Welcome

CANYONLANDS NATIONAL PARK PRESERVES 337,598 acres of colorful canyons, mesas, buttes, fins, arches, and spires in the heart of southeast Utah’s high desert. Water and gravity have been the prime architects of this land, sculpting layers of rock into the rugged landscape seen today.

Canyonlands preserves that natural beauty and human history throughout its four districts, which are divided by the Green and Colorado rivers. Island in the Sky is closest to Moab and is the most visited district. The Needles is a farther drive, and is great for a day trip or backcountry hiking and backpacking. The Maze is the most remote and rugged district, requiring a four-wheel-drive, high-clearance vehicle, and more time. The Rivers separate the other three districts and offer world-class boating opportunities.

While the districts share a primitive desert atmosphere, each retains its own character and offers different opportunities for exploration and adventure. Though they appear close on a map, there are no roads in the park that directly link the districts. Traveling between them requires two to six hours by car as there are few places to cross the rivers. Check inside this visitor guide for the best way to plan your visit to Canyonlands.

Welcome to Canyonlands.

Have a safe and enjoyable visit by remembering these rules and advisories.

Drink water. Canyonlands National Park is in the high desert, and it is easy to become dehydrated, even in cold temperatures. Plan on drinking at least 1 gallon (4 L) of water per day. You can get water year-round at The Needles Visitor Center, and seasonally at Island in the Sky Visitor Center and The Needles Campground.

Do not rely on cell service at Canyonlands. Much of the park is outside cell phone range. You may find service where the La Sal Mountains are visible, but availability will vary by service provider.

Protect the park. Leave plants, rocks, and artifacts where you see them. Do not feed or disturb animals.

Find your way. Cairns (small rock piles) mark hiking routes. Please don’t knock down cairns or build your own. If you get lost, stay where you are and wait for rescue.

Keep off the arches. It’s prohibited—and dangerous—to climb on any arch in the park.

When thunder roars, go indoors. There is no safe place outside. Seek shelter in a safe building or vehicle.

Leave drones at home. Launching, landing, or operating unmanned aircraft (such as model airplanes, quadcopters, or drones) is prohibited.

Respect living things. Stay on trail to protect fragile biological soil crusts and plant and animal habitat.

Watch your step. Rocks fall. People fall. Sandstone is slippery when wet or icy. In winter, avoid snow or icy trails.

Leave the rocks as you see them. Graffiti—carving, scratching, chalking, or any type of marking—is illegal and unsightly.

The sun is intense, and shade is minimal in the high desert. Wear sunscreen and a hat to protect your skin.
General Information

INFORMATION CENTERS
Canyonlands National Park operates visitor centers spring through fall at Island in the Sky and The Needles, and year-round at Hans Flat (The Maze). Outside the park, Blanding, Moab, and Monticello have information centers with knowledgeable staff, brochures, and maps.

WATER
Canyonlands is in the high desert, and it is easy to become dehydrated, even in cold temperatures. Plan on drinking at least 1 gallon (4 L) of water per day. You can get water year-round at The Needles Visitor Center and seasonally at The Needles Campground and Island in the Sky Visitor Center. There is no water at Island in the Sky in winter.

FOOD, GAS, LODGING, AND OTHER SERVICES
There is no food, gas, lodging, or other amenities at Canyonlands. Come prepared with adequate food, fuel, and water. These may be found in nearby towns—see next page for mileage.

CAMPING
There are campgrounds at The Needles and Island in the Sky. The campgrounds have toilets, picnic tables, and fire rings. There are no hookups or dump stations in the park. Maximum length is 28 feet in most sites. Individual sites at Island in the Sky are first-come, first-served. You can make reservations for group campsites and some individual sites at The Needles online at www.recreation.gov, or you can call 877-444-6777 (toll free), 877-833-6777 (TDD), or +1 518-885-3639 (international). There are also many campgrounds outside the park. There are accessible campsites at both campgrounds.

BACKCOUNTRY PERMITS AND RESERVATIONS
You must have a permit for all overnight trips in the backcountry. If you’re taking a four-wheel-drive, motorcycle, or mountain bike day trip, you must have a day-use permit on Lavender Canyon, Peekaboo/ Horse Canyon, White Rim, and Elephant Hill roads. We accept reservations for overnight backcountry permits up to four months in advance, or day-use permits up to 24 hours in advance. You can get permits in person at park visitor centers, or you can reserve in advance at go.nps.gov/canybackcountry.

EMERGENCY
If you have an emergency:
• Contact a park employee.
• Go to a visitor center. If the building is closed, use the pay phones in front of the building to dial 911 (no coin needed).
• If service is available, dial 911 on your cell phone. However, there are many areas without cell coverage in Canyonlands.

We charge fees for park entrance, camping, and backcountry permits. Eighty percent of your fees collected at Canyonlands return to the park to address priority needs in management, and visitor services.

Entrance Fees

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Camping Fees (per night)

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<td>The Needles Campground Individual Sites</td>
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<td>Needles Group Sites</td>
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WEATHER AND CLIMATE
Canyonlands experiences wide temperature fluctuations, sometimes over 40 degrees in a single day. Summer temperatures often exceed 100°F (37°C). Late summer monsoons bring violent storm cells which often cause flash floods. Severe lightning occurs here. Winters (November through March) are cold, with highs averaging 30° to 50°F (0° to 10°C), and lows averaging 0° to 20°F (-17° to -6°C).

ACCESSIBILITY
At Island in the Sky and The Needles, people with mobility impairments can access visitor centers, toilets, and campgrounds. We hold campsites for people with disabilities at both campgrounds.

Grand View Point, Green River, and Back Canyon overlooks (Island in the Sky) and Wooden Shoe Arch Overlook (The Needles) are wheelchair accessible. Other points of interest may be accessible with some assistance.

