Guide to the Gap

Inside
2  “Having a Swell Time”
3  Be a Junior Ranger
4  Visitor Centers & Ranger Programs
6  In and On the Water
8  Hiking the Ridges
9  Hiking the Gap
10  Looking at Waterfalls
12  Touring Old Mine Road
14  Hiking & Biking McDade Trail
15  Camping & Backpacking
16  Events and Activities
18  Your Support
19  Things to Know
Delaware Water Gap National Recreation Area collects an Expanded Amenity Fee in season at Milford Beach, Dingmans Access, Bushkill Access, and Smithfield Beach in Pennsylvania, and at Turtle Beach and Watergate Recreation Site in New Jersey. Fees are used to enhance visitor services, to maintain and repair park facilities, and to manage cultural and natural resources.

**2013 Expanded Amenity Fee Schedule**

<table>
<thead>
<tr>
<th>Fee Type</th>
<th>Fee Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Private vehicle (1-7 occupants)</td>
<td>$7.00 weekdays</td>
</tr>
<tr>
<td></td>
<td>$10.00 weekends/holidays</td>
</tr>
<tr>
<td>Private vehicle (8+ occupants)</td>
<td>$1.00 per person</td>
</tr>
<tr>
<td>Pedestrian/bike</td>
<td>$1.00 person/day</td>
</tr>
<tr>
<td>Year Walk-in Pass</td>
<td>$10.00 person/year</td>
</tr>
<tr>
<td>Seasonal Park Pass</td>
<td>$45.00 vehicle/year</td>
</tr>
</tbody>
</table>

Seasonal Park Passes are available at Park Headquarters and at Dingmans Falls Visitor Center (see pages 4 & 5).

Because this park does not collect an entrance fee, the America the Beautiful (ATB) Annual Pass and ATB Annual Pass for Active Military are not accepted. Holders of the ATB Senior or ATB Access Pass do receive a 50% discount on the Expanded Amenity Fee.

The Delaware Water Gap has been a vacation destination for more than a century. This summer, memorabilia from the area’s resort era will be on display at park headquarters (see page 4). “Having a Swell Time: Vacationing at the Water Gap a Century Ago” will be in place until October 1, 2013.

The exhibition kicked off last September with a well-attended talk on postcards from the resort era and the stories they tell, given by Park Ranger Kathleen Sandt as part of the park’s Lecture Series (see page 17).

As the postcard reproductions throughout this visitor guide suggest, the 1910 vacationer was no stick-in-the-mud. Messages home tell of hiking to the top of Mt. Minsi, boating on the river, and touring the countryside by trolley, ferry, and automobile. Vacationers brought home silver and china, and they saved postcards, stereographs, prints, and paintings. Samples of all are on display at Headquarters, loaned to the park by Ranger Sandt.

Come read what the 1910 vacationers wrote, see what they bought, and get a glimpse of their Water Gap vacations a century ago.
Be a Junior Ranger

What’s in the woods? What should I wear on the river? A Junior Ranger knows! Children can earn “Junior Park Ranger” and “Junior Ranger - Water Safety” badges by completing activity books available at all visitor centers or on the park’s website at www.nps.gov/dewa.

Let’s start exploring the park! Find the words in **bold** in the puzzle below.

Delaware Water Gap National Recreation Area is a place to **explore**! You can **hike** to the top of Mt. Tammany, **canoe** on the river, **bike** on McDade Trail, see lots of **waterfalls**, **swim** at a river beach, and so much more! You can also learn how people lived and about the things they made at **Millbrook** Village. Stop by a visitor center to get a map and find out more about the things to see and do in the park. Ask how you can be a **Junior Ranger**! (solution on page 19).

W L G O N R V Q U M
M A K A E N R S I E
I E T G P O U L A X
W J N E I E L B U P
S A F N R B K S S L
R B U B R F N I I O
H J O O U N A V H R
Q L O B I K E L C E
R K E O N A C P L J
Z J T R K P Z F G S
Millbrook Village

LOCATION and PHONE
Old Mine Road at Rt. 602, Millbrook, NJ
GPS 41.07368 -74.96312
908 841-9531

HOURS TO VISIT
Buildings Open Friday and Saturday from 10:00 a.m. to 4:00 p.m. through Saturday, August 31, 2013.
Grounds: Open daily during daylight hours.
Millbrook Days: see page 16

FACILITIES
• Historic village with original and replica buildings
• Period craft demonstrations
• Park maps and brochures
• Junior Ranger activity books
• Accessible restrooms
• Picnic area, water
• Hiking trails nearby
• The village “street” is a fairly level gravel road; assistance may be required for those who use wheelchairs. Not all buildings are accessible.

Peters Valley School of Craft
19 Kuhn Road, Layton, NJ 07851
GPS 41.196183 -74.851083
Gallery and Store: 973 948-5202
Information: 973 948-5200
www.petersvalley.org

Store and gallery open in summer daily from 10:00 a.m. to 6:00 p.m., except Wednesdays.
Peters Valley School of Craft serves as an art center for contemporary crafts and offers residencies, educational programs, public activities and events, and retail sales. Shows of current work are offered on Friday evenings; self-guided tours of craft studios are available on weekends. Art shows take place on the second floor of the Craft Store and Gallery, open year-round.

