**Day Hikes**

**Easy**

1. **End of Chain of Craters Road**
   Experience outstanding views of cliffs and a windswept coastline. Lava flows last crossed and covered this road in April of 2003. Since then, activity on the coastal flats has varied greatly. At present, no lava or steam plume is visible from this location during the day or at night. Star gazing is often great on clear nights. Check with rangers for current lava conditions.
   - Distance: 1.25 mi / 2.0 km round-trip

2. **Crater Rim Trail to Waldron Ledge**
   Enjoy forest bird songs and spectacular views of the Kilauea Caldera from Waldron Ledge Overlook. The trail follows an old road that was closed to cars in 1983 after severe damage from an earth-wrenching magnitude 6.7 earthquake. The trail continues to Kilauea Iki Crater.
   - Distance: 1 mi / 1.6 km round-trip

3. **Sulphur Banks Trail (Ha'akulamanu)**
   See where volcanic gases deposited colorful sulfur crystals and other minerals that paint the land along this paved trail and boardwalk.
   - Distance from Kilauea Visitor Center: 0.6 mi / 1.2 km round-trip
   - Distance from Steam Vents parking area: 0.8 mi / 1.3 km round-trip
   Due to sulfur fumes, people with heart or breathing problems, pregnant women, and young children should avoid this trail. Stay on the trail; beware of steam and earth cracks. From the Kilauea Visitor Center, trail grades are eight to twelve percent. Wheelchair accessible from Steam Vents to Sulphur Banks.

4. **Devastation Trail**
   Stroll on a paved path through a starkly beautiful landscape that was buried by cinders from the 1959 Kilauea Iki fountain eruption. Witness life returning to this once devastated area.
   - Distance: 1 mi / 1.6 km round-trip
   The paved trail between Pu'u Pu'ai and Devastation has grades greater than eight percent. Endangered nēnē (Hawaiian geese) frequent this area, so take care when parking. Do not feed nēnē. The nearest restrooms are located at the Thurston Lava Tube.

5. **Kipukapuaulu**
   Enjoy a treasure trove of Hawaiian plants and birds in this over 4,000 year old closed canopy forest. The original trail was built by the Civilian Conservation Corps (CCC) in the 1930s.
   - Distance: 1.2 mi / 2 km loop
   Shady loop trail has somewhat drier conditions than rain forest trails. Restrooms are available nearby at the picnic area.

6. **ʻIliahi Trail**
   Find ʻIliahi (sandalwood) along this beautiful rainforest trail. Feel the heat from active steam vents and peer across the fuming Kilauea summit caldera while enjoying the comforts of this mostly shady loop trail.
   - Distance: 1.5 mi / 2.4 km loop
   This trail combines the Halema'uma'u, Crater Rim or Sulphur Banks Trails. Beware of cliffs, cracks, and steam.

7. **Puʻu Loa Petroglyphs Trail**
   Walk in the footsteps of kūpuna (Hawaiian elders) to Puʻu Loa (hill of long life)—a sacred and awe-inspiring gallery of petroglyphs. These simple etchings document the life and culture of the native Hawaiian people and cradle the piko (umbilical cord) of their children—brought with hopes of receiving the blessings of a long and prosperous life.
   - Distance: 1.4 mi / 2.4 km round-trip
   Take water and prepare for hot, rainy, and windy weather. Volcanic fumes are often present in this area. The nearest restrooms are at the end of the Chain of Craters Road. Protect these precious petroglyphs by not walking on them.

**Easy to Moderate**

8. **Hana Trail**
   Follow the crater rim and enjoy the ocean views.
   - Distance: 2.5 mi / 4 km round-trip

9. **Kalapana Lava Tube**
   Explore a lava tube formed by the 1983 eruptive fissure.
   - Distance: 0.5 mi / 0.8 km round-trip

10. **Steam Vents**
    Visit this active steam vent.
    - Distance: 0.25 mi / 0.4 km round-trip

**Self-Guiding Trail:** Pick-up a trail guide at the trailhead or at Kilauea Visitor Center and Jaggar Museum. Stops along this trail reveal a culturally significant hot spot of biological diversity.
**Puʻu Huluhulu**

Experience lava landscapes from the 1969 – 1974 Mauna Ulu flows. Walk by lava trees and climb 210 ft / 64 m to the top of a forested cinder cone, Puʻu Huluhulu (hairy hill). View Mauna Ulu’s immense steaming shield, which is similar to the now active Puʻu ʻŌ’ō cone in the distance.

- **Distance:** 2.5 mi / 4 km round-trip
- **Self-Guiding Trail:** Pick up a trail guide at the trailhead or at Kilauea Visitor Center and Jaggar Museum. Steps along this trail reveal the story of this dramatic eruption. Prepare for hot, windy, and rainy weather. Depending on the wind, volcanic fumes may be present along this trail.

**Kīlauea Iki Trail**

Descend through lush rainforest to the floor of the solid, but still steaming Kīlauea Iki crater lava lake. Peer into the 1959 vent below Puʻu Puaʻi cinder cone.

- **Distance:** 4 mi / 6.4 km loop
- **Self-Guiding Trail:** Pick up a trail guide at the trailhead or Kīlauea Visitor Center and Jaggar Museum. Prepare for hot, windy, and rainy weather. Bring water and food. Steep, rocky 400 ft (122 m) stai-step descent into the crater with a switchback trail up the other side. Take care at cliff edges and cracks.

**Crater Rim Trail**

Explore Kīlauea’s amazing variety of spectacular volcanic features and ecosystems. Enjoy shady forests with sweet bird song and cross other-worldly landscapes with steaming vents, desert-like terrain, and deep craters. You can also hike smaller sections of this trail (see map below).

- **Distance of section:** 7 mi / 11.3 km one way
- **Visitor Alert:** Due to high amounts of dangerous sulfur dioxide gas, Crater Rim Trail is closed from Jaggar Museum to Keanakākoʻi Crater (see map). Bring water and food. Use care near cliffs and cracks. Those with heart or breathing problems should avoid portions of this trail. Talk with rangers for additional information.

- **Moderate to Challenging**

**Experience lava landscapes from the 1969 – 1974 Mauna Ulu flows. Walk by lava trees and climb 210 ft / 64 m to the top of a forested cinder cone, Puʻu Huluhulu (hairy hill). View Mauna Ulu’s immense steaming shield, which is similar to the now active Puʻu ʻŌ’ō cone in the distance.**

- **Distance:** 2.5 mi / 4 km round-trip
- **Self-Guiding Trail:** Pick up a trail guide at the trailhead or at Kilauea Visitor Center and Jaggar Museum. Steps along this trail reveal the story of this dramatic eruption. Prepare for hot, windy, and rainy weather. Depending on the wind, volcanic fumes may be present along this trail.

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