People with visual impairments can ask at a visitor center for large-print, braille, and audio described editions of the park brochure.

TRAVELING WITH PETS
Activities with pets are very limited at Canyonlands. Pets must be on a leash at all times when outside a vehicle. The desert can be deadly for pets left in cars. You should not leave pets in the car when temperatures are above 68°F (20°C), even with the windows cracked.

You may have your pet with you:
• at developed campgrounds in the Sky and The Needles,
• along paved roads, and • in your vehicle on the Potash/Shaffer Canyon road between Moab and Island in the Sky.

You may not have your pet with you:
• on any hiking trails, • at overlooks, • anywhere in the backcountry, • on the rivers, or • on backcountry roads, even if it’s in your vehicle.

Service animals trained to perform specific tasks for a person with a disability are allowed on trails or in the backcountry. Emotional support (“therapy”) animals are not considered service animals by the Americans with Disabilities Act.

Protect Your Park
Stay on Trails
This land is every bit as fragile as it is beautiful. If you step off the trail, you can easily injure the soil’s living surface. When biological soil crust is damaged, it can take decades to recover.

Help us protect park soils during your visit. Please walk on trails, rock, or in sandy washes (where water flows when it rains), and keep all vehicles and bikes on designated roads.

Park Fees

Follow @CanyonlandsNPS
Join us to share your park experiences with us and our growing online community.

facebook.com/CanyonlandsNPS
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flickr.com/CanyonlandsNPS
youtube.com/CanyonlandsNPS

General Information

Ranger program at Grand View Point NPS PHOTO

INFORMATION CENTERS

RANGER PROGRAMS
Rangers offer evening programs and overlook talks April through October as staffing allows. Check for posted schedules at visitor centers and campgrounds.

WEATHER AND CLIMATE

ACCESSIBILITY

TRAVELING WITH PETS

Protect Your Park

Stay on Trails
Island in the Sky

THE ISLAND IN THE SKY MESA RESTS ON SHEER SANDSTONE CLIFFS OVER 1,000 FEET above the surrounding terrain. Each overlook offers a different perspective on the park’s spectacular landscape. If you have a short period of time, Island in the Sky is the easiest district to visit. There are many pullouts with spectacular views along the paved scenic drive. Hiking trails and four-wheel-drive roads access backcountry areas for day or overnight trips.

DIRECTIONS
On US 191, drive 10 miles (16 km) north of Moab or 22 miles (35 km) south of Interstate 70, then take UT 313 southwest for 22 miles (35 km). Driving time from Moab is roughly 40 minutes to the visitor center, or 60 minutes to Grand View Point.

BASICS
• The visitor center is open daily, spring through fall. The visitor center is closed in winter. You’ll find exhibits, book and map sales, backcountry permits, general information, and park rangers on duty.
• Drinking water is available outside the visitor center spring through fall.
• We show the 15-minute orientation movie Wilderness of Rock on request at the visitor center.
• There are toilets at the visitor center, campground, Grand View Point, Green River Overlook, Mesa Arch, Upheaval Dome, and White Rim Overlook. The visitor center toilets are wheelchair accessible.
• The campground has 12 sites, first-come, first-served. No water. No hookups. Nightly fee is $15 per site.

SCENIC DRIVE
You can tour the entire mesa top via the 34-mile roundtrip scenic drive. If you’re looking for a written guide, you can purchase The Road Guide to Canyonlands - Island in the Sky District at the visitor center. You can also purchase or rent a self-guiding driving tour CD. Grand View Point, Green River Overlook, and Buck Canyon Overlook are accessible to wheelchairs. There are picnic areas at White Rim Overlook, Upheaval Dome, and the visitor center.

Learn about the park
• We offer ranger programs at various times, spring through fall. Check at the visitor center or campground for locations, times, and topics.
• You can take a self-guiding trail with a trail guide at Mesa Arch and Upheaval Dome.

For kids
Kids can ask for a Junior Ranger book at any visitor center. Families can also check out an Explorer Pack filled with activities and tools to help you have fun in the park (free, one per family). For hiking, kids enjoy visiting Mesa Arch and climbing the back of the whale at Whale Rock. Use caution as there are unfenced overlooks and steep drop-offs on both of these trails.

What to do with your day
First, stop at the visitor center for current information on trails, roads, ranger programs, weather, or to watch the park movie.

In 2 hours you can: Drive to Grand View Point or Green River Overlook. Hike to Mesa Arch.
In 4 hours you can: Drive to Grand View Point, Green River Overlook, and Upheaval Dome. Hike the Grand View Point, Mesa Arch, and Upheaval Dome Overlook trails.
In 8 hours you can: Visit every overlook. Hike several mesa top trails or one of the more strenuous trails descending to the White Rim. Enjoy lunch on the trail, or picnic at White Rim Overlook or Upheaval Dome picnic areas.

Sunrise and Sunset: Visit Mesa Arch at dawn. Visit Green River Overlook or Grand View Point at dusk for incredible views of sunset over the canyons. Hike to the top of Aztec Butte or Whale Rock for a spectacular view of Island in the Sky and surrounding countryside.

The Needles

THE NEEDLES FORMS THE SOUTHEAST CORNER OF CANYONLANDS and was named for the colorful spires of Cedar Mesa Sandstone that dominate the area. The district’s extensive trail system provides many opportunities for long hikes and overnight trips.

DIRECTIONS
On US 191, drive 40 miles (60 km) south of Moab or 14 miles (22 km) north of Monticello, then take UT 211 roughly 35 miles (56 km) west. Highway 211 ends in The Needles, and is the only paved road leading in and out of the area.