DIRECTIONS
From I-80 eastbound: Cross the Delaware River (no toll eastbound) and take the first exit ramp on the right (no exit number). Turn sharp right at the end of the ramp. Continue 11 miles on Old Mine Road to Millbrook.
From I-80 westbound: Take NJ Exit 4C; follow Rt. 94 north 9 miles to the traffic light in Blairstown at Rt. 521/Bridge Road. Turn left toward the church steeple and at the stop sign turn right, then left, for Rt. 602. Continue 6 miles northwest to Millbrook.
Dingmans Falls

LOCATION and PHONE
Johnny Bee Road, US 209 mile 13
Dingmans Ferry, PA
GPS 41.22948 -74.88790
570 828-6125

HOURS TO VISIT
Visitor Center
Summer (through Sunday, September 1): Open Fridays 10:00 a.m. to 5:00 p.m. and Saturdays and Sundays 9:00 a.m. to 5:00 p.m. Also open May 27, July 4, and September 2 from 9:00 a.m. to 5:00 p.m.
Fall & Winter Call 570 426-2452 for hours.

Boardwalk trail to Silverthread & Dingmans Falls
Summer: Open daily during daylight hours.
Fall & Winter: Access road, parking, and boardwalk trail to the falls open daily during daylight hours until closed by snow and ice in late fall or early winter.
No buses or RV's allowed

FACILITIES
• Park rangers on duty
• Information desk and displays
• Park maps and brochures
• Junior Ranger activity books
• Accessible 0.25-mile boardwalk to base of falls
• Steep 240-step staircase to top of falls (optional)
• Accessible building, restrooms, and parking
• Seasonal and annual passes
• Water; no picnic area

DIRECTIONS
From I-84: Take US 209 south to mile 13 and turn west (right) onto Johnny Bee Road just after the traffic light at Rt. 739. Continue one mile to the visitor center.
From I-80: Take Exit 309 onto US 209 north and continue 23 miles to mile marker 13. Turn west (left) onto Johnny Bee Road. Continue one mile to the visitor center.

A section of Johnny Bee Road will be limited to one lane this summer. BUSES AND RV’S WILL NOT BE ALLOWED. The best times to avoid delays are weekdays, early in the morning, and late in the afternoon.

A National Park Service Tradition ...

Ranger Programs

RANGER TALKS at Dingmans Falls Visitor Center
Fridays at 11:00 a.m.
Saturdays & Sundays at 10:00 a.m.

WATERFALL WALKS along the boardwalk at Dingmans Falls
Fridays at 3:00 p.m.
Saturdays & Sundays at 2:00 p.m.

CAMPFIRE PROGRAMS at Dingmans Campground
Fridays & Saturdays at 7:00 p.m.
Dingmans Campground (see page 15)
(Bring a blanket or chair. Open to the public. Non-campers should stop at the campground office for a free parking permit.)
Schedules may change. Call 570 828-6125 to confirm or visit www.nps.gov/dewa “Events”
Additional events are listed on pages 16 and 17.
Swim Safe!

Always wear a lifejacket when swimming. Wear water shoes or old sneakers, especially at Turtle Beach.

Swimming outside of lifeguarded beaches is discouraged. It is unsafe due to strong currents, sharp drop-offs, and changing river conditions.

Never try to swim across the river.

Swimming and wading are NOT allowed within 50 feet of a boat or canoe launch, or at the top of any waterfall in the park.

Never swim alone.

Many drownings involve the use of alcohol. Never drink alcohol and then swim.

Smithfield Beach
River Road, three miles north of Shawnee-on-Delaware, PA
GPS 41.02975 -75.05512

HOURS
Grounds open dawn to dusk. Lifeguards on duty 10:00 a.m. to 6:00 p.m. daily from Saturday, June 16, through Monday, September 2, 2013 (Labor Day). Fee area (see page 2).

FACILITIES
- Riverside beach with grassy area for blankets
- Lifeguards in summer
- Bathhouse, picnic area, and drinking water
- Boat and canoe launches
- Access to McDade Trail (see page 14)
- Bus service (see page 17)

DIRECTIONS
From I-80: Take PA Exit 310 and follow signs to Rt. 611 south. At the light at the end of the ramp continue straight on River Road for 5.5 miles to the beach on the right.

Milford Beach
Metz Road off US 209, Milford, PA
GPS 41.311050 -74.796250

HOURS
Grounds open dawn to dusk. Lifeguards on duty 10:00 a.m. to 6:00 p.m. daily from Saturday, June 16, through Monday, September 2, 2013 (Labor Day). Fee area (see page 2).

FACILITIES
- Riverside beach with grassy area for blankets
- Lifeguards in summer
- Bathhouse, picnic area, and drinking water
- Boat and canoe launches
- Access to McDade Trail (see page 14)

DIRECTIONS
From I-84: Take US 209 south through Milford. Just after the bridge leaving Milford, turn left onto Metz Road, then right (south) at the "T" intersection. Continue 0.25 mile to the beach.

Turtle Beach
Mile 6.9, Old Mine Road, NJ
GPS 41.03178 -75.03693

HOURS
Grounds open dawn to dusk. Lifeguards on duty 10:00 a.m. to 6:00 p.m. daily from Saturday, June 16, through Monday, September 2, 2013 (Labor Day). Fee area (see page 2).

FACILITIES
- Riverside beach with grassy area for blankets
- Lifeguards in summer
- Bathhouse, picnic area, and drinking water

DIRECTIONS
Westbound on I-80: Take NJ Exit 1 and bear right to the traffic light. Continue 6.9 miles north on Old Mine Road to the beach on the left. Eastbound on I-80: Cross the Delaware River bridge (no toll eastbound) and take the first exit ramp on the right (no exit number). Turn sharp right at the end of the ramp and bear left to the traffic light. Continue 6.9 miles on Old Mine Road to the beach on the left.
The Delaware River within this park is mostly flat and calm, perfect for family outings and for the canoeist and kayaker of any skill level.

