the Delaware River. Interpretive programs are offered seasonally from April to October in the campground.

Camping Rules for Hikers
• No camping from ½ mile south of Blue Mountain lakes Road
• No camping from ½ mile north of Blue Mountain Lake Road to a point one mile north of Crater Lake.
• No camping from ⅛ mile south of Blue Mountain Lake Road to a point one mile north of Crater Lake.
• No camping from ⅛ mile south of Blue Mountain Lake Road to a point one mile north of Crater Lake.
• No camping from ⅛ mile south of Blue Mountain Lake Road to a point one mile north of Crater Lake.
• No camping within ½ mile mile of an established roadway.
• No camping within 200 feet of another camping party.
• No camping from ½ mile south of Blue Mountain Lake Road to a point one mile north of Crater Lake.
Visitors to the Delaware Water Gap National Recreation Area have opportunities to immerse themselves in an environment of solitude, tranquil natural landscapes, striking river valley scenery, and a substantially undeveloped river corridor that are unmatched among large rivers in the most densely populated region of the United States.

Campgrounds and Campsites

Dingmans Campground
Dingmans Campground offers a variety of camping settings, including sites tucked in the forest, in the meadow, or along the river. Sites are available for both tent and RV camping, some with water and electric hook-ups.

Located near many popular park destinations, the campground is a great base for a weekend get-away. Amenities include a camp store, weekly activities, and weekend evening ranger programs during the summer. For more information and reservations, call (877) 828-1551 or visit dingmanscampground.com.

Trail Camping
Within the Delaware Water Gap National Recreation Area, overnight backpacking is only permitted along the Appalachian National Scenic Trail (AT). Camping is restricted to through-hikers who are hiking for two or more consecutive days. For more information about hiking and camping, see the AT on page 11. Additionally, the Appalachian Mountain Club’s Mohican Outdoor Center offers several self-service cabin options, individual and group campsites, and simple dining options.

Numerous weekend hiking activities are offered throughout the year. For more information, call (908) 362-9670 or visit outdoors.org/lodging/lodges/mohican.

Group Campsites
Groups of five or more campers may make reservations in either of the park’s two group campsites. For Valley View Group Campsites in Pennsylvania on US 209 call Dingmans Campground at (877) 828-1551. For Rivers Bend Group Campsites in New Jersey on Old Mine Road north of Millbrook Village call (570) 426-2452. Both sites are group campsites. For Valley View Group Campsites in Pennsylvania on US 209 call Dingmans Campground at (877) 828-1551. For Rivers Bend Group Campsites in New Jersey on Old Mine Road north of Millbrook Village call (570) 426-2452. Both sites are group campsites.

River Camping
For extended boat trips (14 miles or more), free primitive campsites along the river are available first come, first serve. Camping along the river is only permitted in these designated sites and is limited to one night at each location. For more information about river camping, call (570) 426-2452 or visit nps.gov/dewa.

- To use a river campsite, the total river miles traveled must be at least 14 miles for a one-night trip, at least 26 miles for a two-night trip, and at least 34 miles for a three-night trip.
- Camping is limited to one night in each location. There are no fees and no reservations.
- Small fires are only permitted in existing fire grates. Use dead and down wood only. Cutting standing trees is not permitted.
- Pack out all trash, including all food and food waste.
- Use soaps sparingly.Soap should be dumped on well-drained soil away from water sources.
- Do not urinate or defecate within 100 feet of any river or stream. Fecal material, including pet waste, must be buried at least 6 inches deep and at least 300 feet away from water.
- Quiet hours are 10:00 pm to 6:00 am. Loud audio devices and fireworks are prohibited.

Liverys
Liverys rent canoes and kayaks, provide paddles and life jackets, and shuttle you to and from the put-in and take-out locations.

- Most liverys also rent rafts and tubes.
- See page 7 for information on liverys.
### Campgrounds and Campsites

#### Campgrounds/
<table>
<thead>
<tr>
<th>Campsites</th>
<th>State</th>
<th>Sites</th>
<th>Persons Per Site</th>
<th>GPS Coordinates/ Address</th>
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<tbody>
<tr>
<td>Dingmans Campground</td>
<td>PA</td>
<td>133</td>
<td>up to 40</td>
<td>1006 Route 209, Dingmans Ferry, PA</td>
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<td>Valley View Group Campground</td>
<td>PA</td>
<td>5</td>
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<tr>
<td>Rivers Bend Group Campsites</td>
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<td></td>
<td></td>
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</table>

1. Facilities include various tent and RV sites. See dingmanscampground.com for more info.
2. Permits required. These are primitive campsites. Dingmans Campground can be contacted at (570) 828-1551 for Valley View reservations. Contact the National Park Service at (570) 426-2452 for Rivers Bend reservations.