BASICS
• The visitor center is open daily, spring through fall. The visitor center is closed in winter. You’ll find exhibits, book and map sales, general information, picnic area, and park rangers on duty.
• You can get drinking water year-round at the visitor center or spring through fall at the campground.
• You can watch the 15-minute orientation movie, Wilderness of Rock, at the visitor center.
• There are restrooms at the visitor center and campground (wheelchair accessible). There are vault toilets at Elephant Hill.
• The campground has 26 sites available, some sites are available for reservation, and other sites are first-come, first-served. No hookups. Nightly fee is $20 per site.

SCENIC DRIVE
The scenic drive continues 6.5 miles past the visitor center, ending at Big Spring Canyon Overlook. There are several pullouts for short hiking trails, viewpoints, and a picnic area. Graded gravel roads lead to Cave Spring and the Elephant Hill trailhead. Get some of the best views of The Needles on the graded Elephant Hill access road (about one mile from the pavement).

Learn about the park
• Take a self-guiding trail at Cave Spring, Pothole Point, Roadside Ruin, and Slickrock.
• In spring and fall, rangers present campfire programs nightly at the campground. Check at the visitor center or campground for details.

For kids
Kids can ask for a Junior Ranger book at any visitor center. Families can also check out a Discovery Pack filled with activities and tools to help you have fun in the park (free, one per family). The Cave Spring and Pothole Point trails are both popular hikes with kids.

What to do with your day
First, stop at the visitor center for current information on trails, roads, ranger programs, weather, or to watch the park movie.

In 2 hours you can: Drive to Big Spring Canyon Overlook, and hike the Pothole Point trail along the way. Enjoy a picnic and view the Needles from the picnic area.
In 4 hours you can: Explore the scenic drive and graded dirt roads. Hike the Cave Spring, Pothole Point, and Roadside Ruin trails, or the longer Slickrock trail.
In 8 hours you can: After exploring the scenic drive, hike to Chesler Park Viewpoint or around the Big Spring-Squaw Canyon loop. Enjoy lunch on the trail.

Sunrise and Sunset: Sunrise is spectacular from the campground area, especially along the short trail between loops A and B. Visit Pothole Point or Wooden Shoe Arch Overlook as the glow of sunset washes over The Needles.
The Maze

The Maze is the least accessible district of Canyonlands. Because it’s remote and roads are difficult, you’ll need a four-wheel-drive vehicle, more time, and a greater degree of self-sufficiency to visit The Maze. Your trip may take anywhere from three days to a week or more.

VISITOR SERVICES

Hans Flat Ranger Station is open daily year-round. There is a small sales area with books and maps. There are no services, food, gas, or potable water sources in The Maze. These are located in Hanksville, 68 miles (109 km), or Green River, 86 miles (138 km).

BACKCOUNTRY TRAVEL

Trails in The Maze are primitive. Many canyons look alike and are difficult to identify without a topographic map. Backpackers stay in designated areas and must provide their own toilet systems. You must have a permit for all overnight trips.

HORSESHOE CANYON

Horseshoe Canyon contains several intriguing rock art panels, including “The Great Gallery,” which features remarkable life-sized figures and intricate designs. To visit every rock art panel, plan on a strenuous roundtrip hike of seven miles. A trip to Horseshoe Canyon usually requires a full day. go.nps.gov/horseshoe-canyon

BACKCOUNTRY TRAVEL

If you plan to enjoy the park’s four-wheel-drive roads, please note:

• You must have a high-clearance, four-wheel-drive vehicle (low range) on the White Rim Road and all Needles and Maze backcountry roads. Other vehicles that are all-wheel drive or two-wheel drive are not allowed since they are not equipped to drive on rough slickrock, loose rocks, deep sand, and steep switchbacks.
• You must have a permit for all overnight trips in the backcountry, and for day-use trips on White Rim, Elephant Hill, Lavender Canyon, and Horse Canyon/Peekaboo roads.
• There are hundreds of miles of four-wheel-drive roads in Canyonlands, providing access to various campsites, trailheads, and viewpoints in the park’s backcountry. These roads range in difficulty from intermediate to extremely technical. Research your route thoroughly before attempting. Check for current conditions at visitor centers.

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Several short trails explore the Island in the Sky mesa top with minimal elevation change. Moderate trails involve elevation, such as climbing a sandstone feature or descending partway into a canyon. Long trails begin on the mesa top and descend via switchbacks to the White Rim, or beyond to one of the rivers. These are considered strenuous, with an elevation change of 1,000-2,000 feet (304-609 m). They require negotiating steep slopes of loose rock as well as sections of deep sand.

Trails are marked with cairns (small rock piles). Do not disturb existing cairns or build new ones. There are signs at trailheads and intersections. All trails leading below the mesa top are primitive and rough. There is no potable water along any of the hiking trails. You can get water at the visitor center spring through fall.

### Trail Guide

**Easy - Mesa Top**

- **Mesa Arch**
  - Distance: 0.5 miles (0.8 km)
  - Average Time: 30 minutes
  - Description: A short hike leads to a cliff-edge arch. Mesa Arch is a classic sunrise spot, and has stunning views towards the La Sal Mountains any time of day.

- **White Rim Overlook**
  - Distance: 1.8 miles (2.8 km)
  - Average Time: 1.5 hours
  - Description: Walk to an east-facing overlook for views of the Colorado River, Monument Basin, and La Sal Mountains. Best in late afternoon. Very limited trailhead parking. Hikers may not park off pavement or in picnic area.

- **Grand View Point**
  - Distance: 2 miles (3.2 km)
  - Average Time: 1.5 hours
  - Description: A stunning out-and-back trail, this walk showcases spectacular panoramic views as it follows the canyon edge.

- **Murphy Point**
  - Distance: 3.6 miles (5.8 km)
  - Average Time: 2 hours
  - Description: This longer hike leads past a historic corral on the mesa top. The trail ends with panoramic views of Candlestick Tower, the Green River, and the White Rim Road.