Local liveries rent canoes, kayaks, tubes, and rafts, and provide transportation to and from launches. A list of liveries licensed to operate in the park is available at visitor centers, at www.nps.gov/dewa, or by calling park headquarters at 570 426-2452. Also ask for the park’s “River Map and Guide.” This material has important regulations and safety advice for day paddlers and those overnighting on the river (see page 15).

**Fish**

Tackle may have changed since 1910, but a fisherman still hopes to catch the big one. Fishing is permitted in the river and in streams in most of the park, with appropriate state licenses and in accordance with state regulations and other park-specific regulations. For more information, ask for the park’s Fishing & Boating bulletin, or visit www.nps.gov/dewa. Fish-for-free Day in Pennsylvania (no license required) is July 4.

**Paddle**

Always wear a lifejacket when on the river.

**If you fall in the water:**
- Stay with your boat. Even a swamped boat can support you. Keep upstream of your boat to avoid being pinned against a rock or obstacle.
- If you lose your boat, float on your back with your feet pointed downstream.
- Hang on to your paddle; use it as a rudder or to push away from rocks.
- Don’t stand in rapids. Your feet and legs can get trapped; the current can pull you under.
- Save people first. Retrieve equipment only if it can be done safely.
Hiking the Ridges

More than 100 miles of trails and roadways run through the park, including more than 25 miles of the Appalachian Trail along the “Endless Mountain”—Kittatinny Ridge. In Pennsylvania, blazed trail systems at PEEC and Cliff Park offer good family hiking and a variety of waterfalls, vistas, and forest habitats. Stop by a visitor center (see pages 4 and 5) for information and trail maps, or look for them on line at www.nps.gov/dewa.

<table>
<thead>
<tr>
<th>Trail</th>
<th>Trailhead/Parking</th>
<th>Round Trip (miles/km)</th>
<th>Climb (ft/m)</th>
<th>Difficulty/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pocono Ridge and Raymondskill Cliff, Pennsylvania</td>
<td>PEEC parking (Location below)</td>
<td>0.25 to 5 miles/0.4 to 8 km</td>
<td>Up to 300 ft/90 m</td>
<td>Easy to Difficult. Variety of trails. Stop at the visitor center at PEEC for details and a map.</td>
</tr>
<tr>
<td>Cliff Park: Hackers Falls</td>
<td>See Raymondskill directions on page 11. Enter first parking lot.</td>
<td>2.2 miles/3.5 km</td>
<td>100 ft/30 m</td>
<td>Easy to Moderate. Interconnected trails totaling 8.1 miles lead to a waterfall and to vistas of the river valley.</td>
</tr>
<tr>
<td>Cliff Park: Cliff Trail Overlooks</td>
<td>See Raymondskill directions on page 11. Enter first parking lot.</td>
<td>3.6 miles/5.8 km</td>
<td>300 ft/90 m</td>
<td>Easy to Moderate. Hike to all three Cliff Trail overlooks, or combine Hackers Falls and one Cliff Trail overlook for a loop of 3.3 miles/5.3 km</td>
</tr>
</tbody>
</table>

Kittatinny Ridge & the Appalachian Trail (AT), New Jersey

| Raccoon Ridge/AT (Mt. Mohican) via Kaiser (Blue blaze) or Coppermine (Red blaze) trails | Kaiser: Old Mine Road mile 6.7 GPS 41.03033 -75.03920; Coppermine: Old Mine Road mile 7.7 GPS 41.03812 -75.02765 | 6 miles/9.7 km | 1,100 ft/335 m | Difficult. Loop to Mt. Mohican for a 360-degree panorama from the AT from 1,500 ft, or use the connectors on Kaiser and Coppermine Trails for a 6-mile loop up part way up and then back past the falls on Coppermine Creek. |
| Rattlesnake Swamp Loop via AT/Catfish Fire Tower Rd./Swamp Trail (Orange blaze) | Fire Road Gate on south side of Rt. 602, 1 mile SE of Millbrook (see page 5) GPS 41.05792 -74.96438 | 4 miles/6.4 km | 200 ft/60 m | Moderate. Views east over rural New Jersey along the AT, steep descent to Mohican Outdoor Center, an AMC (Appalachian Mt. Club) facility on Catfish Pond, and return via a swampside trail. |

Overnight Lodging

Pocono Environmental Education Center (PEEC)
538 Emery Road, Dingmans Ferry, PA 18328
GPS 41.17083 -74.91330
570 828-2319
Visitor Center open 9:00 - 5:00 daily.
www.peec.org
PEEC provides day and residential weekend programs for groups and families in Pennsylvania. Cabins and yurts are available. Hiking trails surround the center. Some programs have fees; visit PEEC’s website for details.

Mohican Outdoor Center Appalachian Mountain Club (AMC)
50 Camp Road, Blairstown, NJ 07825
www.outdoors.org
GPS 41.03495 -75.00127
908 362-5670; Reservations: 603 466-2727
Mohican offers tent sites and cabin rentals with easy access to the Appalachian Trail (AT). Visit their website or call for more information.

NJ State Parks along the AT

Worthington State Forest
See page 15.

Stokes State Forest
1 Coursen Road, Branchville, NJ 07826
973 383-5230
Shelter on the AT at Brink Road.
## Hiking the Gap

Take on Mt. Minsi or Mt. Tammany, twin gateposts of the Water Gap, 1000 feet above the river. Or trek to Sunfish Pond, whose pristine beauty sparked a nation-wide campaign to save it from becoming a reservoir. Even a half-mile stroll to Lake Lenape and back gives an idea of what attracted the intrepid hikers of 1910.