#### River Campsites*

<table>
<thead>
<tr>
<th>River Campsites</th>
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<th>Sites</th>
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* River campsites are for boaters on trips. These are primitive campsites subject to actions of the river and have no amenities. See Page 12 and the separate River Camping Map and Guide for specifics on using these campsites.
Exploring Old Mine Road

1. Montague Grange
The National Grange, founded in 1867, is an organization that advocates for rural America and agriculture. The local Montague Grange was founded in 1904 and this Hall was built in 1906. The local group remains active and continues to use the building.

2. Foster-Armstrong House
Foster and Armstrong operated a ferry, and the house was used as a tavern and inn for river travelers. The house reflects the standard of living of a prosperous family in the early 19th century. The Montague Association for the Restoration of Community History (MARCH) opens the house for tours on summer weekends and for other events.

3. Minisink Dutch Reformed Church
Dating back to 1737, this is the oldest congregation in the county. The present structure was built in 1899, and tombstones in the cemetery date to 1805.

4. Nelden-Roberts Stonehouse
The origins of this small house are obscure, although its construction is attributed to George Nelden, who acquired the property in 1856. The Montague Association for the Restoration of Community History (MARCH) operates a museum in the house on summer weekends.

5. Westbrook Bell House
Built by Johannis Westbrook, this is the oldest structure in the recreation area, circa 1701.

6. Namanock
While nothing remains today, this was the site of Fort Namanock during the French and Indian War (1754-1763), the stout stone walls sheltered an inn in the commercial sense. By law, certain original structure was used as a French and Indian War fortification, known as Fort Cramer.

7. Alonzo Depue House
As with other historic homes along Old Mine Road, the landscape would have been quite different one hundred years ago – open fields, a clear view to the river, and several farm outbuildings.

8. Bevans-Hellwig Kitchen
In the late 19th century, this little stone building was the rear kitchen attached to a large farmhouse. Local tradition holds that the original structure was used as a French and Indian War fortification, known as Fort Cramer.

9. Peters Valley
Peter Van Ness settled in this area during the late 18th century, and today the hamlet bears his name. In the later 20th century, the village became Peters Valley School of Craft. Self-guided tours of the village are available on summer weekends. Stop in the Craft Store and Gallery for more information.

10. Van Campen Inn
This fine colonial home was never intended as an inn in the commercial sense. By law, certain houses along a major roadway were required to house travelers. During the French and Indian War (1754-1763), the stout stone walls sheltered 150 people against the threat of Indian attack.

The Walpack Historical Society offers tours of the house on most Sundays during the summer.

11. Walpack Center
This authentic country village began when Isaac and Jasper Rundle opened the first general store in 1805, and the village followed the same pattern of growth and decline as the other villages. Today, the Walpack Historical Society operates a museum in the First Rosenkrans House on summer weekends.

12. Delaware View House
In the early 20th century, many old area farmsteads were used as country homes. Samuel Garris purchased this property in 1904, enlarged the house, and operated it as a hunting lodge. Later he leased it to a family that operated it as a boardhouse and later as the Flatbrookville Hotel.

13. Millbrook Village
In 1852, Abram Garris built a grist mill along Van Campen brook. The mill soon attracted other businesses and by the 1870s, Millbrook was a thriving farm village. However, by 1910, the mill, store and hotel closed their doors. Today, only a handful of original Millbrook buildings remain. Other buildings have been moved from other sites or are newly built to help depict village life in the valley during the late 19th and early 20th century. Several buildings are open on summer weekends.

14. Calno School
If you traveled through this area in the late 1800s, you would notice that schools were located in places that would allow students to walk no more than four or five miles to attend. When this school was in operation, there was also a school in Millbrook Village, only 5 miles north.

15. Pahaquarry
The Coopermine Trail passes by the foundation of the Pahaquarry Cooper Mine processing mill and mineshafts. Later, this area became a Boy Scout Camp. It was just one of numerous scout and church camps that once existed within the park boundaries.

NOTE: Mineshafts are closed to protect critical bat habitat.

Constructed in the mid-1700s, Old Mine Road connected the Hudson River and Philadelphia to the Pahaquarry Mines and provided an important conduit for New Jersey farmers taking crops to area markets, making it one of the oldest commercial roads in the country. Today, Old Mine Road stitches together sections of several roads into the park’s main passage in New Jersey and still retains much of the flavor of 100 years ago, making it a popular driving and biking route.
Cooperating Associations are recognized by Congress as a means to assist the educational and interpretive mission of the National Park Service, primarily by procuring, distributing and selling educational material in retail outlets located in national parks. Associations also provide an assortment of services including supplemental funding for land and artifact acquisitions, special events, educational and interpretive programs, and research grants. Eastern National is a multi-dimensional organization. It is an organization that supports the interpretive and educational mission of the National Park Service. It is a retail business that acquires, produces, and sells educational and interpretive material to enhance the enjoyment of visitors to the National Park System and other public trusts. Eastern National is a philanthropic organization that disperses its net profit directly and indirectly to national parks to support their diverse educational and interpretive programs.

