

Trail Information



All hiking trails pass through a mixture of upland and lowland hardwood forest, small grasslands and marsh. Songbirds are the most abundant wildlife seen and heard on the trails. Hikers may occasionally see porcupine, raccoon, owls, hawks, bald eagles, waterfowl, deer, skunk and bears.

The slope for most trails ranges from level to gently sloping. Some muddy and wet areas may be encountered.



The North Bog and South Trail Roads are open to hikers and bicyclists. The hiking trails are CLOSED to bicyclists.



Binoculars and a field guide will improve your chances of seeing wildlife; both are available for loan at the Refuge Headquarters during office hours, 8:00 a.m. - 4:00 p.m., Monday-Friday.



Restrooms are located at:

- Rice River bridge
- Rice Lake observation tower
- Rice Lake water control structure (May - October)
- Mandy Lake (May - October)



Picnic tables are located at Mandy Lake and Twin Lakes parking areas, as well as the Rice Lake water control structure fishing area.

Watch Out for Bears!



A children's Discovery Area is located at Mandy Lake. A fun place to let your imagination go wild!



Mandy Lake, CCC Camp and North Bog Trail loops are groomed for classic, in-line skiing in the winter months. Snowshoers are welcome, but please stay to the side of the trail. Parking is available at Mandy Lake.

Ticks are abundant from late May - early July. Mosquitoes and deer flies are abundant from June - August. Insect repellent and other precautions should be used!

Rice Lake National Wildlife Refuge
36289 State Highway 65
McGregor, MN 55760
218/768-2402
<http://midwest.fws.gov/ricelake/>

People with hearing impairments may reach Rice Lake NWR through the Federal Information Relay System at 1 800/877 8339

U.S. Fish & Wildlife Service
1 800/344 WILD
<http://www.fws.gov>



U.S. Fish & Wildlife Service

Rice Lake

National Wildlife Refuge Hiking Trails



Rice Lake National Wildlife Refuge

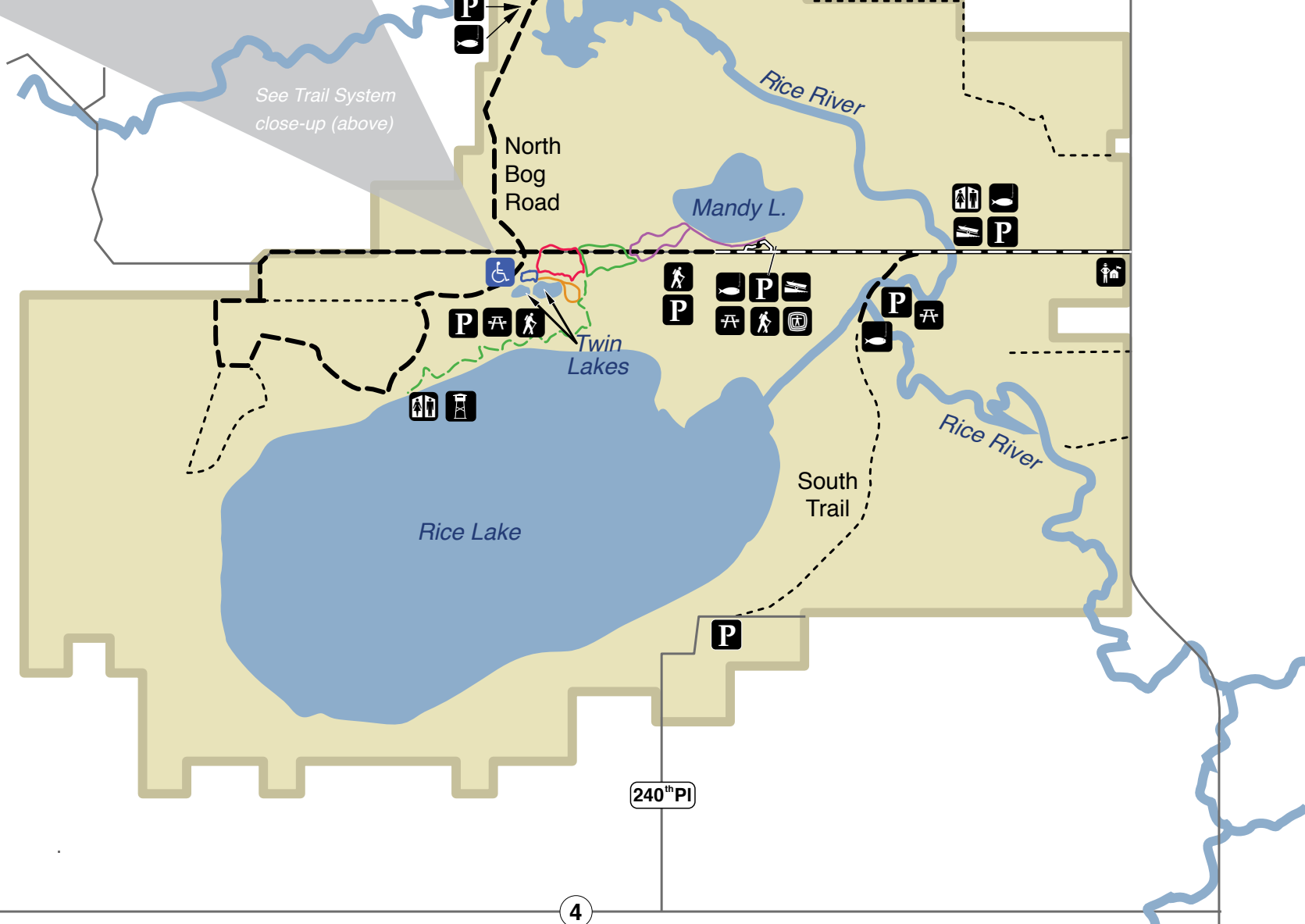
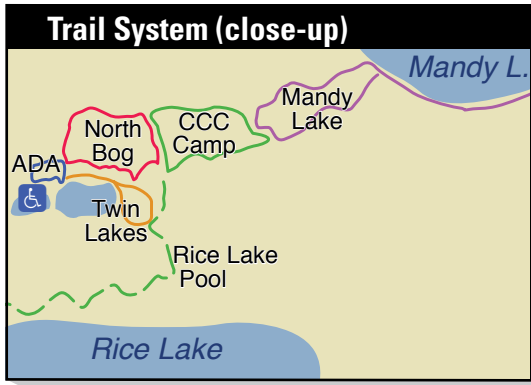


To McGregor ↑

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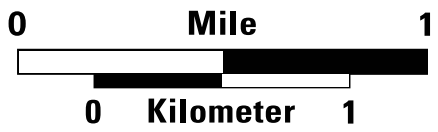
- Refuge Headquarters
- Refuge Boundary
- Parking
- Fishing
- Picnic
- Restrooms
- Boat Landing
- Hiking Trail
- Observation Tower
- Discovery Area

TRAILS (bikes prohibited)

- Mandy Lake (1-1/2 mi.)
- CCC Camp (1 mi.)
- North Bog (1-1/4 mi.)
- Twin Lake (3/4 mi.)
- Rice Lake Pool (2-1/2 mi. one way)
- Twin Lakes ADA
- Accessible Trail (1/4 mi.)

ROADS (bikes permitted)

- Refuge Road (All Season)
- Primary Road (Closed Winter)
- Secondary Road (Special Use Only)



Boundaries posted in the field supercede all boundaries shown on the map.