**Moderate - Mesa Top**

- **Upheaval Dome first overlook**
  - Distance: 0.8 miles (1.3 km)
  - Average Time: 1 hour
  - Description: A short but steep trail leads to a clear view into Upheaval Dome. Exhibits at the end of the trail discuss this unique geologic feature.

- **Upheaval Dome second overlook**
  - Distance: 1.8 miles (2.9 km)
  - Average Time: 1.5 hours
  - Description: This trail splits off from the first overlook trail, following cairns to more views of Upheaval Dome and Upheaval Canyon.

- **Whale Rock**
  - Distance: 1 mile (1.6 km)
  - Average Time: 1 hour
  - Description: This trail leads up the side of a sandstone dome, ending with broad views of the Island in the Sky. Be careful: steep drop-offs.

- **Aztec Butte**
  - Distance: 2 miles (3.2 km)
  - Average Time: 1.5 hours
  - Description: The trail follows a sandy wash, then splits. The eastern fork to your right ascends Aztec Butte for spectacular views. The western fork on the left climbs the smaller butte then drops below the rim to two ancestral Puebloan granaries. Both trails require scrambling up slickrock and ledges. Entering, touching, or climbing on archeological sites is strictly prohibited. View structures from a distance to protect fragile walls.

- **Neck Spring**
  - Distance: 5.8 miles (9.3 km)
  - Average Time: 3 - 4 hours
  - Description: A walk back in time, this loop trail passes by historic ranching features, as well as two springs where cowboys watered cattle. With minor elevation changes, this trail is a great way to see some varied plant life.

**Strenuous - Mesa Top to White Rim**

- **Gooseberry**
  - Distance: 5.4 miles (8.6 km)
  - Average Time: 4 - 6 hours
  - Description: The island in the sky’s steepest trail rapidly descends 1,400 feet (427 m) to the White Rim bench. Rough switchbacks cross sheer cliffs and scree slopes. Step carefully, and don’t forget to look up to take in the view.

- **Syncline Loop**
  - Distance: 8.3 miles (13.3 km)
  - Average Time: 5 - 7 hours
  - Description: This challenging trail follows the canyons around Upheaval Dome and features switchbacks, boulder fields, and a 1,300-foot (396 m) elevation change. A varied, full-day trail for experienced hikers only: most park rescues come from this trail. Carry a map, extra gallons of water, and a flashlight. Hike this trail clockwise for more afternoon shade.

- **Murphy Loop**
  - Distance: 10.8 miles (17.4 km)
  - Average Time: 5 - 7 hours
  - Description: A great day hike, this trail drops off the side of the mesa top for a 1,400-foot (427 m) elevation change. The trail offers vast views from the Murphy Hogback, then returns up a wash.

- **Alcove Spring**
  - Distance: 11.2 miles (18 km)
  - Average Time: 6 - 7 hours
  - Description: After descending 1,300 feet (396 m) past a large alcove, the trail meanders in a wide canyon to the base of the notable Moses and Zeus towers.

- **Wilhite**
  - Distance: 12.2 miles (19.6 km)
  - Average Time: 6 - 8 hours
  - Description: A primitive trail with steep switchbacks drops 1,600 feet (488 m) into a long, sandy wash. Follow the wash to the White Rim Road. No shade.

- **Lathrop to White Rim Road**
  - Distance: 13.6 miles (22 km)
  - Average Time: 5 - 7 hours
  - Description: Trail crosses open grassland, then drops 1,600 feet (488 m) into the canyon below. Enjoy views of the La Sal Mountains and fanciful sandstone knobs on this varied and challenging hike to the White Rim. Continue on Lathrop Trail by walking south on the White Rim Road, then follow the Lathrop Canyon Road to the Colorado River. Cottonwoods and tamarisk offer some shade near the river. Vault toilet at end of trail. No camping at river. Backpacking permits required: see page 9. The total descent from the mesa top to the river is 2,000 feet (610 m).

- **Gooseberry Overlook**
  - Distance: 0.6 miles (1 km)
  - Average Time: 30 minutes
  - Description: Along White Rim Road. This short walk ends abruptly at an overlook of a meandering gooseberry bend in the Colorado River. Note the rock layers distorted by salt pushing up from below.

- **Fort Bottom Ruin**
  - Distance: 3 miles (4.8 km)
  - Average Time: 2 hours
  - Description: Along White Rim Road. Exposed trail crosses a narrow mesa to a high point in a bend of the Green River. A tower structure marks the historic home of ancestral Puebloan people. Entering, touching, or climbing on archeological sites is strictly prohibited. View structures from a distance to protect fragile walls.

- **Moses and Zeus**
  - Distance: 1 mile (1.6 km)
  - Average Time: 1 hour
  - Description: Along Taylor Canyon Road. Trail ascends 500 feet (152 m) to the base of prominent sandstone spires. No need to climb the technical routes on Moses and Zeus towers to enjoy stunning views of Taylor Canyon.