Exploring Delaware Water Gap History
This book takes the reader back in time, providing a snapshot of the lives of the earliest colonizers, and explains the area’s evolving history through the buildings and artifacts that still exist from past eras. Designed as a self-guided auto tour, the fascinating history includes dozens of historic black and white photographs.

Pins, Magnets, and Patches
For 40 miles the Middle Delaware River passes between low forested mountains with barely a house in sight. Then the river cuts through the mountain ridge to the famed Water Gap. Commemorate your visit with a variety of keepsake magnets, lapel pins, patches, ornaments, mugs and other items.

Trails Illustrated: Canoeing the Delaware River
This paddler’s companion provides a mile-by-mile account of the Delaware’s 200-mile course from Hancock, New York, to the tidewater at Trenton, New Jersey. The book provides descriptions of rapids, access locations, points of interest, outfitter information and stories of people and events associated with the river.

Apparel
Let others know about your adventure in the park by wearing Delaware Water Gap National Recreation Area apparel. A variety of t-shirts and sweat-shirts in a variety of sizes, and caps are available to remind you of your park experience. Check out the variety of other accessories while in the visitor center store.

Delaware Water Gap National Recreation Area
This comprehensive map for adventure seekers of all types marks official park trails, roads, and places of interest. Map also includes Worthington and Stokes State Forest Trails, and portions of the Liberty Gap and Appalachian National Scenic Trail. Waterproof and tear-resistant.

Go Green with the River Runner Shuttle
Hiking and biking the McDade Recreational Trail and paddling the Delaware River Water Trail are favorite activities of visitors and residents alike, and miles of safe and scenic trails are a hallmark of Delaware Water Gap National Recreation Area. The missing link, however, has always been getting back to your destination once the trip is complete.

In the past, hikers, cyclists and paddlers traveling between two locations had little option but to place a vehicle at each end of the route or go back the way they came. The national recreation area wanted to address this issue and at the same time encourage visitors to keep their vacations environmentally friendly by reducing vehicle use. Three years ago, the park implemented a pilot alternate transportation shuttle program in partnership with the Monroe County Transit Authority.

The program is returning for the 2015 season, and service is available on summer weekends and holidays. Shuttles run throughout the day in opposite directions. With the ability to carry bicycles, canoes, and kayaks, the shuttle is a great way to explore Delaware Water Gap National Recreation Area. Multiple stop options along the way allow folks the chance to fully enjoy park destinations, all with the freedom of being car-free.

2015 Season Schedule

Flagstops
The system is designed with the idea that riders could board the bus just about anywhere along the routes. For this reason, many people choose to flagstop the bus at in-between points not published in the timetable. To flagstop the bus, simply wave to the driver from a safe but observable location along the route.

Northbound Schedule*
Martz DWG 7:00 9:00 11:00 12:00 1:00 4:00
DWG P&R 7:02 9:02 11:02 12:02 1:02 4:02
Shawnee Inn 7:08 9:08 11:08 12:08 1:08 4:08
Fernwood Resort 7:38 9:38 11:38 12:38 1:38 4:38
Bushkill Access 7:45 9:45 11:45 12:45 1:45 4:45
Toms Creek 7:50 9:50 11:50 12:50 1:50 4:50
PEEC 10:10
Dingmans Access 8:05 10:25 12:05 1:05 2:05 5:05
Milford Beach 8:25 10:45 12:25 1:25 2:25 5:25
Downtown Milford 8:35 10:55 12:35 1:35 2:35 5:35

Southbound Schedule*
Downtown Milford 9:00 11:00 1:00 2:00 3:00 6:00
Milford Beach 9:05 11:05 1:05 2:05 3:05 6:05
PEEC 3:35
Toms Creek 9:37 11:37 1:37 2:37 3:50 6:37
Fernwood Resort 9:47 11:47 1:47 2:47 4:00 6:47
Smithfield Beach 10:07 12:07 2:07 3:07 4:20 7:07
Martz DWG 10:34 12:34 2:34 3:34 4:55 7:34

*Times in Bold are PM. Times are estimates; buses may be delayed as much as 15 min.
Things to Do and See

This list of words can be spelled forward, backward, diagonally or a combination (Example: backwards AND diagonal!)

ANIMALS
BIKE
CANOE
DINGMANS
FISH
HIKE
HISTORY
HUNT
KAYAK
KITTATINNY
MILLBROOK
NATURE
PICNIC
RIDGE
RIVER
STARS
SWIM
WATERFALLS

Kids Corner

What is a Junior Ranger?
Junior Rangers help to preserve national parks; they learn about Delaware Water Gap National Recreation Area, have fun, and are our representatives to their friends, families, and schoolmates back home.

How can you become a Junior Ranger?
Stop by a visitor center or park headquarters and ask for your free book. Once you have completed the number of activities for your age group, bring it back to be sworn in as a Junior Ranger and be presented with your badge.

Be sure to check out the online WebRanger program at nps.gov/webrangers.