<table>
<thead>
<tr>
<th>Trail</th>
<th>Trailhead/Parking</th>
<th>Round Trip (miles/km)</th>
<th>Climb (ft/m)</th>
<th>Difficulty/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mt. Tammany, New Jersey</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Mt. Tammany Loop</strong></td>
<td>Dunnfield Trailhead,</td>
<td>4 miles/6.4 km loop</td>
<td>1,250 ft/380 m</td>
<td><strong>Difficult.</strong> Steep with some scramble over a boulder field. View into Gap from top. This is the park's most challenging hike.</td>
</tr>
<tr>
<td>(Red Dots/Blue blaze)</td>
<td>Worthington State Forest (See below)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunfish Pond/AT</td>
<td>Dunnfield Trailhead,</td>
<td>7.4 miles/12 km Loop</td>
<td>700 ft/215 m</td>
<td><strong>Difficult.</strong> Very popular summer hike to a glacial lake atop Worthington State Forest. Loop clockwise around the pond via the rocky AT northeast, the short hilly Turquoise Trail south, and the flat, grassy Sunfish Fire Road west.</td>
</tr>
<tr>
<td>(Appalachian Trail)</td>
<td>Worthington State Forest (See below)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(White blaze)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mt. Minsi, Pennsylvania</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Mt. Minsi Loop via</strong></td>
<td>Mt. Minsi/Lake Lenape</td>
<td>4 miles/6.4 km loop</td>
<td>1,200 ft/365 m</td>
<td><strong>Moderate to Difficult.</strong> Fine view of Gap from a short spur left from the AT; vista of Tammany from Minsi's top. Quieter, easier than Tammany's trails.</td>
</tr>
<tr>
<td>AT/Minsi Fire Road</td>
<td>on Mountain Road GPS 40.97975 -75.14219</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Snakes and Sense

The park is home to two species of venomous snakes. Timber rattlesnakes are found in high rocky ridges along the Appalachian Trail and in low areas along the river. Copperheads make their dens near streams, ponds, and bogs. Venomous snake bites are painful but need not be fatal.

- Be alert when in snake habitat.
- Stay on trails. Keep your dog leashed.
- When scrambling, don’t poke your hands and feet into places you can’t see.
- If bitten, stay calm. Send for help.

### Hike Safe!

Be prepared for your hike.

- Wear sturdy shoes or hiking boots.
- Don’t forget water and snacks.
- Wear a hat, sunglasses, sunscreen, and insect repellent as needed.
- Plan to be out of ravines before sunset.
- Field guides, maps, and binoculars can enrich your hike.

### Tick Talk

A high percentage of ticks in the park carry Lyme Disease and other serious illnesses that can go undiagnosed if the affected person is not alert to their causes and symptoms.

- Wear light-colored clothing while hiking in order to spot ticks more easily.
- Wear trousers, not shorts, and tuck trouser legs into socks.
- Use insect repellent.
- Check for ticks after you hike or bike.
- Remove ticks that you find attached to you. Save the tick; seek medical advice.

---

**DIRECTIONS** to Dunnfield Trailhead, Worthington State Forest GPS 40.97182 -75.12338

**Westbound:** Take I-80 Dunnfield Exit at NJ mile 1.5 and continue to the sign for Dunnfield parking on right.

**Eastbound:** Take first I-80 exit ramp in NJ after toll on Delaware River. Bear left; follow signs for I-80 West under I-80 to the sign for Dunnfield parking on right.

---

**Delaware Water Gap National Recreation Area**
Looking at Childs Park

PARK ROAD just south of Silver Lake Road,
Dingmans Ferry, PA
GPS 41.23733 -74.91916

HOURS
Dawn to dusk

DESCRIPTION
This is a trash-free area. Please carry out what
you carry in.

An accessible trail leads to Factory Falls overlook,
and stairs lead to two other falls in a shady hemlock
ravine. Grounds and trails of this former state park
have been newly rehabilitated in keeping with their
historical appearance.

FACILITIES
• Three waterfalls
• Accessible parking, restrooms and picnic area
• Trail from parking area to picnic area and to
  Factory Falls overlook is accessible.
• South end of the trail has steep staircases.

DIRECTIONS
From US 209 at Rt. 739, turn west (left if northbound) onto
739 for 1.2 miles. Turn left onto Silver Lake Road for 1.7
miles. Turn left onto Park Road to the parking area on left.
Do not park along Silver Lake Road; parking
regulations will be strictly enforced.

Stay Safe!
Slips and tumbles around waterfalls have been the cause of severe injuries and
subsequent drowning.
• Stay on the trail.
• Do not climb on the rocks around waterfalls and streams.
• Do not swim near the top of any waterfall. Even at low water, fast currents are strong
  enough to pull you over the edge of the falls.

Swimming is not permitted at Childs Park or
Dingmans Falls, PA or at Van Campens Glen, NJ.
Waterfalls

Raymondskill

Raymondskill Road, US. 209 mile 18, Milford, PA
GPS 41.29012 -74.84027

HOURS
Dawn to dusk

DESCRIPTION
A 0.5-mile round-trip hike leads through a hemlock forest to the Upper Falls. From there, the Middle Falls are 0.25 round-trip using steep rock stairs. Check the map on the restroom building.

DIRECTIONS
Follow US 209 to milepost 18 and turn west at the sign for Raymondskill Road (a left if northbound). Continue on Raymondskill Road for 0.5 miles. Enter the second parking area on the left. (The first parking lot is for Cliff Park Trails and Hackers Falls.)