### Trails along the White Rim Road - These trails are not accessible from the Mesa Top.

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<th>Trail Name</th>
<th>Distance (roundtrip)</th>
<th>Average Time</th>
<th>Description</th>
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<td>0.6 miles (1 km)</td>
<td>30 minutes</td>
<td>Along White Rim Road. This short walk ends abruptly at an overlook of a meandering gooseberry bend in the Colorado River. Note the rock layers distorted by salt pushing up from below.</td>
</tr>
<tr>
<td>Fort Bottom Ruin</td>
<td>3 miles (4.8 km)</td>
<td>2 hours</td>
<td>Along White Rim Road. Exposed trail crosses a narrow mesa to a high point in a bend of the Green River. A tower structure marks the historic home of ancestral Puebloan people. Entering, touching, or climbing on archeological sites is strictly prohibited. View structures from a distance to protect fragile walls.</td>
</tr>
<tr>
<td>Moses and Zeus</td>
<td>1 mile (1.6 km)</td>
<td>1 hour</td>
<td>Along Taylor Canyon Road. Trail ascends 500 feet (152 m) to the base of prominent sandstone spires. No need to climb the technical routes on Moses and Zeus towers to enjoy stunning views of Taylor Canyon.</td>
</tr>
</tbody>
</table>

### Additional Information

- **Canyonlands Visitor Guide**
- **National Park Service**
- **U.S. Department of the Interior**

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*Images: Mesa Arch and Aztec Butte (NPS Photos/Neal Herbert)*

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*Toilet at Trailhead*
The Needles offers over 60 miles of interconnecting trails, as challenging as they are rewarding. Many different itineraries are possible, but some of the more popular ones are listed below. Conditions are primitive. Most trails traverse a mixture of slickrock benches and sandy washes. Longer trails are especially rough and require negotiating steep passes with drop-offs, narrow spots, or ladders. Water in the backcountry is unreliable and scarce in some areas. Trails are marked with cairns (small rock piles). Do not disturb cairns or build new ones.

Although strong hikers can hike most trails in a day, many trails form loops with other trails for longer trips. Net elevation change is generally several hundred feet or less, except for the Lower Red Lake Trail, which drops 1,400 feet to the Colorado River.

Remember—help protect park soils during your visit. Please walk on trails, rock, or in sandy washes (where water flows when it rains).

<table>
<thead>
<tr>
<th>Trail</th>
<th>Distance (roundtrip)</th>
<th>Average Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Short</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Roadside Ruin</td>
<td>0.3 miles (0.5 km)</td>
<td>20 minutes</td>
<td>A short trail leads to an ancestral Puebloan granary.</td>
</tr>
<tr>
<td>Cave Spring</td>
<td>0.6 miles (1.0 km)</td>
<td>45 minutes</td>
<td>This short loop leads to a historic cowboy camp and prehistoric pictographs.</td>
</tr>
<tr>
<td>Pothole Point</td>
<td>0.6 miles (1.0 km)</td>
<td>45 minutes</td>
<td>Uneven slickrock leads to diverse pothole communities as well as views of The Needles. Trail follows cairns.</td>
</tr>
<tr>
<td>Slickrock</td>
<td>2.4 miles (4 km)</td>
<td>1.5 hours</td>
<td>This trail features expansive 360-degree views. Geology guide available. Trail crosses uneven surfaces.</td>
</tr>
<tr>
<td><strong>Strenuous</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chesler Park Viewpoint</td>
<td>6 miles (10 km)</td>
<td>3 - 4 hours</td>
<td>This popular trail leads to a pass overlooking a scenic expanse of desert grasses and shrubs surrounded by sandstone spires.</td>
</tr>
<tr>
<td>Big Spring Canyon to Squaw Canyon</td>
<td>7.5 miles (12 km)</td>
<td>3 - 4 hours</td>
<td>A great introduction to the landscape of The Needles, connecting two canyons for a loop across varied terrain. The route between the canyons climbs steep grades that are dangerous when wet and may make people with a fear of heights uncomfortable.</td>
</tr>
<tr>
<td>Squaw Canyon to Lost Canyon</td>
<td>8.7 miles (14 km)</td>
<td>4 - 6 hours</td>
<td>A wonderful loop hike with some difficult sections climbing between the two canyons. Riparian areas in both canyons attract birds and other wildlife. Route in Lost Canyon passes through dense vegetation and may be very wet. One ladder must be climbed.</td>
</tr>
<tr>
<td>Confluence Overlook</td>
<td>10 miles (16.5 km)</td>
<td>5 - 6 hours</td>
<td>Unlike other Needles hikes, this trail traverses dry, open country along the northern edge of the geologic faults that shaped the Needles. Trail ends at a cliff overlooking the junction of the Green and Colorado rivers 1,000 (304 m) feet below.</td>
</tr>
<tr>
<td>Peekaboo</td>
<td>10 miles (16.5 km)</td>
<td>5 - 6 hours</td>
<td>This trail crosses both Squaw and Lost canyons on its way to Salt Creek Canyon, passing along high slickrock benches with spectacular views. Steep slopes and nearby cliff edges make this a challenging route. Two ladders must be climbed. View a prehistoric rock art panel at the end of the trail near Peekaboo camp.</td>
</tr>
<tr>
<td>Big Spring Canyon to Elephant Canyon</td>
<td>10.8 miles (17 km)</td>
<td>4 - 6 hours</td>
<td>This loop features extended hiking on slickrock benches and mesa tops overlooking canyons. Excellent views of sheer cliff walls and other rock formations. Two ladders must be climbed in the pass between the canyons.</td>
</tr>
<tr>
<td>Druid Arch</td>
<td>11 miles (18 km)</td>
<td>5 - 7 hours</td>
<td>This trail offers one of the most spectacular views in The Needles. It follows the first part of the Chesler Park trail, then branches off to travel along the bottom of Elephant Canyon through deep sand and loose rock. The last 0.25 mile at the upper end is steep with one ladder and some scrambling.</td>
</tr>
<tr>
<td>Chesler Park Loop / Joint Trail</td>
<td>11 miles (18 km)</td>
<td>5 - 7 hours</td>
<td>This trail provides many great panoramas of the Needles formations. The Joint Trail winds through deep, narrow fractures in the rock.</td>
</tr>
</tbody>
</table>
NOTE: White shading within Canyonlands indicates areas with designated site camping only.
Backcountry Permits

Much of Canyonlands is managed for its primitive character, so the park is a popular destination for backcountry travel. Hundreds of miles of rugged trails and roads wind through the park. You need a permit for these activities: backpacking, four-wheel-drive camping, mountain bike camping, river trips, and four-wheel-drive and mountain bike day use on Elephant Hill, Peekaboo/ Horse Canyon, and Lavender Canyon roads in The Needles, and the White Rim Road at Island in the Sky. Fees and group size limits apply (see chart at right).

LENGTH OF STAY
You can get a permit (except day use) for up to fourteen consecutive nights. You may stay up to seven consecutive nights in any one backpacking site or zone (10 nights in The Maze zones). If you are using designated vehicle camps, you may stay a maximum of three consecutive nights at a site before having to relocate.

OBTAINING A PERMIT
You can check permit availability and make reservations online. You can reserve overnight permits up to four months in advance at go.nps.gov/canybackcountry. If available, we issue permits in person seven days a week at district visitor centers. You can get day-use permits up to 24 hours before your trip. Staff in the Reservation Office in Moab issue walk-in river permits Monday through Friday 8 am to 4 pm. Campsites or permits not reserved in advance may be available first-come, first-served at district visitor centers.

If you are interested in White Rim trips and Needles backpacking trips in spring and fall, you should apply online as early as possible.

SITES AND ZONES
In order to protect park resources and prevent crowding, the backcountry of Canyonlands is divided into sites and zones, and access to each is limited. There are designated sites for vehicles and bicycles along all four-wheel-drive roads. There are also sites for backpackers along some hiking trails, mostly at The Needles. In remote areas where travel is limited to foot or boat, you will stay in at-large zones and may choose your own minimum-impact campsites.

WATER
Water is a limiting factor for most backcountry trips in Canyonlands. Before beginning your trip, check at park visitor centers for reliable water sources. There are some springs scattered throughout the park, mostly in canyon bottoms, but there are also large areas such as the Grabens in The Needles, and the entire White Rim bench at Island in the Sky, where there is no water. Pack in water whenever possible. Some springs shown on maps may dry up during periods of drought. Plan on needing at least 1 gallon (4 L) per person per day.

QUESTIONS?
You can reach the reservation office by email at canyres@nps.gov. We also answer phones Monday through Friday, 8 am to noon mountain time, at 435-259-4351. If workload permits, we may answer phones until 4 pm.

Your Fee Dollars at Work

In 2004, Congress passed the Federal Lands Recreation Enhancement Act (FLREA), which replaced the Recreational Fee Demonstration Program. The law allows us to use 80 percent of fees collected at Canyonlands National Park for repair, maintenance, and facility enhancement to support visitor enjoyment, visitor access, and health and safety.

Your fees also support visitor information and education; visitor services staff; informational signs; habitat restoration for wildlife observation or photography; and law enforcement services related to public recreation.

Backcountry permitting fees also support staffing the backcountry office, river patrols, and managing the backcountry reservation system.

Your user fees funded these improvements at Canyonlands:

- Rehabilitating park trails
- Installing new toilets at Island in the Sky Visitor Center
- Improving backcountry roads
- Enhancing trailheads and pullouts
- Staff to assist with traffic and parking
- Removing invasive tamarisk along river bottoms.

Fees & Group Sizes

<table>
<thead>
<tr>
<th>Activity (Fee)</th>
<th>Group Size Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>4WD / Mtn. Bike Day Use (Free)</td>
<td>White Rim: 3 vehicles, 15 bicycles</td>
</tr>
<tr>
<td></td>
<td>Elephant Hill: 3 vehicles, 12 bicycles</td>
</tr>
<tr>
<td>Backpacking ($30)</td>
<td>Island in the Sky: 7</td>
</tr>
<tr>
<td></td>
<td>Needles: 7</td>
</tr>
<tr>
<td></td>
<td>Maze: 5</td>
</tr>
<tr>
<td>4WD / Mtn. Bike Camping ($30)</td>
<td>Island in the Sky: 15</td>
</tr>
<tr>
<td></td>
<td>(limit 3 vehicles)</td>
</tr>
<tr>
<td></td>
<td>Needles: 10</td>
</tr>
<tr>
<td></td>
<td>(limit 3 vehicles)</td>
</tr>
<tr>
<td></td>
<td>Maze: 9</td>
</tr>
<tr>
<td></td>
<td>(limit 3 vehicles)</td>
</tr>
<tr>
<td>River Trips ($30) + $20 per person</td>
<td>40</td>
</tr>
</tbody>
</table>

Your fee dollars supported (clockwise from top left) new toilets at Island in the Sky, trail work, removing invasive tamarisk along the rivers, and backcountry permit office staffing.

Doing Our Part

Activities outside the park affect the lands within, and our actions alter the world outside. To address these relationships, Canyonlands National Park has established an Environmental Management System: a plan that seeks to make park operations more environmentally responsible.

The plan provides concrete ways to decrease our impacts such as:

- Reducing our waste production and diverting more material away from the landfill through smart recycling.
- Reducing our fuel consumption by choosing appropriate types of vehicles and arranging carpools.
- Reducing greenhouse gas production in park operations through renewable energy use and efficient buildings and equipment.

You can help by using recycling bins located in the park. Ask at visitor centers for more information.
## Canyonlands Geology

### Descriptions of the dominant layers in Canyonlands National Park:

**Navajo Sandstone**

**Kayenta Formation**

**Wingate Sandstone**
- Sandstone. Desert sand dune environment. Forms prominent red cliffs and spires in the canyons basin. Island in the Sky, Candlestick Tower, the Orange Cliffs.

**Chinle Formation**
- Bentonite clay, conglomerate, sandstone, shale and siltstone. Deposited by meandering rivers, shallow lakes, and swamps. Moss Rock Member contains petrified wood and uranium. Forms colorful slopes with occasional ledges.