FACILITIES
- Multi-tiered waterfall
- Rustic trails; steep and slippery in places.
- Accessible restroom in upper parking lot; no picnic area or drinking water

Buttermilk

Mountain Road, Walpack, NJ
GPS 41.13610 -74.88789

HOURS
Dawn to dusk

DESCRIPTION
This is a trash-free area. Please carry out what you carry in.

The falls are just across the road from the parking area. Buttermilk Falls Trail starts with a staircase alongside the falls and is a gateway to challenging, rewarding hiking along the Appalachian Trail.

FACILITIES
- 75-foot roadside waterfall
- Staircase to top of falls
- Spur trail to the Appalachian Trail
- No restrooms or drinking water

CAUTION
Do not follow signs for alternate routes to the falls at mile 3.2 and mile 8 on NPS 615 unless you have a high-clearance vehicle.

DIRECTIONS
From NPS 615 turn east (right if northbound) at mile 6.5 down paved Main Street in the village of Walpack Center for 1.6 miles, crossing a one-lane bridge over Flat Brook. At the next intersection, turn right (south) onto Mountain Road. This dirt road has potholes and loose surface, but is passable for sedans at a cautious speed. Continue 2.0 miles to parking area on right.

MORE WATERFALLS!
Dingmans and Silverthread Falls
(See page 5)
Hackers Falls
(See page 8)

Delaware Water Gap National Recreation Area 11
Touring Old Mine Road

It was a new type of adventure — piling into the “horseless carriage” and heading out into the countryside.

By 1910, western New Jersey was a landscape of farms and villages strung along bumpy north-south roads tucked between the ridges. A handful of hotels, like the Karamac (a favorite with the young set) and several farmhouses-turned-guesthouses welcomed the new “automobilists” who ferried with their cars over from Delaware Water Gap and the Pennsylvania side.

Today, a “windshield tour” of the New Jersey side of the park still retains much of the pleasure and flavor of 100 years ago. Though forest has grown back over many of the farm fields, the remaining villages still retain their 19th century character and scale, and the grandeur of river, ridge, and waterfall is the same as it was in 1910.

A 260-year-old roadway named for the mines at Pahaquarry, Old Mine Road forms most of the park’s main route through New Jersey. At Fort Carmer and Van Campen Inn, at the Van Campen Farms, and at Hamilton Ridge Trail near Millbrook, you can still walk on the original road bed once traipsed by Dutch farmers, colonial Americans, and soldiers of the French & Indian and Revolutionary Wars.

Landmarks of the resort era also remain: Mountain Side House (Coppermine Inn) at Turtle Beach, Delaware View House at Wallpack Bend, and Hotel Ferncliff in the center of Bevans, now called Peters Valley.

As the 20th century wore on, more and more people came to own cars, and they took their vacations on the road, travelling farther from home and stopping off for shorter stays. Car trunks replaced steamer trunks, and the proximity of the Water Gap to big cities and rail lines was no longer all-important. The golden era of long summers at the Water Gap drew to a close and Old Mine Road was left to its residents and to the tourists of another day.
Historic Villages

Montague (M.A.R.C.H.)
Montague Association for the Restoration of Community History (M.A.R.C.H.)
P.O. Box 1101, Montague, NJ 07827
Foster-Armstrong House, 320 River Rd./Rt. 521
GPS 41.309066 -74.788576
Nelden-Roberts Stonehouse, 501 Rt. 206
973 293-3106
www.facebook.com/MontagueNJHistory
M.A.R.C.H. operates these two historic houses, both in Montague, NJ. Docents offer tours from 1:00 to 4:00 p.m. on Sundays from June 30 to August 25. Foster-Armstrong House also hosts displays and demonstrations on these Sundays, and holiday house tours in late November and early December.

Bevans (Peters Valley School of Craft)
See page 4.

Walpack Center & Van Campen Inn
Walpack Historical Society
Van Campen Inn GPS 41.164567 -74.892217
P.O. Box 212, Layton, NJ 08751
973 948-4903
On selected Sundays and Van Campen Day in October (see page 16), society members give tours of Van Campen Inn, one of the park’s oldest structures. The Inn is on the original unpaved roadbed of historic Old Mine Road. The society also maintains a small museum in the village of Walpack Center, NJ at mile 6.5 on Rt. NPS 615. The Inn and the village are both trailheads for one-mile Military Trail, dating from the French & Indian War. For a guide to hiking Military Trail, visit www.nps.gov/dewa. Call to confirm days and hours of opening.

Millbrook Village
See page 5.

Biking the Road

Cyclists of 1910 sometimes rolled down the 50-mile path from Port Jervis, NY, north of the park all the way to Delaware Water Gap at the south end of the park. Today road bikers can enjoy a loop of up to 50 miles of paved biking with little traffic and exceptional rural scenery by following historic Old Mine Road and Rt. NPS 615 through New Jersey.

Biking north to south (“downstream”) is considered easier. You can use NPS 615 and Old Mine Road as a loop, but there is a steep climb over Walpack Ridge in either direction on Pompey Ridge Road. Southbound there are steep hills from Rt. 560 to Peters Valley, on Rt. NPS 615 just south of Pompey Ridge Road, and south from Flat Brook past Wallpack Bend to Hamilton Ridge Trail.

Visiting Van Campen Inn or Buttermilk Falls would each require biking on dirt roads for up to 2.5 miles each way. Gated roads are not open to bicycles; only roads open to cars are open to bikes. For a long and safe mountain bike trip, explore McDade Trail on the Pennsylvania side of the park (see page 14).

Bike Safe!

Biking between Interstate 80 at NJ Exit 1 and Douglas Trail parking at the north end of Worthington State Forest (about 5 miles) is not recommended due to increased summer traffic and a one-lane section of road near the state forest campground. Douglas Trail parking at mile 4 in Worthington State Forest and Coppermine Trailhead at mile 7.7 on Old Mine Road are each a good southern terminus.