**Moenkopi Formation**
- Sandstone, siltstone. Tidal flat environment. Ripple marks and mud cracks are often visible. Forms red slopes with occasional ledges. Island in the Sky mesa top, Horseshoe Canyon.

**White Rim Sandstone**
- Sandstone. Desert/shore sand dunes with periodic flooding. Forms cliffs and caprocks. Prominent white canyon rim at Island in the Sky, also spires and towers in Monument Valley.

**Organ Rock Shale**
- Sandstone, shale, siltstone. Deposited in streams and tidal flats. Forms red slopes and, when protected from weathering, standing rocks. Monument Basin, Land of Standing Rocks.

**Cedar Mesa Sandstone**

**Halgaito Shale/Elephant Canyon Formation**

**Honaker Trail Formation**

**Paradox Formation**
- Dolomite, gypsum, limestone, potash, salt, and shale. Shallow restricted inland sea with repeated evaporite cycles. Forms cliffs, gypsum, and salt domes.

### Deposition
Most of the rock found in Canyonlands today came from distant mountain ranges like the ancestral Rockies and even the Appalachians. For millions of years, wind and water broke down rock and carried it here, creating deposits that eventually became distinct layers of sedimentary rock.

### Uplift
Many of the rocks exposed in Canyonlands were deposited near sea level. Today, the average elevation here is over 5,000 feet above sea level—a significant uplift.

### Erosion
Today’s landscape is one of erosion. As this area gradually rose, rivers that once deposited sediment on the lowlands began to remove it from the emerging plateau. The Green and Colorado rivers began carving into the geologic layer cake, exposing buried sediments and creating the canyons of Canyonlands.

### As the work of erosion continues, today’s geologic displays will eventually disappear, making way for future wonders.
Restoring Native Grasslands

Before Canyonlands National Park was established, decades of heavy livestock grazing in sensitive areas led to a decline in native perennial grasses and biological soil crust. Plant roots and soil crusts act as anchors, holding the sandy soil in place. As these plants and crusts disappeared, wind blew the top layer of soil away. In many large areas, that topsoil is now gone.

The hard-packed soil left behind has higher clay content, which makes it a hostile environment for native bunchgrasses. These conditions make it easy for undesirable non-native species, such as tumbleweed and cheatgrass, to move in.

When grasslands reach this “degraded state” where soil loss and weed invasion are common, they may not recover on their own because the large continuous areas of bare ground are very susceptible to the forces of erosion. High winds in these areas will whip away any beneficial sand, seed, or organic matter that might deposit there. Fixing this problem requires constructing something to interrupt those big, open spaces.

The solution park staff developed might look strange, but it works. They fastened X-shaped screens to the ground in degraded grasslands in The Needles district of Canyonlands National Park and in Salt Valley in Arches National Park. The screens are called “Connectivity Modifiers,” or ConMods because they modify—or break up—the continuous nature of the bare earth. Their shape helps trap windblown soil and prevent erosion, creating a protected environment for plants to take root.

In the fall of 2016, staff seeded the ConMods with a mixture of native perennial grasses that will germinate over the next several years when conditions are right. Perennial grasses will help to hold the soil in place, and put the degraded sites on the road to recovery. Stabilized soil will help the recovery of other native grasses, shrubs, flowering plants, and biological soil crusts, allowing these areas to return to a healthy plant community and habitat for wildlife.

Native plants are vital for the healthy functioning of our grassland ecosystems, and restoring native vegetation will help barren areas resist more degradation. Scientists predict higher temperatures and more frequent and extreme drought events for this region as the climate changes. These changes to our climate will make restoring grasslands more difficult, so the time for action is now.

Preserving the Past

Many first-time visitors to Canyonlands National Park may not realize that the park was established not only for its scenic beauty, but also for its significant archeology. At The Needles, Salt Creek Canyon holds the park’s highest concentration of archeological sites, particularly many structures constructed by the ancestral Puebloan and Fremont people. For thousands of years, they lived and moved through the canyons hunting, gathering wild foods, and later growing corn and other plants. Remains of their culture are protected as part of the Salt Creek Archeological District, a property listed on the National Register of Historic Places.

People visit these sites frequently because they are a source of inspiration and demonstrate how past people lived in such a seemingly harsh climate. Fundamentally, these sites are also part of a larger cultural landscape that is the heritage of many present-day tribes. This landscape is still alive with the spirit and memory of those who came before, and it demands the respect of those who visit now.

Increased flash flooding events have accelerated erosion throughout the canyon system and have destabilized architecture that has been standing for over 800 years. Foot traffic has damaged fragile cultural deposits such as floor surfaces and hearths. More alarming is the loss of these resources to criminal acts of theft and vandalism.

In response to these threats, archeologists spent several weeks in May 2015 preserving the structures and features at Salt Creek. They sifted nearby soil to mix mortar, which they used to repoint joints in structures. They also replaced deteriorated wall stones and tightened loose masonry with stone wedges. Some features were damaged from water dripping off overhanging rock ceilings. Staff applied beads of a lime-based mortar on those ceilings to redirect dripping water away from sensitive features.

Archeologists sifted sand to fill in the cists. They laid down a protective cloth, called a geotextile, to separate the surface of the cists from the filling material. The permeable fabric helps protect fragile archeological deposits from eroding and keeps original surfaces intact. Filling in these underground cists helps to protect fragil walls and edges from collapse while preserving information about their builders.

Taking these actions will help to preserve important materials, like charcoal or plant pollen, that could tell us when people lived in Salt Creek, what they ate, and what environmental conditions they faced. It will also ensure that you can continue to experience these sites, while protecting them from further damage and loss.