• Always wear a proper-fitting helmet.
• Bring (and drink) water.
• Carry a spare tire and tube.
• Watch for potholes and for soft, narrow shoulders.
• Secure your bike and equipment when stopping.

Bridges

• Dismount and WALK across the I-80 bridge on the pedestrian walkway on the downstream side.
• Dismount and WALK across the US 206 bridge on the pedestrian walkway on the upstream side.
• RIDE carefully across Dingmans Bridge along with traffic (10 m.p.h. speed limit). Biking is not recommended on Rt. 739, US 209, or River Road in Pennsylvania.

For historic views along Old Mine Road, see the back cover. Find out more about Old Mine Road on the park’s website at www.nps.gov/dewa.
McDade Recreational Trail runs through the valley for 32 miles with trailheads every half-mile to 5 miles — a year-round invitation to explore the river valley. Biking speed limit is 15 m.p.h. and bikers must yield to hikers. Motorized vehicles are not allowed on McDade Trail. Pets are welcome on a 6-foot leash, but are not permitted to stay at beaches in summer; see below for special restrictions in summer near Smithfield Beach.

<table>
<thead>
<tr>
<th>SUGGESTED TRIPS</th>
<th>Trailhead/Parking</th>
<th>Round trip (miles/km)</th>
<th>Difficulty/Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mostly flat family bike ride</td>
<td>Hialeah Picnic Area north to Turn Farm Spur (0.3 miles/0.5 km spur) Fee to park or stay at Smithfield (see page 2).</td>
<td>Up to 10.4 miles/16.7 km (plus spur)</td>
<td>Smithfield northbound has flat, sunny fields; Smithfield southbound has shade but steep hills at Hialeah. Restrooms at Smithfield; toilet at Turn Farm. No pets within 0.25 miles of Smithfield Beach in summer.</td>
</tr>
<tr>
<td>History hiking: Old roads, barns, and houses *</td>
<td>Turn Farm Spur north to Bushkill Village (No trail bridge over Bushkill Creek)</td>
<td>Up to 6.4 miles/10.3 km</td>
<td>Shady section filled with history best explored on foot. Steep switchbacks up to the boardwalk over the swamp (walk bikes), then rolling trail. Side trip: Springhouse along Freeman Tract Road 0.1 mile NE of Owens Trailhead. Restrooms, water at Headquarters (see page 3); toilets at Turn Farm (0.3 mile/5 km spur) and Bushkill Village.</td>
</tr>
<tr>
<td>Short flat bike ride</td>
<td>Bushkill Village north to Egypt Mills</td>
<td>Up to 8 miles/12.9 km</td>
<td>Flat run in Bushkill, including farmed flats, wetlands, shale cliffs, river access, and Toms Creek. Toilets at Bushkill Village and Egypt Mills.</td>
</tr>
<tr>
<td>Flat strolls or short rides</td>
<td>Egypt Mills (on US 209); Eshback Access; Jerry Lees Access</td>
<td>Up to 7.2 miles/11.6 km</td>
<td>Shady walk along Toms Creek; river view and half-mile shady walk south at Eshback; wildflowers and a spruce plantation south of Jerry Lees. Toilets at Egypt Mills, Eshback, and a mile north of Jerry Lees.</td>
</tr>
<tr>
<td>Long bike ride with streams, forest, small hills</td>
<td>Bushkill Village north to Schneider Farm Spur (0.4-mile/0.7 km spur)</td>
<td>Up to 25 miles/40.2 km (plus spur)</td>
<td>Combines above sections. Flat and sunny; some dips at stream crossings and some hills around mile 17. Fine view south over fields and wetlands from spur road to Schneider Farm Trailhead.</td>
</tr>
<tr>
<td>Dingmans Creek Area</td>
<td>Schneider Farm Spur north to White Pines (no bus at White Pines)</td>
<td>Up to 9 miles/14.5 km</td>
<td>A closer look at Dingmans Creek as it threads under Rt. 739 and flows into the Delaware River. Steep, shady switchbacks. Bus stop, restroom, store (food, drinks) but no trailhead parking at Dingmans Campground. CLOSED FOR REPAIR. Once trail is re-opened, no biking or skiing will be allowed at any time; from Conashaugh to Pittman, hiking will be allowed only from August 16 to November 30.</td>
</tr>
<tr>
<td>CLOSED FOR REPAIR Autumn riverbank hike</td>
<td>White Pines north through Conashaugh (on US 209) to Pittman Orchard</td>
<td>CLOSED</td>
<td></td>
</tr>
<tr>
<td>Views of Raymondskill Cliff</td>
<td>Pittman Orchard north to Milford Beach (no trailheads in between) Fee to park or stay at Milford (see page 2).</td>
<td>4.6 miles/7.4 km</td>
<td>Fine views of the cliffs 500 ft above the valley floor; wildflowers and butterflies in unused fields; passage under Milford-Montague bridge. Side trip: north bank of the Raymondskill (no trail bridge) is 0.5 miles south of Pittman. Restrooms at Milford Beach.</td>
</tr>
</tbody>
</table>

* History notes for McDade Trail are available at www.nps.gov/dewa.

No need to double back to your car! For trailheads from Hialeah to Dingmans Campground, you can ride the “Pony” one-way (page 17).
Revival camps, boy scout camps, church summer camps — visitors have spent thousands of overnights here close to nature. Today there are campgrounds and riverside group campsites in the park.

For overnight canoe and kayak trips, primitive river campsites are available first come first served; paddlers must travel a minimum distance to qualify for these campsites. Consult the park’s River Map and Guide for suggested itineraries.