Here’s how you can help:

- Stay on designated trails or bare rock. If you see an archeological site in the backcountry, enjoy it from a distance.
- Leave artifacts in place. When you pick up artifacts, information about the objects could be lost.
- Keep away from structures. Some have been standing as long as 1,100 years. They could be unstable and could be damaged with the slightest pressure.
- Enjoy rock art with your eyes. Touching or making rubbings of rock art will damage fragile pigments and rock surfaces. Take pictures, or sketch what you see.
- Promote discovery by not sharing site locations or GPS coordinates of sites that you find.
- Visit with respect. Canyonlands is hallowed by people who still hold these places as sacred. Help us conserve your heritage.
Preserving the Night

LOOK UP ON A CALM, CLOUDLESS NIGHT in Canyonlands National Park and you can see the Milky Way arching across the sky—a glowing band of light created by the millions of stars that live in our celestial neighborhood. It has shimmered above what is now the park since time immemorial. Continents have moved, and the landscape has changed from inland seashore to Sahara-like desert and everything in between; but above it all, the stars shining down at night have remained constant.

The night sky was once a shared heritage, common to every landscape and every people. But in the short time since the electric light bulb was patented, dark skies have been quickly disappearing from view. Today, a growing number of visitors are coming to national parks like Canyonlands specifically to experience the wonders of the night sky.

The International Dark Sky Association designated Canyonlands as an International Dark Sky Park in August 2015. This designation not only requires the park to preserve this precious resource but also to draw attention to its fragility.

International Dark Sky Parks are locations of exceptional nighttime beauty, night sky education, and preservation of the nocturnal environment. Becoming a dark sky park requires documentation of excellent night skies and taking steps to protect them, such as installing fixtures that reduce wasted light. The park also provides opportunities to learn about the night sky by holding star parties throughout the summer.

Dr. Brian Greene, author of the best-selling book The Elegant Universe, says that a clear view of the night sky “allows anyone to soar in mind and imagination to the farthest reaches of an enormous universe in which we are but a speck. And there is nothing more exhilarating and humbling than that.” We hope that during your visit to Canyonlands you will take a moment to look up and share a view that has humbled and exhilarated people for millennia because it, like Canyonlands, is your heritage.

Friends of Arches and Canyonlands Parks

The Friends of Arches and Canyonlands Parks: Bates Wilson Legacy Fund provides direct support to Arches and Canyonlands national parks and Natural Bridges and Hovenweep national monuments in order to enhance existing projects in these spectacular areas, and to conserve the land and its cultural treasures for present and future generations to enjoy.

This mission honors the legendary work of Superintendent Bates Wilson, who came to Arches in 1949, inspiring and leading the effort that resulted in the establishment of Canyonlands National Park in 1964. He is regarded by many as the “Father of Canyonlands.”

Bates Wilson firmly believed that:

• The park visitor must have a great experience;
• Exploratory and educational opportunities must abound;
• Preservation is our obligation to future generations; and
• Youth indeed are the future: Bates enhanced the lives of countless young people as they explored and learned to appreciate the parks with him.

CNHA sells hundreds of items about Canyonlands National Park and the rest of Utah’s canyon country. If the park visitor center is closed, please visit the Moab Information Center in downtown Moab (corner of Center & Main).

Your purchase supports Canyonlands National Park.

CONTACT US (800) 840-8978 (435) 259-6003 www.cnha.org

facebook.com/moabcnha twitter.com/CNHA1

BECOME A MEMBER

CNHA members enjoy many benefits, including a 15 percent discount on purchases of $1 or more. For more information, please call us or visit our website at www.cnha.org.

2017 Night Sky Almanac

<table>
<thead>
<tr>
<th>MONTH</th>
<th>NEW MOON</th>
<th>FULL MOON</th>
<th>VENUS: East before dawn</th>
<th>MARS: West at sunset</th>
<th>SATURN: South before dawn</th>
<th>JUPITER: South all evening</th>
<th>MERCURY: South all evening</th>
</tr>
</thead>
<tbody>
<tr>
<td>MARCH</td>
<td>12: Full Moon</td>
<td>20: Vernal Equinox</td>
<td>28: New Moon</td>
<td><strong>Planets Visible</strong></td>
<td>Mars: East at sunset</td>
<td>Jupiter: SW before dawn</td>
<td>Saturn: South before dawn</td>
</tr>
<tr>
<td>MAY</td>
<td>6-7: Eta Aquarids Meteor Shower</td>
<td>10: Full Moon</td>
<td>23: New Moon</td>
<td><strong>Planets Visible</strong></td>
<td>Venus: East before dawn</td>
<td>Mars: Low in West at sunset</td>
<td>Jupiter: South in evening</td>
</tr>
</tbody>
</table>

2017 Night Sky Almanac

MARCH
12: Full Moon
20: Vernal Equinox
28: New Moon
**Planets Visible**
- Mars: West at sunset
- Jupiter: SW before dawn
- Saturn: South before dawn

APRIL
11: Full Moon
22-23: Lyrids Meteor Shower
26: New Moon
**Planets Visible**
- Venus: East before dawn
- Mars: West at sunset
- Jupiter: South all evening
- Saturn: South before dawn

MAY
6-7: Eta Aquarids Meteor Shower
10: Full Moon
23: New Moon
**Planets Visible**
- Venus: East before dawn
- Mars: Low in West at sunset
- Jupiter: South all evening
- Saturn: S-SW before dawn

JUNE
9: Full Moon
21: Summer Solstice
24: New Moon
**Planets Visible**
- Venus: East before dawn
- Jupiter: South in evening
- Saturn: SE in evening

JULY
9: Full Moon
23: New Moon
**Planets Visible**
- Venus: East before dawn
- Jupiter: SW in evening
- Saturn: S-SE in evening