Camping along the Appalachian Trail (AT) is permitted only for backpackers on extended trips. A list of regulations and map of the AT within the park are available at visitor centers, or visit www.nps.gov/dewa.

Dingmans Campground
1006 US 209, Dingmans Ferry, PA 18328
877 828-1551, 570 828-1551
www.dingmanscampground.com
GPS 41.21145 -74.87387
Tent and RV sites with hook-ups, rental canoes. No alcohol allowed. Pets are allowed. Weekend ranger campfire programs (see page 4). Accessible by free bus (see page 17). Open spring to fall. Call for winter hours.

Appalachian Trail Backpacker Sites
Backpacker campsites (but no shelters) are available in designated areas within the park without reservation for those on a hike of two nights or more. Ask for the park’s “Hiking & Backpacking the AT” bulletin or visit www.nps.gov/dewa for more information.

Worthington State Forest
HC 62 Box 2, Old Mine Road, Columbia, NJ 07823
908 841-9575
www.state.nj.us/dep/parksandforests
Reservations: www.reserveamerica.com
GPS 40.97667 -75.13444
Tent, RV sites (no hookups); no alcohol; no pets. Season: April 1 through December 31

Mohican Outdoor Center (AMC)
See page 8.

Group Campsites
Rivers Bend near Millbrook Village, NJ
GPS 41.09685 -74.96533
Valley View on McDade Trail, PA
GPS 41.11917 -74.96735
Park-operated group campsites available by advance permit for a modest fee. Visit www.nps.gov/dewa or call 570 296-8757 for details.
# Events and Activities

<table>
<thead>
<tr>
<th>Event</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ongoing Display: “Having a Swell Time: Vacationing at the Water Gap a Century Ago”</strong></td>
<td>Vintage postcards shown in this newsletter are from the display (see page 2).</td>
</tr>
<tr>
<td><strong>Delaware River Sojourn</strong></td>
<td>A week all about the river with programs, canoeing and camping. Registration required. Modest fees. Details at <a href="http://www.delawareriversojourn.org">www.delawareriversojourn.org</a></td>
</tr>
<tr>
<td><strong>Old-Fashioned Independence Day</strong></td>
<td>A birthday party for the young nation. Kids’ activities, watermelon-eating contest, and a mid-day parade of “villagers” and visitors.</td>
</tr>
<tr>
<td><strong>Millbrook Days</strong></td>
<td>A celebration of rural life around the year 1900 with dozens of “villagers.” Free programs and activities. Held rain or shine</td>
</tr>
<tr>
<td><strong>Van Campen Day</strong></td>
<td>Period crafts, tours of Van Campen Inn and mile-long Military Trail.</td>
</tr>
<tr>
<td><strong>Activities</strong></td>
<td>Period autumn activities for children, including games and making apple-head and corn husk dolls.</td>
</tr>
<tr>
<td><strong>Holiday Weekends at M.A.R.C.H</strong></td>
<td>Historic home decorated for the holidays. For exact dates call 973 293-3106 or visit <a href="http://www.facebook.com/MontagueNJHistory">www.facebook.com/MontagueNJHistory</a></td>
</tr>
<tr>
<td><strong>Victorian Holidays</strong></td>
<td>Saturday: Houses decorated for the holidays; period toys and children’s activities. Sunday: Carols in the church. All are welcome.</td>
</tr>
<tr>
<td><strong>Rosencrans Museum Holiday Hours</strong></td>
<td>See the village of Walpack Center in the holiday spirit. Take a day to visit all three villages: Millbrook, Walpack Center, and Montague!</td>
</tr>
</tbody>
</table>

All events listed, except the Sojourn, are free. Details and directions at www.nps.gov/dewa. Additional free or modest-cost events are held at: PEEC (see page 4) www.peec.org Grey Towers (U.S. Forest Service), Milford, PA: www.greytowers.org Mohican Outdoor Center (AMC): (see page 8) www.outdoors.org
Lecture Series

On Saturday, September 14 at 7:00 p.m., PEEC educator Allison Owczarczak will present “Photographing the Park,” a session on capturing the natural and historic beauty of the recreation area. Further lectures for this year will be listed on the park’s website at www.nps.gov/dewa.

The Park Lecture Series is sponsored annually by the Friends of Delaware Water Gap National Recreation Area. Lectures are held at Bushkill Meeting Center, located on US 209 just south of the Blinker light at Bushkill Falls Road in Bushkill, PA. All presentations are free and last 60 to 90 minutes.

Free Bus through the Park

Trade the donkeys for a modern Pony! Monroe County Transit Authority (MCTA) will provide free bus service this summer on its “Pocono Pony” buses. The Pony will run seven times a day from 9:00 a.m. to 5:00 p.m. on Saturdays, Sundays, and holidays, serving Smithfield Beach and trailheads for McDade Trail (see page 14) as far north as Dingmans Ferry (Access). Your bike, kayak, or small canoe rides along with you for free, too.

The route through the park connects with regional MCTA service throughout the Poconos and with Delaware Water Gap (DWG) Park & Ride and Martz/Trailways DWG Terminal on Rt. 611 in Smithfield Township, servicing Port Authority Bus Terminal in New York City.

The bus will not detour to PEEC or Dingmans Falls. For a schedule and route map visit MCTA’s website at www.gomcta.com/documents/2013NPS.pdf.
Your Support

The park’s work is accomplished with the help of many individuals and organizations. These are just two of their contributions!

Tree Trunk to Trail Tread

As visitors return to George W. Childs Park this year they will be hiking on the handiwork of a particularly dedicated volunteer group. Two years ago, the Friday Work Group of the Millbrook Village Society embraced the daunting task of milling and recycling the trees cut in recent park projects into more than 25,000 board feet of lumber.

The rough-hewn planks produced by their portable saw mill were particularly appropriate for the restoration of Childs Park to its original appearance of 1892. Oaks salvaged from realigning Route 2001 on the park’s border and black locusts from the historic allée at Grey Towers National Historic Site yielded thousands of feet of guardrail, staircase tread, and overlook platform for Childs Park. Both the time and materials contributed by the volunteer millers enabled the park to replace much more of the trail at Childs Park than project funds alone would have allowed.

The Art of a Home

The renowned metal crafter Marie Zimmermann made her home at her family’s farm near Milford from 1944 until the early 1970s. The Friends of Marie Zimmermann endeavor to honor her life and work by restoring her home to the beauty it had under her discriminating artistic eye.

The interior is now open, but the work goes on! The Friends seek keepers for the grounds, greenthumbs for the historic garden, and guides for tours.

Volunteers do many more jobs and help us with many more skills than those highlighted here. Want to help? Call 570 426-2417 to see where you could fit in.

Helping Hands

Friends of Marie Zimmermann
P.O. Box 142, Milford, PA 18337
570 296-6752
www.friendsofmariezimmernann.org
The Friends of Marie Zimmermann partner with the park to restore the home and farm of Marie Zimmermann (1879-1972), metal arts crafter, as a public venue for culture, history, and art.

Millbrook Village Society
www.millbrooknj.com
The Society supports the park at Millbrook Village through volunteer program staffing and maintenance projects. Volunteers demonstrate traditional crafts on weekends in summer and at special events like Millbrook Days each October (see page 16). Visit their website for information on programs and opportunities.

Eastern National
1978 River Road, Bushkill, PA 18324
570 828-7055
www.easternnational.org
Eastern National provides quality educational products and services to America’s national parks and public trusts. At this park, Eastern National has published several books specific to this park, and operates the bookstore at Dingmans Falls Visitor Center. Items are also available by mail order at their website.

Photo Credits
Circle images: page 3 kayaker courtesy of Sheri Bone PEEC; page 4 rhododendron and page 5 blacksmith by Dan Mohr; page 7 kayaker courtesy of the Pocono Record; page 8 landscape by Jim Davis; page 10 auto leaving Childs Park 1922 courtesy Pennsylvania State Archives; back cover Coppermine Inn (bottom image) from park archives. All other vintage views courtesy of Kathleen Sandt.
Emergencies in the Park
Call 800 543-4295 for assistance anytime.

Pets
All animals must be on a 6-foot leash. Service animals are welcome throughout the park. Pets are allowed on trails in New Jersey, but not at the picnic areas at Watergate Recreation Site or Kittatinny Point. Pets are not permitted on most waterfall trails in Pennsylvania, at any beaches, or on McDade Trail near Smithfield Beach in summer. Ask at a visitor center for details of where you can take your pet, or visit www.nps.gov/dewa. Please clean up after your pet.

Picnicking
Popular picnic spots are Hialeah and Toms Creek in Pennsylvania, and Watergate Recreation Site and Kittatinny Point in New Jersey. Parking at Watergate requires a fee (see page 2).

Natural and Cultural Resources
Flowers, fossils, rocks, and other natural resources all play a role in the ecosystems of the park. Federal law prohibits their removal from the park. This includes all fungi (mushrooms). Berries and nuts may be gathered by hand for personal use in limited quantities; check at a visitor center for details.

Cultural and archeological resources of the park are protected by federal law. The collecting of American Indian or historic artifacts and the use of metal detectors are prohibited.

Alcohol
Alcohol is prohibited in most parts of the park, including beaches, campgrounds/group campsites, and most sites in Pennsylvania. Visit www.nps.gov/dewa for details. Never drink and then swim.

Hunting & Firearms
Hunting is permitted in most parts of the recreation area, with appropriate state licenses and according to state and additional park-specific regulations. Ask for the park’s Hunting bulletin, or visit www.nps.gov/dewa.

The possession of firearms on federally-owned land within Delaware Water Gap National Recreation Area is permissible consistent with state and federal laws. However, firearms are not permitted in park buildings.

Overnight Parking
Overnight parking is permitted only at certain trailhead and river access points and only for those on overnight hikes or overnight canoe trips. For your safety, please call 570 426-2452 with the registration of your car and the intended time of your return.

Boat Safe!
Always wear a U.S. Coast Guard-approved lifejacket while boating.
• Children less than 12 years old must wear an approved lifejacket in a vessel that is less than 20 feet long.
• In Pennsylvania water, everyone must wear a lifejacket from November 1 to April 30 if in a vessel less than 16 feet in length.

No-wake zones are enforced within 500 feet of designated swimming areas at Smithfield Beach, PA, and Turtle Beach, NJ. A limit of 10 miles per hour is enforced elsewhere on the river within the park from April 1 to September 30 yearly.

Ask for the park’s Fishing & Boating bulletin at visitor centers, or visit www.nps.gov/dewa.

Bear Facts
The recreation area is home to hundreds of black bears. These animals are generally peaceful, but bears have seriously injured people who have tried to feed them.
• Don’t leave food at camp or picnic sites; store it in the trunk of your car.
• Clean up all food scraps; don’t leave garbage outside over-filled cans.
• Never approach a bear, even a cub.
• Leash your dog; dogs agitate bears.
• If a bear approaches, don’t run. Make noise, wave your arms, and look large.
• Never feed a bear.

Solution to Word Search on Page 3

Delaware Water Gap National Recreation Area 19